

**WILGRESS SUNDAY LUNCHEON**  
PERFECT FOOD FOR A LAZY SUNDAY AFTERNOON

**BAKED SPANISH FRITTATA 10**

PEPPERS, ONIONS, CHORIZO, EGGS AND POTATO

**ROASTED VEGETABLE BUDDHA BOWL\* 8**

ROOT VEGETABLES, CHICK PEAS, KALE, DRESSED WITH MAPLE  
TAHINI SAUCE

**QUINOA BREAKFAST BOWL 10**

TRI COLOURED QUINOA, WILTED KALE, PICKLED CARROT,  
GRILLED CHORIZO SAUSAGE, FRIED EGG

**LUNCHEON BOARD 12**

A LIGHTER VERSION OF OUR CHARCUTERIE BOARD  
HARD BOILED EGG, TOMATO, CUCUMBER, OLIVE, HOUSE MADE LOX,  
CREAM CHEESE, CAPERS

**CHEDDAR AND GOAT CHEESE ONION TART 9**

CUDDLING UP TO A GREEN SALAD FOR A COMPLETE MEAL

**LUMBERJACK SANDWICH 9.5**

PEA MEAL BACON, CHEDDAR, TOMATO, DIPPED IN EGG AND GRILLED

\*BUDDHA BOWL IS A BOWL THAT IS FILLED TO RESEMBLE THE ROUNDED BELLY OF A  
BUDDHA