



ANNE FIDDICK
AQUATIC & SPORTS CENTRE
GOLD RIVER, B.C.
250-283-2216
pool@conumacable.com







WEIGHTROOM / CARDIO ROOM & COURT HOURS

Monday/Wednesday 9 am -12 noon & 5 pm - 9 pm
 Tuesday/Thursday 9 am -12 noon & 1 pm - 9 pm
 Friday 9 am - 12 noon & 6 pm -10 pm
 Saturday: 2 pm - 5 pm & 6 pm - 9 pm
 Sunday: 12 noon - 4 pm



SCHEDULE EFFECTIVE September 16 - December 15, 2018

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY			
	Main	Leisure	Main	Leisure	Main	Leisure	Main	Leisure	Main	Leisure	Main	Leisure	Main	Leisure		
9 - 10 am	Aquafit 9:15 - 10:15 am	QUIET TIME SWIM	Aquafit 9:15 - 10:15 am	QUIET TIME SWIM	Aquafit 9:15 - 10:15 am	QUIET TIME SWIM	Aquafit 9:15 - 10:15 am	QUIET TIME SWIM	Aquafit 9:15 - 10:15 am	QUIET TIME SWIM						
10 - 11 am	EVERYONE WELCOME	PARENT & TOT 10 - 11 am	EVERYONE WELCOME		EVERYONE WELCOME	PARENT & TOT 10 - 11 am	EVERYONE WELCOME		EVERYONE WELCOME	PARENT & TOT 10 - 11 am						
11 - 12 pm	↓	P/S LESSONS 10:30 - 11:30	SCHOOLS 11am -12pm	↓	↓	P/S LESSONS 10:30 - 11:30	SCHOOLS 11am - 12pm	↓	↓	EVERYONE WELCOME						
12 - 1 pm	AQUATIC CENTRE CLOSED DURING LUNCH HOUR <i>NOTE: LANE SWIMMING MAY BE UNAVAILABLE TUES/THURS 3:30 - 5:00 PM</i>												EVERYONE WELCOME 12 - 4 pm			
1 - 2 pm	FACILITY CLOSED 12 NOON - 5 PM		EVERYONE WELCOME 1 - 9 pm	FACILITY CLOSED 12 NOON - 5 PM		EVERYONE WELCOME 1 - 9 pm	FACILITY CLOSED 12 NOON - 6 PM		EVERYONE WELCOME 6 - 10 pm		EVERYONE WELCOME 2 - 5 pm		  SORRY NO CREDIT CARDS ACCEPTED			
2 - 3 pm			SCHOOLS 1 - 3 pm												SCHOOLS 1 - 3 pm	
3 - 4 pm			LESSONS 3:30 - 5:45												LESSONS 3:30 - 5:45	
4 - 5 pm																
5 - 6 pm	EVERYONE WELCOME 5:00 - 9:00		EVERYONE WELCOME	EVERYONE WELCOME 5:00 - 9:00		EVERYONE WELCOME	EVERYONE WELCOME 5:45 - 6:45		EVERYONE WELCOME 6 - 10 pm		EVERYONE WELCOME 6 - 9 pm		  SORRY NO CREDIT CARDS ACCEPTED			
6 - 7 pm			EVERYONE WELCOME			P/S LESSONS 5:45 - 6:45									EVERYONE WELCOME	P/S LESSONS 5:45 - 6:45
7 - 8 pm						EVERYONE WELCOME										EVERYONE WELCOME
8 - 9 pm																
9 - 10 pm			The pool will be closed October 8 & November 11, 2018 December 24, 25, 26, 31, 2018 & January 1, 2019													