October 2018

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| --- | --- | --- | --- | --- | --- | --- |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  | 1 | 2 | 3 | 4 | 5 | 6 |
|  |  | B: pancakes  L: PB&J  S: pretzels & apples | B: cereal & fruit  L: Chicken Strips & Fries  S: cheese & crackers | B: bagel & cheese  L: Fried Rice  S: apples & PB | B: cereal & fruit  L: Spaghetti  S: yogurt & fruit |  |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
|  |  | B: Muffins & fruit  L: kids burrito  S: apples & grahams | B: cereal & fruit  L: PB&J  S: yogurt & fruit | B: waffles  L: mac & cheese  S: trail mix & fruit | B: eggs & toast  L: Grilled cheese  S: PB & crackers |  |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
|  |  | B: cereal & fruit  L: Quesadillas  S: Banana Bread & Fruit | B: cereal & fruit  L: Spaghetti  S: cheese & crackers | B: waffles  L: Corn Dogs & Fries  S: Yogurt & Grahams | B: bagel & cheese  L: Ham Sandwiches  S: fruit salad |  |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
|  |  | B: pancakes  L: PB&J  S: apples & grahams | B: cereal & fruit  L: Chicken Strips & Fries  S: cheese & crackers | B: eggs & toast  L: mac & cheese  S: pretzels & oranges | B: oatmeal & fruit  L: pizza  S: muffins & applesauce |  |
| 28 | 29 | 30 | 31 |  |  |  |
|  |  | B: cereal & fruit  L: kids burrito  S: trail mix & fruit | B: pancakes  L: fried rice  S: Halloween Treats |  |  |  |
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\*\* All meals are served with fresh fruit/ veggies, milk or juice. Water offered throughout the day\*\*