



A.M.* Snack Menu – 2020-2021

* Provided daily in Preschool only.

AM snacks provided to all rooms on PA days, School Breaks and Summer Camp

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1	Raisin Bran 2% Milk Fresh Fruit	M.G. Cheerios 2% Milk Fresh Fruit	Shreddies 2% Milk Fresh Fruit	Raisin Bran 2% Milk Fresh Fruit	M.G. Cheerios 2% Milk Fresh Fruit
Week 2	Shreddies 2% Milk Fresh Fruit	Raisin Bran 2% Milk Fresh Fruit	Multigrain Cheerios 2% Milk Fresh Fruit	Shreddies 2% Milk Fresh Fruit	Raisin Bran 2% Milk Fresh Fruit
Week 3	M.G. Cheerios 2% Milk Fresh Fruit	Shreddies 2% Milk Fresh Fruit	Raisin Bran 2% Milk Fresh Fruit	M. G. Cheerios 2% Milk Fresh Fruit	Shreddies 2% Milk Fresh Fruit
Week 4	Raisin Bran 2% Milk Fresh Fruit	M.G. Cheerios 2% Milk Fresh Fruit	Shreddies 2% Milk Fresh Fruit	Raisin Bran 2% Milk Fresh Fruit	M.G. Cheerios 2% Milk Fresh Fruit

P.M. Snack Menu

Week 1	Blueberry Loaf Fresh Fruit	Yogurt Bran Cookies Fresh Fruit	Multigrain Cereal Raisins 2% Milk	Sliced Cheddar Whole Wheat Multigrain Crackers Fresh Fruit	*Tuna Salad Whole Wheat Bagel Fresh Fruit * Rm 207A - Cream Cheese
Week 2	Apple Sauce Rice Cakes	Morning Glory Muffins Fresh Fruit	No Nut Butter Banana Roll Up	Corn Chips Cheese Salsa	Yogurt Granola Bars Fresh Fruit
Week 3	Banana Cake Fresh Fruit	No Nut Butter Whole Wheat English Muffins Fresh Fruit	* Egg Salad Whole Wheat Mini Pita Fresh Fruit 2% Milk * Rm 207A - Cream Cheese	Spinach Onion Dip Whole Wheat Multigrain Crackers Fresh Fruit	Whole Wheat Goldfish Raisins
Week 4	Nachos Cheese Salsa	Raspberry Squares Fresh Fruit	Ricotta Cream Cheese Whole Wheat Bagel Fresh Fruits	Bran Muffin Fresh Fruits	Chickpea Dip Whole Wheat Multigrain Crackers Fresh Fruit

Water available at all times