



Contact: John Bouwman  
Tel: (780) 998-7219  
Email: johnnybfitt@shaw.ca

For Immediate Release  
February 20, 2017

JohnnyB FITT is regrettably shutting down its operations at 9419 94 avenue in Fort Saskatchewan, AB after 7 years of operating a Fitness and Squash Court Centre.

After retirement from the Canadian Military, JohnnyB FITT started out 10 years ago as a home based business out of John and Barb Bouwman's home. Personal training was offered and Bootcamps took over the parks and schools around the City of Fort Saskatchewan. The dream of having a freestanding facility was realized in December 2009 with the opening at the current location. Over the last 7 years, the clientele has grown to include Runners, Weight lifters, Obstacle course enthusiasts, Femsport competitors, Strongman competitors and loyal Group exercise participants.

#### TIMELINES FOR CLOSURE

*Official Closure Date:* Saturday March 25, 2017 at 5pm

*Auction of assets to follow:* further information will be posted to [www.johnnybfitt.ca](http://www.johnnybfitt.ca)

Current Class schedules END March 6 (for Monday classes)

Beginning March 7th (Tuesday), Instructors will be teaching their regular classes until Saturday March 25 based on current class offerings to date (3 weeks of classes). Updates will be posted daily on website and facebook page.

Classes will be offered on a drop in basis of \$12 (\$10 for active members)

Monthly memberships will be sold until February 28th with expiry of March 25th for \$45.

Personal Training if requested will be pay as you go (no packages to be sold)

Beginning March 1, a client can purchase either a monthly pass for \$45

or pay a daily drop-in rate of \$12. Flex passes will be honored until Closure date

*StormtheFORT Night Race on April 22, 2017 is still running, however the Obstacle Course race scheduled for June is NOT.*

For further inquiries, please contact John Bouwman directly at number listed above.