

Curriculum Vitae
Justin J Grasmeyer, DC, DACBSP
1945 Palo Verde Ave
Suite 100
Long Beach, CA 90706
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EDUCATION

UNDERGRADUATE

Calvin College 2002-2006
Grand Rapids, Michigan
Bachelors of Science, Biology

GRADUATE

Southern California University of Health Sciences 2006-2009
Whittier, California
Doctor of Chiropractic

POSTGRADUATE

Certified Chiropractic Sports Practitioner 2010
American Chiropractic Board of Sports Physicians
Certificate Number 4786

Diplomate, American Chiropractic Board of Sports Physicians 2011
American Chiropractic Board of Sports Physicians
Certificate Number 246

CERTIFICATIONS

Graston Technique Module 1: Basic Training 2009
The Graston Technique

PROFESSIONAL PRACTICE

Justin J. Grasmeyer, DC January 2013-Present
Private Practice
Long Beach, California

CLINICAL EXPERIENCE

Justin J. Grasmeyer, DC January 2013-Present
Private Practice
Long Beach, California

The Soft Tissue Center at D.I.S.C. Sports and Spine Center Jan. 2010- Sept. 2015
Horrigan Sports Chiropractic and Soft Tissue Center
Staff Chiropractor
Marina Del Rey, California

University Health Center 2011- 2012
Southern California University of Health Sciences
Supervising Clinician
Whittier, California

CLINICAL EXPERIENCE continued**GRASMEYER, JUSTIN J**

Southern California University of Health Sciences Chiropractic Intern, University Health Center Whittier, California	2008-2009
The Soft Tissue Center at D.I.S.C. Sports and Spine Center Chiropractic Intern Marina Del Rey, California	2009
Hayes Sports Chiropractic Chiropractic Intern Lakewood, California	2009

FIELD EXPERIENCE

Vans U.S. Open of Surfing Staff Chiropractor Huntington Beach, California	July 23-30, 2016
Hurley Pro of Surfing Staff Chiropractor San Onofre State Beach, California	Sept. 9-20, 2015
Vans U.S. Open of Surfing Staff Chiropractor Huntington Beach, California	July 25-Aug. 2, 2015
Oakley Lowers Pro of Surfing Staff Chiropractor Lower Trestles, San Onofre State Beach, California	April 28-May 3, 2015
Hurley Pro of Surfing Staff Chiropractor San Onofre State Beach, California	Sept. 9-20, 2014
FINA/MASTBANK Swimming World Cup 2014 Personal Athlete Chiropractor Doha, Qatar; Dubai, United Arab Emirates	Aug. 27-Sept. 1, 2014
2014 Phillips 66 USA Swimming National Championships Staff Chiropractor for the Trojan Swim Club Irvine, California	August 6-10, 2014
Vans U.S. Open of Surfing Staff Chiropractor Huntington Beach, California	July 26-Aug. 3, 2014
Hurley Pro of Surfing Staff Chiropractor San Onofre State Beach, California	Sept. 15-21, 2013
Red Bull High Performance Exchange Project Staff Chiropractor Red Bull North American Headquarters Santa Monica, California	August 19-23, 2013

FIELD EXPERIENCE continued**GRASMEYER, JUSTIN J**

Vans U.S. Open of Surfing Staff Chiropractor Huntington Beach, California	July 20-July 28, 2013
Ontario Reign East Coast Professional Hockey League Staff Chiropractor Ontario, California	2012-2013 Season
U.S. Olympic Training Center Volunteer Rotation Volunteer Sports Chiropractor Colorado Springs, Colorado	Oct. 29-Nov. 4, 2012
Hurley Pro of Surfing Staff Chiropractor San Onofre State Beach, California	Sept. 16-22, 2012
U.S. Olympic Training Center Volunteer Rotation Volunteer Sports Chiropractor Colorado Springs, Colorado	August 20-26, 2012
Nike U.S. Open of Surfing Staff Chiropractor Huntington Beach, California	July 18-Aug. 5, 2012
Ontario Reign East Coast Professional Hockey League Staff Chiropractor Ontario, California	2011-2012 Season
Hurley Pro of Surfing Staff Chiropractor San Onofre State Beach, California	Sept. 18-24, 2011
Nike U.S. Open of Surfing Staff Chiropractor Huntington Beach, California	July 30-Aug. 8, 2011
Ontario Reign East Coast Professional Hockey League Staff Chiropractor Ontario, California	2010-2011 Season
Huntington Beach Surf City Marathon Staff Chiropractor Huntington Beach, California	Feb. 6, 2011
2010 OptimusSport Distance Swim Challenge Staff Chiropractor Santa Monica, California	Oct. 16, 2010
2010 Wildflower Triathlon Staff Chiropractor, Chiropractic Intern Coordinator Lake San Antonio, California	April 28-May 1, 2010

FIELD EXPERIENCE continued**GRASMEYER, JUSTIN J**

St. Paul High School Athletics Chiropractic Intern, Sports Medicine Staff Santa Fe Springs, California	2009
Valley Christian High School Football Chiropractic Intern, Sports Medicine Staff Cerritos, California	2009
Tournament of Champions- High School Football 7-on-7 Chiropractic Intern, Sports Medicine Staff Santa Fe Springs, California	July 11, 2009
AVP Beach Volleyball Riverside Open Chiropractic Intern, Sports Medicine Staff Riverside, California	April 17-18, 2009
L.A. Derby Dolls 2008 Championship Chiropractic Intern, Sports Medicine Staff Los Angeles, California	Nov. 8, 2008
L.A. Derby Dolls Baby Doll Brawl Chiropractic Intern, Sports Medicine Staff Los Angeles, California	Oct. 25, 2008
2008 Mt. SAC Relays Chiropractic Intern, Sports Medicine Staff Walnut, California	April 18-20, 2008

PROFESSIONAL ASSOCIATIONS

Member of USOC Chiropractic Volunteer Program Chiropractic Doctor	2013-2014
Member of American Chiropractic Board of Sports Physicians Diplomate Certificant	2011-Present

POSITIONS

Contributing Reviewer Journal of Chiropractic Medicine	2014-Present
Coordinator of Abstract Presentations 2017 ACBSP Chiropractic Sports Sciences Symposium Colorado Springs, Colorado	April 2017
Coordinator of Abstract Presentations 2016 ACBSP Chiropractic Sports Sciences Symposium Orlando, Florida	April 2016
Coordinator of Abstract Presentations 2015 ACBSP Chiropractic Sports Sciences Symposium Anaheim, California	April 2015

POSITIONS continued

GRASMEYER, JUSTIN J

Coordinator of Abstract Presentations 2014 ACBSP Chiropractic Sports Sciences Symposium Orlando, Florida	April 2014
Coordinator of Abstract Presentations 2013 ACBSP Chiropractic Sports Sciences Symposium Colorado Springs, Colorado	April 2013
Coordinator of Abstract Presentations 2012 ACBSP Chiropractic Sports Sciences Symposium Portland, Oregon	April 2012
Coordinator of Abstract Presentations 2011 ACBSP Chiropractic Sports Sciences Symposium Boston, Massachusetts	April 2011

FACULTY POSITIONS

Southern California University of Health Sciences Lead Instructor, Clinical Reasoning II (Treatment techniques for regional pathologies) Whittier, California	Jan 2011- Dec 2013
Southern California University of Health Sciences Supervising Clinician, University Health Center Whittier, California	Jan 2011- Dec 2013
Southern California University of Health Sciences Instructor, Principles and Practice Department Instructor, Diagnosis Department Whittier, California	Jan 2010- Dec 2013

OTHER TEACHING EXPERIENCE

Southern California University of Health Sciences Teaching Preceptor, Diagnosis Department Whittier, California	2009
Southern California University of Health Sciences Student Mentor, Diagnosis Department Whittier, California	2008-2009
Southern California University of Health Sciences Anatomy Mentor, Basic Sciences Department Whittier, California	2007
Assistant Throws Coach, Discus Whittier College Whittier, California Coached Whittier College Women's Discus thrower Shuree Gangloff to 2007 NCAA National Outdoor Championships and All-American award.	2007-2008

OTHER TEACHING EXPERIENCE continued

GRASMEYER, JUSTIN J

Private Track and Field Coach, Shot put, Discus
Marina del Rey, California
Coached Bates College Track and Field athlete Ethan Waldman to
2011 NCAA National Indoor Championships and All-American award.

2011

GUEST LECTURES

Sports Medicine Residency Program
Southern California University of Health Sciences
Whittier, California
How to Start a Small Sports Medicine Practice June 20, 2016

Advanced Sports Injury Program
American Chiropractic Board of Sports Physicians
Fairfax, Virginia
Soft Tissue Regional Pathology, Examination and Treatment October 11-12, 2014

Southern California University of Health Sciences
Whittier, California
The Effects of Soft Tissue Mobilization on Tissue Healing May 2011
March 2011
September 2010

Southern California University of Health Sciences
Whittier, California
Rehabilitation of Common Shoulder Injuries February 2011
October 2010

Southern California University of Health Sciences
Whittier, California
What to Expect in During the University Internship System December 2010
December 2009
August 2009

Southern California University of Health Sciences
Whittier, California
Brachiolexopathy Secondary to Glenohumeral Instability: A Case Study December 2009

RESEARCH AND ABSTRACT PRESENTATIONS

“A retrospective analysis of the incidence of injuries treated at a professional surfing competition and the utilization of a multidisciplinary sports medicine team.”

Justin J Grasmeyer, DC, DACBSP; *Private Practice, Long Beach, CA*. Tim Brown, DC;
Newport Beach, CA. Terry Romine, DC; *Private Practice, Costa Mesa, CA*.

[ROBERT C. REED AWARD for Best Abstract]

[LEONARD SCHROEDER AWARD for Best Original Research]

ACBSP Chiropractic Sports Sciences Symposium
Orlando, FL, April 2016
Podium Presentation

“Pseudoarthrosis revealed with conservative treatment and rehabilitation: A case study.”

Justin J Grasmeyer, DC, DACBSP; David Velasquez, DC, CCSP; *Soft Tissue Center at DISC
Sports and Spine, Marina Del Rey and Newport Beach, CA*.

ACBSP Chiropractic Sports Sciences Symposium
Orlando, FL, April 2014
Poster Presentation

“A post-operative foot patient with complex regional pain syndrome: A case study.”

David Velasquez DC, CCSP; **Justin Grasmeyer DC, DACBSP**; Jeremy Summers DC, ATC, CCSP; *Soft Tissue Center at DISC Sport and Spine, Marina Del Rey and Newport Beach, CA.*

ACBSP Chiropractic Sports Sciences Symposium

Orlando, FL, April 2014

Poster Presentation

“The incidence of back pain in women during menopause: A literature review.”

Justin Grasmeyer, DC, DACBSP^{ab}; Jeremy Summers, DC, CCSP, MAOM, ATC^{ab}; Joseph Horrigan, DC, DACBSP^{ab}; *^aThe Soft Tissue Center at DISC, Marina del Rey, CA; ^bSouthern California University of Health Sciences, Whittier, CA.*

ACBSP Chiropractic Sports Sciences Symposium

Colorado Springs, CO, April 2013

Podium Presentation

“Musculoskeletal: Asymptomatic pubic ramus stress response in a NCAA Division I Track Athlete”. Joseph M Horrigan, DC, DACBSP, Steven J Tunnell, DC, DACBSP, David Velasquez, DC, CCSP, **Justin J Grasmeyer, DC, DACBSP**, Jennifer M Watters, DC, LAc. *Soft Tissue Center at DISC, Marina del Rey, CA.*

ACBSP Chiropractic Sports Sciences Symposium,

Portland, OR, April 2012

Poster Presentation

“A two year retrospective analysis of the occurrence rate of complex regional pain syndrome in a chiropractic sports medicine practice.”

Joseph M Horrigan, DC, DACBSP^{ab}; **Justin J Grasmeyer, DC, CCSP^{ab}**; Edward M. Carden, MD^c; *^aSoft Tissue Center at D.I.S.C, Marina del Rey, CA, ^bSouthern California University of Health Sciences, Whittier, CA, ^cDiagnostic and Interventional Spinal Care, Marina del Rey, CA.*

[ROBERT C. REED AWARD for Best Abstract]

ACBSP Chiropractic Sports Sciences Symposium,

Boston, MA, April 2011

Podium Presentation

“Recurrent tibia bone stress response in a 20-year-old elite speed skater as a result of overtraining: A case study.”

Justin J Grasmeyer, DC, CCSP^{ab}; Joseph M Horrigan, DC, DACBSP^{ab}; David Velasquez, DC, CCSP, CSCS^a; Steven J Tunnell, DC, DACBSP, CSCS^a; *^aSoft Tissue Center at D.I.S.C, Marina del Rey, CA, ^bSouthern California University of Health Sciences, Whittier, CA.*

ACBSP Chiropractic Sports Sciences Symposium,

Boston, MA, April 2011

Poster Presentation

HONORS AND AWARDS

ROBERT C. REED AWARD for Best Abstract

LEONARD SCHROEDER AWARD for Best Original Research

2016 ACBSP Chiropractic Sports Sciences Symposium

“A retrospective analysis of the incidence of injuries treated at a professional surfing competition and the utilization of a multidisciplinary sports medicine team.” **April 2016.**

ROBERT C. REED AWARD for Best Abstract

2011 ACBSP Chiropractic Sports Sciences Symposium

“A two year retrospective analysis of the occurrence rate of complex regional pain syndrome in a chiropractic sports medicine practice”. **April 2011.**

HONORS AND AWARDS continued

GRASMEYER, JUSTIN J

- Calvinist Cadet Corps Blue Star Award, Southern California Counsel, 2016
- Salutatorian Award, Southern California University of Health Sciences, 2009
- Summa Cum Laude, Southern California University of Health Sciences, 2009
- Dean's List, Southern California University of Health Sciences, 2006-2009
- Merit Scholarship Recipient, Southern California of Health Sciences, 2006-2009
- Cum Laude, Calvin College, 2006
- Dean's List, Calvin College, 2002-2006
- Presidential Scholarship Recipient, Calvin College, 2002-2006
- NCAA Academic All-American, 2004, 2005
- NCAA All-American Outdoor Track and Field, Discus, 2004, 2005