

*COUNSELING CENTER FOR WOMEN, LLC*

Virginia H. Majors, MEd, MS

Associate Licensed Counselor

of Martha B. Ellis

**CONFIDENTIAL INTAKE INFORMATION – CHILD AND ADOLESCENT**

**General Information**

Date \_\_\_\_\_

Client's Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ MI: \_\_\_\_\_

Age: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Gender: Male Female

Person Completing this form: \_\_\_\_\_ Relationship to Child: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Parent(s') Cell Phone: (M) \_\_\_\_\_ (F) \_\_\_\_\_ Ok to leave voicemail: yes no

Parent(s') Home Phone: (M) \_\_\_\_\_ (F) \_\_\_\_\_ Ok to leave voicemail: yes no

Parent(s') Work: (M) \_\_\_\_\_ (F) \_\_\_\_\_ Ok to leave voicemail: yes no

Parent(s') Email: \_\_\_\_\_

Authorization is granted to send email: yes no \_\_\_\_\_

**School/Daycare History**

Did the client ever attend daycare? Yes or No. If yes, what was their age? \_\_\_\_ Any problems? Please explain. \_\_\_\_\_

What school does the client attend? \_\_\_\_\_ Grade? \_\_\_\_\_

What were your child's grades on their last report card? \_\_\_\_\_

Has the client ever been held back or is currently in jeopardy of not passing this year? Yes or No.

Has the client ever been suspended or expelled from school? Yes or No. If so, please list number of times and reason(s). \_\_\_\_\_

Is he or she in \_\_\_\_ regular education or \_\_\_\_ special education? If special education, what grade was it initiated? \_\_\_\_ Does the child have an IEP? Yes or No.

Was the child evaluated through their \_\_\_\_\_ school or \_\_\_\_\_ from another agency? If so, when, what school or agency? \_\_\_\_\_

Does the client receive any 504 accommodations? Yes or No. If so, what services?

\_\_\_\_ preferential seating \_\_\_\_ test in resource room \_\_\_\_ extra time on assignments and tests  
\_\_\_\_ after school tutoring? How often: \_\_\_\_\_

<b>Emergency Contact Person</b> _____ <b>Address</b> _____ <b>Phone #</b> _____
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**Client's Family History Information**

**Biological mothers' name:** \_\_\_\_\_ **Biological fathers' name:** \_\_\_\_\_

**Mother's current age:** \_\_\_\_ **If deceased, her age at death:** \_\_\_\_ **Client's age upon her death:** \_\_\_\_

**Father's current age:** \_\_\_\_ **If deceased, his age at death:** \_\_\_\_ **Client's age upon his death:** \_\_\_\_

**With whom does the client live with currently? Mother / Father / Stepmother / Stepfather / Grandparents / Aunt / Uncle / Legal Guardian**

**Does the client have siblings? Yes or No. If yes, please list names, ages, and relationship and whether siblings live in the same home as the client.**

Name	Age	Relationship (biological, half, step)	Lives with client? Yes/No

**Other persons living in your household and relationship to the client:**

\_\_\_\_\_  
**Was the client adopted?** \_\_\_\_ **If yes, at what age** \_\_\_\_\_

**Has Department of Human Resources (DHR) ever been involved with the client's family? If so, please explain.** \_\_\_\_\_

**Was the client ever in foster care, a group home or residential care? \_\_\_\_ If yes, please list age and living situation:** \_\_\_\_\_

**Are the client's biological parents \_\_\_\_ divorced, \_\_\_\_ separated, or \_\_\_\_ were never married? If divorced or separated, at what age was the client at time:** \_\_\_\_\_.

**Are parents remarried? Yes or No. Please list number and dates of remarriage(s).**

\_\_\_\_\_  
**Please explain current custody arrangement, including legal physical custody, joint custody, and/or visitation schedule.**

\_\_\_\_\_  
**Reminder: Please bring a copy of any custody papers to the initial appointment.**

**Developmental History**

Client's birth weight: \_\_\_ lbs. \_\_\_ oz. Was the client a full term, healthy pregnancy? Yes or No. If no, explain: \_\_\_\_\_

Did either parent use drugs or alcohol at the time of conception? Yes or No. If yes, explain: \_\_\_\_\_

Were there any complications with the labor & delivery such as jaundice, infection etc.? Yes or No. If yes, explain: \_\_\_\_\_

Were there any problems after birth? Yes or No If yes, explain: \_\_\_\_\_

**Pre-school/Toddler Temperament: Please check the following items that apply.**

Did not enjoy being held	Feeding Problems	Colic
Excessive Restlessness	Sleep Problems	Head-banging
Sensitive to light / noise / texture	Fussy or unhappy	Difficulty bonding

**Developmental Milestones: Please indicate the approximate age in months when your child achieved the following tasks:**

\_\_\_\_\_ Sitting alone \_\_\_\_\_ Walking \_\_\_\_\_ Put words together \_\_\_\_\_ Toilet trained \_\_\_\_\_

**Unusual Behaviors/Speech patterns:**

Putting things in the mouth	Saying "I" for "You"	Spinning
Repeating words or phrases inappropriately	Sniffing excessively	Hand flapping

Has there ever been any past concerns about the client's fine motor skills (i.e, holding a bottle, pencil or cutting with scissors) or gross motor skills (running, climbing, jumping)? Yes or No. If yes, please explain. \_\_\_\_\_

Has the client ever attended physical or occupational therapy? Yes or No. If yes, where and when: \_\_\_\_\_ Still receiving services? Yes or No.

Has the client ever attended speech therapy? Yes or No. If yes, what age or grade, where, and when: \_\_\_\_\_ Still receiving services? Yes or No.

**Current Appetite and Sleep Patterns**

How would you describe the client's appetite: good / fair / poor. Recent appetite changes? Yes or No.

Is bedtime \_\_\_ problematic or \_\_\_ nonproblematic for client? Bedtime is established at: \_\_\_\_\_.

How long client takes to fall asleep: \_\_\_\_\_ Time he/she wakes up at \_\_\_\_\_.

Does client have: \_\_\_ Trouble winding down \_\_\_ Frequent awakening \_\_\_ Difficult to rouse  
\_\_\_ Appears tired/sluggish in A.M. \_\_\_ Appears well rested

**Social Functioning**

Does client make and maintain friendships easily? Yes or No.

Does client have a few friends and/or is uncomfortable in social situations? Yes or No.

Is he/she often "bossy" or controlling with peers? Yes or No.

Is client frequently physically aggressive with peers. Yes or No.

What are the client's preferred play and leisure activities (i.e. sports, video games, hanging out with friends, etc.)? Please list. \_\_\_\_\_.

**Medical History**

Name of Pediatrician or Family Doctor: \_\_\_\_\_ Phone #: \_\_\_\_\_

Current Medications (Please list all of your child's current medications):

Medications	Dosage	Reason for taking	Date Initiated/ Duration	Prescribed by	Effective? (yes/no)

Please list any over the counter medications, vitamins, or herbal supplements child is taking:

\_\_\_\_\_

Please list any medication(s) that were *previously* prescribed.

Medications	Dosage	Reason for taking	Date Initiated/ Duration	Prescribed by	Effective? (yes/no)	Side Effects?

**Physical Health Information**

Please answer the following questions using:

5- Excellent, 4- Good, 3- Average, 2- Poor, 1- Failing

How would you currently rate the client's physical health: \_\_\_\_\_

How would you currently rate the client's mental health: \_\_\_\_\_

Please check any of the following medical conditions for which your child was ever evaluated or diagnosed. Check all that apply. (Please enter date of onset inside the box that applies.)

Asthma	Allergies	Headaches	Seizures	Epilepsy
Head/Brain Injury	Sleep Disorder	Hearing Problems	Breathing Problems	Immune System Problems
Weight Problems	Juvenile Diabetes	Cancer	Chronic Fatigue Syndrome	Sexually Transmitted Disease
Surgeries	Digestive Disorders	Blood Disorders	Heart Problems	

Other illnesses: Please explain. \_\_\_\_\_

Please indicate substances used by the client over the past six months, how much at one time, how many times per day/week, age of first use, past use history, and length of time used.

Substance	Current	Amount	Frequency	Length	Past use	Age
Caffeine						
Alcohol						
Diet Pills						
Tobacco						
Marijuana						

Other drugs: Please explain \_\_\_\_\_

Have you ever believed the client's substance use was a problem? \_\_\_\_\_

Has the client ever had problems with school/work, relationships, or the law due to his/her substance use? \_\_\_\_\_ If yes, please describe: \_\_\_\_\_

Has the client ever participated in drug and/or alcohol treatment? \_\_\_\_\_

If yes, please list type, length, dates, and age at time of services. \_\_\_\_\_

\_\_\_\_\_

**Mental Health Information**

**Date of Most Recent Illness/Symptom or issue for which the client is currently seeking counseling:**

**Has the client previously had the same or similar symptom(s)? Yes or No. If yes, give first date:**

**Please check any of the following symptoms or complaints that apply to your situation:**

<b>Sad mood most days</b>	<b>Low Energy/ chronic fatigue</b>	<b>Hopelessness</b>	<b>Worthlessness</b>	<b>Guilt</b>
<b>Crying Spells How many times a day/week/ month?</b>	<b>Decreased motivation/ apathy (I don't care attitude)</b>	<b>Loss of interest in usual activities What activities?</b>	<b>Loss of concentration or memory difficulties</b>	<b>Irritability most days</b>
<b>Loss, decrease, or increase of appetite</b>	<b>Social isolation/ withdrawal</b>	<b>Difficulty staying asleep/falling asleep</b>	<b>Excessive sleeping How many hrs a day?</b>	<b>Early morning awakenings</b>
<b>Racing thoughts</b>	<b>Elevated mood</b>	<b>Excessive Worrying or feeling anxious</b>	<b>Panic Attacks What symptoms?</b>	<b>Fear of situations or things?</b>
<b>Fear of leaving home</b>	<b>Fear of embarrassing oneself in public</b>	<b>Intruding or repetitive/ upsetting thoughts</b>	<b>Being orderly or a perfectionist</b>	<b>Rebellious or defiant behaviors</b>
<b>Promiscuity/ sexually acting out</b>	<b>Binging/purging, or restricting food</b>	<b>Victim of physical abuse</b>	<b>Victim of sexual abuse</b>	<b>Victim of emotional abuse</b>
<b>Witness to Domestic Violence</b>	<b>Peer Relationship Problems</b>	<b>Family Relationship Problems</b>	<b>School Problems</b>	<b>Legal Problems</b>
<b>Hyperactivity</b>	<b>Impulsiveness</b>	<b>Inattentiveness</b>	<b>Distractibility</b>	<b>Excessive anger or aggressiveness</b>

**Add any necessary comments about items checked above or other symptoms not listed:**

**Symptom: \_\_\_\_\_ Comment: \_\_\_\_\_**

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**Symptom: \_\_\_\_\_ Comment: \_\_\_\_\_**

Has the client ever or is he/she currently engaging in self-harm? Currently: \_\_\_ Past \_\_\_

Has the client ever contemplated harming another person? Currently \_\_\_ Past \_\_\_

Has the client ever or is he/she currently contemplating suicide? Currently: \_\_\_ Past \_\_\_

Has the client ever attempted suicide? Yes or No. If yes, please list date(s), method(s), and his/her age at the time of attempt. \_\_\_\_\_

Has anyone in the client's family ever attempted suicide? Yes or No. If yes, please list relationship(s) \_\_\_\_\_

Has anyone in client's family ever completed suicide? Yes or No. If yes, please list relationship(s) \_\_\_\_\_

Is the client currently receiving mental health services? Yes or No. If yes, please list name and address of practitioner and type of services: \_\_\_\_\_

Has the client ever been diagnosed with a mental illness? Yes or No. If yes, please list illness(es) and date(s) first diagnosed, and physician or practitioner's name: \_\_\_\_\_

Has the client ever been hospitalized for mental health concerns? Yes or No. If yes, list location, date(s) and length of stay. \_\_\_\_\_

**Client's Family Mental Health Background**

Is there any history of the following in the client's family? (Family includes parents, siblings, paternal or maternal grandparents, aunts, uncles, and/or cousins)

- Depression            Yes \_\_\_            No \_\_\_            Family Member(s) with Condition \_\_\_\_\_
- Anxiety                Yes \_\_\_            No \_\_\_            Family Member(s) with Condition \_\_\_\_\_
- Bi-polar                Yes \_\_\_            No \_\_\_            Family Member(s) with Condition \_\_\_\_\_
- Schizophrenia        Yes \_\_\_            No \_\_\_            Family Member(s) with Condition \_\_\_\_\_
- Drug Abuse            Yes \_\_\_            No \_\_\_            Family Member(s) with Condition \_\_\_\_\_
- Alcoholism            Yes \_\_\_            No \_\_\_            Family Member(s) with Condition \_\_\_\_\_
- Learning Disabilities Yes \_\_\_            No \_\_\_            Family Member(s) with Condition \_\_\_\_\_
- ADD/ADHD            Yes \_\_\_            No \_\_\_            Family Member(s) with Condition \_\_\_\_\_
- Other                    Yes \_\_\_            No \_\_\_            Family Member(s) with Condition \_\_\_\_\_

Please indicate if a member of the client's immediate family has experienced any of the following:

	<b>Emotional Abuse</b>		<b>Legal Problems</b>
	<b>Physical Abuse</b>		<b>Frequent/Multiple Moves</b>
	<b>Sexual Abuse</b>		<b>Homelessness</b>
	<b>Domestic Violence</b>		<b>Financial Problems</b>
	<b>Neglect</b>		<b>Lived over-seas</b>
	<b>Military Member</b>		<b>Serious Illness</b>
	<b>Accident or Injury</b>		<b>Child Rearing Problems</b>
	<b>Other</b>		<b>Other</b>

I further acknowledge that I am voluntarily consenting to counseling and that no guarantees have been made as to the results of counseling.

Signature \_\_\_\_\_

Date \_\_\_\_\_

**Parent/Guardian**

Signature \_\_\_\_\_

Date \_\_\_\_\_

**Client (if 14 years old or older)**

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