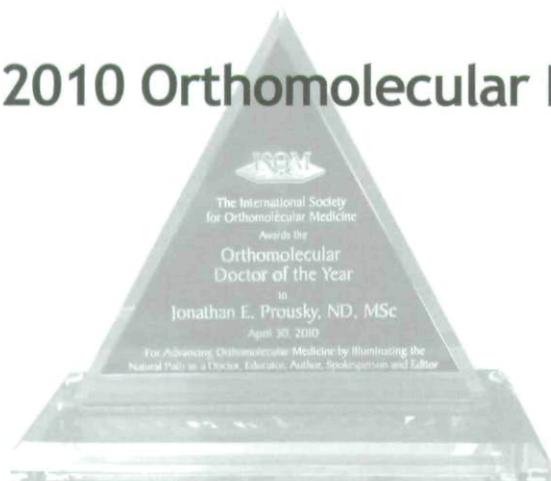


## 2010 Orthomolecular Doctor of the Year



Jonathan Prousky, ND, MSc, was presented with the 2010 Orthomolecular Doctor of the Year Award\* at a special luncheon at the 39th Orthomolecular Medicine Today Conference in Vancouver on Friday, April 30. The triangle crystal award was presented to Dr Prousky by the 2009 recipient, Aileen Burford-Mason, PhD, and Steven Carter, Director of the International Society for Orthomolecular Medicine. The inscription reads "For Advancing Orthomolecular Medicine by Illuminating the Natural Path as a Doctor, Educator, Author, Spokesperson and Editor". Dr Prousky presented two papers at the Orthomolecular Medicine Today Conference, "Vitamin B12 and Psychiatry" and "Chronic Fatigue Syndrome: A Disorder of Microcirculation". Dr Prousky was also recently named as the new Editor of the *Journal of Orthomolecular Medicine*, which was headed by Abram Hoffer, MD, PhD, until his death in May, 2009.

\*Inaugurated in 1998, the Orthomolecular Doctor of the Year is awarded to an outstanding contributor in the field of Orthomolecular Medicine; past recipients include Dr. Abram Hoffer, Dr. Hugh Riordan, Dr. Masatoshi Kaneko and Dr. Harold Foster. This is the first time the award has been given to a Naturopathic Doctor.

### Dutch Snowboarder Wins Olympic Gold with Orthomolecular Support

Snowboarder Nicolien Sauerbreij won the Olympic Gold Medal in the parallel giant slalom at the Vancouver Olympics in February. Sauerbreij's achievement is doubly significant: for the first time in history, the Netherlands has won a medal in an alpine event during the Winter Olympics and Sauerbreij's victory marks the 100th gold medal won by the Netherlands in Olympic history. During the most important race of her life, in which she competed with the Russian Ekaterina



Ilyukhina, Sauerbreij proved to have nerves of steel and tremendous powers of concentration, aided by top quality nutritional supplements from her sponsor, Platina.

At her third Winter Olympic Games, Nicolien Sauerbreij definitively settled the score for her earlier disappointing experiences. For years, she has been working intensively to crown her elite sport career. On a misty, rainy afternoon in Vancouver—typically Dutch weather conditions—Sauerbreij performed beyond her wildest expectations.

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