

Palliative Performance Scale (PPS)

%	Ambulation	Activity and Evidence of Disease	Self-Care	Intake	Level of Consciousness
100	Full	Normal activity, no evidence of disease	Full	Normal	Full
90	Full	Normal activity, no evidence of disease	Full	Normal	Full
80	Full	Normal activity with effort, some evidence of disease	Full	Normal or reduced	Full
70	Reduced	Unable to do normal work, some evidence of disease	Full	Normal or reduced	Full
60	Reduced	Unable to do hobby or some housework, significant disease	Occasional assist necessary	Normal or reduced	Full or confusion
50	Mainly sit/lie	Unable to do any work, extensive disease	Considerable assistance required	Normal or reduced	Full or confusion
40	Mainly in bed	Unable to do any work, extensive disease	Mainly assistance	Normal or reduced	Full, drowsy or confusion
30	Totally bed bound	Unable to do any work, extensive disease	Total care	Reduced	Full, drowsy or confusion
20	Totally bed bound	Unable to do any work, extensive disease	Total care	Minimal sips	Full, drowsy or confusion
10	Totally bed bound	Unable to do any work, extensive disease	Total care	Mouth care only	Drowsy or coma
0	Death				

Karnofsky Performance Score (KPS)

The Karnofsky score, used as an indicator for hospice appropriateness, measures patient performance in activities of daily living.

Score Function

- 100 Normal, no evidence of disease
- 90 Able to perform normal activity with only minor symptoms
- 80 Normal activity with effort, some symptoms
- 70 Able to care for self but unable to do normal activities
- 60 Requires occasional assistance, cares for most needs
- 50 Requires considerable assistance
- 40 Disabled, requires special assistance
- 30 Severely disabled
- 20 Very sick, requires active support treatment
- 10 Moribund