



edible

WESTSIDE

CELEBRATING THE FOOD AND DRINK CULTURE OF OUR REGION

MINTED SWEET BLUEBERRY & CUCUMBER SALAD

by **Edible Westside** on [August 12, 2012](#) in **Summer**

By Kimberley Stakal

Blueberries and cucumbers may seem a surprising combination, but they're a most delicious odd couple. The bold, ripe blueberries are matched against cooling cucumbers, and a sweet minty dressing lends a rejuvenating perkiness to help you beat the summer heat.

Enjoy this side salad at your next picnic, cookout, or simply as a light dessert after a heavy meal.



Ingredients:

1 ½ cups blueberries

1 cup chopped cucumber

3 tablespoons thinly sliced fresh mint

2 tablespoons lemon juice

2 teaspoons extra-virgin olive oil

1 teaspoon sugar

Directions:

1. Combine blueberries, cucumber, and mint in a small serving bowl; toss gently.
2. Whisk together lemon juice, olive oil, and sugar in a small glass until smooth. Pour over blueberries mixture. Toss gently to coat.
3. Chill until serving (can be made up to 2 days in advance). Serve cold.

Makes about 4 servings.



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About Edible Westside

To tell the story of our community, past and present, through our ever evolving food and drink culture. Celebrating those who bring this bounty to our tables, we highlight our family farmers, our fishermen, and our chefs; our butchers, brewers, urban gardeners and passionate home cooks.

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👉 appetizer, blueberries, cucumber, dessert, lemon, mint

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WINTER 2013



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17
Thu

6:00 pm Westside Food Truck Central (http://ediblewestside.com/event/westside-food-truck-central/?instance_id=3566)

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SEP
18

Fri

12:00 am Westside Food Truck Central (http://ediblewestside.com/event/westside-food-truck-central-2/?instance_id=3343)



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SEP
22

Tue

6:00 pm Westside Food Truck Central (http://ediblewestside.com/event/westside-food-truck-central/?instance_id=3567)

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SEP
24

Thu

6:00 pm Westside Food Truck Central (http://ediblewestside.com/event/westside-food-truck-central/?instance_id=3568)

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calendar/action
oneday/exact_date~2-10-2015/)

OCT 6

Tue

6:00 pm Westside Food Truck Central (http://ediblewestside.com/event/westside-food-truck-central/?instance_id=3571)


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OCT 8

Thu

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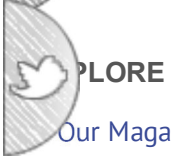
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