

**How to Register
Official Registration Information**

Send the following information to
ScaleBackSB@gmail.com

 **Register:** E-Mail the following information to ScaleBackSB@gmail.com anytime during the challenge.
 1. **Name** of your team Example: Buff Bodies 2. **Number** of participants Example: 3 Participants
 **Finish:** E-Mail the following information to ScaleBackSB@gmail.com at the end of the 10 week challenge between March 30 and April 13, 2014.
 1. **Name** of your team Example: Buff Bodies
 2. **Total Number** of pounds lost Example: 18 Pounds
Name of Weigher (Optional) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
E-Mail (Optional) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_


 **Unofficial
Participant Weigh-In/Weight-Out Registration Form**
**(Keep this form for your PRIVATE records.)**
 Weigh-in challengers between January 20 – February 2, 2014 or anytime during the challenge.
Weigh-out challengers between March 31 – April 13, 2014.

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| --- | --- | --- | --- | --- | --- | --- |
|  | Date In | Date Out | Name | StartingWeight | EndingWeight | Weight Lost |
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| 2 |   |   |   |   |   |   |
| 3 |   |   |   |   |   |   |
| 4 |   |   |   |   |   |   |
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| 8 |   |   |   |   |   |   |
| 9 |   |   |   |   |   |   |
| 10 |   |  |  |  |  |  |
|  | Date In | Date Out | Name | StartingWeight | EndingWeight | Weight Lost |
| 11 |   |   |   |   |   |   |
| 12 |   |   |   |   |   |   |
| 13 |   |   |   |   |   |   |
| 14 |   |   |   |   |   |   |
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