
Integrated Energy Therapy®

Integrated Energy Therapy®, developed at the Center of Being, by Stevan J. Thayer, is the next level to heal with the energy of angels. IET® uses a divine angelic energy ray to work directly with your 12-Strand Spiritual DNA. IET® supports you in safely and gently releasing limiting energy patterns of your past, empowering and balancing your life in the present, and helps you to reach for the stars as you evolve into your future.

Benefits of IET®

Painlessly identifies and releases your deeply suppressed feelings and your core cellular memories.

Clears energy blocks that limit your health, life purpose, prosperity and creativity.

Empowers you to experience fulfilling loving relationships in all areas of your life.

Helps you to discover and live your Soul's mission in life.

Provides gentle yet powerful support for survivors of childhood traumas such as physical and sexual abuse, alcoholic and dysfunctional families.

Supports your self-healing at all levels, physical, emotional, mental and spiritual.

Increases your connection to your angels and helps you work with them in your life.



IET® Sessions

We start the session by discussing which areas of healing you wish to focus on. During the IET® session, you lie fully clothed and relaxed on a massage table while soft soothing music is played in the background. Next, IET® energy is systematically directed into specific areas of your body's cellular memory by means of gentle therapeutic touch, and powerful IET® techniques are used to gently get your issues out of your tissues for good.

Your first IET® sessions will likely be focused on using the Basic and Intermediate IET® ray to clear the limitations and pain from your past. As the pain from your past clears, we will use the Advanced IET® ray to help you manifest your life's vision and bring your dreams alive.

At the end of an IET® session, it is typical to feel relaxed, recharged and refreshed.

A Complementary Holistic Therapy

Integrated Energy Therapy® is complementary to other healing arts and can be used alone or in combination with other holistic or traditional approaches to accelerate your self-healing journey. However, IET® is not a replacement for traditional medical approaches.

Please note that while IET® can be very effective, no medical claims are made as to the effect or outcome of this treatment approach. Each person is encouraged to be responsible in the use and choice of professional healing assistance as needed.

Preparing for an IET® Session

Dress comfortably as you will be lying on a massage table (fully clothed) for a period of 50 minutes to an hour. We recommend you drink plenty of pure water prior and after each session.

IET® Training Classes

Integrated Energy Therapy® is fun and easy to learn. It is a powerful self-healing technique and can be used to facilitate the treatment of clients. IET® can be used as a stand-alone therapy technique or incorporated as a powerful addition to other techniques such as Reiki and Therapeutic Massage. Classes are available for the Basic, Intermediate and Advanced levels of IET®.

For more info about our current class schedule visit our website www.GentleDoveReiki.com



Linda L. Groman
IET® Master/Instructor
 Owner of *Gentle Dove Reiki*

In past, Linda had experienced many formable challenges which caused her to examine her beliefs surrounding who we are at our core and what we are capable of being and creating in our lives.

She enrolled in her first Reiki class in 2001 without a true understanding of how this would impact and change her life forever. As she began to experience Reiki's healing, she knew it was changing her from the inside out. This created a passion and purpose which has driven her to dedicate her life and energy to assisting others toward their personal journey of spiritual growth and self healing.

After obtaining her Reiki II Certification, Linda experienced an angelic healing which prompted her to look into learning how to work with this energy to help others. A teacher appeared who was offering classes in Integrated Energy Therapy®... the rest, as they say, is history!

Linda became an IET® Master/Instructor in May 2006. She also attained her Usui Reiki Master/Teacher Certification in April 2005 (Karuna Master/Teacher Certification in July 2008) followed by Holy Fire Karuna Master/Teacher Certification in August 2015.

For more information and details about Linda's training in the field of Energy Medicine, please go to the website and visit the "About" page.

REVISED Jan 2017

Are you a Licensed Massage Therapist?

Did you know that you can earn
8.0 NCTMB CEU's
 for *each* of the three practitioner
 levels of IET?

Gentle Dove Reiki is authorized by
 The Center of Being Inc
 (Founding organization for IET®)
 who is a
 NCBTMB approved provider



Call 267-416-6005

or visit

WWW.GENTLEDOVEREIKI.COM

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Healing with the Energy of
 Angels®
 through

Integrated Energy Therapy®



Gentle Dove Reiki

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