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Advances in the Treatment of Pancreatic Cancer: Nursing Education to Optimize Clinical Practice

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Gayle Jameson, MSN, ACNP-BC, AOCN, has disclosed that she has received consulting fees and fees for non-CME/CE services from Celgene.

Agenda

- Program Overview and Baseline Assessment
- Overview of Advanced Pancreatic Ductal Adenocarcinoma
- Current Therapeutic Options for Metastatic Pancreatic Cancer
 - First-line Treatment
 - Genetic Testing and Targeted Therapy for Pancreatic Cancer
 - Second-line Treatment
- Palliative Care for Patients With Pancreatic Cancer: Symptom Management and Prevention
- Emerging Strategies
- Closing Remarks and Question and Answer Session



Slide credit: clinicaloptions.com

Outcomes Analysis: What Did You Learn?

- Some questions in this activity will be presented twice: once before the content, and then again later in the activity



- All responses will only be measured in aggregate (ie, your individual responses will not be identified)
- Thank you for helping us assess the impact of this educational activity

Let's Vote!



How many patients with pancreatic cancer do you provide care for in a typical year?

1. < 5
2. 6-10
3. 11-15
4. 16-20
5. > 20

Case Scenario 1: Patient Recently Diagnosed With Metastatic Pancreatic Cancer

- 76-yr-old man with stage IV ductal adenocarcinoma of the pancreas metastatic to the lungs
 - PMH: type 2 diabetes, hypertension, atrial fibrillation
 - KPS 70%, ECOG PS 2
 - CA 19-9: 191 U/mL
 - Germline/somatic testing: microsatellite stable, no *BRCA/PALB2* mutation or *NTRK* fusion detected
-

Which of the following therapeutic strategies would you consider the best approach for this patient?

1. 5-FU/LV + nanoliposomal irinotecan
2. FOLFIRINOX
3. Gemcitabine
4. Gemcitabine + erlotinib
5. Gemcitabine + cisplatin
6. Gemcitabine + nab-paclitaxel
7. Uncertain

- 76-yr-old man with stage IV ductal adenocarcinoma of the pancreas metastatic to lungs
- PMH: type 2 diabetes, hypertension, atrial fibrillation; KPS 70%, ECOG PS 2; CA 19-9: 191 U/mL
- Microsatellite stable, no *BRCA*/*PALB2* mutation or *NTRK* fusion detected

After 5 cycles of gemcitabine + nab-paclitaxel, the patient develops grade 3 chemotherapy-induced neuropathy. Which of the following management approaches would be best for this patient?

1. Continue treatment at current dose; administer antiseizure medication
2. Withhold gemcitabine until symptoms resolve to grade ≤ 1 , then resume at next lower dose level
3. Withhold nab-paclitaxel until symptoms resolve to grade ≤ 1 , then resume at next lower dose level
4. Withhold both agents until symptoms resolve to grade ≤ 1 , then resume treatment at lower dose levels
5. Switch to FOLFIRINOX
6. Uncertain

- 76-yr-old man with stage IV ductal adenocarcinoma of the pancreas metastatic to lungs
- PMH: type 2 diabetes, hypertension, atrial fibrillation; KPS 70%, ECOG PS 2; CA 19-9: 191 U/mL
- Microsatellite stable, no *BRCA*/*PALB2* mutation or *NTRK* fusion detected

Case Scenario 1:

Patient Progressing on First-line Therapy

- While receiving gemcitabine + nab-paclitaxel, the patient's CA 19-9 levels dropped and a CT scan showed improvement in tumor burden
- However, after 6 cycles, disease progression was observed on CT scan; his KPS is 80%, ECOG 1

- 76-yr-old man with stage IV ductal adenocarcinoma of the pancreas metastatic to lungs
- PMH: type 2 diabetes, hypertension, atrial fibrillation; KPS 70%, ECOG PS 2; CA 19-9: 191 U/mL
- Microsatellite stable, no *BRCA/PALB2* mutation or *NTRK* fusion detected
- Treated with gemcitabine + nab-paclitaxel

Which of the following therapeutic strategies would you consider the best approach for this patient?

1. Remain on current regimen; increase dose of nab-paclitaxel
2. Switch to 5-FU/LV
3. Switch to 5-FU/LV + nanoliposomal irinotecan
4. Switch to FOLFIRINOX
5. Switch to FOLFOX
6. Switch to pembrolizumab
7. Switch to olaparib
8. Uncertain

- 76-yr-old man with stage IV ductal adenocarcinoma of the pancreas metastatic to lungs
- PMH: type 2 diabetes, hypertension, atrial fibrillation; KPS 70%, ECOG PS 2; CA 19-9: 191 U/mL
- Microsatellite stable, no *BRCA*/*PALB2* mutation or *NTRK* fusion detected
- Treated with gemcitabine + nab-paclitaxel; initial response but progressive disease after 6 cycles; KPS now 80%/ECOG 1

Overview of Advanced Pancreatic Ductal Adenocarcinoma



Pancreatic Cancer: Scope of the Problem

- Projected **57,600 new cases** of pancreatic cancer in United States in 2020, with **47,050 deaths**; 5-yr OS is **9%**^[1]
- Stage for stage, pancreatic cancer is associated with the **lowest survival rates** of any major cancer type^[2]
- Within the next decade, pancreatic cancer is expected to rise to the second leading cause of cancer-related mortality in the United States (after lung cancer)^[3]
- The **vast majority of patients (> 80%) are inoperable** at time of diagnosis^[1]

Why Is Pancreatic Cancer so Lethal?

- Lack of early detection tools; no validated screening
- Symptoms occur during later stages of the disease
- Tumor has the ability to “hide” from the immune system
- Complex tumor biology/microenvironment
 - Numerous mutations
 - Stroma

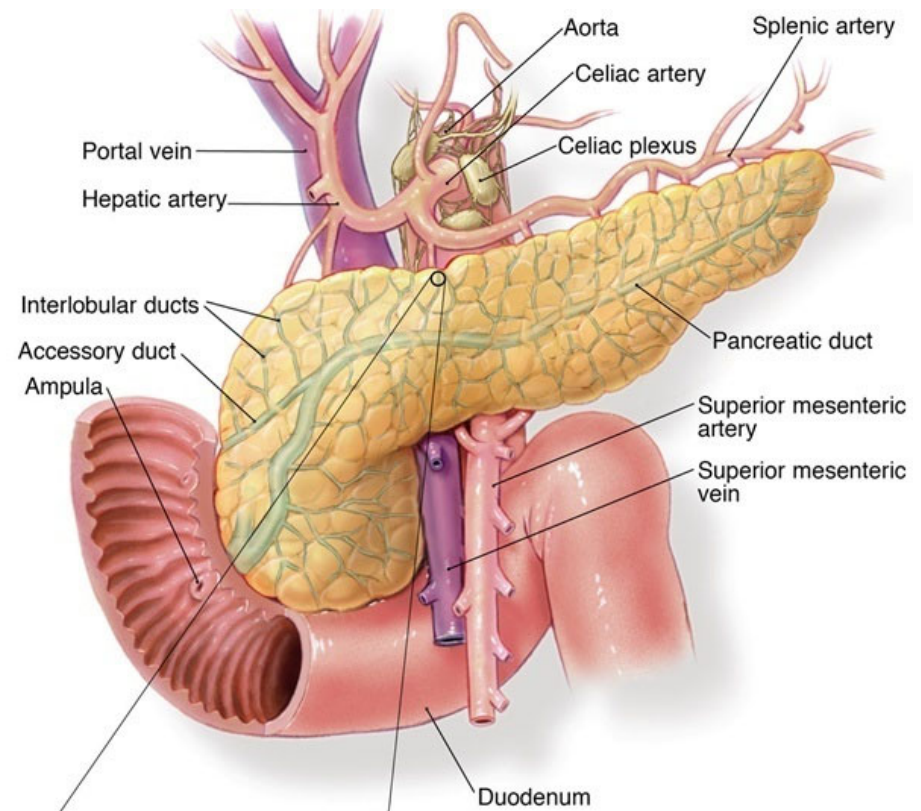
Staging in Pancreatic Cancer

Clinical Staging
Resectable
Borderline resectable
Unresectable (locally advanced or metastatic)

AJCC Pathologic Staging	
Stage 0	Tis, N0, M0
Stage IA	T1, N0, M0
Stage IB	T2, N0, M0
Stage IIA	T3, N0, M0
Stage IIB	T1-T3, N1, M0
Stage III	T1-T4, N \geq 2, M0
Stage IV	Any T, any N, M1

Advanced Pancreatic Ductal Adenocarcinoma

- Often has no early signs or symptoms^[1]
- Presenting signs and symptoms can include
 - Weight loss: 85%
 - Jaundice: 55%
 - Tumor in head of pancreas can obstruct the biliary system
 - Steatorrhea: 25%
 - Vague abdominal pain: 79%
 - Epigastric pain: 71%
 - Nausea: 51%
 - Depression: > 70%; highest of any GI cancer^[2]



Role of CA 19-9 in Pancreatic Cancer

- Lewis blood group antigen (elevated in up to 90% of patients)^[1]
- If nonsecretor, CA 125 or CEA may serve as an alternative marker^[2]
- **Not** a screening test^[1]
- Predictive value: decline correlates with response and OS^[3]
- Analysis of MPACT (phase III trial of gemcitabine ± nab-paclitaxel for patients with metastatic pancreatic cancer, N = 861)^[3]
 - CA 19-9 measured at baseline and Wk 8
 - Improved OS with any treatment when any CA 19-9 decline (80%) vs no decline: **11.1 vs 8.0 mos**
 - In gemcitabine + nab-paclitaxel arm, median OS for those with decline in CA 19-9 vs those without at 8 wks: **13.2 vs 8.3 mos**

Pancreatic Cancer: Risk Factors

Demographic Factors	<ul style="list-style-type: none">▪ Advancing age, male, black, Ashkenazi Jewish ancestry
Known Genetic Syndromes	<ul style="list-style-type: none">▪ Lynch syndrome (HNPCC)▪ Familial breast cancer (<i>BRCA2</i>)▪ Peutz–Jeghers▪ Ataxia telangiectasia▪ Familial atypical multiple mole melanoma▪ Hereditary pancreatitis
Family History	<ul style="list-style-type: none">▪ Risk increases along with number of first-degree relatives
Host/Environmental Factors	<ul style="list-style-type: none">▪ Type 2 diabetes*▪ Chronic pancreatitis▪ Obesity▪ Tobacco use▪ Heavy alcohol consumption▪ <i>Vitamin D: contradictory evidence</i>

*Study of 2121 diabetic adults found that 1% of those diagnosed with diabetes at or after 50 yrs of age will be diagnosed with pancreatic cancer within 3 yrs.

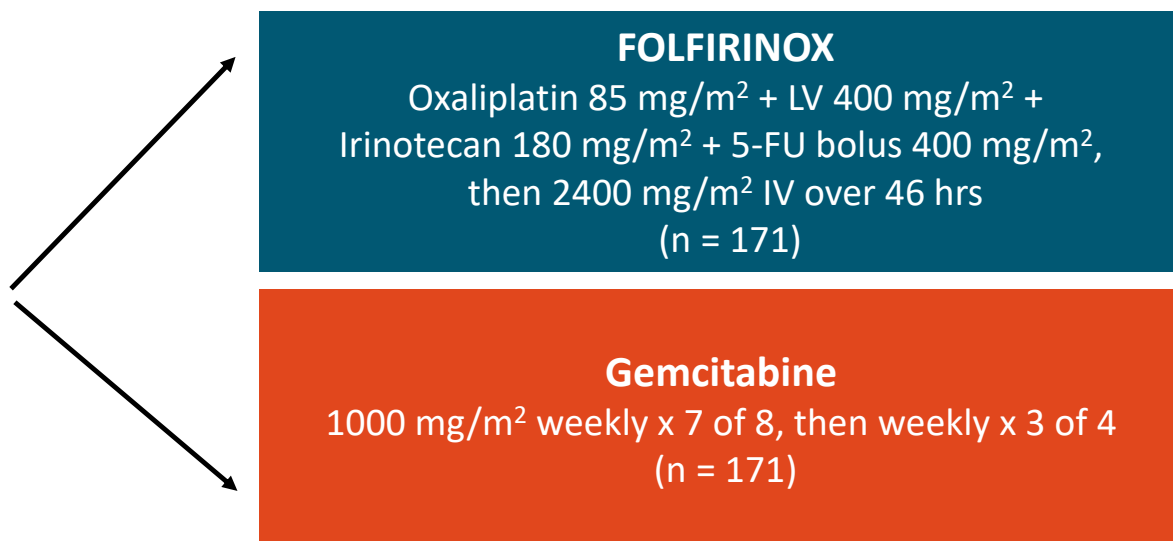
Current Therapeutic Options for Metastatic Pancreatic Cancer: First-line Treatment



FOLFIRINOX vs Gemcitabine for Patients With Metastatic Pancreatic Cancer

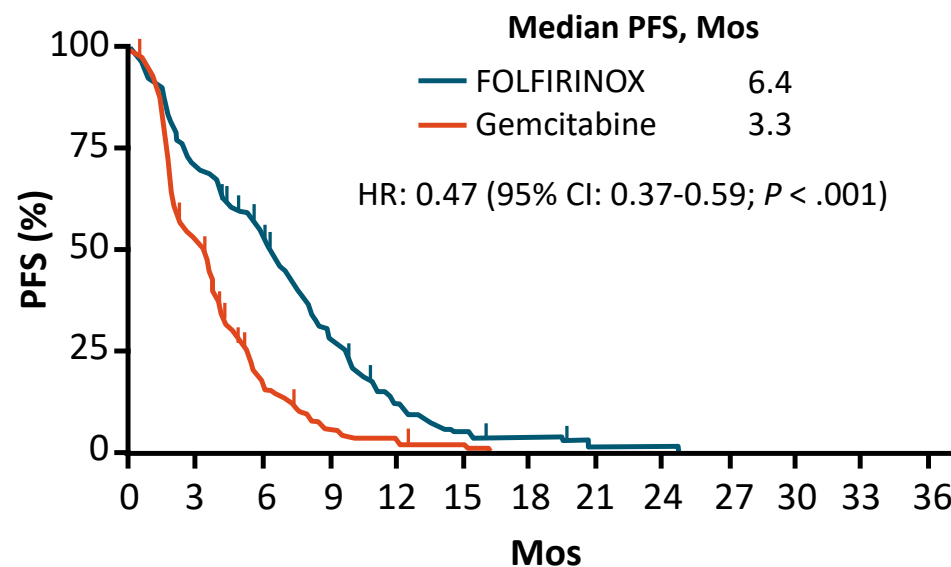
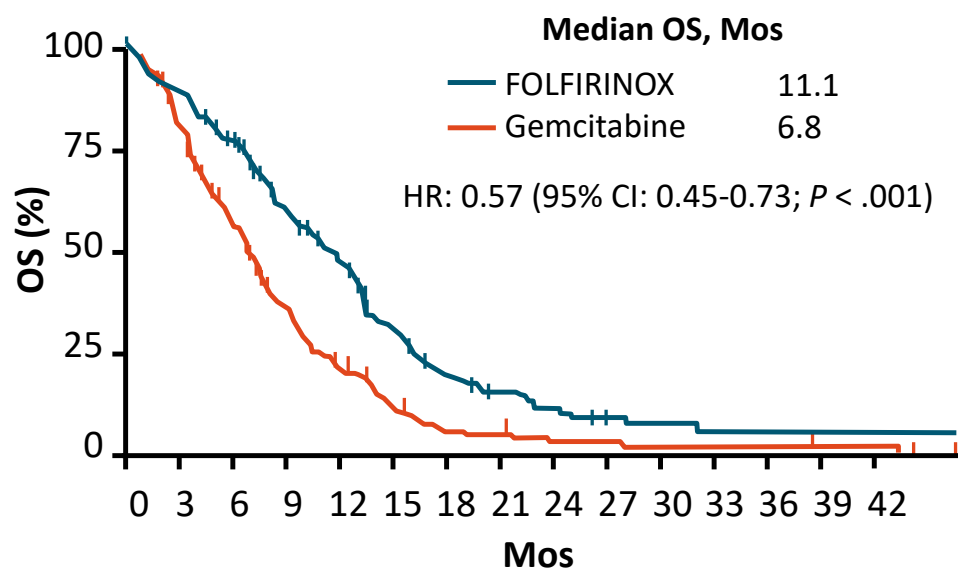
- Multicenter, randomized phase II/III trial

Patients with untreated metastatic pancreatic cancer;
< 76 yrs of age; ECOG PS 0/1;
adequate BM, platelet count,
liver and renal function
(N = 342)



- Primary endpoints: ORR (phase II), OS (phase III)

FOLFIRINOX vs Gemcitabine: OS and PFS



FOLFIRINOX vs Gemcitabine: Safety

Grade 3/4 AE, %	FOLFIRINOX (n = 171)	Gemcitabine (n = 171)	P Value
Hematologic			
▪ Neutropenia	45.7	21.0	< .001
▪ Febrile neutropenia	5.4	1.2	.03
▪ Thrombocytopenia	9.1	3.6	.04
Nonhematologic			
▪ Fatigue	23.6	17.8	NS
▪ Vomiting	14.5	8.3	NS
▪ Diarrhea	12.7	1.8	< .001
▪ Sensory neuropathy	9.0	0.0	< .001
▪ Elevated ALT	7.3	20.8	< .001

Management of Disease-Related Symptoms and Treatment-Related Adverse Events

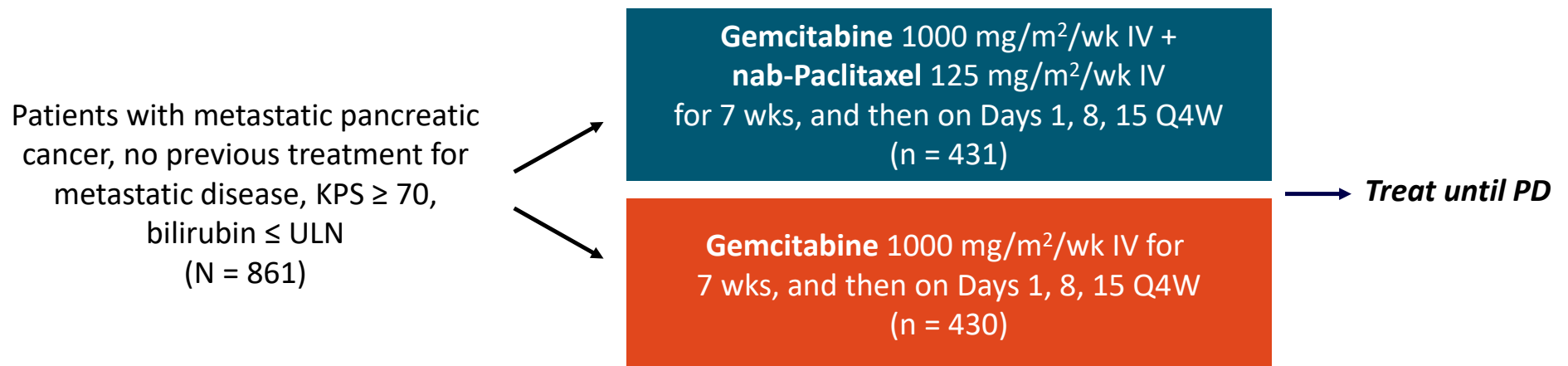
- Nurses are vital to the shared decision-making model
- Critical for nurses to understand treatment options as they educate and empower patients in their healthcare decisions
- Nurses have a key role in educating, assessing, and caring for patients with disease-related symptoms and treatment-related adverse events
 - Needed for optimal patient outcomes

Management of Key AEs: FOLFIRINOX

AE	Key Management Considerations
Neutropenia/febrile neutropenia/thrombocytopenia	<ul style="list-style-type: none">▪ Decrease dose of 5-FU or oxaliplatin; omit irinotecan for febrile neutropenia▪ Delay treatment until neutrophils $\geq 1.5 \times 10^9/\text{L}$ after grade 4 neutropenia
Diarrhea	<ul style="list-style-type: none">▪ Decrease dose of ≥ 1 component▪ Diarrhea occurring > 24 hrs after injection may be prolonged and life threatening; treat promptly with loperamide, fluids, and electrolytes
Infusion reactions	<ul style="list-style-type: none">▪ Slow infusion time, provide atropine and/or proton pump▪ Desensitization protocols

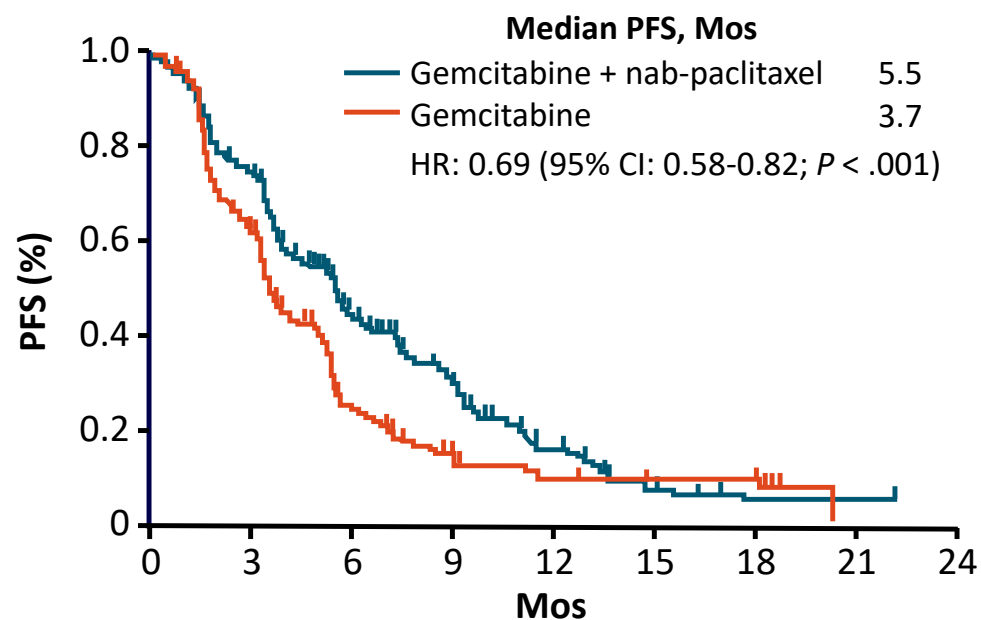
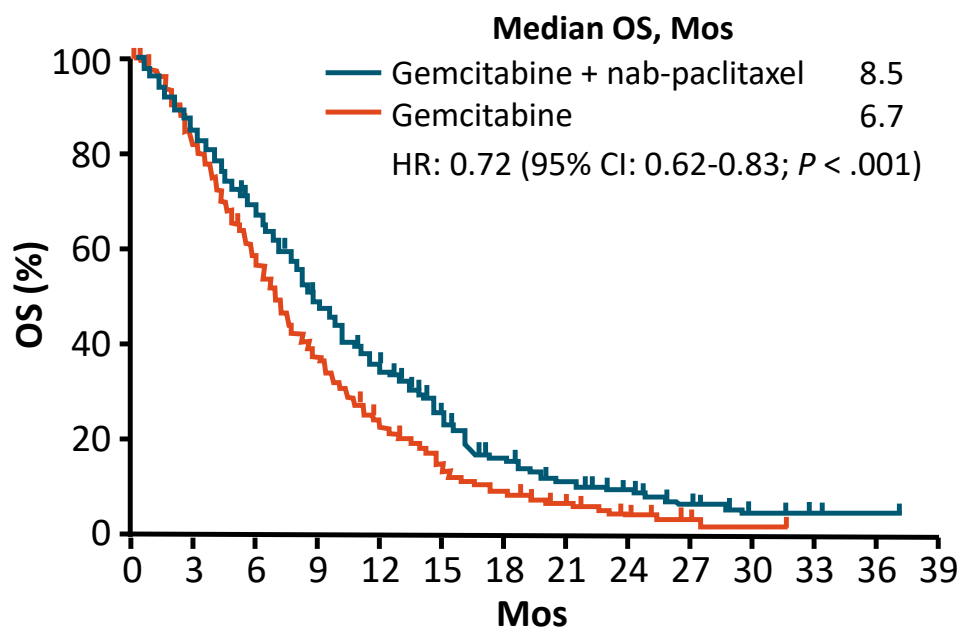
MPACT: Gemcitabine ± nab-Paclitaxel for Patients With Metastatic Pancreatic Cancer

- Multicenter, open-label, randomized phase III trial



- Primary endpoint: OS
- Secondary endpoints: PFS, ORR, safety

MPACT: OS and PFS



MPACT: Safety

Event, %	Gemcitabine + nab-Paclitaxel (n = 421)	Gemcitabine (n = 402)
AE leading to death	4	4
Hematologic AEs grade ≥ 3		
▪ Neutropenia	38	27
▪ Leukopenia	31	16
▪ Thrombocytopenia	13	9
▪ Anemia	13	12
Receipt of growth factors	26	15
Febrile neutropenia	3	1
Nonhematologic AEs grade ≥ 3 in $\geq 5\%$ of patients		
▪ Fatigue	17	7
▪ Peripheral neuropathy	17	1
▪ Diarrhea	6	1

Management of Key AEs: Gemcitabine + nab-Paclitaxel

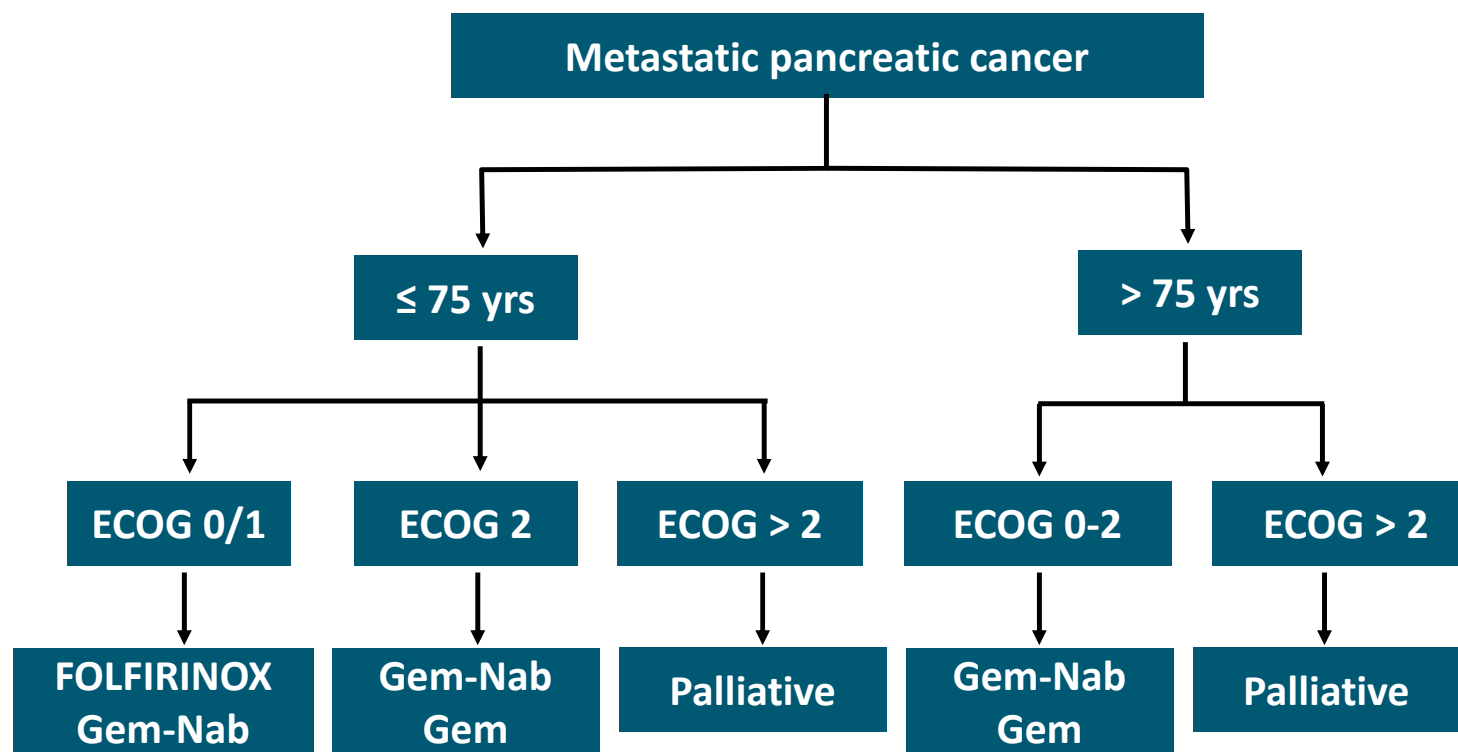
AE	Key Management Considerations
Peripheral neuropathy	<ul style="list-style-type: none"> Withhold therapy for grade 3/4 peripheral neuropathy; resume <i>nab-paclitaxel</i> at next lower dose level when neuropathy improves to grade ≤ 1 (no modification for gemcitabine)
Neutropenia/febrile neutropenia/thrombocytopenia	<ul style="list-style-type: none"> Dose reduction or delays at Days 8 and/or 15 based on severity of neutropenia and prior dose reductions
Gastrointestinal toxicity	<ul style="list-style-type: none"> For grade 3/4: withhold until grade ≤ 1 Resume at next lower dose level
Cutaneous toxicity	<ul style="list-style-type: none"> For grade 2/3: reduce to next lower level Discontinue if toxicity persists

Frontline Regimens for Patients With Metastatic Pancreatic Cancer

Trial Characteristics and Outcomes*	FOLFIRINOX vs Gem (N = 342) ^[1]	nab-Pac + Gem vs Gem (N = 861) ^[2]
Median age, yrs (range)	61 (25-76)	62 (27-86)
Male, %	62	57
Region (NA/WE/EE/A), %	0/100 (France)/0/0	62/9/15/14
ECOG PS/KPS (0/100, 1/80-90, 2/60-70), %	37/62/1	16/76/8
Tumor location (H/B/T), %	39/31/26	43/31/25
Median involved metastatic sites, n	2	2.5
ORR, %	32 vs 9	23 vs 7
Disease control rate, %	70 vs 51	48 vs 33
Median PFS, mos	6.4 vs 3.3	5.5 vs 3.7
Median OS, mos	11.1 vs 6.8	8.5 vs 6.7

*A randomized trial comparing these two regimens has not been performed.

Choice of Chemotherapy Regimen Based on Age and Performance Status



Online Treatment Decision Tool for Pancreatic Cancer

- Enter specific patient/disease characteristics by answering a series of multiple choice questions to get recommendations for your specific case from 5 experts
 - Andrew H. Ko, MD; Elena Gabriela Chiorean, MD; Dan Laheru, MD; Michael J. Pishvaian, MD, PhD; and Andrea Wang-Gillam, MD, PhD

Interactive Decision Support Tool

Pancreatic Cancer Treatment Tool

Enter Patient Details

In what setting are you considering systemic therapy? Treatment for metastatic/unresectable disease [\[Change\]](#)

Previous systemic therapy? None [\[Change\]](#)

ECOG performance status and comorbidity profile? 2 and/or unsatisfactory comorbidity profile [\[Change\]](#)

Age? ≥ 76 years [\[Change\]](#)

Persistently elevated bilirubin after attempted biliary drainage? No [\[Change\]](#)

BRCA1/2 or PALB2 mutation? No or unknown [\[Change\]](#)

What treatment regimen are you planning to use? Uncertain [\[Change\]](#)

SUBMIT PATIENT CASE

Recommendations		
	Recommendations	Expert Comments
Expert 1	Gemcitabine	Would also consider gemcitabine + nab-paclitaxel, with low threshold to discontinue nab-paclitaxel if tolerance issues.
Expert 2	Gemcitabine + nab-paclitaxel	
Expert 3	Gemcitabine	Would also consider 5-FU.
Expert 4	Gemcitabine + nab-paclitaxel	
Expert 5	Gemcitabine + nab-paclitaxel	Would also consider gemcitabine alone.

Available at: www.clinicaloptions.com/PancreaticTool

Slide credit: clinicaloptions.com 

Revisiting Case Scenario 1: Patient Recently Diagnosed With Metastatic Pancreatic Cancer

- 76-yr-old man with stage IV ductal adenocarcinoma of the pancreas metastatic to the lungs
 - PMH: type 2 diabetes, hypertension, atrial fibrillation
 - Performance status: KPS 70%, ECOG 2
 - CA 19-9: 191 U/mL
 - Germline/somatic testing: microsatellite stable, no *BRCA/PALB2* mutation or *NTRK* fusion detected
-

Which of the following therapeutic strategies would you now consider the best approach for this patient?

1. 5-FU/LV + nanoliposomal irinotecan
2. FOLFIRINOX
3. Gemcitabine
4. Gemcitabine + erlotinib
5. Gemcitabine + cisplatin
6. Gemcitabine + nab-paclitaxel
7. Uncertain

- 76-yr-old man with stage IV ductal adenocarcinoma of the pancreas metastatic to lungs
- PMH: type 2 diabetes, hypertension, atrial fibrillation; KPS 70%, ECOG PS 2; CA 19-9: 191 U/mL
- Microsatellite stable, no *BRCA*/*PALB2* mutation or *NTRK* fusion detected

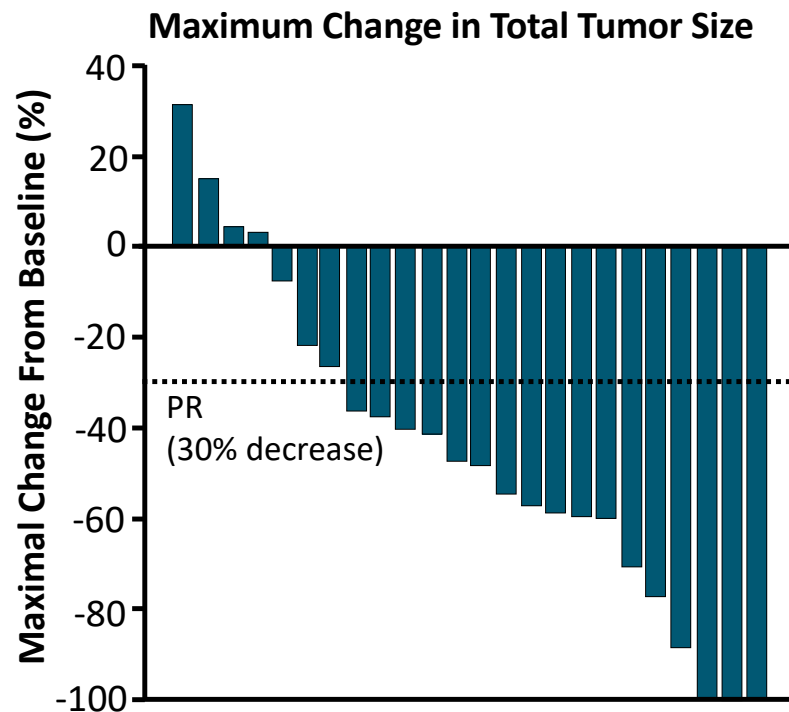
After 5 cycles of gemcitabine + nab-paclitaxel, the patient develops grade 3 chemotherapy-induced neuropathy. Which of the following management approaches would be best for this patient?

1. Continue treatment at current dose; administer anti-seizure medication
2. Withhold gemcitabine until symptoms resolve to grade ≤ 1 , then resume at next lower dose level
3. Withhold nab-paclitaxel until symptoms resolve to grade ≤ 1 , then resume at next lower dose level
4. Withhold both agents until symptoms resolve to grade ≤ 1 , then resume treatment at previous dose levels
5. Switch to FOLFIRINOX
6. Uncertain

- 76-yr-old man with stage IV ductal adenocarcinoma of the pancreas metastatic to lungs
- PMH: type 2 diabetes, hypertension, atrial fibrillation; KPS 70%, ECOG PS 2; CA 19-9: 191 U/mL
- Microsatellite stable, no *BRCA*/*PALB2* mutation or *NTRK* fusion detected

nab-Paclitaxel + Gemcitabine + Cisplatin for Patients With Metastatic Pancreatic Cancer

- Open-label phase Ib/II study in which treatment-naïve patients with metastatic pancreatic cancer received **nab-paclitaxel + gemcitabine + cisplatin** (25, 37.5, or 50 mg/m²) (N = 25)



Jameson. JAMA Oncol. 2019;[Epub ahead of print].

- MTD of cisplatin (phase II dose), 25 mg/m²
- **Median OS: 16.4 mos**; median PFS: 10.1 mos
- Response
 - CR: n = 2 (8%; 1° endpoint of 25% CR not met)
 - ORR: 71%; disease control rate: 88%
- Most common grade ≥ 3 AEs: thrombocytopenia (68%), anemia (32%), neutropenia (24%)



Slide credit: clinicaloptions.com

Genetic Testing and Targeted Therapy for Pancreatic Cancer



Case Scenario 2:

Patient Achieving CR With Initial Therapy

- 56-yr-old man with stage IV PDAC metastatic to the lungs
- KPS 100%
- Family history: sister with breast cancer, mother had ovarian cancer
- Patient germline testing: *BRCA2* mutation
- He begins FOLFIRINOX chemotherapy and completes 12 cycles; CT scan shows CR

Which of the following therapeutic strategies would you consider the best approach for this patient?

1. Stop treatment
2. Continue FOLFIRINOX with current dosing
3. Continue FOLFIRINOX with modified dosing
4. Switch to maintenance capecitabine
5. Switch to maintenance olaparib
6. Uncertain

- 56-yr-old man with stage IV PDAC metastatic to the lungs
- Performance status: KPS 100%
- Family history: sister with breast cancer, mother had ovarian cancer; patient germline testing: *BRCA2* mutation
- Begins FOLFIRINOX chemotherapy and completes 12 cycles; CR

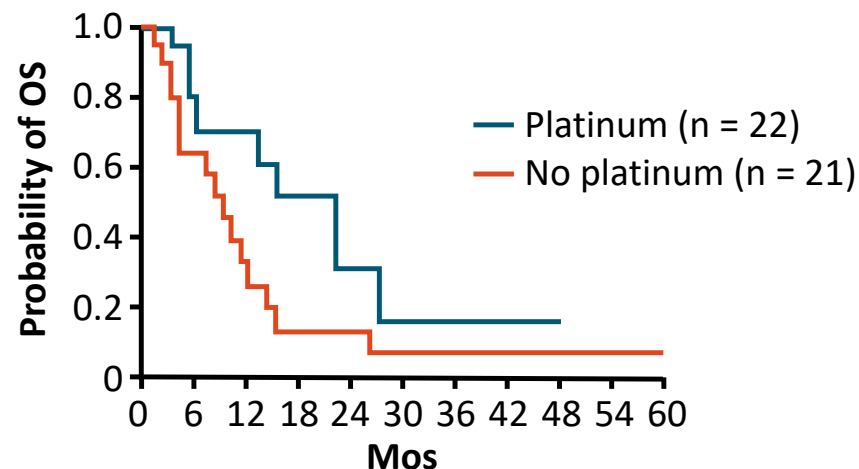
Germline and Somatic Testing: Recommendations and Therapeutic Implications

- National guidelines now recommend **germline (inherited gene) testing for ALL patients** diagnosed with pancreatic cancer, regardless of family history^[1]
 - A study of 3030 patients with pancreatic cancer identified **high-risk gene mutations** *BRCA1*, *BRCA2*, *CDKN2A*, *TP53*, *MLH1*, and *ATM* in **5.5% of all pancreatic cancer patients**, including 7.9% with a family history and 5.2% without a family history of pancreatic cancer^[2]
- Somatic (tumor tissue) may identify potential actionable mutations

Subtype	Examples	Potential Therapy
Immunogenic	MSI/MMR defects	Pembrolizumab (eg, anti-PD-1 mAbs)
DNA damage response (defective DNA repair)	<i>BRCA1/2</i> , <i>PALB2</i> , <i>ATM</i> , <i>CHEK2</i> mutations	Platinum agents, PARP inhibitors
Rare genetic abnormalities	<i>NTRK</i> fusions	TRK inhibitors (eg, larotrectinib, entrectinib)

Earlier Studies in *BRCA*-Mutated Pancreatic Cancer

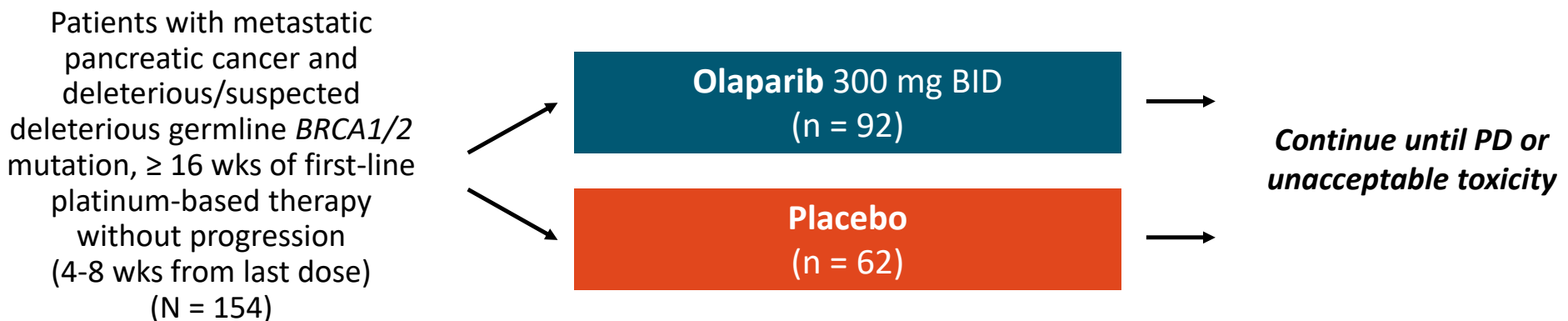
- Retrospective analysis of platinum-based therapy for patients with advanced pancreatic cancer with *BRCA1/2* mutation
 - Superior OS** (22 vs 9 mos; $P = .039$) for patients with *BRCA1/2* mutations treated **with platinum** vs non-platinum chemotherapy regimens^[1]



- Activity of PARP inhibitors (eg, olaparib) in patients with *BRCA* mutations; several ongoing/early phase trials
 - PARP inhibitors impair BER, inhibit SSBR/DSBR
 - Phase II study of olaparib for patients with germline *BRCA 1/2* mutation and prior gemcitabine: ORR in 5 of 23 (21.7%) patients^[2]

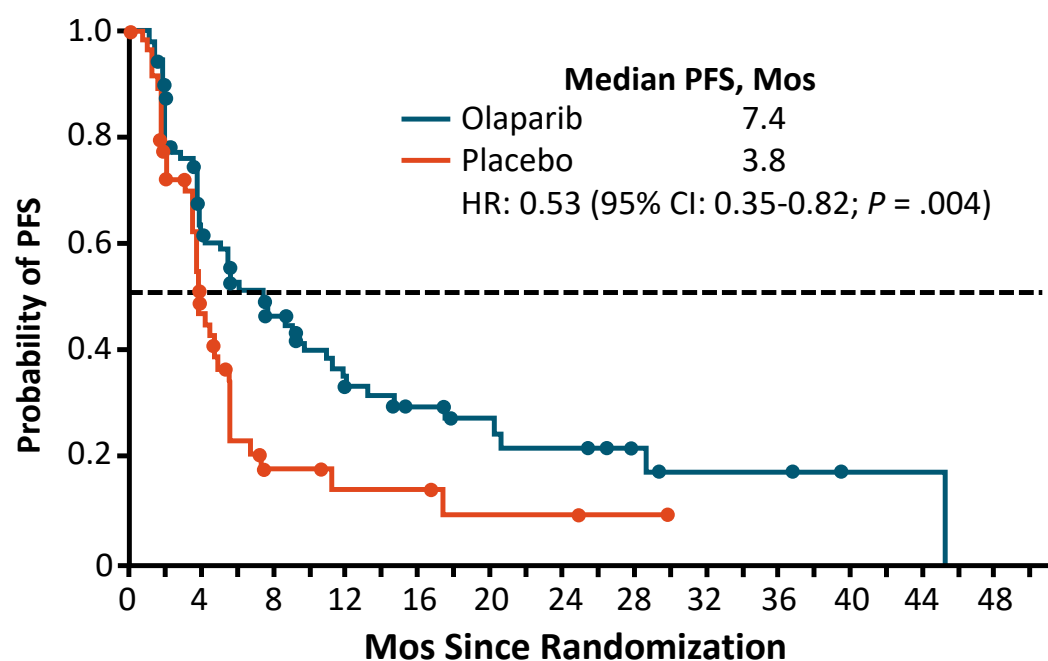
POLO: Maintenance Olaparib vs Placebo After First-line Platinum-Based Therapy in Metastatic Pancreatic Cancer

- International, randomized, double-blind phase III trial



- 3315 patients screened; 247 had germline *BRCA* mutation (7.5%)
- Primary endpoint: PFS by blinded independent central review
- Key secondary endpoints: safety/tolerability, PFS2, ORR, OS, HRQoL

POLO: PFS and Response



Patients With Measurable Disease at Baseline	Olaparib (n = 78)	Placebo (n = 52)
Objective response,* n (%)	18 (23.1)	6 (11.5)
Median time to response, mos	5.4	3.6
Median duration of response, mos	24.9	3.7

*Modified RECIST v1.1; 2 patients in olaparib arm with ongoing CR at data cutoff (January 15, 2019).

POLO: Safety and QoL

Adverse Event, %	Olaparib (n = 91)		Placebo (n = 60)	
	Any Grade	Grade ≥ 3	Any Grade	Grade ≥ 3
Any	95.6	39.6	93.3	23.3
Fatigue/asthenia	60.4	5.5	35.0	1.7
Nausea	45.1	0	23.3	1.7
Diarrhea	28.6	0	15.0	0
Abdominal pain	28.6	2.2	25.0	1.7
Anemia	27.5	11.0	16.7	3.3
Decreased appetite	25.3	3.3	6.7	0
Constipation	23.1	0	10.0	0
Vomiting	19.8	1.1	15.0	1.7
Back pain	18.7	0	16.7	1.7
Arthralgia	15.4	1.1	10.0	0

Golan. NEJM. 2019;381:317.

Adverse Event, %	Olaparib (n = 91)	Placebo (n = 60)
Leading to dose interruption	35.2	5.0
Leading to dose reduction	16.5	3.3
Leading to treatment discontinuation	5.5	1.7

- Median duration of treatment, olaparib vs placebo: 6.0 mos (range: 0.8-45.3) vs 3.7 mos (range: 0.1-30.1)
- Assessment of patient-reported global HRQoL score: no clinically meaningful change vs BL in either arm
 - Adjusted mean change from BL, olaparib vs placebo: -1.20 (SE: 1.42) vs 1.27 (SE: 1.95); $P = .31$



Slide credit: clinicaloptions.com

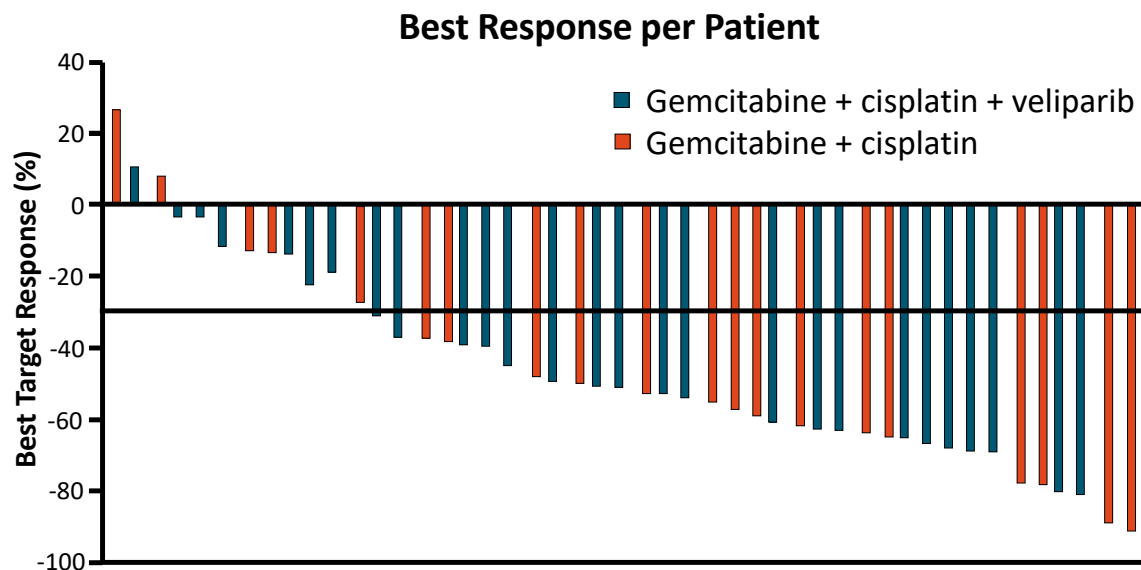
Maintenance Therapy for Patients With Advanced Pancreatic Cancer

- Patients who have response or stable disease after 4-6 mos of chemotherapy may be considered for maintenance therapy

First-line Regimen	Potential Maintenance Regimen
Platinum-based therapy and germline <i>BRCA1/2</i> mutation	■ Olaparib
FOLFIRINOX	■ FOLFOX ■ FOLFIRI ■ Capecitabine
Gemcitabine + nab-paclitaxel	■ Modified gemcitabine + nab-paclitaxel schedule ■ Gemcitabine monotherapy

Gemcitabine + Cisplatin ± Veliparib for Pancreatic Cancer With Germline *BRCA*/*PALB2* Mutation

- Randomized phase II study in which untreated locally advanced or metastatic PDAC with germline *BRCA*/*PALB2* mutations received **gemcitabine + cisplatin ± veliparib** (N = 50)

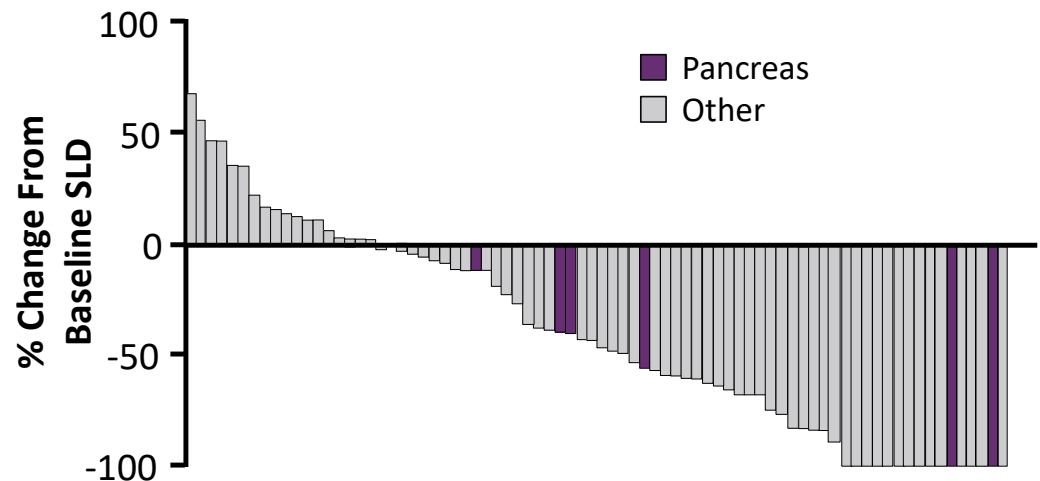


Outcome	Gem + Cis + Vel (n = 27)	Gem + Dis (n = 23)	P Value
RR, %	74.1	65.2	.55
DCR, %	100	78.3	.02
Median OS, mos	15.5	16.4	.6
Median PFS, mos	10.1	9.7	.73

- Grade 3/4 hematologic AEs numerically more common with gemcitabine + cisplatin + veliparib vs gemcitabine + cisplatin (81% vs 73%)

New Findings in Immunotherapy: Pembrolizumab in MSI-H Pancreatic Cancer

- Early studies of CTLA-4 and PD-1/PD-L1 antibodies showed minimal to no activity in advanced pancreatic cancer
- However, ~ 1% of pancreatic cancers associated with defective mismatch repair (dMMR/MSI-high)^[1]
- KEYNOTE-016: phase II trial of pembrolizumab for patients with advanced solid tumors with dMMR^[2]
 - 5 of 6 patients with pancreatic cancer responded to pembrolizumab^[2,3]

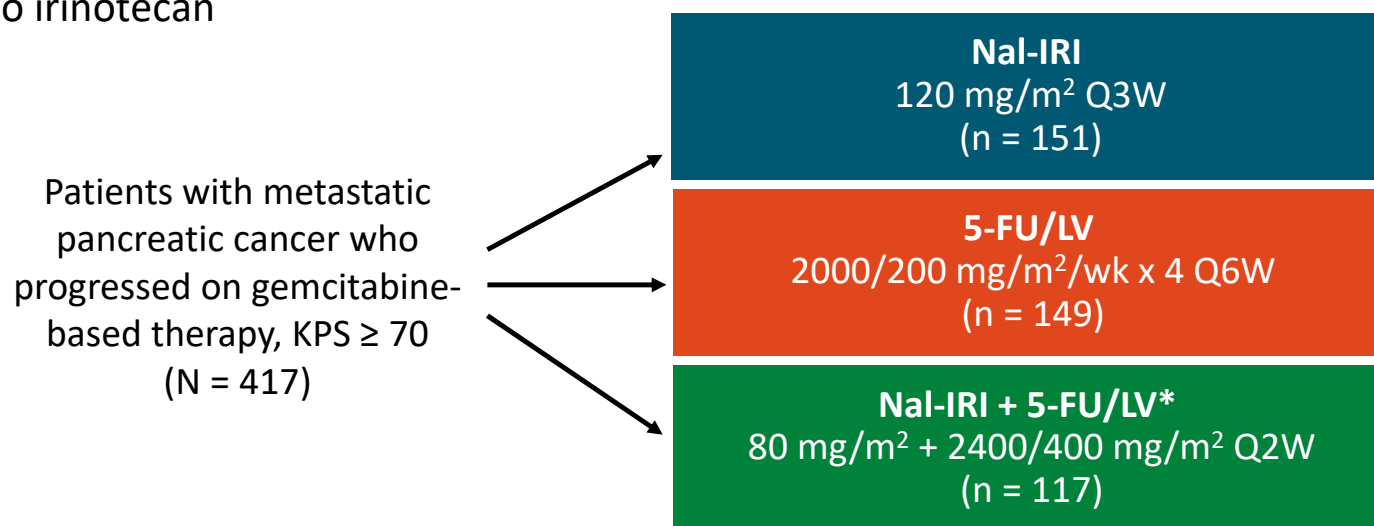


Current Therapeutic Options for Metastatic Pancreatic Cancer: Second-line Chemotherapy



NAPOLI-1: Nanoliposomal Irinotecan ± 5-FU/LV vs 5-FU/LV After Progression on Gem-Based Therapy

- Multicenter, randomized, open-label phase III trial
 - Liposomal formulation hypothetically associated with preferentially increased tumor exposure to irinotecan



- Primary endpoint: OS

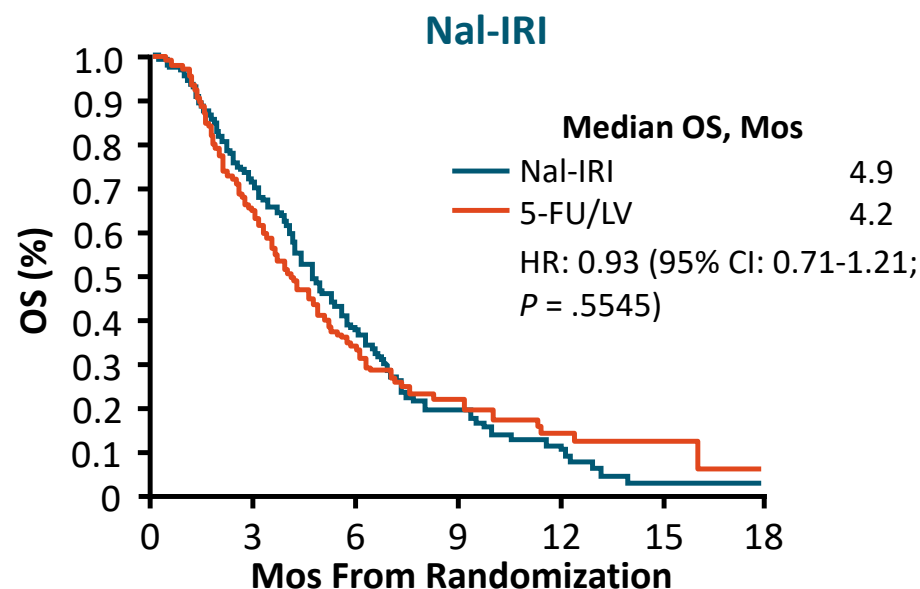
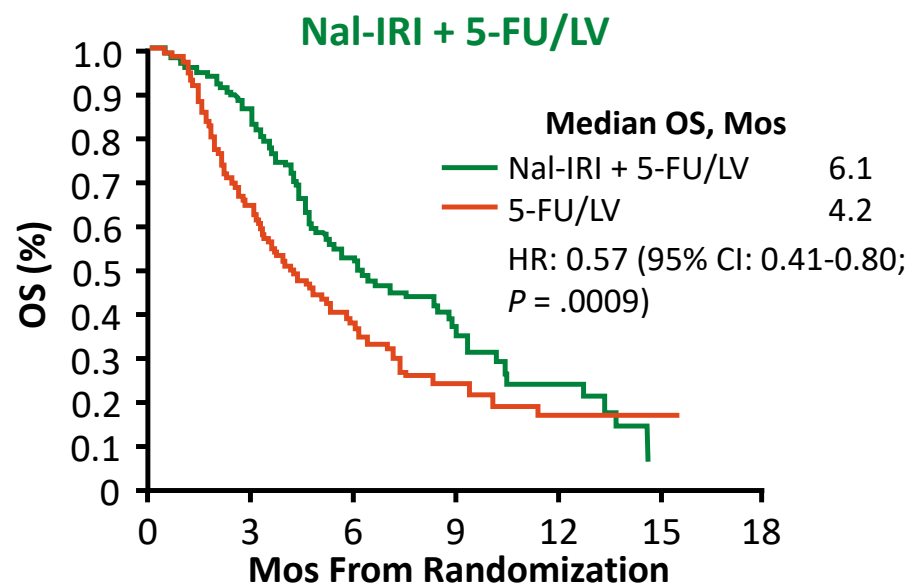
*Combination arm added after safety data were available. Patients in 5-FU/LV arm used as controls for combination arm.

Wang-Gillam. Lancet. 2016;387:545.



Slide credit: clinicaloptions.com

NAPOLI-1: OS

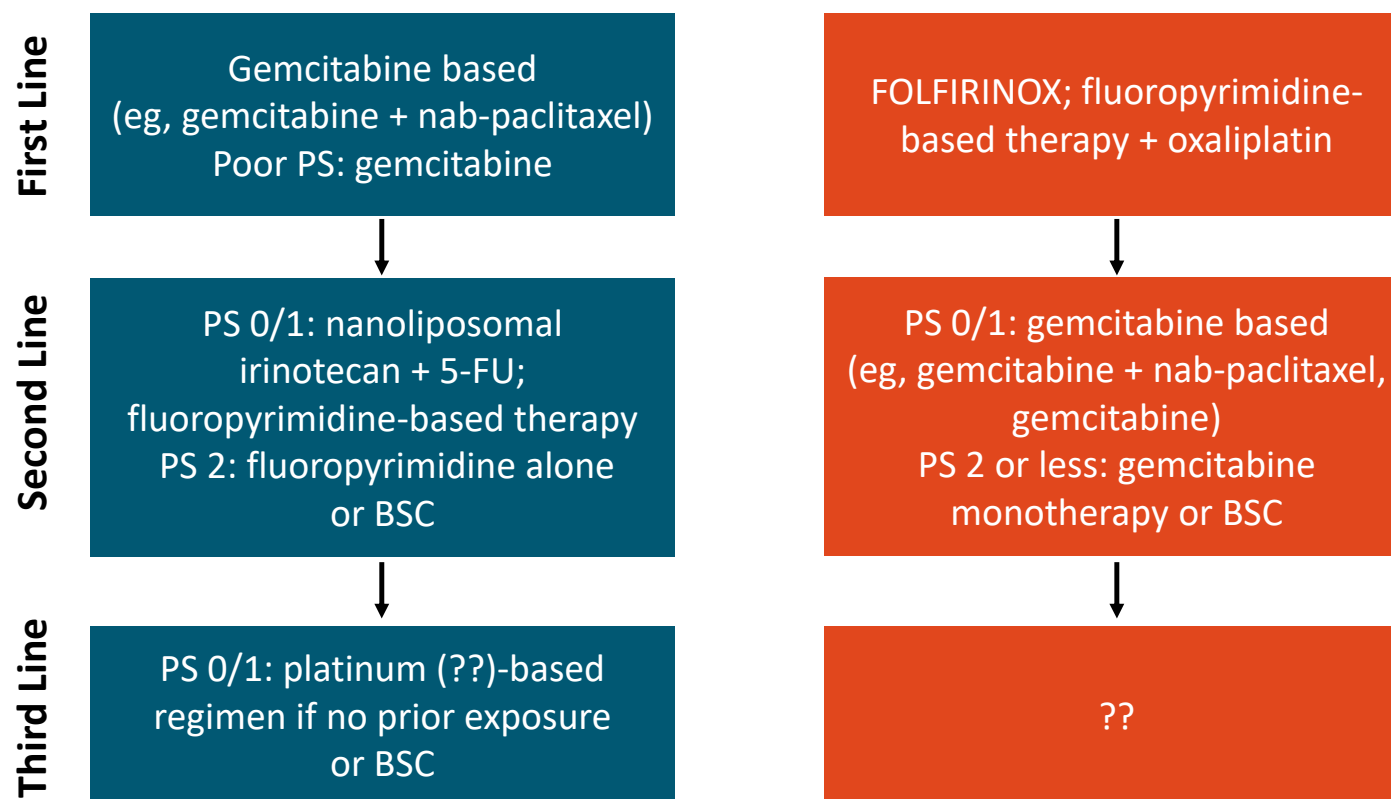


Tumor Response and Control	Nal-IRI + 5-FU/LV (n = 117)	5-FU/LV (n = 119)	P Value
Median PFS, mos (95% CI)	3.1 (2.7-4.2)	1.5 (1.4-1.8)	.0001
ORR, % (95% CI)	16 (9.6-22.9)	1 (0-2.5)	< .001
CA 19-9 reduction, %	36	12	.0009

NAPOLI-1: Safety

AEs, %	NaI-IRI + 5-FU/LV (n = 117)		5-FU/LV (n = 134)	
	Any Grade	Grade 3/4	Any Grade	Grade 3/4
Diarrhea	59	13	26	4
Vomiting	52	11	26	3
Nausea	51	8	34	3
Decreased appetite	44	4	32	2
Fatigue	40	14	28	4
Neutropenia	39	27	5	1
Anemia	38	9	23	7
Hypokalemia	12	3	9	2

Current Treatment Sequencing for Metastatic Pancreatic Cancer*



*Outside of a clinical trial.

As noted, patients with specific molecular profiles may be considered for targeted therapies.

Revisiting Case Scenario 1: Patient Progressing on First-line Therapy

- While receiving gemcitabine + nab-paclitaxel, the patient's CA 19-9 levels dropped and a CT scan showed improvement in tumor burden
- However, after 6 cycles, disease progression was observed on CT scan; his KPS is 80%, ECOG 1

- 76-yr-old man with stage IV ductal adenocarcinoma of the pancreas metastatic to lungs
- PMH: type 2 diabetes, hypertension, atrial fibrillation; KPS 70%, ECOG PS 2; CA 19-9: 191 U/mL
- Microsatellite stable, no *BRCA/PALB2* mutation or *NTRK* fusion detected
- Treated with gemcitabine + nab-paclitaxel

Which of the following therapeutic strategies would you now consider the best approach for this patient?

1. Remain on current regimen; increase dose of nab-paclitaxel
2. Switch to 5-FU/LV
3. Switch to 5-FU/LV + nanoliposomal irinotecan
4. Switch to FOLFIRINOX
5. Switch to FOLFOX
6. Switch to pembrolizumab
7. Switch to olaparib
8. Uncertain

- 76-yr-old man with stage IV ductal adenocarcinoma of the pancreas metastatic to lungs
- PMH: type 2 diabetes, hypertension, atrial fibrillation; KPS 70%, ECOG PS 2; CA 19-9: 191 U/mL
- Microsatellite stable, no *BRCA*/*PALB2* mutation or *NTRK* fusion detected
- Treated with gemcitabine + nab-paclitaxel; initial response but progressive disease after 6 cycles; KPS now 80%/ECOG 1

Palliative Care for Patients With Pancreatic Cancer: Symptom Management and Prevention



Palliative Care

- Dedicated palliative care, early in the disease course, concurrent with active treatment, **associated with improved outcomes** in patients with advanced cancer^[1,2]
 - ↑ QoL, ↑ survival, ↑ coping skills that decrease depressive symptoms
- Referral to interdisciplinary palliative care teams is optimal^[2]
- **ASCO Clinical Practice Guideline Recommendation**
 - For newly diagnosed patients with advanced cancer, early palliative care should begin within 8 wks of diagnosis

Fatigue

- **Fatigue is the most common symptom affecting people with cancer^[1]**
- Identify underlying cause and treat when possible
- Proper nutrition
- Adequate hydration; consider IV hydration
- Adequate sleep
- Diabetes management
- Regular exercise: recommend 30 min/day, 5 days/wk
- Psychological interventions^[2]
- Consider Wisconsin ginseng 2000 mg BID^[3]



Slide credit: clinicaloptions.com

Pancreatic Endocrine/Exocrine Insufficiency

Symptoms	<ul style="list-style-type: none">▪ Bloating, diarrhea, weight loss, flatulence, malnutrition▪ New-onset diabetes can be associated
Treatment	<ul style="list-style-type: none">▪ Requires enzyme replacement with pancrelipase<ul style="list-style-type: none">▪ Patients are frequently not treated or are underdosed▪ Take with first bite of food▪ Dietitian or nutritionist consult may be beneficial▪ Insulin/oral antihyperglycemic drugs

Additional Treatment-Related AEs and Management Strategies

AE	Key Management Considerations
Chemotherapy-induced peripheral neuropathy (CIPN) ^[1-5]	<ul style="list-style-type: none"> ▪ No proven modalities to prevent ▪ Requires chemotherapy hold and/or dose modification ▪ Treatment: duloxetine is the only agent proven effective (studied in painful CIPN) ▪ Nonpharmacologic interventions are being studied (eg, cryotherapy, exercise/OT, acupuncture, scrambler therapy)
Nausea ^[6,7]	<ul style="list-style-type: none"> ▪ Etiology is likely multifactorial ▪ Treatment related: manage with antiemetics, 5HT3 receptor agonist, olanzapine ▪ Disease related: delayed gastric emptying (metoclopramide)

1. Hershman. J Clin Oncol. 2014;32:1941. 2. Smith. JAMA. 2013;309:1359. 3. Peyton. Clin J Oncol Nurs. 2019;23:533-528.
 4. Jameson. ASCO. 2017. Abstr TP5518. 5. Loprinzi. Support Care Cancer. 2019;24:2807. 6. Navari. NEJM. 2016;375:134.
 7. Lee. Expert Rev Endocrinol Metab. 2010;5:653.

Slide credit:  clinicaloptions.com

Disease-Related Symptom Management

Symptom	Key Management Considerations
Abdominal pain	<ul style="list-style-type: none">▪ Location depends on tumor site (head vs tail)▪ Narcotics/intrathecal pumps▪ Celiac plexus block▪ Palliative radiation or chemoradiation
Biliary obstruction and jaundice	<ul style="list-style-type: none">▪ Symptoms: pruritus, change in the color of stool/urine, and jaundice▪ Endoscopic biliary metal/plastic stent▪ External biliary stent/PTC
Gastric outlet obstruction	<ul style="list-style-type: none">▪ Signs and symptoms: nausea, vomiting, and distended abdomen▪ Gastrojejunostomy (good PS)▪ Enteral stent

Disease-Related Symptom Management (*Continued*)

Symptom	Key Management Considerations
Anorexia/early satiety/ unexplained weight loss	<ul style="list-style-type: none"> ▪ Referral to dietitian/nutrition services (culturally sensitive) ▪ Appetite stimulants
Venous thromboembolism	<ul style="list-style-type: none"> ▪ Diagnosis may precede the diagnosis of pancreatic cancer ▪ Low-molecular-weight heparin (preferred over warfarin)
Psychosocial Concerns	
Depression	<ul style="list-style-type: none"> ▪ Pancreatic cancer believed to have one of the highest rates of concomitant depressive disorders ▪ Monitor and screen for depression, anxiety; refer to psychology or psychiatry, social services ▪ Consider antidepressant medication
Insomnia	<ul style="list-style-type: none"> ▪ Cognitive behavioral therapy ▪ Sleep hygiene

Emerging Strategies



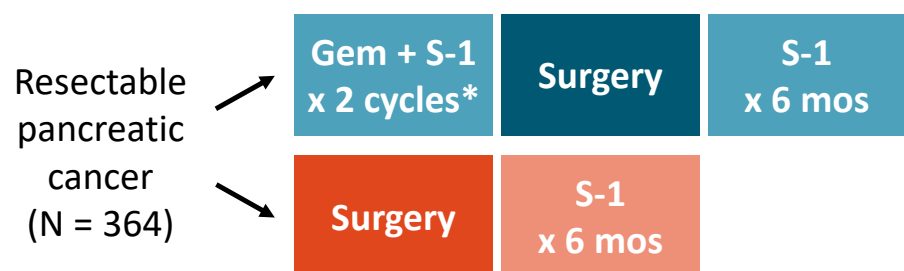
Advances and Innovation in the Treatment of Pancreatic Cancer

- **Today, there is hope and excitement through evolving research**
 - Increased funding and interest in PDAC research
- As of January 27, 2020, there are 186 open and recruiting clinical trials for PDAC patients in the US (ClinicalTrials.gov)
- Novel ideas and new discoveries in biomarker development, diagnostic techniques, surgery, local and systemic therapies
- Novel strategies
 - Early detection and disease interception
 - Neoadjuvant and adjuvant trials
 - Novel targeted agents
 - New devices (eg, tumor treating fields, brachytherapy)
 - Dietary modification (eg, ketogenic diet)

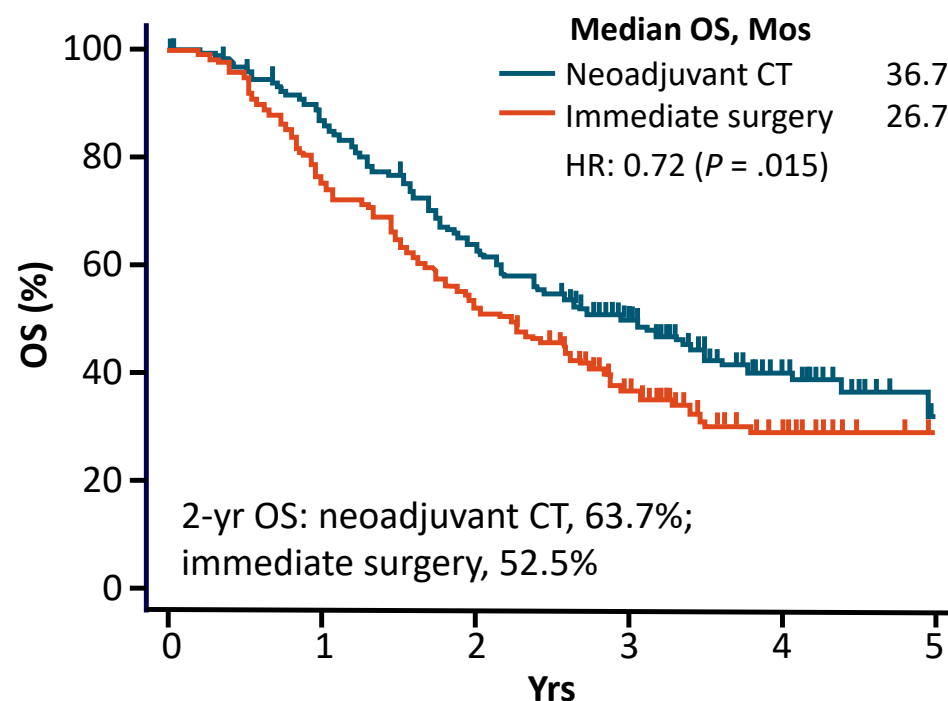


Prep-02/JSAP-05: Neoadjuvant Chemotherapy vs Immediate Surgery

- Randomized phase II/III trial

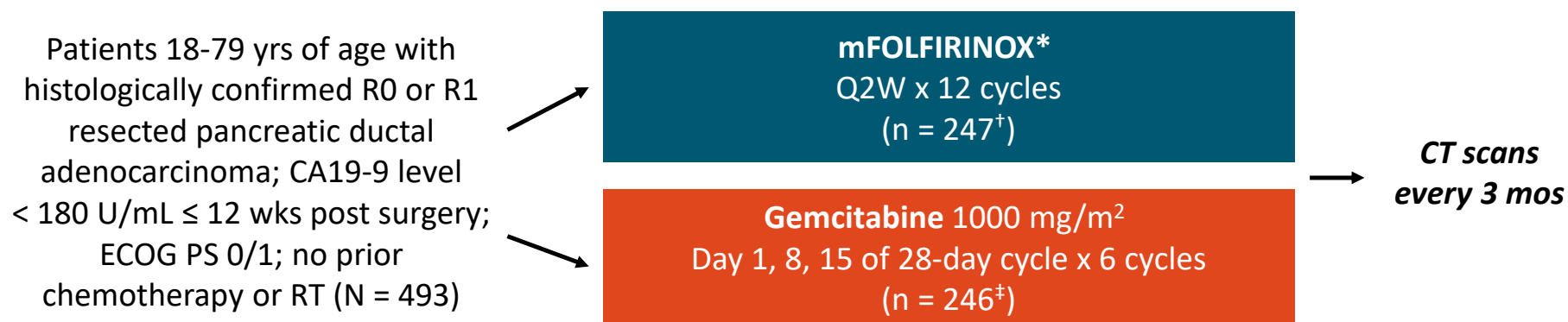


*Gemcitabine: 1 g/m² on Days 1, 8; oral S-1: 40 mg/m² BID on Days 1-14.



PRODIGE 24/CCTG PA.6: Adjuvant mFOLFIRINOX vs Gemcitabine in Resected Pancreatic Cancer

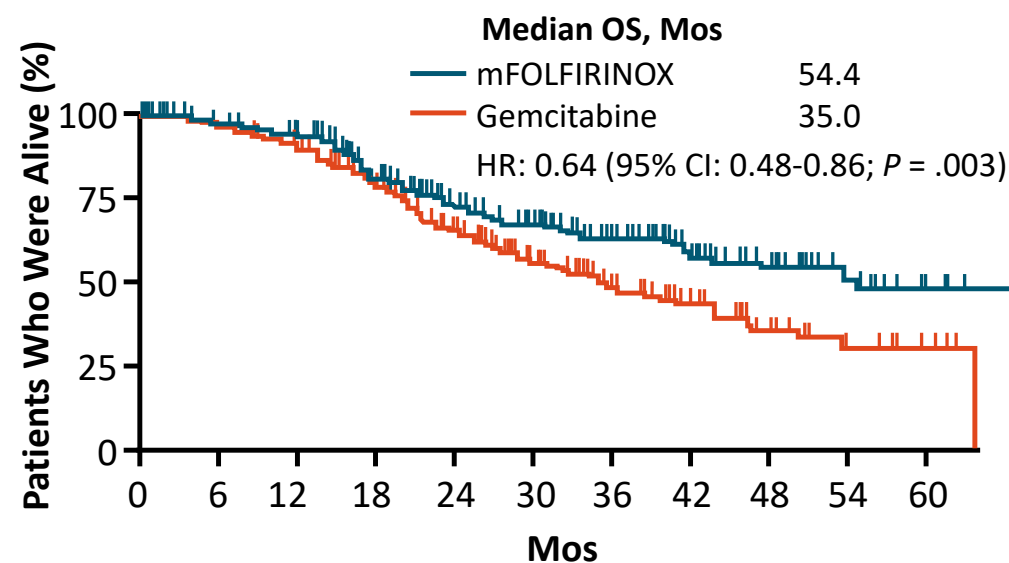
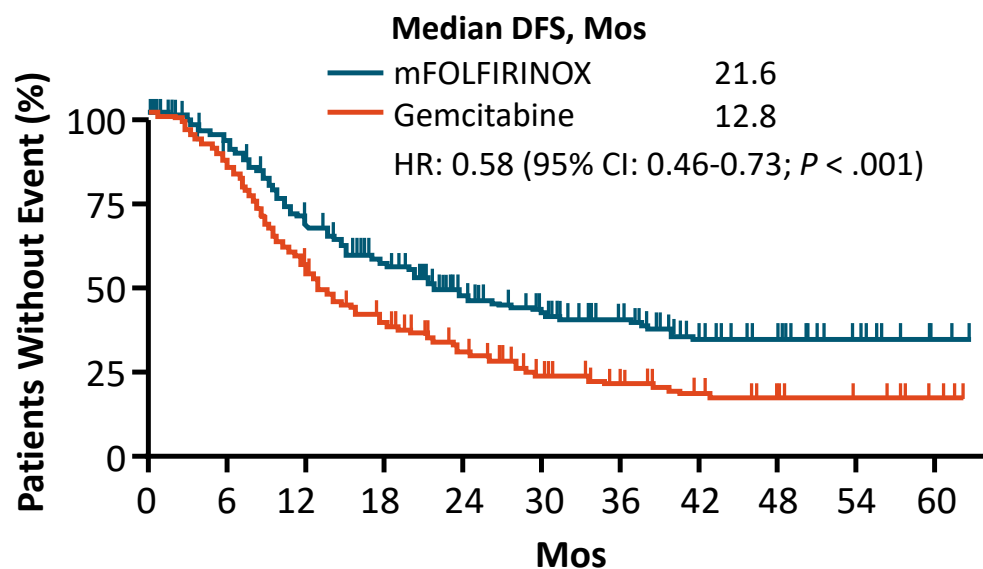
- Multicenter, randomized phase III trial



*On Day 1 of each cycle, oxaliplatin 85 mg/m², leucovorin 400 mg/m², and irinotecan 180 mg/m² (reduced to 150 mg/m² due to 20% grade 3/4 diarrhea rate in first 30 patients); continuous fluorouracil IV 2.4 g/m² over 46 hrs. [†]n = 238 treated. [‡]n = 243 treated.

- Primary endpoint: DFS
- Secondary endpoints: toxicity, OS, cancer-specific survival, metastasis-free survival

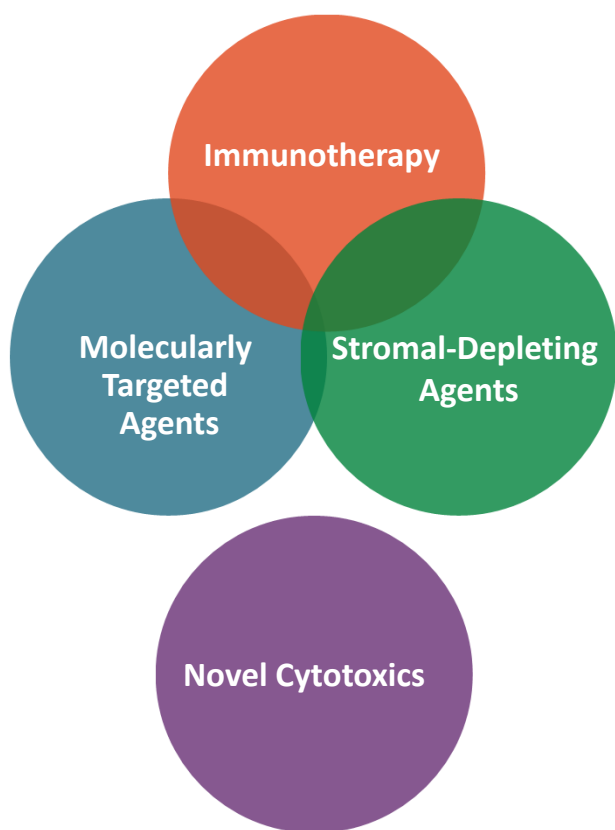
PRODIGE 24/CCTG PA.6: Survival Outcomes



Survival Outcome	mFOLFIRINOX (n = 247)	Gemcitabine (n = 246)
3-yr DFS, % (95% CI)	39.7 (32.8-46.6)	21.4 (15.8-27.5)

Survival Outcome	mFOLFIRINOX (n = 247)	Gemcitabine (n = 246)
3-yr OS, %	63.4 (55.7-70.1)	48.6 (40.9-55.8)

Classes of Novel Therapeutics Under Investigation for Pancreatic Cancer



Trial	Strategy	MoA	Setting	Phase
NCT03941093	Pamrevlumab + gemcitabine + nab-paclitaxel	Anti-connective tissue growth factor + chemo	Locally advanced	III
NCT03331562	PD-1 inhibitor + vitamin D analog		Stage IV maintenance	II
NCT02826486	BL804 + pembrolizumab	CXCR4 inhibitor + PD-1 inhibitor	Stage IV refractory	II
NCT04203641	L-DOS47 + doxorubicin	Microenviron. alkalinizer + chemo	Stage IV refractory	Ib/II
NCT03129139	Heat shock protein inhibitor		Stage IV refractory	I
NCT03440450	FF10832	Gemcitabine liposome injection	Stage IV refractory	I

Finding Positives in Negative Trials

Trial	Design	Regimens	Median OS, Mos
Original Trials With Current SOC Agents vs Gemcitabine			
PRODIGE 4/ACCORD 11	Phase III RCT	FOLFIRINOX	11.1
MPACT	Phase III RCT	Gemcitabine + nab-paclitaxel	8.5
Recent Trials With Negative OS Findings			
SWOG S1313	Phase Ib/II RCT	PEGPH20 + mFOLFIRINOX	7.7
		mFOLFIRINOX	14.4
HALO 109-301	Phase III RCT	PEGPH20 + gemcitabine + nab-paclitaxel	11.2
		Gemcitabine + nab-paclitaxel	11.5

- Patients are living longer on these standard-of-care regimens
- **Nursing care is making a difference in symptom management and treatment tolerability!**

Conclusions

- For earlier-stage (resectable) disease
 - Phase III evidence support FOLFIRINOX in postoperative adjuvant setting
 - Neoadjuvant therapy becoming increasingly popular
- Improving frontline and second-line treatment options for patients with metastatic disease
 - FOLFIRINOX and gemcitabine + nab-paclitaxel have demonstrated survival benefit (vs gemcitabine alone) in phase III studies
 - Evidence for second-line/salvage treatment with nanoliposomal irinotecan + 5-FU/LV following gemcitabine-based therapy

Conclusions

- Germline testing recommended for all patients with a new diagnosis of pancreatic cancer, regardless of family history
 - Identification of germline *BRCA* mutation should prompt consideration of platinum-based therapy for patients with metastatic disease, followed by maintenance with a PARP inhibitor (olaparib) for those exhibiting good disease control
- Somatic (tumor) testing should also be considered for patients, with mutations/genetic alterations potentially informing treatment options (eg, immune checkpoint inhibitors) or identifying patients for appropriate clinical trials
- There is hope for improved patient outcomes through expanding research of novel and innovative approaches

Question and Answer Session

