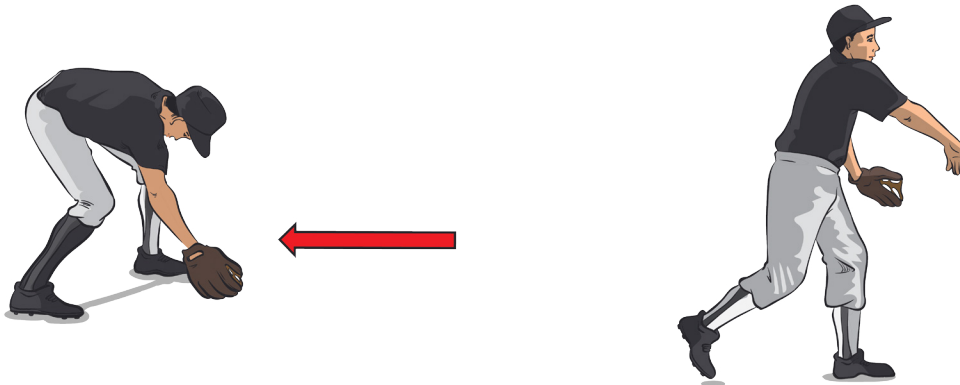


# INFIELD GROUND BALL FUNDAMENTALS



## Ready Position

1. Feet shoulder-width apart. Knees bent in athletic position.
2. Back straight, eyes up and on the batter
3. Glove hand out front



## Fielding Position

1. Bend at the knees with weight on the balls of the feet. Player's head should be down so that button on hit is visible.
2. Extend the glove keeping the elbows over the knees.
3. Lower the glove and step toward the ball
4. Sweep the ball into the glove with the throwing hand.
5. Turn body and throw.