



River Falls Gymnastics Club Tentative Fall 1 Session 2015

Monday, August 31- Sunday, November 1 {9 weeks}

No Classes: Mon, Sep 7 (Labor Day) Make-up: Fri, Sep 11 (regular class times)

River Falls Gymnastics Club Gym (RFGC Gym N8234 945th St.)

Class Classes meet once per week	Mon	Tue	Wed	Thurs	Fri	Sat	Sun	Fee
Koalas (30min) 18 months-2 years old Parent/Child Class	6:10PM	10:00AM		9:15AM	10:20AM		4:20PM	\$72
Monkeys (45 min) 3-4 year olds	4:30PM	10:35AM 5:20PM	6:10PM	9:00AM 5:20PM	9:30AM	9:00AM	3:30PM	\$93
Monkeys 4+ (45 min) 4-5 year olds		4:30PM	4:30PM	6:10PM				\$93
Boys Only (45 min) Boys 4-6 years old		5:20PM					3:00PM	\$93
Tigers (45 min) 5-6 year olds	5:20PM	6:10PM	5:20PM	4:30PM 5:20PM		9:55AM	4:55PM	\$93
Boys Tumbling & Trampoline (55 min) Boys 7-10 years old					5:00PM			\$101
Boys Intermediate (55 min) Boys 6-10 years old Completed at least one session of Boys Tumbling/Trampoline				4:35PM				\$101
Beginner 1 (55 min) Beginners 7 years & up or advanced from Tigers	5:00PM 6:00PM	4:30PM 5:30PM	4:30PM	4:30PM 5:30PM		10:45AM	4:35PM 5:45PM	\$101
Beginner 1 9+ (55min) Beginners 9 years & up			7:00PM					\$101
Beginner 2 (75 min) Advanced from Beg.1	4:30PM 5:55PM	4:45PM 6:30PM	4:45PM	6:30PM		10:45AM	4:55PM 5:30PM	\$109
Beginner 3 (75 min) Advanced from Beg.2		6:05PM		6:00PM				\$109
Intermediate 1 (90 min) Advanced from Beg. 3	4:45PM	6:05PM	5:30PM	4:25PM		9:00AM	5:35PM	\$130
Intermediate 2 (90 min) Advanced from Int.1	6:20PM	4:30PM	4:30PM 6:10PM	5:35PM	4:30PM Add on class (attend twice/week) \$66		3:00PM 4:00PM	\$130
Intermediate 3 (2 hrs) Invitation Only		5:30PM	6:05PM			9:50AM Add on class (attend twice/week) \$71	3:50PM	\$145
Training Team (2hrs twice per week, invite only) Monthly Payment Option Available.	6:00PM			6:00PM				\$216

RFGC GYM OPEN GYMS: THURSDAYS PRE-K: 10AM-11AM, **FRIDAYS** K-12: 6-7:30PM. **SATURDAYS** ALL AGES 12-1:30PM. OPEN GYMS \$5/CHILD. PRE-REGISTRATION NOT REQUIRED. OPEN TO THE PUBLIC! No K-12 Open Gym on Friday, September 11. CHECK THE CALENDAR ONLINE FOR ANY OPEN GYM CANCELLATIONS.

Meyer Middle School Gym (MMS Gym 230 N 9th St.) TEAM will follow schedule provided by their coach.

Team (2.5 hrs twice per week, invite only)	6:00PM			6:00PM				Payment Agreement Required
Team Optional Practice (2 hrs once per week. Class not required. Class meets 8xs)		6:00PM						TBD
Intermediate 3 Rec (2 hrs) (Non-competitive route. Must have completed 2 session of Int. 3)			4:30PM					\$126