

Summer 2017



Goulds Recreation Association

P.O. Box 40

Goulds, NL

A1S1G3 Ph: 745-7575 Fax 745-2727

Goulds Rec Mission Statement

To provide affordable quality recreation services to all residents of Goulds in an attempt to enhance physical, mental, emotional and social well-being of all participants.

What's Inside?

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- ⚙ Summer Sports Programs
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Summer Registration for Goulds Recreation Programs

Registration taking place at the Rec Centre starting May 24th, 2017

TIMES: Wednesday, May 24th, 8am-8pm

Thursday, May 25th, 9am-8pm

Friday, May 26th, 9am-5:30pm

Saturday, May 27th, 10am-2:30pm

REGISTER

Thereafter, registration will continue during regular business hours (Monday-Friday, 9am-5:30pm), or until programs are full. **SPACE IS LIMITED IN ALL PROGRAMS!** There will be **NO** registration for any of our programs taken over the phone.

****Please see DAY CAMP registration note under Announcements section of this brochure****

Special Event Fridays

A Special Event will be planned for every Friday during the summer program season. Each Friday is \$21 per child (\$17 – second child in the same family). These events are open to all children in the community ages 6 and up. Special Events are included in the weekly cost of our Day Camp Program. Each event will be displayed on our outdoor sign, on our Facebook page and website. Participants can register the Monday, Tuesday and Wednesday of each week for that week's Special Event Friday. **However, please remember that space is limited for all our Special Events!** This is a full day of activities and usually a field trip. We have early drop-off at 8am and late pick-up at 5:30pm. Participants signed up for Special Event Fridays must have plenty of snacks, drinks and a lunch to get them through the day. We do not provide heating or refrigeration of food. They also must have proper clothing/footwear and sunscreen.

hello!

Message from the Recreation Coordinator

Well, it is almost that time of the year! Summer will be here before we know it! Let's hope the weather cooperates! We are looking forward to all our programs this summer! The majority of last year's counselors are returning and we will have a few new faces! All are excited about getting started!

Our programs are the perfect way to be physically active and enjoy our wonderful summer! We have programs for children ages 5 right up to youth ages 16! Get involved! You're sure to have a good time! There is no need to be bored this summer!

Feel free to contact us for more details on the programs we offer! And feel free to give us suggestions/ideas! We are always looking for ways to improve on our programs!

I look forward to seeing all the returning participants and families. I also cannot wait to meet our new ones!

Our aim is to ensure you all have a safe, enjoyable, friend making, rewarding summer! See you all soon!

~Nicole

Message from your Board Chairperson

We've had a great year at Goulds Recreation. Programming all year was a success and we can only see that carrying over into the summer season. Welcome back to all our returning staff and participants and welcome aboard to our new staff and new participants.

Goulds Rec works hard to provide quality programming for the residents of the Goulds and surrounding areas. Remember it is very important to add physical activities to your everyday routine, so drop in or call and see what we have to offer.

Michelle Downey

Chairperson

Goulds Recreation Association

Board of Directors

Chair: Michelle Downey

Vice-Chair: Dave Ryan

Treasurer: Susan Putt

Secretary: Gina Evoy

Community Members:

Donnie Earle

Chad Vaughan

Tina Dinn

Jacqueline Glynn

Jeannie Reddy

Cindy Vickers



Please see day camp registration notice under the Announcement Page of this brochure. Limited spaces for participants just finished kindergarten.*

Ages: 6-12 (children must be turning 6 in the 2017 year)
Starting: Monday, June 26th
Cost: \$105/wk (1 child)
\$190/wk (2 children/family)
\$285/wk (3 children/family)

Camper's Check List

- ☼ Label all personal items
- ☼ Always have a hat and sunscreen
- ☼ Be dressed according to the weather each day
- ☼ Bring running shoes

Just a Note

All participants in our Day Camp Program will be exposed to physical activities, crafts, guest speakers, field trips, etc. If your child is in one of our other programs, we will try our best to get your child to that program. Participants registered in 5 or more weeks of day camp will receive a \$10 discount when also registering for one or more of our sports programs.

Tentative Schedule

Wk 1: June 26-30: Catch the Spirit!
Wk 2: July 4-7: Let's Celebrate!
Wk 3: July 10-14: Time Traveler's
Wk 4: July 17-21: Ultimate Sports
Wk 5: July 24-28: All Things Disney
Wk 6: July 31-August 4: Splash and Dash
Wk 7: August 7-11: Everyday Heroes
Wk 8: August 14-18: Experiment Extravaganza
Wk 9: August 21-25: Festival of Friends

Don't Forget!

There will be no day camp on Monday, July 3rd (Canada Day Holiday) or on Regatta Day. If the Regatta is postponed, camp will continue and the holiday will be observed as the festival goes ahead. The prices of the weeks in which these holidays occur are adjusted accordingly.

Camp Guidelines

***Child Drop-off/Pick-up:** Early drop-off is 8am. Parents are not to leave their children in the Rec Centre before 8am, even if there is a counselor present. Counselors only supervise between 8am-5:30pm. We ask that you respect our late pick-up time of 5:30pm. Please ensure that your child is picked up prior to, but absolutely no later than 5:30pm. Camp staff will only let your child leave with those who are on the list provided during registration. If someone other than those listed is to pick up your child, please let us know at sign-in or call the Rec Centre prior to pick-up.

***Lunches/Snacks:** Campers will need to have enough lunch and snacks to get them through each day. We do not provide refrigeration or heating. Please ensure that your child has plenty to drink each day. No peanuts/nuts, kiwi or fish products are allowed to be a part of your child's snack/lunch, due to allergies.

***Special Needs/Health Concerns:** Upon registration, parents should identify any special conditions that camp counselors should be aware of. Counselors will NOT administer any medications to campers. If it needs to be taken during camp, it must be self-administered.

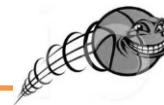
***Safety:** It is very important that camp participants follow the rules and regulations that are established for the day camp. If these are not followed, your child may be removed from the camp.



Just a Note

- ⚙ All our sports programs focus on fair play. The counselors will be promoting this all summer. Every participant will have an equal opportunity to participate in all activities. At times there will be friendly competition.
- ⚙ There will be no program on Monday, July 3rd (Canada Day) or on Regatta Day. If the Regatta is postponed, programs will continue and the holiday will be observed as the festival goes ahead.
- ⚙ Please check our Facebook account a half-hour before program start time for the possibility of any cancellations due to weather and/or conditions of the outdoor facilities.
- ⚙ Sports programs will run for 9 weeks, starting the week of June 26th – 30th and finishing the week of August 21st -August 25th.
- ⚙ Participants should bring with them something to drink, wear sunblock and have a hat.

Outdoor Basketball



Ages: 5-12 (appropriate age groupings)

Cost: \$55 (1st child)

\$50 (2nd child in same family)

Where: Outdoor basketball courts
by softball fields and skate park

Each group will have 2 sessions per week.

Schedules will be available at registration.

Schedules may change depending on number of participants registered.

Each week the basketball program will focus on certain skills and practicing previous skills learned. There will be fun games played to help build on the participants skill level. Mini basketball games will take place! Participants must wear sneakers and gym clothes. This is a great program to maintain and build on your basketball skills throughout the summer!



Tennis

Ages: 5-16 (appropriate age groupings)

Cost: \$55 (1st child)

\$50 (2nd child in same family)

Where: Goulds Tennis Courts
by Rec Centre building

Each group will have 2 sessions per week.

Schedules will be available at registration.

Schedules may change depending on number of participants registered.

Our program for ages 5-7 has special equipment that is adjustable to help participants have more control and enjoy the sport of tennis much more. Participants in our tennis program can have their own tennis racket or can use rackets provided by Goulds Rec during the session. Participants must wear sneakers and gym clothes.

Minor Softball



Ages: 8-16 (appropriate age groups)

Cost: \$65 (1st child)

\$60 (2nd child in same family)

(this includes Softball Newfoundland Insurance)

number

Where: Softball Fields behind fire hall

Groupings: 10 & Under Mixed

12 & Under Boys

12 & Under Girls

16 & Under Boys

16 & Under Girls

Each group will have 2-3 sessions per week.

Beginners are welcome in all age groups.

Schedules will be available at registration.

Schedules may change depending on

of participants registered for each group.

Each week the softball program will focus on skill development and they will play games.

Participants will need their own glove and must wear sneakers or cleats (no metal cleats) and

NOTICE: We are looking for coaches for our U10 and U12 age groups! If you are interested, contact Nicole at 745-7575



T-Ball

Ages: 5-7

Cost: \$55 (1st child)

\$50 (2nd child in same family)

(this includes Softball newfoundland Insurance)

Where: Helena Sullivan Softball Field

(behind fire hall)

Participants will have 2 sessions per week.

Schedules will be available at registration.

This program focuses on teaching the participants the basic skills of softball and helping participants build confidence in this sport. The participants will engage in many fun activities that will help them develop their skills. They will play some mini t-ball games. Participants will need to have their own glove (please ensure it is a t-ball glove). They must wear sneakers or cleats (no metal cleats) and gym clothes.

This is a wonderful introductory program into the great sport of softball!!

Additional note

Participants registered in one or more of our sports programs by June 12th will receive a t-shirt! Our aim is to have the shirts available within the first 2 weeks of the sport. The one time order will be placed the end of the day on June 12th. If your child is due to receive a t-shirt, please keep checking with the instructors of the program to see if the shirts have arrived. Please ensure on your registration form the size t-shirt your child will need. Please be very specific if it is a youth or adult size. There will be sample sizes of the shirts at registration. We cannot guarantee a sport t-shirt to those that register after June 12th.

Kids at Play



Participants in this program will get to play some great games, make crafts, play in the playground, use our outdoor facilities and have full use of our library for some summer reading! This program has a little bit of everything and is sure to be lots of fun for the participants!

Ages: 5-10 years (must be turning 5 in 2017 & must be turning 10 in 2017)

Cost: \$80 (1st child); \$75 (additional children in same family)

Where: Lions Park (behind fire station); Goulds Library (rainy days)

This program will run 2 times per week for each group. The sessions are 2.5 hours each.

Session time slots are:

Group 1: Tuesdays 10am-12:30pm and Thursdays 1:30pm-4pm

Group 2: Tuesdays 1:30pm-4pm and Thursdays 10am-12:30pm

****An additional group may be added if the numbers justify it.**

****Times could change depending on the number of participants registered****

****There are no programs on Monday, July 1st (Canada Day Holiday) or on Regatta Day. The program will be rescheduled should Regatta day fall on a Kids at Play program day****

This program will run for 9 weeks, starting the week of June 26th –July 30th and finishing the week of August 21st -25th.

Participants should have a drink and snacks, along with a hat, sunscreen and proper outdoor clothing!

Youth VLP

This program is a great opportunity for youth ages 13-15 to start building on their leadership skills and volunteer work! Youth will participate in mini workshops on different areas of leadership. They will get the opportunity to implement their newly learned leadership skills by volunteering with our summer programs. It will be a fun, exciting way on how to become a good leader!

Ages: 13-15 (must be turning 13 in 2017)

Cost: \$50 (1st youth); \$45 (2nd youth in same family)

Where: Goulds Library will be the main meeting location

This program will run 2 times per week. 1 session will be a workshop format and the 2nd session will be an opportunity to volunteer with one of our summer programs. The actual schedule will be available closer to the program start time.

This program will run for 9 weeks, starting the week of June 26th -30th and finishing the week of August 21st -25th. All participants will receive a certificate of completion at the end of the program. We will need a minimum of 8 participants for this program to go ahead.

Announcements

Goulds Lions Summer Blast

The Goulds Lions Summer Blast will be taking place on Friday, August 25th. Registration for this event will begin on July 10th. Please remember that **SPACE IS LIMITED!** The event starts with bowling, then to one of the local swimming pools for a swim and back to the Rec Centre for hot dogs, drinks and fun times with bouncy castles! After the Blast, Goulds Rec Counselors will host a pre-teen dance on the tennis courts. For more info on this event, please call 745-7575. Anyone looking to volunteer for this event, call the Rec Coordinator at 745-7504.

Softball & Soccer Coaches Please Note.

Minor coaches looking to use the softball fields or soccer pitches **must** call the Rec Centre to book them before actual use. We need to ensure that the time you want does not overlap with other user groups.

Goulds Library/Free Internet Site

Our library/internet site will be open throughout the summer. For hours of operation, please call the Rec Centre at 745-7575, the library at 745-7454 or check out "Goulds Library" on Facebook.

Day Camp Registration Notice

Goulds Rec strives to be as fair as possible when it comes to registering for programs. Day Camp is our most popular program, with wait lists of up to 20 children per week! We want to ensure that every family has a fair opportunity to register for this wonderful program. We believe in the first come first serve policy and will continue to follow this format. Parents can only register their own child/children for our day camp program. A parent **CANNOT** register another parent's child/children for this program. If you are going to have a difficult time getting to registration (ie. due to work/on vacation), you must have someone in line that is **ONLY** registering your child/children. That person can only register for the one family. The parents of the child/children being registered must drop by the Rec Centre to sign the consent form within two days of registration (unless other arrangements have been made with our office staff). If the parent is not in to sign the consent form within the time frame given, your child/children's name(s) will be automatically taken off the day camp list. We appreciate your

Welcome To Day Camp Kindergarten Graduates!

We will be accepting participants to our day camp program who have just finished kindergarten. We will only be taking a maximum of 10 per week. However, please remember that we use a first come first serve approach. We will not be "holding" ten spots for this age group for each week. We strongly recommend that you speak with Recreation Coordinator Nicole about our day camp program prior to registration to ensure it is the right fit for your child.

GENERAL INFORMATION

Refund Policy

All refunds for Goulds Rec Programs will be subject to a \$15 administration fee. Full refunds will only be issued if Goulds Recreation cancels a program/event. Refunds will only be issued during the first two weeks of 8 and 9 week programs and during the first week of 6 week programs. In order to obtain a refund, a form must be completed at the Rec Centre main office during regular office hours. No refunds will be issued for 2 week programs or special events.

Goulds Recreation Facebook Page

In the event of inclement weather or unforeseen circumstances that may interfere with particular programs, an announcement will be made on the facebook page – Goulds Recreation Association. The facebook page will be updated daily with regards to particular camp events, sports, Kids at Play, Youth VLP and Special Event Fridays. Please try our facebook option first and if your questions are not answered, then try our main office at 745-7575.

Goulds Rec Rental Information

Rental of the Rec Centre is an hourly rate. For 1 hour: \$45+tax; for 2 hours: \$90+tax. Every additional hour will be a \$40/hour+tax fee. All rentals will be subject to a \$50 damage/time deposit. This will be used in the event of any damages to our facilities, equipment, as well as for any rental that goes over the time booked or if our staff have to stay longer than scheduled time to clean the facilities after the rental. All rental fees **MUST** be paid at least two weeks before rental date. It is mandatory that all rental fees and damage/time deposits be paid before rental date. If payments are not received within the time frame noted above, Goulds Rec has the right to cancel the booking. Bookings should be made at least one month in advance. Goulds Rec cannot guarantee availability of staff or facilities with less than a month's notice. Refunds will only be issued 2 or more weeks prior to rental date. All refunds will be subject to a \$15 administration fee. Please remember that we are a smoke-free, alcohol-free, Peanut/nut aware and scent aware facility. The rental includes the use of the gymnasium space and kitchen area. **Bookings and payments for rentals can only be made during office hours.**

Goulds Rec Office Hours

Monday-Friday 9am-5:30pm

Saturday and Sunday CLOSED

Extra hours the 1st week of summer registration

Summer Office Hours

(effective June 26-August 25)

Mondays 8am-5:30pm

Tues, Wed, Thurs 9am-5:30pm

Fridays 8am-5:30pm

Saturdays and Sundays CLOSED

is closed for all regular holidays!



Goulds Rec Directory

Main Office: 745-7575

gouldsrecinfo@gmail.com

Rec Coordinator: 745-7504

gouldsrecreation@gmail.com

Library/Internet Site: 745-7454

Fax #: 745-2727

Facebook Page: Goulds Recreation Association

Goulds Library

