

## Meal Prices

Breakfast		Lunch	
Grades PK-5	\$1.35	Grades PK-5	\$2.50
Grades 6-8	\$1.35	Grades 6-8	\$2.60
Grades 9-12	\$1.35	Grades 9-12	\$2.60
Adult	\$1.65	Adult	\$3.20
Extra Milk	\$0.40	Extra Milk	\$0.40

# April

## Baltic School District Breakfast & Lunch Menu



### Monday

#### Long John Donut 3

- A. BBQ Chicken Sandwich
- B. Cheeseburger
- C. Ham & Cheese Sub
- D. Chicken Fajita Salad

Tater Tots

### Tuesday

#### Sausage Pancake Stick 4

- A. Nachos Grande
  - B. Meatballs w/Gravy
  - C. Trio Meat & Cheese Sub
  - D. Chicken Ranch Salad
- A&B: Rice  
Corn

### Wednesday

#### Waffles 5

- A. Turkey & Gravy
  - B. Chicken Sticks
  - C. Italian Sub
  - D. Chicken Salad
- A&B: Bread  
Mashed Potatoes w/Gravy

### Thursday

#### Sausage/Chz Biscuit 6

- A. Chicken Parmesan w/Pasta
- B. Corn Dog
- C. Cold Cut Sub
- D. Chicken Fajita Salad

Peas

### Friday

#### Cheesy Eggs & Toast 7

- A. Fish Sticks w/Dinner Roll
- B. Cheese Pizza
- C. Turkey & Cheese Sub
- D. Chef Salad

Green Beans

#### Breakfast Sliders 10

- A. Sloppy Joe
- B. Crispy Chicken Sandwich
- C. Ham & Cheese Sub
- D. Chicken Fajita Salad

Green Beans

#### Glzed Donut 11

- A. Roast Turkey
  - B. Chicken Nuggets
  - C. Trio Meat & Cheese Sub
  - D. Chicken Ranch Salad
- Dinner Roll, Ice Cream  
Mashed Potatoes w/Gravy

#### Breakfast Pizza 12

- A. Italian Meatball Sub
- B. Mini Corn Dogs
- C. Italian Sub
- D. Chef Salad

Peas

#### Cheesy Eggs & Toast 13

- A. Breaded Pork Fritter
  - B. Chicken Sticks
  - C. Cold Cut Sub
  - D. Chicken Fajita Salad
- A&B: Dinner Roll  
Corn

No School



14

17

No School

#### French Toast Sticks 18

- A. Carnita Flatbread
- B. Taco Pizza
- C. Trio Meat & Cheese Sub
- D. Chicken Ranch Salad

Corn

#### Pancakes 19

- A. Grilled Chicken Sandwich
- B. Cheese Pizza
- C. Turkey & Cheese Sub
- D. Chef Salad

Carrots

#### Cinnamon Roll 20

- A. Tex-Mex Mac & Cheese
  - B. Popcorn Chicken
  - C. Cold Cut Sub
  - D. Chicken Fajita Salad
- A&B: Dinner Roll  
Green Beans

#### Egg/Chz Biscuit 21

- A. Hot Ham & Cheese
- B. Hot Dog on Bun
- C. Italian Sub
- D. Chicken Salad

Peas

#### Breakfast Pizza 24

- A. Italian Pasta Bake w/Breadstick
  - B. Cheeseburger
  - C. Ham & Cheese Sub
  - D. Chicken Fajita Salad
- Green Beans

#### Waffles 25

- A. Ham & Scalloped Potatoes w/Bread
  - B. Pepperoni Pizza
  - C. Turkey & Cheese Sub
  - D. Chicken & Fruit Salad
- Green Beans

#### Sausage Pancake Stick 26

- A. Pork Rib Sandwich
- B. Crispy Chicken Sandwich
- C. Italian Sub
- D. Chef Salad

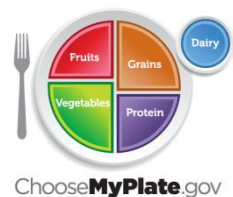
Baked Beans

#### Bacon/Egg/Chz Bosco Stick 27

- A. Macaroni & Cheese w/Bread
  - B. Corn Dog
  - C. Cold Cut Sub
  - D. Chicken Fajita Salad
- Carrots

#### Long John Donut 28

- A. Doritos Walking Taco w/Rice
  - B. Taco Quesadillas
  - C. Trio Meat & Cheese Sub
  - D. Chicken Ranch Salad
- Corn



**Are You Hungry...**All Lunch Meals Include a Nutrient Packed Fruit and Vegetable Bar.

**Eat Your 5 servings Everyday!**

**Be a Food Label Detective:**  
Make Sure to Choose Whole Grain



Look for "100% Whole Grain or Wheat" on packages of food like bread, cereal, and pasta.

**Dairy Benefits:**

- Brain Development
- Strong Bones/Teeth
- Sports Recovery
- Disease Prevention
- Maintain Strong Muscles & Bones



For more info visit: [www.midwestdairy.com](http://www.midwestdairy.com)

### Breakfast Choices Offered Daily

- Fruit & 100% Juice
- Breakfast Entrée
- WG Cereal
- Whole Grain Bread/Toast
- Low-Fat, Strawberry Skim & Skim Chocolate Milk

### Lunch Choices Offered Daily

- Grades PK-5 "A", "B", or "C" Entrees
- Grades 6-12 "A", "B", "C", or "D" Entrees
- "D" Entrees include grain component
- Low-Fat, Strawberry Skim & Skim Chocolate Milk
- Vegetables on the menu and the fruit & vegetable bar meet or exceed all vegetable subgroups weekly requirements



CBM is an equal opportunity provider and employer.