



**AUSTIN SINGER**  
**NVHS BOOSTER CLUB FEATURED ATHLETE OF THE WEEK**  
**WRESTLING PROGRAM**

*The NVHS Athletic Booster Club is proud to present the featured athlete of this week, wrestler AUSTIN SINGER. In coach Ruettiger's words, Austin is an outstanding young man who owes his accomplishments to his dedication to getting better as an athlete, a student and more importantly as a person. His leadership in the wrestling program has been felt and appreciated by his teammates.*

**Booster Club Reporter:** *You started wrestling at Neuqua as a freshman right out of the bat in the varsity team. How did it go for you?*

**Austin:** It was a major learning experience going up against seniors who were 3-4 years older than me. Many were stronger and more experienced. My coaches taught me to control what I could on the mat and always trust myself. Most of my matches that year were tough battles, but they only made me want to compete that much harder.

**Booster Club Reporter:** *So do you credit your coaches for your great first year experience?*

**Austin:** My wrestling coaches, especially Coach Ruettiger have been like an extended part of my family over the last four years. They have taught me the skills necessary to compete hard on the mat, but more importantly they have helped shape me into the person I am today. They taught me that hard work and discipline are keys to being successful in life.

**Booster Club Reporter:** *What else do you say one can learn from wrestling?*

**Austin:** Wrestling is a very tough sport both mentally and physically. It challenges you in a way no other sport can. The constant beating on your body can make you question if its worth it sometimes, but nothing beats the excitement when you step on the mat. Wrestling has taught me

that life brings you many challenges and if you prepare hard, commit to success and stay focused you can overcome anything.

**Booster Club Reporter:** *How do you deal with winning versus losing?*

**Austin:** I really don't create pressure about winning or losing. I am always focused on competition. In wrestling that means wrestling my match and trusting my abilities. If you get caught up on wins and losses you have a tendency to wrestle for others versus yourself.

**Booster Club Reporter:** *To build on your response, what would say defines you as a winner, regardless of the results?*

**Austin:** I take my sport very serious and give it everything I have everyday. I also take the time to help develop the younger guys in the room, and watching them be successful also makes me successful.

**Booster Club Reporter:** *Who is your role model?*

**Austin:** My role model is my grandfather. He came over from Italy not knowing a word of English. He worked night shifts in an auto plant for 40 years to make a living for his family. He has taught me that with hard work and dedication you can be very successful in this life, no matter what challenges are in front of you.

**Booster Club Reporter:** *Tell me three things most people don't know about you.*

**Austin:** I love country music; I have 4 younger sisters; I am religious and have 2 tattoos that reflect my spiritual side.