EMMONS COUNTY PUBLIC HEALTH

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News Release

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Attached Artwork:

None

ECPH Providing More Testing as County's COVID-19 Rates Increasing

[LINTON, ND] – Emmons County Public Health (ECPH) will be providing on-demand testing events at its Linton location in response to rising COVID-19 positivity in the county and state. This testing will be available most days Monday through Friday from 8:30 am to 12:30 pm only. An appointment is needed by calling 701-254-4027 and individuals need to register on-line at https://testreg.nd.gov.

Emmons County had 12 active cases on September 3, 18 active cases on August 27, and 12 active cases on August 20, up from 1 active case on August 13. The county hadn't previously had an active case since the week of June 26 through July 2. At this time, ECPH will test individuals who are close contacts of another individual who has tested positive, individuals requiring testing for traveling and pre-surgical requirements. ECPH is located at 118 E Spruce Avenue in Linton. Individuals who have COVID-19 symptoms are asked to contact the Linton Clinic (511 E Elm Avenue) or their health care provider to be evaluated.

"The sudden increase in confirmed cases is a sobering reminder of how quickly COVID-19 can spread in our communities," said ECPH Executive Officer Bev Voller, RN, "We are asking individuals who have been hesitant until now to strongly consider getting vaccinated. There have been millions of vaccinations given nationally and it is helping to protect lives against serious illness and death. We don't want anyone to lose a loved one or face a very expensive medical situation spanning weeks or months, when it can be prevented." ECPH and Thrifty White Drug in Linton continue to provide COVID vaccine. Contact ECPH at 701-254-4027 or Thrifty White Drug at 701-254-5432 for more information or to set up an appointment.

The Delta variant has been attributed to much of the COVID-19 positivity rates in the county, state, and country. This COVID-19 variant is highly contagious and is more than twice as contagious as previous variants, according to the Centers for Disease Control

and Prevention. Some data suggests the Delta variant might cause more severe illness than previous strains in unvaccinated individuals.

COVID-19 affects people in different ways, and a <u>wide range of symptoms</u> have been reported:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches

- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

Along with vaccination, there are a number of mitigation measures you can use to help keep yourself and loved ones as healthy as is possible throughout the pandemic:

- Avoid close contact with people who are sick.
- Physically distance at least 6 feet from other people.
- If you are not able to physically distance, wear a mask.
- Wash your hands often with soap and water for at least 20 seconds.
- If soap and water are not available, use a hand sanitizer containing at least 60 percent alcohol.
- Avoid touching your eyes, nose and mouth.
- Cover coughs and sneezes.
- Clean and disinfect high touch surfaces regularly.
- Monitor your health daily.

With influenza season approaching, it may be difficult to tell the difference between some of the symptoms of the flu and COVID-19. Testing may be needed to confirm a diagnosis.

Emmons County Public Health has provided a variety of COVID-19 information through its <u>web page</u> and <u>Facebook page</u>. For more info about COVID-19, visit the <u>ND</u> Department of Health website, NDResponse.gov, or CDC website.