

## Beverly Hills Cosmetic Surgeon **Dr. Kathy Gohar** On The Business Of Beauty And What It Takes To Look Ageless!

By Suzanne Takowsky

**Bevery** Hills Cosmetic Surgeon to the Stars, Dr. Kathy Gohar understands the needs of aging skin. Dr. Gohar is the founder of Beverly Hills Cosmetic Surgery & Laser Center, one of the leading skin resurfacing and cosmetic surgery centers in Southern California. Knowing how to turn back the hands of time and restore a youthful freshness to her patients faces and bodies, is why they tout her praises as a premier cosmetic surgeon. Her knowledge and skill delivers surgical and non-invasive results to perfection. And just as important, her patients are impressed and thankful for the importance she places on each and every person who walks into her office.

Dr. Gohar trained in General Surgery with a fellowship in Cosmetic Surgery. She explains... "I come from a family of physicians; three generations of physicians. I always looked up to my parents, and as they say... medicine is in my blood. My father Dr. Kevin Gohar, was a board certified Orthopedic surgeon, and my mother is a registered nurse with a Masters Degree in public administration."

Dr. Gohar says she developed a love for healing after seeing some of the patients her father helped during the Iran/Iraq war. According to Dr. Gohar, he had to be surgically creative when treating the massive war wounds he encountered. He successfully accomplished the reconstructive surgeries he performed using various skin grafts and muscle flaps. Dr. Gohar was fascinated by the pictures she saw, and over-whelmed by how grateful all of his patients were. When she later trained in Trauma Surgery, she was the first person her colleagues called to repair major lacerations and surgical wounds.

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I asked Dr. Gohar to give us a detailed rundown on what she considers the best surgical and non-surgical procedures to rejuvenate and restore a more youthful appearance to our faces and bodies. Some of them no doubt you have either had or heard about — after all this is LA. But there are other cosmetic surgery fixes you may never have heard of before, and which just might prove to be the solution for a problem area that you can't wait to get rid of. Most certainly Dr. Gohar has her share of celebrity and VIP patients who trust her to keep them looking red carpet perfect 24/7-360 days a year. But just as important are you and I — regular people who may not be walking the red carpet, but who nevertheless want to stay looking as young as possible for as long as possible. So here we go.



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