October 2018

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| --- | --- | --- | --- | --- | --- | --- |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  | 1 | 2 | 3 | 4 | 5 | 6 |
|  |  | B: pancakesL: PB&JS: pretzels & apples | B: cereal & fruitL: Chicken Strips & FriesS: cheese & crackers | B: bagel & cheeseL: Fried RiceS: apples & PB | B: cereal & fruitL: SpaghettiS: yogurt & fruit |  |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
|  |  | B: Muffins & fruitL: kids burritoS: apples & grahams | B: cereal & fruitL: PB&JS: yogurt & fruit | B: wafflesL: mac & cheeseS: trail mix & fruit | B: eggs & toastL: Grilled cheeseS: PB & crackers |  |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
|  |  | B: cereal & fruitL: QuesadillasS: Banana Bread & Fruit | B: cereal & fruitL: SpaghettiS: cheese & crackers | B: wafflesL: Corn Dogs & FriesS: Yogurt & Grahams | B: bagel & cheeseL: Ham SandwichesS: fruit salad |  |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
|  |  | B: pancakesL: PB&JS: apples & grahams | B: cereal & fruitL: Chicken Strips & FriesS: cheese & crackers | B: eggs & toastL: mac & cheeseS: pretzels & oranges | B: oatmeal & fruitL: pizzaS: muffins & applesauce |  |
| 28 | 29 | 30 | 31 |  |  |  |
|  |  | B: cereal & fruitL: kids burritoS: trail mix & fruit | B: pancakesL: fried riceS: Halloween Treats |  |  |  |
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\*\* All meals are served with fresh fruit/ veggies, milk or juice. Water offered throughout the day\*\*