

# Painting with Purpose

Explore your creative side and the healing arts. **Local artist and Art for All People Director Sarah Hellmann**



will guide you through painting on canvas with simple step-by-step instructions. Classes made possible by a grant from



**Wednesdays, March 8, 15, 22, 29**

**10:15 AM – 12:15 PM**

**Thursday, March 9: “For Anxiety/Depression”**

**6:00 PM**

**Friday, March 10: “For Caregivers”**

**10:30 AM – 12:30 PM**

***register at Welcome Center or call 423.1734***



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