

AGENDA

Southeast Washington Regional FYSPRT

10/14/2021 3:30-5:00 p.m.

Location - ZOOM PHONE-IN ONLY

<p>Purpose designed to influence the functioning of local, state, and child-serving systems, and to promote proactive changes that will improve access to, and the quality of, services for families and youth with complex behavioral health challenges, and the outcomes they experience.</p>	<p>Mission through respectful partnerships, families, youth, systems and communities will effectively collaborate to proactively influence, and provide leadership to address challenges and barriers faced by the behavioral health service system for children, youth, and families in Washington State.</p>	<p>Vision To bring all necessary parties together to contribute to continuous improvement to children’s behavioral</p>	<p>Ground Rules All FYSPRT attendees should have a chance to speak, express their own ideas and feelings freely, and pursue and finish out their thoughts Everyone has an equal opportunity to share their voice and view A variety of points of view are to be put forward and discussed during meetings All attendees should work to remain open-minded Stay true to the FYSPRT goals Participants can interpret topics openly and honestly All respectful feedback is welcomed</p>
--	---	---	--

Agenda Items	Discussion & Notes
<p>Welcome & Introductions & Gift Card Drawing (5 minutes)</p>	<p>Youth Tri lead-Baltazar Torres and Jill Mulhausen <i>Baltazar reviewed the purpose and mission of FYSPRT. Briefly reviewed ground rules and lead introductions. Encouraged group members to enter their names in the chat for an entry into the gift card drawing. Group members introduced themselves and indicated if they were a youth, system or family partner.</i> <i>Contact Meredith at meredithp@gcbh.org for pick up/drop off/mail options if you win!</i></p>
<p>Meeting Minutes (10 minutes)</p>	<p>System Tri lead-Jill Mulhausen Review of meeting minutes from March 11, 2021 (April meeting cancelled), May 13, 2021 (June meeting WSCC Presentation) July 8, 2021, (August meeting cancelled), September 9, 2021 Motion made by: <u> Kaila Epperly </u> Seconded by: <u> Baltazar Torres </u> Did the vote carry? YES / NO <i>Jill reviewed the meeting minutes from prior meetings (May, July and September) and asked if there were any questions, concerns or discussion. It was determined that there was a quorum and the meeting minutes for each month were approved with no amendments or additional discussion.</i></p>
<p>FYSPRT State Meeting Update</p>	<p>Jill Mulhausen, Baltazar Torres <i>Tri-leads reviewed the meeting minutes from the state meeting in September. Discussed concerns about virtual versus in-person meetings and determining if the current time (9am-12) was workable for all that wanted to attend. There was a respite update that was brought to the state level as a gap in the system. Baltazar discussed the possibility of developing or finding a guideline for respite as there continues to be some confusion about who respite is for and what does it look like. Jeannette discussed her lived experience with utilizing respite. Discussed COPE project update.</i></p>
<p>Education Ombuds</p>	<p><i>Danielle from Education Ombuds introduced herself and discussed her role in the Ombuds and the Ombuds being a partnership with schools, families and educators on behalf of students. Reviewed background of organization and how referrals are made.</i></p>

AGENDA

Southeast Washington Regional FYSPRT

10/14/2021 3:30-5:00 p.m.

Location - ZOOM PHONE-IN ONLY

	<p><i>Discussed the amount of time they can spend with individuals. Danielle will return next month to answer additional questions and provide further information. Provided direct phone number and email in chat. Can also contact via tip line. Community partners also work with Educational Ombuds in conjunction with family and students. Danielle reviewed that they work with Special Education services (OSPI) but are not limited to working only with students who are enrolled in special education. Educational Ombuds works with any student that needs assistance in K-12 system, they are outside of the school system but can partner with Ombuds that are affiliated with the school.</i></p>
GCBH SUD Navigator Update/Info	<p>Cameron Fordmeir <i>Cameron provided background information regarding the SUD navigator program, which was a result of the State vs. Blake and senate bill 5476. Diversion program criteria will be made regionally. Proposal was turned in October 1, looking to hear back from the state regarding approval of the program which will include 7 response teams throughout our region. The team will be composed of a program manager who provides supervision and 4 SUD peers that will do outreach and case management. Discussed ways individuals can access the program and the referral processes which is point of contact through law enforcement and anyone else in the community (social contact) can refer someone to the program, does not need to come from an agency or program. Reviewed the unique nature of the program as a harm-reduction, no barrier form of SUD treatment. This program will be a community wide program that anyone can access, there is no benefit to refer internally. The staff will be able to go out wherever the person may be and it is a "people first" program. Program is designed to develop a relationship with the individual first, then determine a plan for treatment and what the person needs. When the relationship is established, then there can be discussion about treatment options. Treatment is voluntary and there is no length of time for treatment. The only way the person is exited the program is if the individual decides they don't want to be in the program or they are aggressive/violently acting out with program staff. Peer support staff will ideally have lived experience and will vary from area to area depending on the clientele they serve. Program is looking to partner with marginalized populations and want everyone with experience who have not been brought to the table in the past to come to the table. Program will not be in competition with other programs in the area because it is different than other programs that are in the community currently. No age range for participation in the program, age of consent is 13. Will keep the group updated on the status of the program and what agencies are awarded the contacts and who to make referrals to. There will need to be a Policy and Coordinating group that will be attached to the program and will eventually include a multi-disciplinary team including marginalized populations and groups which will address the program and make any changes that might be needed.</i></p>
Meeting topic submission process	<p>Meredith Piehowski <i>Reviewed ways to submit ideas for meeting topics and ideas via the survey monkey that is attached to the agenda as well as located in the chat box, and via email as well.</i></p>
WISE data	<p>Matthew Kuempel and Paul Davis https://fortress.wa.gov/hca/wisebhasreports/GreaterColumbia.html <i>Matthew and Paul reviewed most recent data which was from 2020. Discussed that during this time period, needs went down, but strengths did not go up, which breaks with the usual trend of needs going down and strengths going up. Discussed the potential effects of COVID on the data. Strengths continued to go down these past few months. Strengths have continued to go down which could be an indication that people are still struggling due to COVID. Paul explained that spiritual, religious and community connection strengths did go up which is encouraging. Group discussed several hypothesis for why we are seeing these</i></p>

AGENDA
Southeast Washington Regional FYSPRT
10/14/2021 3:30-5:00 p.m.
Location - ZOOM PHONE-IN ONLY

	<p>trends. Discussed how COVID may have impacted people during this time. Paul reports that COVID has been the only time when strengths decrease. Discussed the difference between natural supports versus family supports. Data collected from WISE is available more quickly than data from other sources and Paul discussed the unique opportunity we have to analyze data that is so recently gathered.</p>
CLIP update	<p>Meredith Piehowski Meredith provided an update on CLIP. Meredith reports that there is funding for a new CLIP facility that will be serving individuals on the Autism spectrum and they are hoping to have that facility open in July (12-16 beds). Paul indicated that they are still looking for a building to use. Child study is also opening another cottage as well that will have 18 beds. Pearl Street is adding beds and Sunstone at Navos will no longer be a CLIP provider. Encouraged group to look at additional information on TCFI and COPE project that is also located on the agenda in a link below.</p>
Training information	<p>Meredith Piehowski WSCC Training notification Meredith encouraged the group to review the flyers on the agenda that discuss the WSCC training for SUD Navigators. The training is for parents, family members, and caregivers who are interested in learning how to support their loved ones who have a substance use disorder. More information is in the links provided below.</p>
Roundtable Closing Announcements and Evaluation (5 minutes)	<p>Jill Mulhausen Due to time constraints, Jill requested those individuals who have something they want to share with the group that they would normally share during the roundtable put that information into the chat so others can access the information as needed. Your FYSPRT meeting evaluation is available at this link:</p> <p style="text-align: center;">https://www.surveymonkey.com/r/HZ33NGG</p> <p>Please note your evaluations are an important part of improving FYSPRT, are included in FYSPRT reports to State, and are much appreciated! Remember to submit your meeting ideas and gift card requests!</p>
Regional FYSPRT meeting dates	<p>Meredith Piehowski Asked everyone to note the new day and date of the next meeting that had to be changed due to Veteran's Day and the State FYSPRT meeting. Also there will be new sign in information and the information will also be updated on our website. Wednesday November 17, 2021-- **Note schedule change due to Veterans Day and State FYSPRT Meeting NEW Meeting Sign-in Information!!! https://us06web.zoom.us/j/3761234588 Meeting ID: 376 123 4588 One tap mobile</p>

AGENDA
Southeast Washington Regional FYSPRT
10/14/2021 3:30-5:00 p.m.
Location - ZOOM PHONE-IN ONLY

	<p>+12532158782,,3761234588# US (Tacoma) +13462487799,,3761234588# US (Houston) Meeting ID: 376 123 4588 Find your local number: https://us06web.zoom.us/j/kkgFnygoG December 9, 2021 January 13, 2022</p>
State FYSPRT meeting dates	<p>Thursday November 18, 3:00-5:00pm via ZOOM Blake Office Park, West Building Chelan/Roosevelt Rooms: 4450 10th Avenue SE Lacey, WA 98503</p>

Additional hand-outs/materials/links

Job Notice:

The Prenatal to 25 Lifespan Behavioral Health Section (P-25 section) within Division of Behavioral Health and Recovery (DBHR) at HCA is currently recruiting for a Youth Liaison position, which is a contracted position with Washington State University (WSU). Even though this is a contracted position, it is embedded within the P-25 section. The ideal candidate will be someone who has had lived behavioral health (mental health or substance use) experience as a transition age youth (between 16 to 27 years old) and meets the other listed criteria.

https://wsu.wd5.myworkdayjobs.com/en-US/WSU_Jobs/job/Youth-Liaison_R-2834

COPE Project link:

<https://www.hca.wa.gov/about-hca/behavioral-health-recovery/center-parent-excellence-cope-project>



Family Navigator
Flyer - FYSPRT No D



fysprt_sudtraininglt
r.docx



Treatment Foster
Care Initiative TFCI