

ON THE BIT



PASO DEL NORTE
DRESSAGE SOCIETY

July 2016

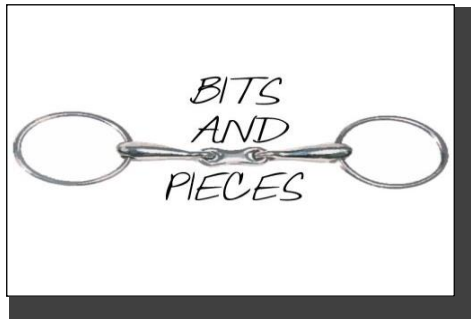
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Breaking News

We are halfway through our 2016 year of Schooling Shows but you can still qualify for year-end prizes! There are three shows left, Sept 4th, Oct 2nd and Oct 30th. To qualify for a prize, you must enter at least 3 shows and receive scores under 3 different judges.

Board positions that need to be filled next year include: President and Schooling Show Organizer (Show Secretary). Please consider helping out by volunteering for one of these positions. Contact: Kathy Watson at watsonkm99@yahoo.com or call 575-649-6471 and/or Jane Wilmes at js99wilmes@gmail.com or call 575-649-6471



PDNDS SCHOOLING SHOWS & CLINICS

- **Sept 4th Schooling Show** at Miller Horse Farm, Judge: Ann Hayes
- **Oct 2nd Schooling Show** at Miller Horse Farm, Judge: Ursula Conway
- **Oct 30th Schooling Show** at Miller Horse Farm, Judge Michelle Combs-
Includes a Halloween Freestyle class!
- **Dec 4th (tentative) - Schooling Show** at Miller Horse Farm, judge TBA
(Alternative show date in case one of the others is cancelled due to weather.)

FYI: The shows will be cancelled if there are not enough entries to break even. Please sign-up early!

Non-PDNDS Events

CLINIC INFORMATION:

Dates to Be Announced: Ellie Stine-Masek comes on a regular basis to give clinics (private lessons) in both Traditional and Western Dressage. These clinics are held in Las Cruces at Nancy Torell's house, so if you'd like to be included in future clinics please contact Nancy at 575-541-8322 or ntorell@comcast.net

The 2016 NMDS Horse Shows will be held at The Downs at Santa Fe
[Click Here to view the NMDS schedule](#)

Show Dates for NMDS are:

October 29-30, 2016 - Harvest Fling

***** Thank You *****

Kirsten Romig, Laura Farmer,
Lisa Parshall & Kathy Watson
for taking down the dressage arena after the
April show

VOLUNTEERS NEEDED

- 1) **Scribes are needed for each of the Schooling shows.** This is a great learning opportunity! You can sign-up to scribe for 2 hours, half a day or all day. Contact Jane at (575) 649-0060 or js99wilmes@gmail.com to volunteer.
- 2) **HOST NEEDED** (or Donations for a hotel room)
 - a. October 2 show
Judge: Ursula Conway from Arizona
Dates Needed: Are tentative until we get travel itinerary, probably night of October 1 & 2 Requires, at least, a separate guest room for privacy.
Contact: Jane Wilmes at js99wilmes@gmail.com or 575-649-6471 or Kathy Watson at watsonkm99@yahoo.com or 575-649-6471.
- 3) **DRIVERS NEEDED:**
Tentative Dates Needed: May 7, 8 or 9, October 1, 2, or 3 and October 29, 30 or 31.
(All dates depend on final travel itineraries) May include picking up the judge and driving to and from host accommodations and the show and/or sometimes to and from the El Paso Airport. Multiple drivers can volunteer for separate parts of the transportation. For instance you may be able to take the judge to the airport but, because you're riding in the show, may not be able to take them to and from the show.
Contact: Jane Wilmes at js99wilmes@gmail.com or 575-649-6471 or Kathy Watson at watsonkm99@yahoo.com or 575-649-6471.

2017 BOARD POSITIONS

President and Schooling Show Organizer Positions need to be filled for 2017.

Dear PdNDS Members,

I cannot continue as the Schooling Show Organizer in 2017.

PdNDS needs a volunteer to assume this position. I will train my replacement while planning the September and the two October shows. This will insure that my replacement will be ready for the 2017 show year as I do not want to have any responsibilities other than riding my horses.

I have a new horse that I want to get in the show ring and I want to continue riding and showing Travis because neither one of us is getting any younger.

Please consider volunteering as the Schooling Show Organizer. If no one volunteers, there will no longer be any schooling shows because I cannot do the job next year.

Jane Wilmes



USDF Launches *YourDressage* on USDF App

Lexington, KY (July 13, 2016) - The United States Dressage Federation (USDF) announced today that it has launched a new digital publication, *YourDressage*, through the free USDF app, USDF: Your Dressage Connection. This new publication features human interest stories from participants throughout the dressage community and is free to everyone.

As the only national organization dedicated to dressage, USDF wants to provide a platform for dressage riders and enthusiasts to share their stories. *YourDressage* will allow the reader to experience these individuals' stories as they navigate through the dressage world, as well as highlighting common themes relatable to all equestrians.

USDF Executive Director Stephan Hienzsich added, "USDF is the go to resource for dressage in the US, and *YourDressage* is another way that USDF is your connection to the American dressage community. This publication provides a way for dressage enthusiasts to connect, on a personal level, with others around the country, as well as an opportunity for USDF's Group Member Organizations (GMOs) to shine a light on and promote the dressage communities in their areas."

To access *YourDressage*, download the USDF app, USDF: Your Dressage Connection, through your app store. If you are interested in submitting stories for possible inclusion in *YourDressage*, please contact the USDF office at epubs@usdf.org.

Founded in 1973, the United States Dressage Federation is nonprofit membership organization dedicated to education, recognition of achievement, and promotion of dressage. For more information about USDF membership or programs, visit www.usdf.org, e-mail usdressage@usdf.org, or call (859) 971-2277.

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4051 Iron Works Parkway, Lexington, KY 40511
Phone: (859) 971-2277 Fax: (859) 971-7722
E-mail: usdressage@usdf.org

Tack Sale

SADDLES FOR SALE:

Wintec w/Cair , size 17.5 with a wide gullet. Excellent condition. \$750

County Series II, size 17.5 with a medium plus tree. Excellent condition. \$1000

County Connection, size 17.5 with an X-wide tree. Excellent condition \$2100

County Fusion, size 17.5, wide tree with Buffalo Leather. Excellent condition. (New \$4200) \$2450

Lots of nice tack - saddle pads, reins boots, etc. as well as breeches (size 28 -30) for sale

Please contact Ann at (575) 642-6685 (call or text) or at eaglelink@zianet.com



Borne Levade Dressage Saddle.

MW tree,
18 inch seat.
Very good condition.
\$1800

Please call contact Missy at
<mailto:mmbroyhill@gmail.com>



Western Show Saddle

16 Inch, Equitation Style
\$850. 00

Call Arden at (915) 256-6523 or
<mailto:rideapaint@outlook.com>

15 1/2 " Circle Y western saddle for sale. Arab tree with rounded skirts made in New Home, Texas. Serial number 2131 07 8805. Clean, in very good condition.

lafarmer@q.com; (575) 382-3386

USDF Adult Clinic Series

Adult Amateur
Opportunity

Creating A Winning Partnership With Your Horse

Featuring Kathy Connelly and Betsy Steiner

NEW FORMAT! KATHY AND BETSY WILL BE SWITCHING OFF TEACHING AND INTERACTING WITH ATTENDEES.



October 8 & 9, 2016

Region 5

**Reverie Farms
Longmont, Colorado**



[Interested in riding?](#)

Rider application deadline is August 26, 2016

Interested in auditing?

Pre-registration ends on September 23, 2016.

Who can audit? EVERYONE! These clinics are auditor based, meaning they are designed to be educational for riders of all levels and backgrounds. The new format will increase interaction between auditors and clinicians; bring your questions!

New Group Fee: Pre-register as a group of 6+ and receive the most discounted registration fee.

Want to learn more?



[Hear Kathy and Betsy preview the new series.](#)



Horse Breeds Compared to Vehicles

Arab/Land Rover

Good for the long haul, RUGGED with style

Thoroughbred/Ferrari

Fast, sleek and a nice ride when not in the shop

Quarter Horse/Pickup truck

Hardy, smart, utilitarian, a favorite of cowboys

Warmblood/Suburban

Roomy, comfy, gas guzzler, turning radius can improve

Pony/VW Bug

Runs on practically nothing, good thing to have around for the kids, will still be around for THEIR kids

Palomino/Chevy Impala

Pretty, if you like that sort of thing

Backyard Cross/Old Volvo

Really safe, 100,000 miles and still running great

Miniature Horse/Matchbox Car

Eats less hay, gas

Morgan/El Dorado

Not a lot to look at, but tons of power and reliability

Friesian/Cadillac

Fancy, nice interior, lots of trunk space

Draft Horse/Boat (not a speed boat....duh!)

Takes a while to pick up speed, takes a while to stop, and takes a while to turn

TDF: *Your Source for Support*

Thanks to generous donors, grants are available for:

- Instructors
- Judges
- Technical Delegates
- Show Management
- Adult Amateurs
- Youth
- Breeders
- High Performance Riders
- Non-Profit Equestrian Organizations and USDF GMOs

Visit dressagefoundation.org and click on "Support" or call (402) 434-8585 to donate.

The Dressage Foundation's donors provide support to improve dressage in the United States.

Your donation helps to build a stronger, more accomplished dressage community.



Photo by Susan J. Stickle:
Olivia LeGay-Weltz,
2015 Lavell Advanced
Prize Recipient

Your contribution to The Dressage Foundation is an investment in your dressage community. Thank you!

Schooling Show Results

April 3, 2016



Amanda Vines on Gold & Fire



Jane Kiceniuk on Belle

Training Level Test 1 Open

(C) Lencyk,				
33 Amanda Vines	Carlotta	Training Level, Test 1, 2015	152.5	66.304%

Training Level Test 1 JR/YR

(C) Lencyk,				
4 Grace Benson	Sky Dish	Training Level, Test 1, 2015	145.0	63.043%

Training Level Test 2 Open

(C) Lencyk,				
33 Amanda Vines	Carlotta	Training Level, Test 2, 2015	178.0	68.462%
172 Elena Bronisz	Native War Eagle	Training Level, Test 2, 2015	171.0	65.769%
172 Elena Bronisz	Native War Eagle	Training Level, Test 2, 2015	168.5	64.808%

Training Level Test 3 JR/YR

(C) Lencyk,				
37 Bella Alberson	Travis	Training Level, Test 3, 2015	136.5	62.045%

First Level Test 1 Open

(C) Lencyk,				
156 Amanda Vines	Dersace	First Level, Test 1, 2015	187.0	69.259%
181 Kirsten Romig	Angelique	First Level, Test 1, 2015	171.5	63.519%
45 Ann Hayes	Fancy	First Level, Test 1, 2015	159.5	59.074%
45 Ann Hayes	Fancy	First Level, Test 1, 2015	164.5	60.926%

First Level Test 2 Open

(C) Lencyk,				
181 Kirsten Romig	Angelique	First Level, Test 2, 2015	209.0	65.313%

Continued on next page...

Schooling Show Results

Continued



Sandra Welch on Everyday's Valentines



Amanda Vines on Gold & Fire

First Level Test 3 Open

(C) Lencyk,					
29 Gail Feeley	Tantrioso	First Level, Test 2, 2015	192.5	56.618%	
96 Nancy Torell	Deyonce	First Level, Test 2, 2015	215	63.235%	

Third Level Test 2 JR/YR

(C) Lencyk,					
40 Sarah Dauz	Voltaire	Third Level, Test 2, 2015	247.0	63.333%	

Third Level Test 3 JR/YR

(C) Lencyk,					
40 Sarah Dauz	Voltaire	Third Level, Test 3, 2015	251.5	64.487%	

Intermediate I Open

(C) Lencyk,					
47 Amanda Vines	Gold and Fire	FEI Intermediate I, 2015	230.5	60.658%	
47 Amanda Vines	Gold and Fire	FEI Intermediate I, 2015	237.0	62.368%	

Eventing Novice Test B Open

(C) Lencyk,					
2 Kaili Dombraskey	Romeo	Eventing Novice Test B	149	74.500% (25.5)	

CT Preliminary Test B

(C) Lencyk,					
43 Joan King	Norman	Eventing Preliminary Test B	141	61.304% (38.696)	

Western Dressage Basic Level Test 4 Open

(C) Lencyk,					
158 Kyla Young	Best Golden Dancer	Western Dressage Basic Test 4, 211.5		62.206%	
166 Laura Farmer	Cricket	Western Dressage Basic Test			
4200.5	58.971%				

Schooling Show Results, Continued

Western Dressage Intro Test 1 Open

(C) Lencyk,

71	Sandra Perez Welch	Everydays Valentines	Western Dressage Intro Test	194.0	69.286%
7	Lisa Parshall	Harcrest Amadeus	Western Dressage Intro Test 1	172.0	61.429%
1	Joyce Getrost	Roxey	Western Dressage Intro Test 1	171.0	61.071%
8	Sandra Perez Welch	Quixoties Hot Shot	Western Dressage Intro Test 1	175.5	62.679%

Western Dressage Basic Test 1

(C) Lencyk,

98	Debra Estes	La Nacallita	Western Dressage Basic Test 1	193.0	62.258%
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Western Dressage Basic Test 3 Open

(C) Lencyk,

158	Kyla Young	Best Golden Dancer	Western Dressage Basic Test 3	213.5	64.697%
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Western Dressage Level 1 Test 1 Open

(C) Lencyk,

166	Laura Farmer	Cricket	Western Dressage Level 1 Test 1	239.0	64.595%
17	Jane Kiceniuk	Belle	Western Dressage Level 1 Test 1	225.0	60.811%

[CLICK HERE TO JOIN PASO DEL NORTE DRESSAGE SOCIETY AND Qualify For YEAR END Awards](#)



Judge Karen Lencyk talking with Sara



Debra Estes riding her test

TheraPlate

Whole Body Vibration Therapy for Horses

Local Spotlight Article by Brad Guile



A friend of mine told me he was bringing in a young man to demonstrate the **TheraPlate** on his horses. When he explained basically what it was, I have to admit that I had a recollection of those old television ads where women on stood on a platform with a vibrating belt around their waist.

In any event, it sounded interesting and I said to count me and one of my horses in on the deal as I was primarily interested in seeing one of my react to a vibrating platform. Any affects of the treatment were really secondary at this point as I was unconvinced of any therapeutic value.

So a few days ago, Travis Gonzales from Las Cruces, New Mexico showed up and explained what the TheraPlate

and whole body vibration treatment was all about. Not giving my horse a whole lot of time to think about, I led him onto the platform and Travis began the session.

You would think that as cautious horses are to footing, most would have at least an initial issue to a vibrating plate, but Travis said most horses don't have a big issue with the TheraPlate. Even then starting at a low motor speed is the ticket. And judging from my horse licking, I think he liked it...even when Travis dialed up the motor. I think he spent about 20 minutes on the plate and Travis moved his hands and fingers all over the horse trying to find sore spots.

For the next horse, see the video on the gray mare below, Travis used a thermal camera powered by an app on his phone. The thermal camera showed heat differences on the horse which can likely detect where the horse is sore due to the inflammation creating higher heat signature.

The photo above shows the thermal camera attached to the phone scanning the horse in the background. You can make out the hot spots (darker spots) up on the withers and in front of the shoulder bone. Travis can use the camera after the TheraPlate session to show any positive effects of the whole body vibration therapy session.



The [TheraPlate website](#) states that their TheraPlate has differences compared to other Whole Body Vibration (WBV) technologies. TheraPlate advertises that their proprietary 4 Zone Vortex Wave design and operation is the result of more than 30 years of working with this same technology in the treatment and prevention of injuries and other debilitating conditions in Horses, and Humans. TheraPlate further states that this therapy does not aggravate injuries and can improve chronic conditions, speed healing, and prevent injuries.

This is not a one time treatment deal. Travis told us that routine therapy is the key, sometimes several times a day, for around 20 minutes at a time, is usually indicated for chronic conditions. My friends said that the two horses they put on the Theraplate seemed to move much freer afterwards so they believe the TheraPlate can help and that they will be brining Travis back - I'm in for that as well. Travis also said that while enhancing circulation, the TheraPlate can help with laminitis and other hoof issues, improve soreness, and reduce pain in joints. You'll have to go to the website linked above to see the complete lists of what conditions and injuries that TheraPlate say's they can help.



CLICK on this photo to view a video of the Theraplate in Action

Travis Gonzales is based out of Las Cruces, but he travels around with his business called "One Stop Horse Shop", where he also does non-sedation equine and bovine dentistry, and shoes horses. To reach Travis - phone number 575-973-4403 or on e-mail at wildhorse.travis.g79@gmail.com



This article was written by a friend of mine, Brad Guile. He has a website called [Functional Horsemanship](#) in case you would like to check it out. If anyone would like to write an article for the Newsletter, please let me know! Arden



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and click on "Support" or call
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Your contribution to The Dressage Foundation is an investment in your dressage community. Thank you!

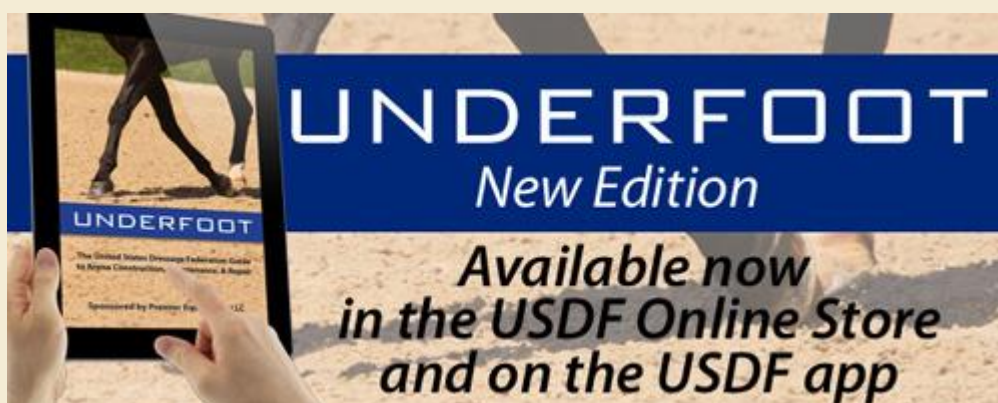


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- [Region 6](#)
- [Region 7](#)
- [Region 8](#)
- [Region 9](#)

National News



SAVE THE DATE - 2016 USDF Sport Horse Prospect Development Forum

USDF is pleased to announce the return of Scott Hassler and Willy Arts for the 2016 USDF Sport Horse Prospect Development Forum. This year's forum will be held on October 22-23 at Pineland Farm, in New Gloucester, ME. Visit the [website](#) for complete details.

Do you know someone who deserves recognition for their outstanding service? Nominate them!

Nominations are being accepted, through May 1, for the [Roemer Foundation/USDF Hall of Fame](#), [Lifetime Achievement](#), and our new recognition award – [Member of Distinction](#). Visit the [Roemer Foundation/USDF Hall of Fame](#) for complete criteria, details, and to submit a nomination.





Materiale Championships New in 2016!

Each Great American Insurance Group/USDF Breeders Championship Series Final competition will now be holding a materiale championship, as well. One championship class will be offered for three-year-olds, and one championship class will be offered for four- and five-year-olds. Please review the [USDFBC program rules](#) for eligibility and qualification requirements.

Youth News

USDF Youth Rider Recognition Pin Program

Attention Youth Members! Why not make it a goal to be one of the first to earn your Youth Dressage Rider Recognition Pin? The program is open to USDF members who are currently enrolled in grades 6-12. For more information, refer to the USDF [website](#), or contact the [Youth Programs Liaison](#).

Participate in the USDF Dressage Seat Medal Semi-Finals!

Riders, through the age of 18, may qualify to participate in the USDF Dressage Seat Medal Semi-Finals by earning a qualifying score, 70% or above, in any open Dressage Seat Equitation class held at a USEF-licensed/USDF-recognized Dressage competition during the qualifying period, *or* by qualifying for the Great American Insurance Group/USDF Regional Championships (excluding freestyle classes). See the [USDF website](#) for more information!

Education Corner

Check out Virtual Events on eTRAK

[View extended footage](#) from both of the Adequan®/USDF FEI-Level Trainers Conferences. The trainers conference that was held with Johann Hinnemann is now available to all USDF members, and footage of the recent conference with Stephan Clarke is currently being added. [Login](#) and search for Virtual Events.

Learn More About Showing Horses In Hand

Check out the new “how to” video available on eTRAK: [Introduction to Sport Horse In Hand Classes](#).

Are You Moving up a Level or Riding New Tests This Year?

Learn what the judges want to see with [On the Levels - Judge Commentaries](#). Get comments and scores from three FEI 5* Judges. Also available as a subscription at [onthelevels.com](#). Visit eTRAK to watch a preview of [First Level, Test 3](#).

Reminders

Are you ready for the Great American Insurance Group/USDF Regional Championships?

If you are hoping to participate in the Great American Insurance Group/USDF Regional Championships, please be sure to check out the Regional Championship [Competitors Page](#). This page provides helpful links and information regarding championship dates, qualifying periods, program rules, score checks, Change of Region Forms, and US Dressage Finals information.

- **Great American/USDF Regional Championship Change of Region Deadline**

As a reminder, USDF will presume qualified horse/rider combinations will compete in the region in which the rider resides, as determined by the address associated with the rider's membership information on file, as of July 1. If you are planning on competing outside of your home region in a 2016 Great American/USDF Regional Championship, you must submit this [form](#) by July 1. Effective July 2, 2016, late fees will apply! [Questions?](#)

- **Applying for a USDF Rider Award is Easy**

Once all award requirements are met, click on the [Rider Performance Awards Application](#), enter your USDF number, select your award, enter payment information, and you are done. Applications must be received by September 30, 2016 for the rider award to be awarded in the 2016 competition year.

- **Check Out the Updated All-Breeds Participating Organizations List!**

USDF welcomes the American Rhineland Studbook as a new Participating Organization (PO) for the 2016 Adequan®/USDF All-Breeds Awards program. View the [current list of 2016 All-Breeds PO's](#) for more information. To declare your horse for the Adequan®/USDF All-Breeds Awards program, follow the instructions on the [All-Breeds Awards Declaration Form](#).

**Support
United States Dressage
Federation Inc.**

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Amazon donates.

[Go to smile.amazon.com](https://smile.amazon.com)

amazonsmile