



Author Mark Hardcastle recognized years ago that patterns were developing around events in his life. Sometimes it was good stuff; often not-so-good. But in the end, everything always seemed to work out. Was that just a matter of chance? Or was it something he could rely on?

After several years of journaling about that reality, Mark broke his neck in a mountain biking accident near Moab, UT. An event like that has the effect of powerfully focusing one's attentions. Mark has written a book about that and other life experiences. Today he travels around the country inspiring groups of all sizes to lives that manifest Integrity, celebrate Resolve, and embrace Reality.

The title of his book is *The Symphony of Your Life: Restoring Harmony When Your World Is Out of Tune*. It's available in hardcover on Amazon.com or in your favorite e-book format.

Mark graduated from the USAF Academy in 1982. After nine years as a pilot on active duty, he left the military to join a commercial airline. In addition to flying B-777s around the world, Hardcastle spends time in the Rocky Mountains and serves on the artistic staff of the Colorado Children's Chorale. He lives in Centennial, Colorado, with his wife and four children. Contact Mark today to schedule a keynote or workshop for your organization!

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