

JIM ROSE 136

History of the present illness: Jim Rose is a 50 y.o. African male who comes to you with the chief complaint of a big bulge in his left groin for the past 10 years. This is uncomfortable when he works but is not painful. He wants to have it fixed. It has increased in size over the past year and he is afraid it may become disabling.



Past medical and social history: Jim is a subsistence farmer. He has had malaria multiple times, pneumonia once, and a broken arm which healed well. He is married and has 7 children, most of whom are grown. He has had no immunizations, has no allergies, and is on no medication.

Physical exam: Jim is alert and in no distress. Vital signs: T 97.2 ; P 88; R 16; BP100/62; Oxygen Saturation 96%. The skin is warm, dry,

and normal in texture. Head is normal size and shape. Pupils are equal, round, and responsive to light. The whites of the eyes are white. Corneas are clear. Inside the lower lids is normal pink. The nose is normal shape and without sores. The outer ears, canals, and ear drums are normal in appearance. The teeth are normal in number and appearance; the mouth is moist. The tonsils are normal size and color. There are no enlarged lymph nodes in the neck, front or back. The thyroid is not enlarged. The patient can move his neck in all directions without pain. Heart sounds have no murmur. Lungs are clear. Bowel sounds are present and normal. Liver and spleen are not enlarged. The abdomen is soft and non-tender. The genital area is shown. There are no genital sores. The swellings on both sides of his upper scrotum are soft and not tender. There are no enlarged lymph nodes in the groin. The kidney area in back is not tender. Arms and legs show no swelling. The patient can move his limbs in all directions without complaint of pain. Respond.

Options:

Tell him you cannot help him; he must live with it.

Send him to a surgeon; it will cost you \$100.

Treat him yourself (specify how).



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Present illness:

Did this start gradually or suddenly? Very gradually.

Was there some kind of accident associated with this starting? No

Does the bulge ever hurt? No, but it is annoying and uncomfortable.

Is it only on the left or on the right also? It seems to be starting on the right.

Is it possible to hear bowel sounds in the bulge? Yes, a little.

Can you feel the testicles in the scrotum? Yes, below the bulge.

Does the swelling ever go down? Yes, if he lies on his back and pushes on it, then it goes away.

What happens if he gets up after that? He feels as if his insides are falling out down there.

Does he have normal bowel habits? Yes

Is there any problem with urinating? No

Is he married? Yes

Have he or his wife ever been treated for a sexually transmitted disease? No

Are they faithful to each other? Yes

Is this the first and only marriage for both? Yes

Laboratory: Urinalysis negative; hemoglobin 90%.

