

Hamilton Mental Health Outreach

987 King Street East, Suite 103, Hamilton, ON L8M 1C6

Phone: 905-522-9767 Fax: 905-522-9826

Hamilton Mental Health Outreach is a registered charitable organization that provides a supportive and nurturing environment for persons with severe and persistent mental illness. Our professional staff offer help to those we serve to meet their own goals for a meaningful life in our community. Our services include Intensive Case Management, Medication Management, on-site Psychiatry, Leisure and Recreation Groups, and Education and Support Groups. Recreation and leisure groups are based on the principles of psycho-social rehabilitation.

We are a non-profit organization funded by the Hamilton Niagara Haldimand Brant Local Health Integration Network (HNHB LHIN) and are accountable to a Volunteer Board of 10 Directors representing the Hamilton Community.

MISSION

To support and empower people with significant mental health challenges to recover and live well in the community.

VISION

Everyone has a meaningful life as a valued and engaged member of the community.

VALUES

- Confidentiality
- Respectful, equitable and inclusive access to services
- Collaboration with clients and the larger community
- The right to choose direction of recovery

History

Our organization was created to provide support for individuals discharged from psychiatric hospital beds to the community. The first Annual General Meeting was held in March 1988 under the legal name of Hamilton Community Support Association. For most of its history, the agency was known as Wellington Psychiatric Outreach Program and was located on Wellington and King William Streets in Hamilton. In 2014, the informal name was changed to Hamilton Mental Health Outreach (HMHO). This name better reflects a contemporary commitment to outreach and recovery. In 2016, the office moved to 987 King Street East in Hamilton.

Staff

All of our clinical staff are registered with their respective professional colleges. Clinical staff include Social Workers, Nurses, Occupational Therapist, and consulting Psychiatrists.

For more information, please visit www.HMHO.ca

Current Board Members include:

Christina Squazzin

Helen Harris (Vice President)

Hugh Tye (President)

Laurianne Munezero

Mary-Ellen Crechiola

Michelle Semonovitch

Pat Wilson (Treasurer)

Paula Forbes (Secretary)

Ritch Lodge

Vida Vaitonis (Acting Executive Director)