



Privileges

E riro 1 Painga o te Atua mo te whakaoti 1 herenga o Ihowa

e tango te tangata **1 ATUA 's** Painga no te mea oti ratou ratou
1 ATUA 's Herenga. **1 ATUA** Painga hoatu riro roaa Rights Hapori. I muri whakaoti
Fatongia Hapori. Tono enei Tika! Ko te tika tangata!

Fakamanamana ki **1 ATUA** Painga hoatu: Miimii, Profiteering, apo, Ulungaanga Ta'etāú,
whakapoke, tuku iho Tyrannies (**Monarchies**), Tyrannies tōrangapū. E tonu puritia
accountable Tetahi tuma, **MS R1-7**



1 ATUA hoatu Painga

- 1 Breathable, hau ma
- 2 E inumia ana, te wai tātari
- 3 Eatable, kai hauora
- 4 Paruru, kakahu utu
- 5 Mā, whakaruru utu
- 6 Koropiko, me te whakapono i roto i **1 ATUA**
- 7 kupu Free ki arai morare
- 8 Mate, tīmata whānau
- 9 A ani i te mōkai
- 10 Whai hapori tutu-free
- 11 Free maimoatanga ka mate
- 12 Free-mātauranga
- 13 mahi utu
- 14 Kia riro te faatura
- 15 Kia riro te whakawa
- 16 Whakamutua te tura
- 17 kāwanatanga i pōtitia noa



Whakakahore tetahi tangata roaa Hapori Tika ko te hara, **MS R6**

Kei te tatari 1 Atua ki te whakarongo i a koe!

tono inoi

aroha 1 ATUA , Kaihanga o te Universe tino ataahua au haehaa tino
pono kaitiaki-kaitiaki (1st ingoa)

Fakahoko e ahau Herenga katoa & haehaa te tono Painga Painga
katoa hei tika hapori

ka ui ahau ki e te hapori te tautoko enei tika faaitoito i toku hapori ki te
uruhi i enei tika hoki te kororia o 1 ATUA me te pai o Arama



takina tēnei inoi kei i te kāinga ranei i te Haaputuputuraa!

yy

Haamaitairaa 1:

Breathable, ma Air!

Hei ora Me te tangata-tinana rangi breathable. hanga te te manawa rangi tatou o
haurehu (Hauota, te hāora, mewaro, te hauhā) , Te wai me te poke (Puehu, papapūata,
pua) . Me te manawa rangi tatou hauota tiketike, me te ihirangi hāora. Kei reira hoki iti
hauhā me te ihirangi mewaro. ihirangi Water (Haumākū) Kei te hiahiatia, riro fiamālie
haumākū nui me te take hauora. e kore e poke hiahiatia te tahu i ratou pūkahukahu.

Kia pehea te roa e taea e koe te pupuri koutou manawa? 4 Minutes, ka horomia koe mo te rangi. No rangi
breathable ki horomia, mate koe! hohoro mate iwi i roto i ahi, kore te hau breathable.

whakamahia ta'ofi hau breathable te rite whakamamae, te
patu o te tangata me te kararehe. Ta'ofi hau breathable rite
fakamamahi'i (Wai-nohoanga) Ko te noa ki Whakahaere US,
kaimahi US kāwanatanga me te kāwanatanga-kaikirimana.



Whakamamae Ko te hara ki te kia hāmenetia **MS R7**
(Te tangata) , **MS R4** (kararehe) .

Ta'ofi rangi breathable ki te whakamatea he kōpeka, whakamahia e te whaiaro (Whakamomori) ,

kāwanatanga, ētahi atu (Kaimahi kino) . kōpeka: paitini-au paitini i roto i te ahi. whaiaro:
pūtake ngongoa hauhā hāngai ranei tunu hau.

kāwanatanga: iri, hau-ruma. **Kirimina:** garroting, tarona, ta'ota'o, iri. **Kāwanatanga,**
whiwhi patu taihara, MS R7 Note! Killing rite whiu kāwanatanga he anti- 1 Atua, mutu
reira!

He fa'ahinga 'mura mea ko te riri matua ki' rangi breathable.

E haamata te reira ki te takitahi e whakamahi ratou pūkorokoro rite te tumere me ratou
pūkahu rite tatari mo te paitini-au paitini me poke rangi. Mā te te tangata-tinana rite tumere ko
he nui te hauora-mōrea me te tawai ki **1 ATUA o hoahoa. Paowa nei i te faatīfīraa!**

Ma'unimaá he auau whanonga hairiiri nō te hiahia mohio a. kumea ketia addicts
ratou kihai nei i tango i te kino e te mahi ratou whanonga. Kino ki a ratou ano, te
utuafare, hoa, mahi-hoa, me te hapori.

addicts (Junkies) kuware (Poauau) heahea (Wairangi) & ngoikore (Pathetic) ! e kore e
addicts whakaponu e tuku ratou kia rite ki te roa rite e o ratou ngakau ki a te pupuri tahi
to ratou oraraa. Kia tuku riro ratou i te riri ki a ahau me te hapori. **riro ratou te haavareraa,**
anti- pāpori, hao, moepuku, tinihanga, pipiri, me te ta'etokanga. taruke tenei te Shire (Hapori)
ki te whakahaere i to ratou huru oraraa. Whāiti rangatiratanga me tika.



piro kaipaipa i te mangai. Ratou piro kakahu.
piro ratou ake te ruma.
Ko nga wahi katoa o ratou pungarehu. Ko nga wahi
katoa o ratou kokiri. **Ko ratou paruparu, whakarihariha,**
takitahi piro. Mawehe ratou! Whakama ratou.

Kaipaipa ko te hauora-mōrea ki a ratou ano. tahuna ratou o ratou
ngutu, niho, pae, mangai, korokoro, pūkorokoro me pūkahu hoko
mate, he pikaunga ki te hapori.
He mangere tango maha pakaru paowa, me te whaiaro whakapangia
sickies kaipaipa. Kati haepapa ratou!



Kaipaipa ko te hauora-mōrearea ki ētahi atu. Kei te pupuri kaipaipa hapu

ratou e parauhia te. I muri i whanau e whiua enei whanau hou ki te ora o ia take hauora. kia whai ratou deformities, hauā, .. e hāmenetia kaipaipa hapu, te whara te poho: **MS R3** .



paowa hāngū (**Huaki**) mamae iwi. E hāmenetia kaipaipa e hanga paowa hāngū, **MS R3** .

hinonga (**Whakangahau, watea, mahi** ..) E hāmenetia e tukua paowa, **MS R3** a utu te tu'uraa compen-. Kāwanatanga e tuku paowa e whakakapi me **MS R7** .

He mangere kaipaipa. tīmata ratou ahi, mau fare, tarutaru, ngahere. E puritia ratou fakamatala, **MS R4** a utu paremata. te tukino ia ratou iwi kararehe, me ranei, **MS R5** . patua ana e ratou te iwi kararehe, me ranei, **MS R6** .



I roto i te 1951 (**Etene maramataka**) i whakapumautia ai e he ora o te riri nui paowa. pokapū Kāwanatanga me te Kāwanatanga, ngā tari kihai i i rahua 'i kanga' paowa ki te mahi me te tiaki i te hapori.

haere ture ki muri te me enei whiwhi hara, **MS R7**

Tetahi takitahi rōpū ranei, pakihi atu hinonga ranei e whakatairanga (**Bies kua akariro, pānuitanga, marketing**) , ka taea (**Mātua, ngā kaiako, te mahi, karapu, eateries, whakangahau wāhi** ..) , hua (**Kaituku, kaiwhakanao, transporters, wholesalers, retailers**) , Hanga wātea 'momi' a ranei e paowa oko whiwhi, **MS R7** e kore e mea faufaa te reira he aha te 'momi' i roto. Ko te mahi o te kai paipa ko te hauora-mōrea.

ZERO kātakí ki kai paipa!

Takitahi whakaiti te wātea o te rangi breathable mā te tahu o te hau, paru, rakau, waro, te hinu mō te tunu (**Ngā rorerore**) , Whakawera, te mana.

Tenei Mutu inaianei! Whakamahia te hiko hua e te kahore tahu. He whati hua i roto i te raupatu, te whakangaromanga o te taputapu me te **MS R2**



Power-Stations e wera (**Waro, hau, konukarihi, te hinu**) ki te waihanga pūngao e tutakina a wāwāhitanga. Whakapoke Owners, he ngā



hāmenetia, **MS R7** . Coal, E katia me hiri maina konukarihi. Owners Mining me ngā (Kaikeri) e hāmenetia, **MS R7** .

whakaputaina Energy e tikanga tahunga-kore. Ratou ko te hiahia ki te tapahi te whakamahi whaiaro o te pūngao. whakamahi More pai o te pūngao. Engari i te faarapu ake mana āhuarangi, taka tika!

He wera ki te neke kāinga, Ngata'anga waka kore-motu! Gas me te hinu i whakamahi tahunga-kore. waka kāinga me te kore-kāinga i runga i Freeways e whakakapia ki 'purumu-Ruxmaniben'! waka tawhiti roa uta ko e Rail anake.



whakapoke Entertainment Ngata'anga.

I roto i te Air: Air-whakaatu, waka rangi tūmataiti-fatuhia (Haruru, plane, jet, topatopa, wāhi-rakau ..).



I roto i, i raro i te wai: racing poti fakamāsiní, waka moana tūmataiti-fatuhia (Cabincruiser, cruiseships, waka topaki, jetskis, speedboats, .. parahutihuti) .

I runga i te whenua: katoa 2.3 me 4 wira whai pūkaha: huringa, paihikara, buggies, SUV, hākinakina-waka, limousines, waka papai. Car-hōiho, car-stunts. tereina Tāpoi. E hāmenetia ngā kaiwhakatairanga o whakapoke whakangahau me Providers o Waka mo whakapoke Entertainment, **MS R7**



Nail Salon waihanga au paitini paitini. Kaimahi i te tiaki mea Brea. kiritaki wahangu (Kiritaki) e kore te mahi. He tuwhera whānui Salons titi i roto i te Kete-Centers. Ratou paitini-au paitini awahi te taha e. Tuu ia ratou ki te hauora-tūponotanga. wahine Rawa hapu, hou, me te kaumātua. Ki te mea kua kua kitea koe ki paitini-au paitini whakawakia te Salon me te Kete-Centre mō te utu.



Titi Salon ko te hauora-mōrearea te polluter rangi. E titiro mai ratou e te iwi te hunga e ka mangere rawa ki te mahi i to ratou ake whao i rawa nui te moni.

Tutakina ratou iho, whakakorehia ratou. Hāmenere rangatira, whakahaere, **MS R7**

Ataahua Salon ko te hauora-mōrearea te polluter rangi. E titiro mai ratou e te iwi te hunga e mangere rawa ki te mahi i to ratou hanga ki runga, i rawa nui te moni.

Tutakina ratou iho, whakakorehia ratou. Hāmenere rangatira, whakahaere, **MS R7**

Kaikuti makawe e tutakina iho paitini-au paitini, hāmenetia nei te hanga, **MS R7** Kaikuti makawe e kore e nei te hanga hau parahanga mahi tikanga.



capitalist (Werau konihi apo) ngaahi pule whakatenatena kāinga ki ngā māra horihori.

Home-rangatira whakamahi penehīni nekeneke kari-taputapu (Paraihe-kaitarai, blowers, kani, mowers, .. shredders) e whakapokea (Rangi, haruru, te oneone) .

Homeowners, Manufacturers, Retailers, te tiki

MS R7 . Kāwanatanga e tukua tenei poke e whakakapia a **MS R7** .

Roto e whakamahia insecticides, te patu e ratou te pūnaha io. kia poho ratou me tamarii fanau pahara,. Insecticides mukākā pūnaha romahā Human me mōkai. Kauga e whakamahi i insecticides roto.



E whakamahia insecticides Waho i runga i uru huarākau, hua, kai. Hua, uru huarākau, he ere mo te tangata ranei kararehe kōhi kai e kua poke. E tahuna poke hua, hua, kai. te Shire

(Hapori) . kaihanga Commercial o whiwhi **MS R7** . Kāwanatanga e tukua tenei poke e whakakapia, hāmenetia, **MS R7** .

Military whakapokea te rangi ki te waka, pahū, A / N (Ngota / karihi) B (Koiora) C (Matū) patu. Ko ratou he riri ki te tangata, te kararehe me te plantlife. E hāmenetia Scientists e hanga enei patu, **MS R7** . E wahia whakaurunga Production o enei patu, i te hapori (Shire) . Rangatira, kaiwhakahaere, whakahaere, kaiwhakahaere o enei whakaurunga tiki, **MS R7** . Military e kua whakamahia ranei kei te whakamahi e hāmenetia enei momo o patu, i te paetukutuku te o NCO whakarunga, **MS R7** .



Kāwanatanga e tuku te whakakapi te hanga rokiroki ranei o enei patu, hāmenetia, **MS R7** .



Fireworks Ko te polluter nui. riro ratou ake noa, nui atu whakapoke. I runga anō i huru te rangi rangi parahanga kia noho hoki te ra. e mutu ai Matūriki parahanga i runga wai whakapoke hanga reira ere ki te inu. Pahū Whakamutua!

Laserlights whakakapi ratou.

Non-breathable Air i koe 4 meneti ki te ora!

Tetahi tangata, Organization ranei Kāwanatanga e whakakahore hau breathable ranei he take, pānga o te rangi poke. E puritia fakamatala, hāmenetia, pūmate rawa, **MS R7** . Tono Air breathable ko reira he **1 ATUA** homai tika!

ZERO kātakí KI AIR i whakapoke !!!!!!!

Haamaitairaa 2:

E inumia ana, te wai tātari!

Hei ora i te hiahia te tangata-tinana **Water e inumia ana**

60 +% o to tatou tinana ngā o te wai. Katoa pūtau i roto i to tatou tinana me te reira.

Water lubricates matou hononga, regulates to tatou tinana-pāmahana, me te flushes to tatou ururua ...



I Whakapotohia kohu wai kōhauhau hanga rūrūtia.
te tō a Earth faaho'i te rūrūtia iho (Taka ua)
ki te mata. Ua ko te puna nui o te wai hou. whakamahia tēnei wai
ua te mo te inu, te whakarite kai, te tunu kai, horoi, akuaku
whaiaro ...



He tangata e whakamahia ana ki te e taea ki te inu anake, te
whakamahi i te reira no te faaineineraa kai. e kore te tenei
haamaramarama, taea, poke anake te, e hawata ana, paitini,
waikawa, whakamātau kino, hei hongī kino. e kore kia mahue te horoi
atu i roto i te ua ki te riro poke. E kore noa te reira e te titiro paru me
he kino hongī engari kia mukākā reira te kiri.

taka ua Cold rite whatu te hukarere ranei. piki Snow i runga i nga maunga tiketike, Arctic, me
te Antarctic hanga rāhui hou te wai. he ma Snow,



He hina noa mangu hukarere poke. kitea te hukarere Black i roto i te Himalayas,
kōpaka huri noa te ao, Greenland ko Antarctica.

Communities hanga Faarii wai māori. whakawhirinaki ēnei farii i runga anake, me te rewa te
hukarere ki te whakaki i aua. No te mea o te parahanga e hiahia ana enei wai maimoatanga i
mua i te kōhi tangata ranei kararehe.



kia hohonu, nui atu i pāpaku awa. te wai hohonu he mātao, te whakaiti te
whakaetonga, tupu ngā pūkōhu rawa te momo paitini, me te infestation ngārara. E
rāhuitia Watersports ki te mutu te tiana, paheke ana me te poing ki te wai. Water
mahi (Motorboats, jetski,
..) whakapokea (Hinū, penehīni, pūhiko-waikawa ..) E rāhuitia ratou! okotahi:
Park kaiārahi waka.

e kore e taea e te tangata e whakawhirinaki i runga i te hapori mahi i te reira tika. No maimoatanga, te maimoatanga wāhanga, maimoatanga he, utu-whakairo, i te pirau, whanonga taihara .. Kei te hoko whakahauanga maimoatanga Home o te wai.

titau maimoatanga Home o te wai filtration. Ko tenei ki te whakaiti: **ateneke**, papa kiripaka, māota, chloroform, pakeke pākawa waro, parahi, paru, waipatutaru, konganuku taimaha, mata, patukīrea, te waikura ... Hoki i roto i te climates mahana Me wai tātari ki te kia kohuatia ki te tiaki ki whakamate (**Moroiti-kaiao**) mate.



Fakamanamana ki wai māori

Maoro ka nui te tono mō te wai māori te wātea o te wai māori.

ua poke taea meinga peita ki te tipitipi, te waikura o ngā hanganga parahi (**Piriti**), Horo o kohatu, tauaki ai o rau, otaota, ritenga kiri ... Tirohia 'breathable Air' me 'Green Concept' i runga i tohutohu pehea ki te roto i Pollution.



Irrigation! Mā te manawa whenua mō te irrigation depletes awa raro o te wai tere atu i taea kapi i te reira. Hua i roto i te maroke ake i te Ecosystem katoa, te hanga i te kaimahi o te wai māori. mutu Groundwater irrigation. Tangata ture whakamahi manawa whenua mō te irrigation hāmenetia te, **MS R7**. Kāwanatanga tuku manawa whenua irrigation, kua whakakapia, hāmenetia, **MS R7**.



Irrigation, te whakamahi i wai māori i awa, ngā roto, awa ... pōturi te rere o te wai. akiaki ana tēnei whakaetonga. Hua i roto i te tauraki! Tenei momo o te irrigation hua i mutu u'i. Whakamutunga irrigation.

o arawai poke (**Awa, harotoroto, awa, awa moana ..**) te hanga i tētahi kaimahi o te wai māori. wai Storm- ki tonu i te pharmaceuticals, paihana, tāoke .. ture Dumping o ururu ahumahi, tāoke, paihana, .. Whakapoke o arawai pito, e hāmenetia i whakapoke, takitahi **MS R3**

etahi katoa, **MS R7**.



A faananea i hou-wai

whakamahi Desalination te rota o te pūngao, utu nui. Te horomanga o te wai he pānga taiao kino, toia tau nui o ika, mātaimai, ratou hua, ... ki te pūnaha. he mea mahanga Nui mea te moana ki ngā mata i te mua o te hanganga horomanga. maimoatanga matū, pōtalanoa corro-, te hanga i tētahi tote mahana tukua nei te hoki ki te moana.



Desalination he ihirangi boron tiketike hanga mo te kounga o te wai iho. Tenei wai e whakamahia ana i roto i te ahuhenua, Pāmu me te hanga kai hua i roto i te taumata kai boron tiketike. He ora o kai roa o ngā taumata boron tiketike.

wai ururu hangarua, haere parakaingaki roto i te maimoatanga tuatahi ki te tango i roto i totoka, e nekehia atu matūkai, tango whiriwhiringa te nuinga o te huakita me te huaketo.

Kei te ka takoha Water i roto i te membrane ki te tango rāpoi ngota. Wharepaku ki tap ko te kōwhiringa o te parepare whakamutunga. e kore e Whakamātautau whakakitea tūponotanga hauora katoa.



wai pātara (Utu) he pai hoki te haere. Kirihou matū ipu wai tuku e riro mōrearea ina e painaina ake (Te ra, whakamahana) . karāhe (Kahore mata) E tūtohutia ipu.

wai inu whakarehu

Hoki momo wai inu kia whakarehu ai. Ētahi hā he unheal- tou me ko ki te kia karohia. kia mahi ai te wai reka matao wera ranei.

e tika ana inu whakarehu: Beef wāhanga, Heihei wāhanga, Koukou, Tea, Coffee, Fruit, otaota, kakara, huawhenua.



ora o inu whakarehu me tāpiri-ake: Alcohol, tae Artificial, hā Artificial, Artificial me reka tūturu, koropupū, Cola

, Powhiri, Energy inu, wai rēmana, Decaffeinated kawhe, Fruit-wai, korotutu, Konutai,
..



Inu wai he pai



Daily-mahi: Haere ake, he karaihe 0.2l o iti mātao, te wai tātari. I mua i kai katoa (**Breakfast, Early Day-paramanawa, Tina, Late Day-paramanawa, Dinner**) whai i te karaihe 0.2l o iti mātao, te wai tātari. Whai karaihe inu (**Kahore kirihou**) ki tonu i te 0.2l o te wai tātarihia i runga i ia tepu ro'i. Inu i roto i te po wa katoa i muri ia koutou tae mai i te wharepaku me te ka he korokoro maroke, inu okiokinga ina whiwhi ake i roto i te ata.



horomanga No-wai. E koe 4 ra ki te ora!

Tetahi tangata, Organization, Kāwanatanga e whakakahore wai e inumia ana ranei he take, me te pānga o te wai poke. E puritia fakamatala, **MS R7**

Coffee he inu te rangi whakaongaonga



Coffee te inu brewed rite i purapura pahuhu o te coffeepant.

Kei te hanga Coffee i te maroke, pahuhu, purapura o te rakau kawhe, tupu i roto i te wera, climates mākū me te kōpae waenganui. He 2 momo: pīni **Robusta** i te **hā kaha**, me te tinana tonu. pīni Arabica tupu i te teitei teitei, i te hā ngawari me huru maitatai atu kakara.

Kia tangohia a maroke, kua tunua pīni kawhe i a tawhio noa 200 ° C.

Tenei taea te huka i roto i te pīni ki te caramelize me te hā o te kawhe ki te whakawhanake. Ko te roa e pahuhu nga pīni, ranei te teitei te pāmahana, te mumura te tunu, ka waiho me te kaihoroi te hā. I roto i te **ROASTS** marama whānui i te koi, hā atu waikawa, i mumura

ROASTS i te hohonu, hā taonga io. E kore te mea tika te tunu pouri, 'kaha'. Ko te kaha o te kapu o te kawhe, tei runga i te nui o te wai e tapiritia i te brewed te kawhe.



Me pēhea te ki te ma keac ake of coffee?

Me pēhea te ki te tiki i te tino i tou kapu tino o te kawhe.

1) tīmata kawhe Great whakamātau ki te wai nui whakamātau. Ki te he e kore e wātea wai tātari, te whakamahi i te wai matao i te tap. Kia rere te reira mo ki he torutoru hēkona aerate i mua i te tāpiri i te reira ki te hopane.

2) Kia tae atu te wai i te whewhe i mua i ringihia ki runga ki ki te kawhe (Tonu ranei maturuturu-tātari) granules. Pokarekare wai tahuna ana granules & pānga o runga i te reka.

3) A, no te te whakamahi i te waiu (E kore e tūtohutia) tāpiri i te reira ki te kapu i muri i te wai. Ki te te 1 tāpiri waiu, e kore ai te kawhe whakaranu i rite te pai. Ka taea e te wai wera kōhua te waiu, te huri i te hā.

Tuhipoka! reka (Huka horihori ranei) kawhe whakangaromanga!

e kore ko Decaffeinated kawhe ko te mōrea hauora.

Whakamahia anake Whitener Dairy kore.

teuteu :

kōpiro,

Inamata,

Maturuturu-Tātari Coffee; pēhikawhe (Mihini) .



Decaffeinated Coffee he Hauora-mōrea!

Decaffeination whakamahi i pōhara. maha Nāna toenga whakarewa he puku.

Logic! Coffee kahore kawhe patu whakaaro o inu Coffee.

pākācano Coffee he mōrea Taiao!

Pākācano Coffee 1Billion katoa ko te kino taiao. e kore e pōpopo ratou. e kore e te hangarua ratou. **KORE AI! Production!**
hāmene, **MS R7 . KORE AI! Mā te ratou!**

Me pēhea te ki te inu i te kapu o te kawhe?

Ki te tiki i te hā pai, pangia e kia whakamatao reira he bit atu te tango slurps nui, kaua ki te sipping. te tuku slurps Big o kawhe atu kakara. Hongi a te reka o reira, te rangi. **He kawhe tautopenga te waiu:**

pēhikawhe Ko te inu hāngai brewed e akina te wai wera i raro i te pēhanga i roto i te kawhe miro hurihia. Whakaritea ki ētahi atu tikanga kawhe te kōpiro, pēhikawhe kua he ōritetanga nui, he kukū teitei o totoka rewa me pahuka i. **Espresso** Ko te turanga hoki atu inu: **Cappuccino, Latte, Macchiato, Weesp, Americano, Gringo, Duo-pere, totorewa, otaota. Mahi ki te ataata.**

kaputino: te whakarite i te kakano, te pāmahana o te waiu, ko te taahiraa tino nui. Kei te koromamao waiu tāpiri mirumiru hau rawa iti hoatu reira he velvety texture (**Pahuka i**). Kei te hoatu te pere o pēhikawhe ki te kapu, kua tapiritia wera waiu, pahuka, i haaati ki 2hm te pahuka i matotoru, oti ki te tauhiuhinga o whenua hinamona.



latte: wera ake te waiu kore pahuka. Kei te hoatu te pere o te pēhikawhe ki te kapu. Kei te tāpiri waiu Hot, i haaati ki te tauhiuhinga o te kōkou raw.

Macchiato: wera ake te waiu kore pahuka. Whakakiiia kapu 2/3 ki te waiu. Tāpiri i te pere o te pēhikawhe. ki rau Peppermint.

Weesp: kia kōkou wera raw. Whakakiiia kapu 1/2 ki te kōkou wera. Tāpiri i te pēhikawhe. Runga ake ki te waiu & waiu pahuka. Tāpiri i te tauhiuhinga o te kōkou raw.

totorewa: 1st he pere o pēhikawhe. Tāpiri i te kikini o concentrat- wai ed Mandarin. Tāpiri i te pere



otaota: Whakakiiia kapu 1/2 ki wera tea permint pep-. Tāpiri i te pere o espres- na. Top ki wera

o wera kōkōu raw. Top ki te waiu, pahuka wera. Tāpiri i te tauhiuhinga o hinamona whenua.



Americano: Kei te hoatu te pere o pēhikawhe ki te kapu. tāpiri te wai Hot te.



Gringo: Whakakīia kapu 1/2 ki te wai wera. Tāpiri 2 matā o pēhikawhe. I te tīhi tauhiuhia Aropi.



Duo-pere: Tāpiri 2 matā o pēhikawhe. te wai ka wera.

Cocoa he inu te rangi whakaongaonga



rakau kōkōu tupu i roto i te wera, ngā wāhi pārūrū ua. Ko te he pākākano hua. Roto i te pākākano i reira he purapura (Pīni) . Kua tahuri pīni kōkōu ki kōkōu pata me te paura.



Teuteu kōkōu Hot:

1 punetēpu paura kōkōu,

1 kapu: soy waiu, te waiu koati, atu te waiu kore-miraka ranei. 1 tīpune wāhanga vanilla, Pīhono o hinamona, Pīhono o Aropi.

Whakakotahitia ngā kai i roto i te kohua reo, me te mahana i runga i te wera reo-iti, whisking tae noa huhuka me wera.

tea he inu te rangi whakaongaonga



Camellia te whakato matomato. te reira mau rau me tukatuka hoatu tatou Tea. He mangu matomato ranei Teas Basic. kia whakarehu ai ratou ranei sented.

Kaitiaki Guardian faaineineraa tea, rau wahi wewete tukatuka tea ki te infuser tea. Hoatu infuser ki kapu karaihe. Kohuatia te wai, mutu te whewhe, ina ringihia tūnga pokarekarenga ki kapu karaihe. Kia pai !

(He) Just rite nga tūnga pokarekarenga ringihia ki runga ki tea pango. I muri i te 1 meneti te pororaru infuser 3 ngā wā. I muri i tetahi atu tango meneti. Inu, ranei te tāpiri i tetahi wai citrus mo te hā, ranei kia reira hauhautanga, whakamātao & inu. e kore e Whakatūpato whakapokea ki reka, whiteners (Horihori, maori ranei) .



(B) 10 hēkona i muri i te tūnga e rere ana ringihia ki runga ki tea matomato. Oho infuser 3 ngā wā. I muri i te 1 meneti tango. Inu, ranei te tāpiri i tetahi hua wai kohatu mo hā, ranei kia reira hauhautanga, whakamātao, inu.

e kore e Whakatūpato whakapokea ki reka, whiteners (Horihori, maori ranei) .

Herbal purapura faaineineraa tea, tuu purapura wewete aki ki te infuser. Hoatu infuser ki kapu karaihe. Kohuatia te wai, mutu te whewhe. Just rite nga tūnga pokarekarenga ringihia ki runga purapura. I muri i te 1 meneti te pororaru infuser 3 ngā wā. I muri i tetahi atu 7 meneti tango. Inu, ranei kia reira hauhautanga, kani inu. e kore e Whakatūpato whakapokea ki reka, whiteners (Maori horihori) .



Herbal rau faaineineraa tea.

Ko te taua rite matomato-tea.



faaineineraa tea pakiaka otaota, pakiaka chopp. Ko te taua rite tea pango.

Mā te whakamahi i te ngaruiti, ka malu'aki mai hopoi te tī i te rongo.

Tangohia te tūtohu i te tī kia nekehia atu tino kai whakarewa tino te. whakamahi te nuinga o tūtohu pepa mangumangu cheap, discoloring wai, pokanoa ki te hā.

Hoatu te wai wera i roto i te tea-kapu> tāpiri i tō kōwhiringa o Tea-putea > wera i roto i te ngaruiti mō te 30 hēkona i te hawhe te kaha (400-500 Watts) > Kia silica reira i roto i te ngaruiti mō te meneti > tangohia i te reira i roto i > pārekareka ki!

Inu wai he pai (kia whakarehu)

Haamaitairaa 3:

Eatable, kai hauora!

Kei te kai wāhanga o te mahi o ia ra. Kia pehea te hauora e tatou, pehea te roa tatou e ora. Kua he rota ki te mahi ki to tatou peu kai.

Whangaia 5 wa he ra:

'Breakfast, ngā Water, otaota, kakara, Honey, Coffee, ..

Early Day-paramanawa, ngā Water, Fruit, otaota, Tea, ..

tina, ngā Water, huamata, hua manu, Coffee, ..

Late Day-paramanawa, ngā Water, nati, Berries, kakara, Cocoa, ..

Dinner ' : ngā Water, kaupapa Dinner, Tea kawhe ranei .. Vegetables.

7 Foods e kia kainga ra: Fungi (Mushroom) , Grains (Rai, parei, pi, kānga, ōti, rai, quinoa, raihi, Sorghum, witi) , Hot chilies, aniana (Parauri, matomato, whero, puna, chives, kāriki, rīki) , Pāhiri, Sweet-Capsicum, Vegetables (Apareka, pini, broccoli, kareparāoa, kāreti, pī, .. tupu)



Me ki te whai i te kaupapa Dinner wiki-ra katoa: hei taurira Day1: Vegetables;

Day2: heihei; Day3: kararehe whāngote; Mid-wiki: ngārara; Day5: kaimoana;

Wiki-mutungā: Nati & Seeds; Fun-Day: Pepeke.

Diet-No-No ' s: sweetners horihori, Hangaia-kai, kai whakarerekētia iranga, tāpiri huahuka.

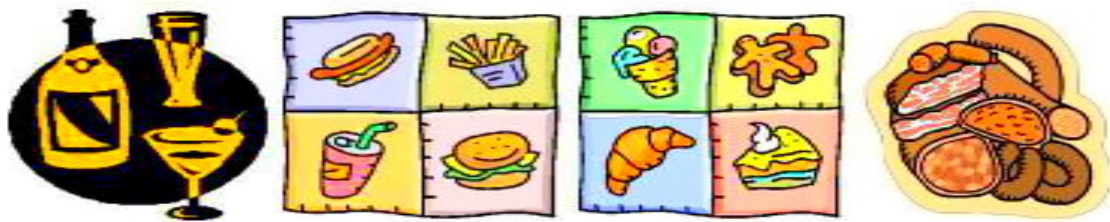


huahuka te take matua o Diabetes & mōmona (I Carlisle-People) .

he kino huahuka ahakoa mai te reira i roto i Sugar Fruit ranei. Tāpiri huahuka i roto i te tukatuka o inu kai ranei ko te hauora-mōrearea. Tukatuka, tufaki, hoko o tenei momo o te inu kai ranei he whanonga taihara & hiahia hāmene. **MS R6**

okotahi: te hokotai hua , Fruit , Honey , Vegetables .

Mea atu No ki : Tetahi e kei: Huahuka, kūhuka, Sugar; Pihikete, Keke, Parakuihi-Cereal, Chocolates, Fruit-wai, Ice-cream, Jam, wairanu tōmato, rare, Lemonades (Cola, Energy, ...) Marmalade, Muesli- tutaki, ranu, Wine ...



Hangaia-kai He tote rawa he maha rawa korotutu, maha he hinuhinu rawa & he huka i tāpiritia hanga ere i te reira no te kōhi i te tangata, mōkai & kararehe. **Hangaia-kai ko te pēhanga cause of nui-toto, tanumia o pera & mōmona (I Carlisle-People) . Tukatuka, tufaki, hoko o te kai Hangaia he whanonga taihara e hinaaro nei hāmene. **MS / R6****

Mea atu No ki: Dairy-waiu, miraka-tīhi, Nohopuku-kai,
ham, hamipeka, alami, ...

hangaia: Taro, Meat; Pizza, Hōtiti,

tukatuka : Fruit, Hupa, Vegetables ...



GM-Food Ko te aha te iwi mau pau. tīmata te reira i katoa rite ira whakarerekētia (Engineered) uri (GM-Crop) . GM-Crop no o te rere

-i runga i te pānga ketia te katoa Food-mekameka. Te hanga irakētanga e hanga Diseases hou, Life-whakawehi Global-Mala 'i roto i te mau melo katoa o te Kai-mekameka! **Me te tangata!** ka waiho hei iwi atu mate, mate teina, atu deformities, pēpi atu mate, atu whakatahe ... E huri DNA tangata.

GM-Food Survival Threat: Alfalfa, tamaiti-kai, pēkana, te taro, te witi, parakuihi-totokore, kanōra, hua, ham, mātiarīni, kai, rīwai, te papaya, pī, heihei, raihi, hōtiti, meatia, tōmato, witi, zucchini, ...

Demand i te hapori kai anoi. **KORE: Alcohol, iranga-whakarerekē, waipatutaru, Insecticides, kai Hangaia, kahore tāpiri: Tote, reka (Horihori tūturu ranei) , ...**

whakanui: 7.3.7 Day maa

Day pai-hauora 12.1.7

CG Kalender (Te whakahaere wā Age New)



Haamaitairaa 4:

kakahu utu paruru!

Paruru--kakahu Kei te hiahiatia ki te te tiaki i te tangata-tinana i te āhuarangi, mate & parahanga. Me ki kia tepu comfor- & whai hua tiaki-kakahu. Tiaki-kakahu, ko te ki te kia utu. Kei o upoko-taupoki, kakahu, tōkena & tiaki waewae kakahu Protective-.

Head Kei te tiaki o pōtae pūāhuru, beanie, K-kameta, tiaki Eye & potae. **pōtae pūāhuru (Beanie) , K-kameta i s whenu roto o huruhuru ranei te ranunga o te miro & huruhuru (Kahore he muka Tic synthe-)** . Taea e tetahi te tae tauira ranei. Kanohi-tiaki & potae hoatu tiaki UV. Ko te visor Ko tītaha kōpiko & tika ake & iho, unbreakable, tino Aotea ātete, hihi poraka UV, e kore fogging ake, kōnakonako huri (Mumura / mama, mama / mumura hoki) . Ko te potae kua hoki rite kaki kaitiaki he hiako.



Paruru--kakahu Kei te hiahiatia ki te te tiaki i te tangata-tinana i te āhuarangi, mate & parahanga. Ko te wāhanga tinana matua tiakina e paruru--kakahu he kiri & waewae. **kia tonu tiaki-kakahu kia mau ki waho.**

Tiaki-kakahu, Coverall (Ki te autahu'araa) ranei hanga 2-wahi i roto i a te harakeke, Cotton, Wool, ranei he ranunga o te miro / huruhuru (Kahore he muka waihanga) tetahi tae / tauira. **kia whai i te kaki t-shirt ranei, whakapehapeha * ringa & waewae katia i ringa & nga pona (Tauira tohu) . * Ringa whakakake & waewae tukua hononga whatāngā / turi ki te neke noa hoki te rangi i roto hanga mana āhuarangi mō te kiri & tinana.**

Kei te hanga kakahu i roto i o muka tūturu: kararehe-hiako, whakato-muka, hiraka,



miro huruhuru ranei. e kore e Artificial-muka whakamahia mō te kakahu mo te tangata-kiri. Production o Artificial-muka pito kakahu.

he hāneanea, roa-tonu kakahu paruru, whakaritea, affordab- le. huatau (Tapanga kaihoahoa) he overpriced, utu, impractically & wā-poto tiaki-kakahu. E kore e manakohia!

Me tiaki i Climate me patoto waewae. Kiri, Waewae & pona kei i mōrea. Kei te tiaki waewae o Tōkena me Boots. kakahu ngā wā katoa te tiaki waewae ina ihupuku waho.

E hanga tōkena i o Cotton, Wool, he ranunga o te miro, me te huruhuru (Kahore ō) tetahi tae tetahi tauria. kia hipokina tōkena Waewae ki runga ki te 7cm runga ake ponapona.

Boots i hiako tiaki o runga, hiako ngohengohe roto (Kahore ō) kapu hiako rapa ranei. Boots tiaki Waewae ki runga ki te 7cm runga ake ponapona. hū waihanga pupū ake waewae kohua ia ratou. e kore koe e taea e haere.



Ringa-tiaki i roto i te puka o karapu (Kahore ō) E mau rite hiahiatia!

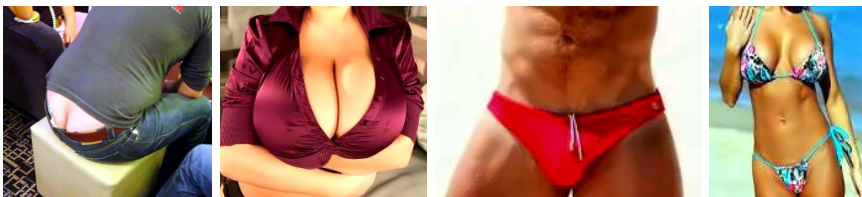
APE:

tapanga Designer he wahi elitist o taonga-kaikiri. tapanga Designer E runga-utu. I whakaputahia e pononga-mahi. Hanga hoki whakakake pai atu snubbing te aro rawakore & rawakore. Mawehe iwi e kakahu enei.

tapanga Kaihoahoa! Iwi nei te wahi Designer tapanga! Toa e hoko tapanga Designer! Overpriced protec mana◇o tahoo-kakahu! kakahu protective- Impractically huatau! hanga kakahu paruru i roto i o muka artificial-! Whakama & APE iwi kata fare- iti. utu ratou ki te whai i horoia titiro cothing i roto i, kua pūtake pipiripia & rua i hanga i roto i a ratou.



waehere kākahu trashy Kāore:



Kia mohio te iwi trashy e he trashy ratou.

Mawehe hū kakahu waihanga. Whakamutua hanga o kakahu waihanga, hū.
ō ture kaihanga tiki, **MS R6** .



Tiakina whakamahi koutou tinana Protective-kakahu i waho!

Haamaitairaa 5:

Mā, Shelter utu!

Te tangata i te **1 ATUA** hoatu tika ki: 'utu Quarters Living Haumarū (**Shelter**)'. kua he fatongia ki te homai i tona taupori ki te utu wahi ora haumarū Kāwanatanga. tukua Shelter e '**Shire**'

(Kāwanatanga ā-Rohe) . Wāhanga o Shire-whakamahere. **KĀINGA !!**

hoki te **Shire** ki te tuku utu wahi ora whiriiora Whenua katoa me te rerenga kāinga (**Tūmataiti-fatuhia**) E whakawhiti ki reira. ki tonu rawa whakawhiti kau te ki te iwi manene, me te mau utuafare i runga i ngā rārangi tatari. Me nga whare Maha-whare moenga ki 1 anake noho ki te tango i roto i te tahi atu-noho. Ko reira te tautokohia whanonga anti-pāpori mō te 1 tangata ia ake ka 1 moenga.



katoa Utu wahi ora e noho Rental. Nāwai horihori kari whakapaipai, e whakakapi i te hapori tautau-whare kāinga tu noa. whakaratohia Kāhui noho reti e te '**Shire**'.

Katoa kāhui noho i 3 taumata o kaimahi + 1 taumata Glasshouse

Te whenua Taumata, Taumata 1, Taumata 2, Glasshouse kari (**Ka taea e kaimahi tupu otaota**) . Kei noho tautau kotahi-wae (**1 ruma**) , Malī-wae (**2 ruma**) , Family-wae (**3 ruma ...**) . founga ngāue ko'eni whakahauanga (**Tūnga whānau, tau**) tono.

Katoa utu Quarter Living Haumarū he noho Rental.

reti Weekly Ko 14% o te moni wiki matotoru o te riihi. haehae kaimahi Maha ko 14% o takoki moni wiki matotoru o kaimahi. Hei tauira \$ 100 moni wiki matotoru, haea \$ 14. \$ 1000 moni wiki matotoru, haea \$ 140.

Shire kai hiko (**Kahore hau**) me te wai ki te iti rawa ia (**Free**) / (**Ka utu**) hatepea atu mōrahi whakamahinga. homai hoki Shire koló horoi, tiaki, recreation, ururua me te parakaingaki-tango.

tika riihi Takitahi te ki 1 ruma ora hapori. I tau 63 i iritihia fer a ki tūranga noho (**Whakahauanga**) . whakamahi Single 1 ruma riihi i runga i wharepaku taumata hapori taua, ua whare me i te taumata raro horoi, pati.

Malí (1 HE & 1 OIA) kaimahi i 2 ruma: ora, moe, enette kitch- me te whare paku, ua. Share horoi, pati i te taumata raro. Nuku (**Whakahauanga**) ki 'Family-wae' ina tae tamariki.

kaimahi Family i 2 ruma (Ora, moe, kitchenette me te wharepaku, ua. Pati Share horoi i te taumata raro) + 1 ruma mo ia 2 mau tamariki. I muri i te tamaiti whakamutunga neke i roto i (Na roto i te tau 18 whakahauanga) . whakawhiti Malí (**Whakahauanga**) ki te hono i ora. riro te tokorua kotahi, whakawhitinga (**Whakahauanga**) ki kotahi-wae.

Shelter he utu, he hāneanea, mā, paruru ... Shire hapori tautau-whare faatupu hiahia katoa te tangata! He wahi ki te tīmata me te tupu i te utuafare.



tukua iti tautau-Homes: Aquarium, terrarium, kuri iti. Kaua e tukua Cats, Wildlife, kararehe kāinga, tetahi e te mea nui atu i te kuri iti, kahore he tupuranga. Mea e te hunga i te riri ki kaimahi me te noho.

Tuhipoka! Kaimahi ki hinengaro, tinana, hauātanga fakasekisuale, ora i roto i wharau motuhake whakaratohia e te Kāwanatanga Porowini.

Tautoko Ngā Cluster-Housing. Tō Home!

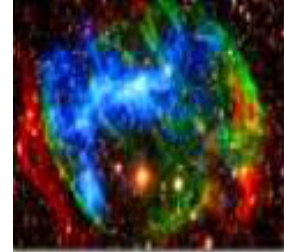
Tō Hapori!

Haamaitairaa 6:

Koropiko, me te whakapono i roto i 1 Atua!

koropiko kaitiaki Guardian rā **1 ATUA . 1 ATUA**

hiahia te faatura, e hiahia ana ki te kia tuatahi. **1 ATUA** ko wai te mea e rua HE, OIA. Ko te wairua Original i hanga te Physical Universe (**Human Destiny**) me te Universe varua (**Rangi**) . ngākaunui **1 ATUA** faaite i te faatura, koropiko.



1 ATUA ia ki te Arama hei kaitiaki o te Tinana Universe (**Human Destiny**) . Ka rite ki huri te rauropi ina ahua, **1 ATUA** e tuku karere ki te kia whakamahia rite aratohu. Ko te karere hou ko te ' **Ture Foaki Manifest** ' hanga reira tawhitotia karere o mua katoa.

1 ATUA ka hoatu e wahi o te wairua Original ki lifeforms katoa i roto i te Tinana Universe. Koropiko pupuri te wairua i roto i te pa ki te Universe varua.

Takitahi, e pupuri ana karakia hapori tangata i roto i te pa ki **1 Atua**.

koropiko **1 ATUA** e faatupu te inoi, e manaaki ana, mā te whakamahi i, pārekareka **1 ATUA** ' s fakatupu. He whai wāhi o te katoa i te mea reka ki te koropiko **1 Atua**, ahakoa ratou mahi ki ngā take o te whakapono, ranei mahi o te whakapono.

Tenei ngā tikanga, ngā whakapono, mahi, ngā mahi pāpori, whanonga whaiaro



1 ATUA e kore e hiahia ana whakaaro nga wahi i hanga o Lotu.

Kei te demolis- hed reira whakaaro hanga nga wahi o Lotu. hangarua rauemi Building te pūhui whare 'Free e'iló tion'. Kaitiaki Guardian koropiko anywh- ere, wā ranei i runga i Fun-Day i te Haaputuputuraa i roto i te kura .

1 ATUA e kore e hiahia ana patunga tapu. Ko rapu, whiwhi, tono matauranga ora katoa. Haere i runga i te ora-wheako, Knowledge Continuity. E whakakapi reira aata ki hoki tērā.



1 ATUA hiahia anake **1 FAAROO** ki Fakataha maha (**Rōpū pure**) .

1 FAAROO E 1 aratohu (**Ture Foaki Manifest**) me te reira anake **1 te Ekalesia** (Universe kaitiaki kaitiaki) ki 7 minitatanga motuhake

e tohu ana i te **7 iwi** .

1 FAAROO Ko anake te Religion hanga atu rōpū whakaponono katoa, kulupu '. Kulupu e ki te tahuri ki te

1 FAAROO . He kaitiaki kaitiaki ko ki te faaitoito te haehaa ki te tahuri hunga whakaponokore ki te **1 FAAROO** .



He he **1** anake Idol, **1 ATUA** ! Mea katoa atu, he whakapakoko teka. Mawehe whakapakoko teka, me te ki tetahi mea hono ki a ratou.

Kaitiaki Guardian i te **1 ATUA** hoatu tika ki te mahi i to ratou Religion. Tangata whakahaere ranei e whakakahore poka ranei ki tenei tika e ' **Manawapa** '. I tua atu inoi tatou e **1 ATUA** mau haepapa ratou i roto i te ora, me te **Ākeāke**.

koropiko **1 ATUA** Ko tā inoi. reira Ko te tikanga pai o te noho i roto i te pa ki **1 Atua**. A, no te kahore **1** whakarongo! A, no te reira he kahore tumanako! Inoi! **1 ATUA** whakarongo.

Kei te tatari 1 Atua ki te whakarongo i a koe!

1 ATUA inoi

aroha **1 ATUA** , Kaihanga o te tino ataahua Universe Mother ko Matua o te Universe **1** me anake Idol hoki ahau ki te koropiko taunaha ahau ki te whai i kahore atu whakapakoko

ka Mawehe ahau whakapakoko teka katoa, me te hangarua ratou tohu tutava ahau ki whakaauraki varua è katoa hoki te kororia o **1 ATUA** me te pai o Arama



Whakaaturia tou haamoriraa mo te Kaihanga!



Haamaitairaa 7:

kupu Free ki arai morare!

tautoko te kaitiaki Guardian kupu noa ki te arai morare. I roto i te Hapori noa nga tangata, ki te kahore Rehabilitators, he tika ki te whai i to ratou mea.



Ratou ko te hiahia ki te whai i te ritenga korero noa: kahore reo kino
(Houtamaki, nui, ware, whakaoati) .

taea kupu Free te hapori ki te whakanui mōhiotanga tūmatanui, te whai wāhitanga. hopoi
mai kupu Free whakawhitia ki komiti hapori ake faitotonú me te mārāma. Kahore he
pai atu i te hapori free, taupatupatu noa.

Ko nui atu tika kōrerorero, tautohetohe, te matapaki, speak- raa kupu Free. tauawhi te reira i
te whānuitanga ki tonu o te kōrero (Oro, mamati, Intel
-taonga lectual, tāngia,-waha, ataata) e ko te wātea. Copyright te matawaenga o apo,
Profiteering ko te hara i runga i Speech Free .
Kī Copyright ko te hara, **MS R6**

Me korero Free arai morare whakaū. Mā te kupu Free ki encite, he taihara mauahara, tūkinu tutu
ranei, **MS R3** . Hei tauira US hara whakaari, whakaahua he māngai FBI te patu i te tangata kia rite
ki te fakapō pai. Ratou he kahore fakapō pai. encites te reira i te ture-uruhi kia whakamatea. He
Killer-Cops kaimahi kino hunga wehi e kua pūmate rawa.

Mā te kupu Free ki tiro he taihara faufau tamaiti, **MS R3** .
whakarato (Hanga, hanga wātea) tamaiti, he taihara hoho'a faufau pakeke, **MS R6** .

Mā te kupu Free ki te tinihanga ia, ki te whai pai he taihara, **MS R3** .

Mā te kupu Free ki takihala'i, hei tauira, hei wahine e kereme ana he rite, me te noa. E
kore e pono, hei wahine i te hauātanga fakasekisuale e ko te riri ki te specie oranga. Ratou
kahui discusting (Whero, kahui waha)
whanonga Ko te riri ki ngā tamariki. Kī He noa hei wahine he tinihanga o te kino rawa ahua, **MS
R4** . E pā ana tēnei ki pāpāho katoa e takihala'i e pā ana ki te hauātanga fakasekisuale.

Media whakamahi kupu Free ki te whakaatu wahine mātua tamariki rite noa. Kei te
turu i tenei pāpāho tamaiti-molesting te kino tino rawa, **MS R7** . Actors, production
waka, kua hāmenetia distributors,
MS R7 .

ZERO kātakí ki Tamariki hauātanga RAA

Ko te kupu Free ki te kia atawhai ia, whakamahia me tiaki. Hē o te kupu Free ko ki te kia mutu. E
mea pinepine whakamahi Kāwanatanga kupu Free ki brain-

horoī, encite, mo te whakatō-, mamingatia, teka. E nekehia atu ngā mema o te Kawanatanga e te tikanga rite taua i te Kawanatanga. e kore e taea e ratou te tu mo te re-pōtītanga. E kore ki te kia reelected ratou. E manawapa ratou.

Liberty (Utopian, wawata) Ko mākaahi faaohipa Kōrero Free.

Tenei te haere noa, ki te mahi i rite rite koutou, i pai noa, haere noa i te tūkinotanga kāwanatanga, haere noa i te pononga o Hini. Ko te siokita tenei momo o te haere noa ee haaparuparu te te haumarū, me te oranga o te hapori.

e kore e taea e te tangata te hapai i rawa nui Freedom. arata'i nui rawa haere noa ki te ihe, te hoha, Ulungaanga Ta'etāú, ... Te tangata e whakaūtia Tikanga Whakahaere (E hāngai ana i runga i nga tikanga) , Te whakamahi i LGM rite aratohu!

kupu Free whakamahia kawenga ki he whitiki morare ko te kāpia e mau tahi te hapori. He ana tēnei momo o te hapori 1 ATUA tautoko o. Ko te hapori kaitiaki kaitiaki tenei.

kupu Free ki morare arai te 1 ATUA haamaitairaa i homai!

Haamaitairaa 8:

Mate, tīmata te utuafare!

1 ATUA ' s hiahia Hoahoa tangata (1 HE, 1 OIA) ki te mate me te tini hoki specie oranga. Community Hoahoa mō te ora pai, HE me OIA tomo Tapu-te Marena Contract ka tīmata te whānau. whakaara ake i te whānau hou ratou tamariki ki te tautoko hapori.



1 ATUA ' s Hoahoa ki te whakarite specie oranga kua inbuild mau hiaai, takoto.

Hoki specie tahito te kahui reira tetahi ira oposite e haere mou'ai faisoó tikanga cer-. Tangata atu matatau, tinihanga! oraraa pouri ratou faisoó ki, hiahia!

Te kimi i te mate. tauīwi (Karaitiana, ...) titiro hoki te aroha. Mate mō hiahia hoko trashy me maha e kore kitea te hoa ki te tini ki.

apiti o te capitalist ki kia trashy me ētahi wā ki te whakanui ake taonga me te ranei mana. He maha ngā ahurea i ngā mātua whakatau. Kore o enei kei roto i te moni pai o te hapori.

Kaitiaki kaitiaki i whakatau te Kāwanatanga Porowini i roto i ' CE ' (Hapori Emergency ratonga) e tomo te 'Tapu-te Marena'

kirimana (H-MC) . Katoa 17 tau OIA me nga 18 tau haere HE.

I roto i CE aromatawaitia katoa i runga i te āhua o e taea ratou e tino whai hua ki te iwi.
āwhina hoki CE ki kōwhiringa hoa.

OIA me HE e te pae tino e taea ki te tini riro 'Foster-mātua'. tomo
ratou he Contract 'Holy- te Marena'. 'CE' kaiwhakawhiwhi te
'tamariki'.



TAPU - MATRIMONY begi nn ingofaf Ami tikai.

Hei pai **1 ATUA** , mo te specie oranga, ki te whakarite i a 1 iku'anga, tahuti ore te rauropi ina
momo ': Mate, kia maha nga me te tīmata i te utuafare! Me tamariki ki te tupu ake i roto i te
morare, aroha, te tiaki taiao ki **HE OIA** taurira roll-. He '**tapu - faaipoiporaa** ' hipokina kirimana enei
take morare, me te ture. ira Same, ira tangata haamâ rii ranei Child-molester kore e taea te tomo
ki tenei Contract.

Disability fakasekisuale (Ira Same, ira tangata haamâ rii ranei Tamaiti-molester) , E kore koe e taea
e te tomo ki tenei Contract. Tetahi e tomo te 'HMC' i whakakorea reira. Ahakoa te hunga e i tei
haamanahia e te moepuku anti- **1 ATUA**
Kāwanatanga. Fakasekisuale Hauātanga, e kore e koe rite. He iwi e hinaaro-mama'o
enei. Hei tiaki i ngā tamariki.

Ko te '**Tapu-te Marena** Kirimana 'E te timatanga me te mutunga. E haamata te reira i runga i
Wedding-Day i te hainatanga. mutu reira ka oti te tamaiti whakaotinga tau 17 mo OIA, tau 18
hoki HE.

P re -Tenei dd raa - Da yre qu ir emè taranata

'CE' kakau nui whakaritenga weddingday mua katoa. He pea take te wahi e kore e
maminga ki te 'TT', i mua marena whakaritenga ra.

He HE me OIA kauwhau ratou 'Engagement' i he '**Gathering** '. haere ratou ki te '**Shire** ' tari whakauru
i roto i te 'Tīmata i te Utuafare' akoranga. I roto i te akoranga whiwhi ratou i te hauora, e whakaatu
ana e he nehenehe o hapu ano he kōtaha hiahiatia te whakaatu mātau hinengaro, me te aronganui
ki te whakaara tamariki ratou. Te oreraa rānei, hua i roto i te whakakore Engagement me

" **Kāore he** " HM Contract.

Me He tokorua he ki runga ki te rā, '**AvL & E (Rawa versus Taunahatanga & Enti
-tlement) tauākī** '. riro tetahi Rawa, mea tātaitai te, Taunahatanga

pau i runga i Weddingday e tapiritia ki te 'AvL & E'statement.

Tuhipoka! matua Takitahi, ngā mātua un-marenatia, iwi ki te hauā sexual- (**Taua ira, ira tangata raruraru, tamaiti-molester**) e kore e taea e whakaara tamariki.

dd tatou mau - Da yre qu ir èmè taranata.

puritia Wedding te i ra 6 i te Celebrant i o te Heriwhi Shire-tari. Finger-mowhiti vahine e te tane supply (*) 'Medicals, Kōtaha ko AvL & E a.

kawea ratou mau metua mau taeae e tuahine. whakaaetia tangata atu te ki te haere (**Kahore tamariki**) .



FAKATOKANGAI pupuri OIA ia-ingoa whānau. * OIA maihao-mowhiti, 9 carat mania rohi-koura, whaowhao: rā, wahine marena hou me te tane 1st ingoa.

HE maihao-mowhiti, 9 carat mania kōwhai-koura, whaowhao: rā, tane taumau me te wahine marena hou 1st ingoa.

Kei te tatari 1 Atua ki te whakarongo i a koe!

whakareatanga inoi Mahia Day Whakarea 3.1.7

aroha **1GOD** , Kaihanga o te Universe tino ataahua au haehaa tino pono kaitiaki-kaitiaki (1st ingoa)

Mihi 'e koe mo te oaoaraa o te kahui Ui mo te hua & hauora whakatupuranga utu pupuri ki mate & tini



Na e taea te tangata haamau te Physical Universe hoki te kororia o **1GOD** me te pai o Arama

whakamahia ana tēnei inoi kei i runga i te rā Wedding me Day Whakarea



Nunui tikanga marena nui me pōhiri ki tōtōā he Anti-Social, whakakake. E manawapa ratou e te Hapori. Mawehe me te whakama!

Holy - Matrimony Contract



taitarā: CG 'Tapu-te Marena' kirimana

Taumu'a: Mate, kia maha nga & tīmata te utuafare!

Time-whanganga: E haamata te Wedding-Day. Mutu ka te tamaiti whakaotinga
whakaoti tau 17 mo OIA, tau 18 hoki HE.

tamariki: 3 He whakahauanga, He minaminatia atu.

kahui: tika te kahui Sole! kahui Daily e minaminatia ki te hapu 1st-
wā.

hapu: No hapūtanga i muri i te 10 wiki, tautoko hauora ko te
me. No hapūtanga i muri i te 50 wiki, whakakorea kirimana te.
Me hapu tau tae noa te motunga o 3 tamariki.

tamariki: HE & OIA me tango Tamariki Course. HE & OIA
Me haere Shire-SmeC & Porowini-PHeC rite hiahiatia.

te faataaraa: Me ki kia kitea he 1 rōpū. * Hara wetekina katoa
entitlement from the 'AvL&E' statement + any gains made during contract. Also
there is to be no more contact with the children.

* Both guilty, children go into foster care.

Reasons of Divorce : Addictions, adultery, caged rehab-
ilitation, Mental incompetence, 7 weeks on life- support, 50% or
more physical-disability.

Signed by: Bride.....
Groom.....

Witnessed by Celebrant:

Date:

Attendees:

.....
.....

Enforced by: **Shire Sheriff**



Religious marriage rituals are to be performed on weekday 7. After the couple return from their honeymoon. They can attend to their religious obligations. E.g. attend Gathering.

After concluding the Holy-Matrimony Contract (H-MC) the couple have 2 choices. Enter a Companion Contract (CC) , or separate.

Companion Contract



Title: ' Companion' Contract

Purpose: Companionship, sharing life !

Time-span: Until separating or death. Separating has to give 3month's notice at Shire-office.

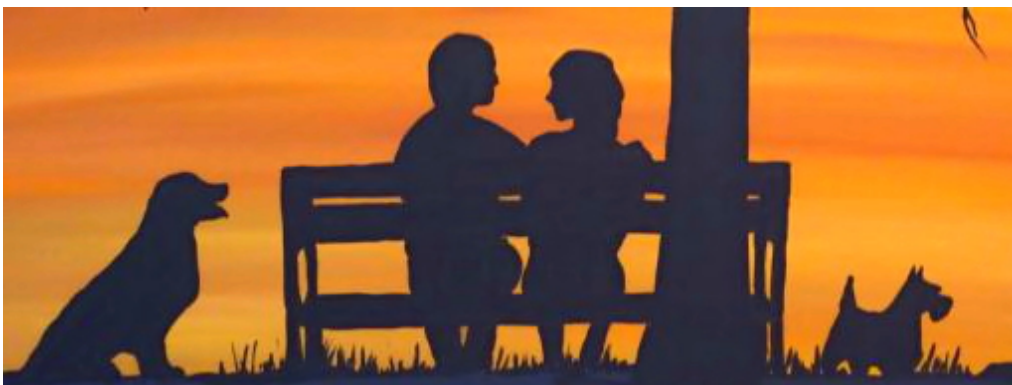
Closing 'AvL&E' statement from 'H-M' contract or new 'AvL&E' statement becomes part of contract. If separating each gets half of assets owned. At death of 1 the other gets all. Any wills are ignored.

Signed by: SHE.....
HE.....

Witnessed by Shire Officer:

Date:

Companions' may exchange rings after signing a 'Companion Contact'. SHE finger-ring, 9 carat plain white-gold, engraved his and hers 1st names.
HE finger-ring, 9 carat plain white-gold, engraved hers and his 1st names.



1 GOD is waiting to hear from you !

Companionship Prayer

Dear 1 GOD , Creator of the most beautiful Universe Your most humble faithful custodian-guardian (1st name)

Thanks' You for the enjoyment of companionship Asks for long lasting sharing companionship Pledges to harmonize & share

Socialize with other companionship couples For the Glory of 1 GOD and the Good of Humankind



This prayer is used when entering contract!

yy

INFIDELITY is breaking a promise to remain faithful ...

Infidelity is breaking a promise made between a HE and SHE to remain faithful to each other. That promise may be a verbal agreement between lovers, mentioned in a love-letter, or part of marriage vows. Breaking that promise is a breach of trust a disloyal act an unfaithful transgression. Every breach is accountable!

Infidelity is a breach of promise. A moral wrong by either a HE or SHE or both. This transgression entails shunning by family, friends, neighbors, community,...

ADULTERY

During the term of a 'Holy-Matrimony Contract' any sexual trans- gression is a moral wrong that also is a community crime. Sexual transgression (anal, oral or vaginal) by husband with another SHE, HE or Animal. Sexual transgression (anal, oral or vaginal) by wife with another HE, SHE or Animal. These transgressions are, Adultery'. Adultery results in mandatory canceling of a, ' Holy- Matrimony Contract ' (divorce) .

If the wife is not pregnant and there are no children. The Adulterer (HE or SHE) is prosecuted, MS R4 ! Everything owned by the Adul- terer goes to the victim of this betrayal as compensation. Husband and wife are adulterers both are prosecuted, MS R4 and everything

they own goes to Treasury.

If the wife is pregnant and or there are children. The Adulterer (HE or SHE) is prosecuted, **MS R5** ! The Adulterer (husband or wife) is not allowed to see or be near the children ever. Everything owned by the Adulterer goes to the victim of this betrayal as compensation.

Husband and wife are adulterers both are prosecuted **MS R5** and everything they own goes to Treasury. Children go into Foster-care and are never to see their parents again.

Divorce

Divorce becomes mandatory when 1 or both parties of a ' **Holy- Matrimony Contract** ' breach it or become unable to fulfill their obligations.

Repeat offenders of Addictions (see Scroll 4) . Adultery .

If 1 or both parties of, H-MC enter Caged-Rehabilitation. If 1 or both parties of, H-MC are 7 weeks on life-support. Certified Mental incompetence. Certified 50% or more physical-disability.

Divorce 1 party needs to be found guilty. Guilty loses every entitlement from the 'AvL&E' statement plus any gains made during contract. Also there is to be no more contact with the children. Both guilty, children go into foster care. Assets go to treasury.

Separate

Separation after completing **H-MC** . Value of 'AvL&E' statement is divided equal. Both parties are to stay in touch with children (grand- children) .

Separation of Companions after giving 3month's notice at Shire-office . Value of 'AvL&E' statement is divided equal. Both parties are to stay in touch with children (grandchildren) .

Parenting

Currently a majority of Parents are not capable to give their children the opportunity to produce their best. This is due to wealth-apartheid many children are denied the opportunity to produce their best. Custodian Guardian have the answer:



End wealth-apartheid asset-strip and cage (**MS R6**) the criminals who are cause and effect of wealth-apartheid.

Custodian Guardian use community parenting, Free education, Learn & Teach, Shire SmeC and Province PHeC! Community parenting a collusion of scholars, educators, medico's and parents. Join us for good parenting.

SmeC ' Shire medical & education Complex'.

PHeC ' Provincial Hospital & education Complex'.

PDEc ' Provincial Defense & Emergency center'.

CE ' Community Emergency service'



Child naming

Custodian Guardian give their new-born 3 names. 1st name (up to 10 letters) , 2nd name (up to 10 letters) , family name (up to 10 letters) . None of the names has more than 10 letters. C-G pick the new-born's name before birth. A new-born's name represent the continuation of a mothers' and fathers' family heritage.

The 1st name of a SHE new-born has a female 1st name from the mothers family (alive or deceased) . The 1st name of a HE new-born has a male 1st name from the fathers family (alive or deceased) . At birth the parents are undecided on a name. The new-born is given the default 1st name. A SHE new-born gets the mothers' 1st name. A HE new-born gets the fathers' 1st name. Names once given cannot be altered.

The 2nd name of a SHE new-born has a female name from the fathers family (alive or deceased) . The 2nd name of a HE new-born has a male name from the mothers family (alive or deceased) . At birth the parents are undecided on a name. The new-born is given the default 2nd name. A SHE new-born gets the fathers' mothers' 1st name. A HE new-born gets the mothers fathers' 1st name. Names once given cannot be altered.

When entering a ' **Holy-Matrimony Contract** ' SHE keeps her family-name as does HE. The Family-name of a SHE new-born is the mothers' family-name (mandatory) . The Family-name of a HE new-born is the fathers' family-name (mandatory) .

Privilege 9 :

Have a pet!

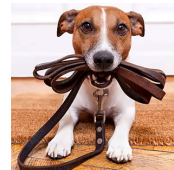
Part of a Custodian Guardian's duty is to live in harmony with animals. A 'Custodian Guardian family' will incorporate animals into their family. These animals are known as pets. They are trained, cared for and loved.

Pets are to be no danger to the community, the Habitat and it's wild life. Pets are non-poisonous. Pets are not predators. Pets are not wildlife. Pets are no bigger then a small dog. Pets can't fly.



Mammal pets are desexed. Only licenced breeders can breed.
Unlicenced breeding, **MS R3** for each animal.
Mammals must not just be kept inside but get outside exposure.

Dogs and their carers have to complete obedience training. Failing to do so, **MS R1** . Large Dogs are not used as pets. Breach, large dogs are taken from owner,
MS R1 . Only small dogs live in Cluster Homes.



Cats are predators and like to roam making them unsuitable as pets, breach, **MS R3**. Flying birds need to be free to fly. Making them unsuitable as pets, breach,
MS R2 .

Cluster Homes allow small: Aquarium, terrarium, small dogs. Don't allow: Cats, Wildlife, domestic animals, any- thing that is larger than a small dog, no breeding. Creatures that are a threat to tenants and or habitat.



Aquarium



Aquarium part of the Custodian Guardian Education system. Every SmeC, PHeC have Aquarium. Children are taught Aquarium maintenance. Cold water and Tropical fish are most suited for cluster-homes.

Terrarium

Terrarium are part of the C-G Education system. Every SmeC and PHeC have Terrarium. Children are taught Terrarium maintenance.

Small Terrarium are most suited for cluster-homes.



Pets are allowed to behave natural. Before getting a new pet owners need to educate themselves about how their pet behaves natural. Ignorant pet-owners may force pets to behave unnatural. This becomes cruelty to pets.

Cruelty to Pets

Mutilating: clipping ears, tail,... **MS R2**



Fashion fur trimming. Painting fur, skin,... Dressing them up,... Treating them as human, denying them to be themselves. **MS R2**

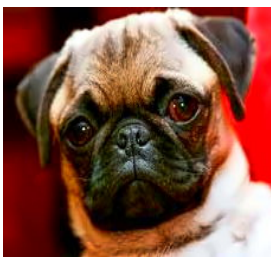


Hurting: beating, kicking,... **MS R2 for each animal!**

Torturing: bait, lab animal,... **MS R3 for each animal!**



Thrill-killing: hunting, poaching, roadkill, safari,... **MS R4 for each animal!**



Breeds: Pugs, English, French Bulldogs are bred with evermore flat faces. Pet owner are attracted to the flat face for its childlike resem blance. The inbreeding results in side-effects. Breathing



problems have dogs collapsing: during hot weather, heart disease due to poor breathing. Unfortunate that the dogs suffer their whole life, because of human cruelty. Pet owner think the breathing difficulty are charming personality features. This type of breeding ends, **MS**

R4 for each animal! Shun and Shame owners!

Keeping 1 pet without it socializing with it's own kind is cruel. Animals are also part

of, 'C.G. Free-Education' and 'Teach & Learn'.

Some are domestic animals, others are pets. **Not wildlife.**

SmeC : New-born club, Basic-School, Girl's only School, Family-College all have pets. Looked after by educators, mothers, scholars. SmeC also have farm animals and wildlife studies.



PHeC : Boy's only school, Apprentice-College, Technical College, Leadership-College, Leadership-Camp all have pets. Looked after by scholars, educators and fathers. PHeC also have farm animals and wildlife studies.

1 GOD is waiting to hear from you !

Pet Prayer

Celebrate Pet day 11.3.7.

Dear **1 GOD** , Creator of the most beautiful Universe Your most humble faithful custodian guardian (**1st name**)

Thanks you, for the joy of Pets I shall train, care for and cherish all pets I endeavor to be a responsible caring Pet keeper I shall protect Pets from cruelty and mistreatment For the Glory of **1 GOD** and the Good of Humankind



This prayer is used on Pet Day or whenever needed.



Pets are a responsibility
Neglecting pets anger **1 GOD**

Privilege 10 :

Have violent free community!

People have a right to feel save in their home. They have a right to feel save at study and work. That is why the 'Custodian Guardian Shun Violence' concept is made available (see C.G. non violence concept) for implementation in every Shire .

Shire provide Sentinel services. Sentinel handle low to middle risk guard and patrol duties. On, or off duty a Sentinel will report anti- social behavior (vandalism, crimes, pollution) and report any community health and safety issues. Sentinel will arrest for perceived broken breaches and committed crimes. Then call his station for a patrol to pick up the arrested.

Shire provide a mandatory 7 hour Night-Curfew from 14-21 hours (C.G. Klock) . For good health, reduction in energy consumption, less pollution and protection of wildlife. Reduction in crime, cost to government, encouraging multiplication.



Emergency-service workers are assisting Law-enforcement. By being vigilant of breaches of Rules, Regulations on or off work. They may have to make civilian arrest's. CE reservist may be called to help.

People help their neighbors when under attack.
Workers help fellow workers. Educators & Scholars help each other.
Every Shire's aim is to be violent free.



Having a violent free community is a Right and Duty. Every person has a right to feel save. Every person has a duty to help people who have violence inflicted on them. **Not doing so, MS R2**

People who allow violence, watch violence, **MS R2** People who encourage (cheer on, help) , incite, violence, protect violent people from arrest, **MS R3**



1 GOD is waiting to hear from you !

Victims of Crime Prayer

Memorial-day 2 . 4 . 7 .

Dear 1 GOD , Creator of the most beautiful Universe Your most humble faithful custodian-guardian (1st name)

Asks to ease the anguish & pain of Victims of Crime Help Victims of Crime get Justice and compensation I promise to help punish crime unending Ask that Evil is punished in Life and Afterlife For the Glory of 1 GOD and the Good of Humankind



Prayer is used on Victims of Crime Day (Fun-Day theme) !



Violence starts with the unborn. Violent surroundings in-still the propensity to violence for the rest of the life. The propensity to violence needs a trigger to turn violent. Triggers: Alcohol, anger, fear, peer-pressure, contact-sport, fight-sport, ignorance, humiliation, mind altering substance, lack of empathy, provocation, violent video, violent video-games,...

An unborn exposed to mum and dad verbally abusing each other. Learn that it is okay to verbally abuse and will do so later in life. A unborn exposed to mum being physically hurt by dad. SHE newborn will later in life endure physical abuse by HE. HE newborn will think it's alright to hurt SHE.



Aggressively abusing, intimidating, dominating others is bullying. Bullying starts with intimidation and can evolve into assault. Bully's usually surround themselves with hapless cowardly individuals. Bully and gang become guilty by association. Intimidation, MS R1 . Threats, MS R2 . Hurt or killing: individual, child, Juvenile, Adult, Senior or Gang rules apply.

V i o l e n c e i s t h e t h r e a t
STOP V I O L E N C E s t a r t a t h o m e

Privilege 11 :

Free treatment when sick!

Free treatment when sick is a **1 GOD** given right to good people. Free treatment is not available to Rehabilitators. People with self-inflicted health-issues (Addictions, cannibalism, elective surgery, mutilations, suicide,...) don't get free treatment.

1 GOD is waiting to hear from you !

Good-health Prayer

Celebrate Good-health Day 12.1.7

Dear **1 GOD** , Creator of the most beautiful Universe Your most humble faithful custodian-guardian (**1st name**)
Apologize for my unhealthy lifestyle I endeavor to make amends
Please support my efforts to make amends I support 'Free treatment when sick' For the Glory of **1 GOD** and the Good of Humankind



This prayer is used on Good-health Day



Private, paid (**greed, profiteering, waste**) for health care ends. Private health insurance is obsolete its assets are confiscated without compensation. Private practises are absorbed without compensation by the '**SmeC** (Shire medical & education Complex) '. Private Hospitals are absorbed without compensation by the '**PHeC** (Provincial Hospital education Complex) '.

Private, greedy profiteering healthcare in corrupt Wealth Apartheid countries have self regulating bodies. They protect negligent criminal healthcare practioners from prosecution. This body lobbies for unjust Laws. It also helps their members to rip off patients. Every selfregulating body (**not just health**) is shut, its administrators caged, **MS R6**

University educated 'GP (**General Practioner**) ' are not real medics. They are pill dispenser for Pharmaceuticals. The Pharmaceuticals reward these fake medics with cash, gifts, trips,...



Custodian Guardian medical training for 'GP' is via ' **SmeC** '. SmeC offer free-medical care (preventive, continous and after-care) .

Custodian-Guardian medical training for 'Specialist' is via ' **PHeC** '. PHeC offer free hospital care.



Custodian Guardian ambulance, emergency training is via ' **PDEc** (Provincial Defence & Emergency center) '. PDEc offer free ambulance and emergency services.

Many Pharmaceuticals' are poisonous and don't cure. They ease (maybe) discomfort and need to be taken long term. They 'ALL' have side effects demanding more Pharmaceuticals' (poison) more side effects.

A parasitic predatory profiteering marketing system. Create demand > repeat (dependancy) > introduce new (side effects) products (many victims end up taking 14 pills with side effects a day) . Reward sales people (Doctors) . This corrupt system is why health-care is so expences and wasteful.



Pharmaceuticals' are primitive expensive treatment. Pharmaceuticals' are a last resort treatment. Shun Health-care practioners that only prescribe Pharmaceuticals'. They are incompetent corrupt "Quacks". Demand they be disqualified. **Note!** Adhering to custodian guardian diet advice and following exercises, reduces ailments by 80 %+.



Rehabilitators that receive limited healthcare are billed. Rehabilitators cannot go on life-support. Rehabilitators don't receive cosmetic surgery.

People with self inflicted health issues pay for health- care: Alcoholics, Dare-devils', Thrillseekers', Druggies', Fasters', Mutilators' (body piercing, circumcision, cosmetic surgery, tattoos, transfusions, transplants) , Smokers, ... People that don't care about their health are held accountable.



The Community owes GOOD people, FREE MEDICAL

Privilege 12 :

Free education!



Free Education is a **1 GOD** given right to good people.

Free Education is the 1st step of fulfilling Scroll 1 Belief 4, "Humankind is to seek, gain knowledge then apply it".

Custodian Guardian Free Education is available from cradle to cremation. Children, juvenile with mental, physical, sexual disability don't attend Free education. They are looked after & live in specialized provincial compounds.

SmeC (**Shire medical & education Complex**) beginning and end of Free Education. HE from age '0-9', SHE from age '0-16' & Seniors from age '63 onwards until end.



SmeC is a careerpath for only SHE (mothers) ! Every SmeC has a 'Gathering'.

Free Education at **SmeC** : Children attend 6 days a week from 1 hour after Sunrise to 1 hour before Sunset. Children are provided with cover all, footwear, educational material, food and drink. They rest, have a bath (**New born club**) , the rest have a shower.

Mothers attend 6 days a week from 1 hour after Sunrise to 1 hour before Sunset (they get 3 hour break) . Mothers are provided with cover all, foot wear, food, drink and get paid (**1x wmw**) . Can shower. **Note!** When leaving, Mothers and Children change. Everything provided stays. There is no home work.

Age 0–2: a newborn attends with his mother a '**SmeC: Newborn club**' 6 days a week. Newborn on completing year 2 receive '**New- born club Diploma**' Mothers completing 280 hours club learning and teaching receive: '**Year 1 Apprenticeship 'SmeC' Certificate**'

Age 3–9: boys & girls (**Scholars**) attend 6 days a week mixed classes (co-ed) **SmeC: Basic-School** ' Scholars on completing year 9 receive '**Basic-School Diploma**' . Mothers completing 140 hours Basic School learning & teaching receive: '**Year 2 apprenticeship 'SmeC' Certificate**'

Age 10–14: girls (**Scholars**) attend 6 days a week girls only classes at '**SmeC: Girl's only School**' . Scholars on completing year 14 receive

' **Girl only School Diploma** ' Mothers completing 140 hours Girl only School learning & teaching receive: ' **Medical & Education Trade- Certificate** ' .

Age 15–16: girls (**Scholars**) attend 6 days a week paid (**1x wmw**) classes at ' **SmeC: Family-College** ' . Scholars on completing year 16 receive ' **Family-College Diploma** '

62 year old SHE teach: SHE passes on Life Experiences to next generation (**paid 3x wmw**) at **Family College** .

Age 63 or over senior (co-ed) education is available at ' **SmeC: Senior Activity Club** ' .



PHeC (**Provincial Hospital & education Complex**)

provides continous Free Education. HE from age '10- 18' ' **Boy's only school** ' , & ' **Apprentice-College** ' .

HE & SHE further education: **Technical-College**, **Leadership-College**, **Leadership-Camp**.

Age 10 – 14: boy's (**Scholars**) attend 6 days a week boys only classes at, ' **PHeC Boy's only school** ' . In groups of 14, they learn through watch, listen, try, understand & teach (**wltut**) . After completing year 14 receive a ' **Boy School Diploma** ' . **Fathers on 1 day a week roster- duty** are trained and operate as teachers aid.

Age 15 – 18: boy's start a 3 year rewarded (**1 wmw**) apprenticeship at ' **PHeC Apprentice College** ' . In groups of 14, they learn through watch, listen, try, understand & teach (**wltut**) .

Year 1 they attend College 3 days & work at a **CROn** 3 days.

Year 2 they attend College 2 days & work at a **CROn** 4 days.

Year 3 they attend College 1 day & work at a **CROn** 5 days.

After completion earned: ' **Trade-Certificate** ' .

62 year old HE teach: HE passes on Life Experiences to next generation (**paid 3x wmw**) at **Apprentice College** .

Age 63 or over senior (co-ed) education is available at ' **SmeC: Senior Activity Club** ' .

Further Education is available for HE, SHE at ' **Technical-College** ' . They hold 1 month fullday Supervisor courses. This is a 1 hour after

Sunrise to 1 hour before Sunset 6-days a week 4 week course. **Daily- routine:** prayers, exercises, psychology, communication, delegation, leadership, com -mittees,.. After successful completion earned ' **Supervisor-Certificate** '

' **Leadership-College** ' provides for HE, SHE 2, 1 month fullday courses '**Leader-Diploma**' & '**Manager-Diploma**'. Leadership course daily-routine is similar to Supervisor course + emergency-service obligations. After completion receive ' **Leader-Diploma** '.

Manager course involves starting setting up a ' **CROn** ' + emergency- service obligations. Completion earn's ' **Manager-Diploma** '. '**Leadership-Camp**' 2 month full day administration course for HE, SHE. Course sets up a ' **Cluster-CRON**

and deals with an emergency (**PDEc training**) .
Completion earn's ' **Administrator-Degree** '.



PDEc (**Provincial Defence & Emergency center**) operates '**CE** (**Community Emergency service**) '. **CE** operates 1 year compulsive '**Community Emergency** ' service' training by 17 year old SHE & 18 year old HE. It retrains reservist.

PHeC & PDEc share 'Leadership-Camp training. Everyone who received 'CE' training becomes a reservist. Every HE that completed 'CE' becomes a reservist on standby, until age 49. SHE after completing '**H-MC (Holly-Matrimony Contract)** ' becomes a reservist on standby, until age 49.

Provincial Government provides 'Free-Education' from unborn to including Seniors. Non Government education is not supported and closed. **Education (free, public) is** provided by the Province & Shire.



SmeC ' Shire medical & education Complex'.

PHeC ' Provincial Hospital & education Complex'.

PDEc ' Provincial Defense & Emergency center'.

CE ' Community Emergency service'

Education is a collaboration between Parents, Educators and medics.
It involves Free-education, Free-health and Apprenticeships.
No, homework! No, non government education! No, Universities!

1st Learn, when comprehending, start teaching. In free education fast learners teach slow learners. At work the experienced worker trains new-comers. At home, grandparents teach children, grand children. Parents teach children.

1 GOD is waiting to hear from you !

Education Prayer

Celebrate Education Day 6.1.7 .

Dear 1 GOD , Creator of the most beautiful Universe Your most humble faithful custodian-guardian (1st name)

Promises to seek, gain, apply Knowledge all life long To Learn & Teach via Free Education To support public Free-education Pass on Life Experiences to next generation For the Glory of 1 GOD and the Good of Humankind



This prayer is used in class and on Education Day



Plagiarize to build on and advance new ideas. Why rewrite some- thing that is well written. A good piece of writing should be cherished not be mutilated by rewriting. **Plagiarize a good piece of writing and then expand on it** . Evolution (**good enough for 1 GOD**) progresses by building on existing and then creating new. Reading a good piece of writing encourages the mind to lift one's intellect to the high standard of the original. **Stopping** this thinking to concentrate on rewriting is mediocre time-wasting education. Be smart, 'Plagiarize'.



Plagiarism does not only apply to writing. Plagarism applies to all 'IP' (**Intellectual Property**) . The Community gives people the means and opportunity to develop Intellectual Property. Therefore all 'IP' is community property to be used by all! Profiteering from 'IP' is plundering the Community a **Crime: ' MS R6 '**

All 'Intellectual Property' belongs to the community for the benefit of all. In corrupt, greed, profit driven Anti-1 **GOD** countries, plagiariz- ing may infringe copyright. **Claiming** Copyright is stealing from the

community, criminal behavior: ' **MS R6** '

Homework is the most dishonest and useless form of learning or teaching. A Scholar is under pressure from distractions, ignorance, friends, parents, timeline... Most homework is not done by the scholar who is being assessed and graded. Homework because of its dishonest nature is useless and misleading for assessment. Parents and Educators supporting homework, support cheating, dishonesty.

Educators have moral issues when marking. They suspect that the scholar didn't do the assignment. Because of this uncertainty any marks given are useless. Homework as tool of



assessment of comprehension is misleading. Therefore Homework is fake, a waste of time and resources. **NO HOMEWORK**

Assessment : Is needed to make Teach & Learn useful and effective.

Note ! There is: 'NO Homework' !!!

Scholars are assessed for comprehension assignments completed in class. Whenever a study-module is completed, Scholars get assignments to assess comprehension. The comprehension assignments are completed in class. **Note !** There is: ' **NO Homework** ' !!!

There are 2 assessment: **Pass** or **Fail**.

70 Pass rate is 70% comprehension. A fail and the scholar has to repeat the study-module until a pass. **Note !** Only the module needs repeating not the whole year.
%

There is no final year Assessment or final examinations (**useless activity**) . Assessment is only for each module, not for accumulated modules. When a Scholar has passed all set modules a Course Certificate is issued.

Educators are assessed for work competence, dedication to 'Learn & Teach' and pupil comprehension. A teacher needs to be able to 'self assess' their teaching performance. A class pupil comprehension-rate of 90% plus is acceptable. **90**
%

Anything less, educator (**Teacher**) is removed, retrained.

Before each teaching term all study-module comprehension assign-

ments for the term must be 'successfully' completed by the relevant educator. The Educator needs a Pass rate of at least 90%. Failure, the educator does not teach this subject that term. An assessment is made if that person is suitable to be involved with Education. **Note:**

C-G do not support multi skilling. Knowing a little bit of everything and nothing well. Makes a person mediocre, not suitable for education. Educators are to be knowledgeable specialists'.

80 % A School pupil comprehension rate of 80% plus is acceptable. Less, Principal-Educator is removed. Returns to teaching.

A school year is divided into 3 terms. Term 1, the 1st, 5 months. Term 2, the next 4 months. Term 3, the last 5 months of the Custodian Guardian Kalender. There are no school holidays. Educators, scholars are entitled to 2, 1 week holidays. Taken separate, 1 week at a time. At least 3 months' apart. Must apply at least 4 weeks in advance. Parents apply for scholars.

Note: Free education providers have field trips (day or longer) in every term. Field trips are free, mandatory. Educators, scholars and some parents (as needed) participate.

Exercise

Scholars, Educators daily (mandatory) participate in indoor exercises (use LGM as guide) . Gym's, Oval's are closed (mandatory) . Contact sport, fight-sport, elite-sport (1 winner, many losers) are banned

Any headmaster, educator deviating is removed from Education.

Sexual-Disability

Scholars that show signs of, 'Sexual-Disability' (child-molesting, same gender, confused gender) . Are evaluated by a committee (educators, medics, parents) . If found afflicted are transferred to, 'SDQC' (Sexual- Disability Quarantine Compound) . For their own protection and protect the other children.

Mental-Disability

Scholars that show signs of, 'Mental-Disability' . Are evaluated by a committee (educators, medics, parents) . If found afflicted are transferred to, 'MDQC' (Mental-Disability Quarantine Compound) . For

their own protection and protect the other children.

Physical-Disability

Scholars that show signs of, 'Physical-Disability' . Are evaluated by a committee (educators, medics, parents) . If found afflicted are trans-ferred to, 'PDQC' (Physical-Disability Quarantine Compound) . For their own protection and protect the other children.

Seek > gain > apply knowledge via
Free Education <Learn & Teach

Privilege 13 :

Rewarded work !

Every person has a **1 GOD** given right to be useful and have rewarded work. Unemployment is not acceptable. A burden to the community. A useless life.

Rewarded work is divided into wage earner and volunteer. Wage earner looks after the needs for the physical side of life, receiving monetary reward. Volunteering is good for the Soul. **1 GOD** loves volunteers! **1 GOD** is watching!

For economic management, wages and conditions (**wmw**) are set by Provincial Government. '**wmw**' are set annually. **wmw** may stay the same, or go up, or go down as economic conditions require.

To set wages and conditions they are standardized. For best economic management everyone's a wage earner. Private, State ownership are abolished and replaced by **CROn** . Unions are deregistered. Govern-ment sets wages and conditions. There are 7 pay grades.

Pay is based on a 'weekly minimum wage ' (**wmw**) and a multiplier.

Payscale starts wmw x1 (minimum) to wmw x7 (maximum) :

wmw x 1	unskilled, apprentice	wmw x 5	Leader Manager
wmw x 2	skilled, Trady	wmw x 6	Administrator
wmw x 3	Master-Trady	wmw x 7	
wmw x 4	Supervisor		(maximum)

wmw 6 days, 7 * hours a day, 42 hour workweek, no work on day 7

(Fun-Day) . Daily work-hour span (Time-Triangle) : 1 hour after Sunrise to 1 hour before Sunset. Outside this time only emergency services work (Night-Curfew) . Weekly no more then 18 hours (3 hours a day) of part-time work. No casual work.

* C.G. Klock, New-Age time-management is used

Conditions for all 7 pay grades:

Expecting SHE' s receive 7 weeks paternity leave,

wmw 1 then **SmeC** rules apply ~

HE' s receive 1 week maternity leave, **wmw 1** ~



Sick-pay for all pay-grades, **wmw 1** ~

There is 3 day grievance leave, **wmw 1** ~



There are 2, 1 week (14 days)

annual-leave pay-grade, **wmw 1**

~ There is no annual-leave loading, nor long-service leave ~

Work gear, Food, Drink, hygiene are provided.

Work conditions: A workplace is to be healthy, safe, with protective gear and footwear worn as needed. Push- ing people to do more work in less time is unsafe, unheal- thy and decreases quality. There are breaks every 3 hours. Total hours worked (includes overtime, 10% loading) a day must not exceed 10 hours .



Career path! Apprenticeship, when there is an opening, promoted by work experience, seniority. Further study after qualifying (**HE, SHE**) . When there is an opening, promoted by work experience, seniority. Further study after qualifying. When there is an opening, promoted by work experience, seniority. ...

Tax for income up to wmw7 : 0% ~ Tax for income above wmw7 : 100% ~ Tax for fringe benefits : 100% !

Workers who cannot find full or part-time work.

Are usefully employed (Good-doers') by the ' Shire ' on **wmw x1** . Having Good-doers eliminates unemployed !



1 GOD is waiting to hear from you !

Workers Prayer

Celebrate Workers Day 5.1.7 .

Dear 1 GOD , Creator of the most beautiful Universe Your most humble faithful custodian-guardian (1st name)

Asks for help so I may be a useful worker May my efforts be appreciated & rewarded fairly I endeavour to do my best at all times I will make my community proud of me For the Glory of 1 GOD & the Good of Humankind



This prayer is used on Workers Day



Privilege 14 :

Receive respect !

Custodian Guardian give 'Respect' they in return want to be respected Receiving respect is part of a harmonies family, workplace, communi- ty. Receiving respect is a privilege. C.G. show respect to other C.G., to Elders and members of the 1 Church (UCG1) . They also show respect to other deserving people.

Receiving Respect is showing admiration for virtue or achievement . It may take time and effort to become aware of good qualities. When aware and where appropriate, honor those qualities with Respect.

Parents receive respect from their children. In return parents respect their children's growing pains. Elderly receiving respect from younger show respect via knowledge-continuity. People show respect to elect- ed leaders. Workers show respect to CROn committee members.

Respect is not a Freebie. Respect is earned! People who have not earned respect. Do not receive respect. They need to improve.

Are you receiving respect, 'Yes, Good'! Not receiving respect, 'Why Not'! Self evaluate, ask others. You may need to change. Others may need reprimanding.

Respect ! A worthwhile Goal !

Privilege 15 :

Receive justice !

Receiving Justice is a **1 GOD** given human right! The greatest threats to Justice are Hereditary-Tyrants, Political-Tyrants and Wealth apartheid. Denying this **1 GOD** given privilege is insulting **1 GOD** and a commu- nity crime **MS R6-7**



A threat to Justice is In-justice, Elitism, Corruption,.. (Chain of Evil) . Injustices are the result of estate and arrogant, selfish and power addicted Hereditary and Political Tyrants. Hereditary-Tyrant's abdicate or are caged, **MS R7** . Political-Tyrant's are caged, **MS R7** . Wealth-Apartheid, estate, ends. Corrupt, Parasitic, Predatory, Profiteer's are asset stripped, caged, **MS R6** . Replaced by **CRON** and **wmw**.

Custodian-Guardian support a just, democratic society. That is based on, or behaving to what is morally right, fair and written in the, **Law-Giver Manifest** .



To receive justice. There are enforced Laws. Upheld by a non-combatting Judiciary (Sheriff Lawyer Pool, Marshall Barrister Pool) . Who collaborate to find, 'Truth'. Proclaim, 'Guilty' or 'not Guilty'. Hand out, accumulated 'Mandatory Sentence', Rehabilitation'

and compensation as warranted. **Note!** There are no juries. There is no civil litigation.

1 GOD's Justice



Judgment-Day > Purity-Scales
 (Scroll 7) Relive Prayers

JUST I CE a HUMAN-R I GHT



Privilege 16 :

End with dignity !

Custodian Guardian believe **1 GOD** has the right to decide who lives or dies. People have a **1 GOD** given right to end their life with as much dignity as events allow. That entails ending an unlivable life by putting the life and death decision in **1 GOD's** hands.

A Person on life-support have it turned of (by medical staff) after 3 day's (mandatory) . **1 GOD** then decides if that person lives or dies. Leaving a person longer on life-support is torture, a crime, **MS R7** .



A Person is told they have a life threatening illness. 1st their body is butchered (surgery) . Still alive the person is burned (screaming in agony) with radiation. Still alive the person is now poisoned (Pharm- aceuticals) . Still alive you may be cured for now. Or you are not cured, after the torture you are left to die a slow and agonizing death. It is cruel inhuman. Not an end with dignity.

Custodian-Guardian support preventive health consisting of diet, exercise and immunization. Surgery is a last resort medical procedure. Radiation treatment is torture not to be administered. Pharmaceuticals' are to be avoided, they are an unhealthy ripp-off. They all have side effects and are a great health risk to be avoided.

A Person unable to make a sandwich and eat it now or in the foreseeable future. May want to invoke the **1 GOD** decision making process (live or die) . Every person has the right to deny: treatment, food and drink (no liqued intake your dead in 2 day's) . Denying a person this right is torture, a crime, **MS R7** .

1 GOD's design is that everything in the Physical Universe has a beginning and end, including the human-body. Human compassion demands putting an end to suffering. Not 'artificially prolong' life. Artificially prolonging life is interfering with **1 GOD** 's design (the Soul's mission) .

To avoid being buried alive, cremation is a must. Cremation also frees the Soul. **Note!**
Graveyards are a health-risk, a waste of land.



Self inflicted killing (euthanasia, suicide) is a sign of a weak mind, a weak spirit. It is a Life-experience for the Soul. Other humans should not interfere unless there is a danger to others. **1 GOD will handle this on Judgment-Day. Helping a person to a self-inflicted killing is acceptable as long as the relevant court accepts that there is a death-wish. Severe suffering is torture. End it!! Note! Humans end it (compassion) for suffering animals. However they lack the same compassion for their own kind.**

Ending life with dignity is a human right.

1 GOD is waiting to hear from you !

Soul Prayer

Dear **1 GOD** , Creator of the most beautiful Universe Please Welcome a member of our community A humble custodian guardian who struggled to be good A much loved person who fulfilled their mission Fire frees this Soul for Judgment-Day A unique Soul missed For the Glory of **1 GOD** and the Good of Humankind



This prayer is used after a person died or any time. Is used at a End-Portal Ceromony of a Crematorium.



Privilege 17 :

Have freely elected government !

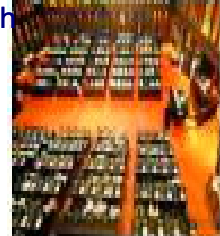
Humans are social creatures. They like to belong.
Freely elected committees fulfill this need. Leadership by 1 is Tyranny. Leadership by committee is fair.



Hereditary and Political-Tyranny are replaced with multi choice freely elected (**1 st past the post**) governance. Governance represents HE, SHE with equal representation. Elected officials use the '**Law-Giver Manifest**' as guide.

People are supporting freely elected Government by voting in elections. Not voting may result in radicals taking over Government and establishing a Tyranny (hereditary or political). Tyrants are removed caged, **MS R7**. 'Universe Custodian Guardians' support only 2 types of government, 'Province' (provincial) and 'Shire' (local).

After establishing a Province it is divided into 35 political districts. Each district elect 1 HE, 1 SHE to Parliament for a term of 4 years (Quattro years). The candidate (HE, SHE) with the most votes is elected. The 70 elected are known as Rulers. Custodian Guardian support independent's not parties.



The **7 Provinces** are governed by Central Committee (Parliament). This Parliament is made up of 70 Rulers. 36 Rulers form a Government. The Government Rulers are known as **Legislators** and non-Government Rulers are called **Checkers**. Checkers supply a Ruler-Umpire who Chairs' Parliament.

Rulers elect by secret vote a committee of 7 Legislators and 1 Ruler-Umpire. The Rulers 1st elect 1 HE, 1 SHE. Between them the 1 with the higher vote becomes 'Chief'Legislator. The other 'Checker Ruler-Umpire' (E.g. SHE is Chief, HE is Ruler-Umpire). Same amount of votes the more senior becomes Chief.

Next the Rulers elect 3 HE, 3 SHE Legislators. Same amount of votes the more senior become Legislators. The Chief disburses the 5 Commander's (Environment, Exterior, Interior, Knowledge, Shires) and 1 Auditor portfolios. The Province is now governed.

Note! Parliament's Ruler-Umpire is also auditing the Auditor. Parliament Accountability is paramount !

The Province creates a 'Shire'. The Province offers 3 'Advisers' to the 'Shire'. The 'Shire' council is made up of 3 'Advisers' and 2 'Kalifs' (1 HE, 1 SHE) 'Kalifs' are elected every 4 years on the 1st Day of Passover-Month, Quattro-Year * by the 1st past the post system.

* New-Age time-management, C-G Kalender



Custodian Guardian vote in all elections that they are eligible for.

HOW to VOTE

The candidate to vote for:

A HE or SHE no younger than 28 or older than 70. Is or has been a parent.

Is an employee or volunteer or retired. Is mentally and physically fit. Has no University education.

Has not completed any caged Rehabilitation. Has no sexual disability (same gender, confused gender, child molesting) . Uses the 'Law-Giver Manifest' as their guide. Is a Custodian Guardian

NOTE !

Custodian Guardian Supporters and Klan Elders may nominate, support, endorse and SHUN candidates in elections. Custodian Guardian Members (Zenturion, Praytorian, Proclaimer) cannot support, nominate or endorse candidates outside the 1Church administration.



Voting is a civil-duty.

Freely elected Government is a human-right.

After receiving earned 'Privileges'. It is time to learn about 'Failings'.

AS it is WRITTEN It Shall BE

For the Glory of 1 GOD and the Good of Humankind!

End