


# East Lake Tarpon Special Fire Control District

	<b><i>SOP 223 Bone Marrow Donations</i></b>	
	<b>Implementation Date: 11/2000</b>	<b>Revision Date(s): 05/13/2003</b>
		<b>Reviewed Date(s):</b>
	<b>Forms or Attachments: None</b>	

## **Blood Donation**

Blood donation should be scheduled on the employee's day off.

## **Bone Marrow Donation**

An employee selected for Bone Marrow Harvest Operation shall be given the next duty shift (24 hours) off or a minimum of three (3) days to recuperate. If a hospital stay is required, the time off will start the day after discharge.

### **POST DONATION INSTRUCTIONS:**

- Don't smoke (60 minutes)
- No hazardous occupation (24 hours)
- No strenuous activity (24 hours)
- Eat a good meal
- Drink fluids

Time off shall not be charged to employee's personal sick leave account.

Time off will be with full pay and benefits.