

# Annual Report 2001



Help for the Andes Foundation  
Michimalongo 107 P #2  
Maipú, Santiago  
Chile

**Help for the Andes**  
FOUNDATION

# Our Mission

Our mission is to enhance the quality of life for individuals and communities, through focusing on programs that strengthen organizations, reinforce networks of communication and increase knowledge.

Our primary objective is to improve the lives of the disadvantaged and the suffering by improving health, education, living conditions, communication skills, social behavior and social adjustment. We are committed to giving as many underprivileged people as possible an opportunity for a fuller life.

Our Foundation does not make distinctions based upon race, creed, religion, political beliefs or social class.

# From the President

Herein is contained the Annual Report for the year 2001, which details the activities of our Foundation and the work it carries out, which is geared toward attempting to improve the quality of life of other human beings. We also wish to state that since the Decree issued in September 2001 by which the Foundation was granted legal status as a non-profit private law organization, it pursues its unwavering purpose of managing and carrying out philanthropic activities in direct contact with those who suffer and those who are able to give them the care they need. In accordance with its objectives and goals, the foundation acts as liaison between those who are in a position to give and those who, due to the needy situation they are in, are recipients of said help.

# Dr. Patch Adams

It is worthy to note, and for that reason in the list offered herein it is mentioned that at the time the Foundation was just taking shape, we promoted Dr. Patch Adams's visit to Chile by arranging and securing the contribution of the Marriot Hotel for his stay in our country.

This made it possible to promote his new method of using humor to help the sick, thereby establishing that love, joy, smiles and acts of kindness are useful for alleviating the suffering of the sick and their families.

In time, the Foundation joined efforts with a group of volunteers comprised mainly by university students, whom, amongst other successful activities, participated in various events in the different districts of Santiago within the framework of a project created by our Foundation called "Make Them Smile."

# Make Them Smile Project

Through this project, we hope to maintain our presence for many years, as judging from what we have accomplished in 2001, we can see that it is useful to the community, since it was conducted successfully in several districts of Santiago, amongst them, Estación Central, where, together with the “Sisters of Charity”, we offered entertainment, games and Christmas carols for more than 300 children and their families; we also put on a clown show and a Christmas Choir and distributed gifts at the Educational and Development Community Center “El Trampolín,” from the town of Villa San Luis, District of Maipú.

Another of the events, similar in nature, took place at the “Santa Clara Home,” which houses more than 80 elderly ladies from the District of Independencia.

# Make Them Smile Project

Patch and the young people of the Foundation—the colorful clowns of the “Make Them Smile” project—were in charge of greeting the attendees to the conference that took place at the Extension Center of the Catholic University, a hall filled with more than 1,200 students.

On August 3rd, the “Make Them Smile” project organized and conducted a joyful and entertaining event for Children’s Day for young cancer patients at the Clínica Alemana.

# In Santiago

The Foundation also cooperated with a “Spaghetti” meal in benefit of the “Santa Verónica” Home of the District of Independencia, which was sponsored by Carozzi, a local noodle manufacturing company. Several singers and artists participated, among them, some of the more renowned local singers, such as Douglas and the folklore group “Grillitos,” and the event was hosted by Denise Campos y José Luis Briceño.

On Independence Day, at the Ciudad del Niño, an event was programmed for more than 300 children, in which the volunteers of the Foundation participated with their skits, games and entertainment. The contribution of the child folklore group “Grillitos de Granero” was secured by the Foundation.

# In Santiago

Special mention should be made to an event that was organized at the “Borde de Río” facilities in the District of Vitacura, in benefit of a three-year-old boy by the name of Nicolás Castro, who suffers from a severe heart disease.

The event was called “Bread, Champagne and Chocolate” and it brought joy and relief to the little boy and the attendees. It ended with a musical show by the clowns of our Project.



## In Santiago

However, in 2001 the Foundation also carried out other activities that are deemed most useful when it comes to helping others. We know we would not be able to accomplish much—if anything at all—without the help of the business community, with whom it is crucial to establish bonds in order to obtain the necessary support to fulfill our altruistic principles.

It is noteworthy to mention that we already have the generous support of a local businessman and his wife, who throughout 2001, donated us 6,000 kilos of fish brought from the south of Chile, which we have distributed among the following centers: El Trampolín; Hogar Santa Verónica; Hogar Santa Clara; Fundación Niño y Patria, from Carabineros; Hogar Sagrado Corazón; the Chilean Red Cross; Group of People infected with HIV-AIDS; Centro Abierto Doctora Eloísa Díaz; Metodista y Pentecostés Church; the Catholic Church and other communities of Christian missionaries. All of these institutions receive this support in kind as contribution towards the nutritional needs of the children, the sick and the elderly they attend.

## To Note

In a different area, it should be mentioned in this Annual Report that even at the time the Foundation was submitting its application for legal status, it had already initiated the important project of requesting help for acquiring the specialized and costly equipment needed for the Intensive Care Unit of the Cardiology Ward of Roberto del Río Hospital, a local public medical facility.

Towards the end of 2001, contacts established with Hospital authorities and discussions held with the object of securing said help have brought us closer to the crystallization of this project in benefit of the Hospital and the community it attends.

# Workshop Programs

It is also expedient to mention the Foundation's accomplishments regarding the creation and development of Workshop Programs, such as the one conducted at the "Niño y Patria" Foundation, pertaining to "Carabineros de Chile", where we carried out psychodrama workshops majoring in the areas of self-esteem, self-awareness and interpersonal relationships, as well as laughter-therapy.

These workshops promoted the discovery and development of laughter and good humor as a source of love and hope.

# “I can” Workshop

We also participated in an interactive teenager workshop called “I can,” with the attendance of 12 youngsters ages 13 to 16, which was conducted by María del Carmen Formoso Zaballa, psychologist graduated at the Uruguayan Catholic University, and Carlos Tapia, Drama Teacher.

The workshop took place between August 29th and December 17th, with a total of 15 weekly sessions held on Wednesdays from 5:00 pm to 7:00 pm. The general goal was to promote behavioral risk-prevention among teenagers.

# “I can” Workshop

The content and methodology of the workshop was geared toward promoting self-awareness, increasing self-esteem, developing social skills and looking for alternative ways to resolve conflict without violence. The workshops utilized drama techniques and a psychoanalytical reference scheme.

Upon finalization of the workshop, the following conclusions were drawn: The group of teenagers in question did not exhibit any severe personality disorders; self-esteem, assertiveness and relationships amongst the members of the group improved; the atmosphere within the “Carabineros” boarding school provided positive influence, as the youngsters there have their needs for affection, a sense of belonging and security met, which is crucial at this stage of their growth.

# In Santiago

It is also worthy of mention that in the case of the Uruguay Home of Ciudad del Niño and in the workshops with the mothers of the children lodged at Centro de la Corporación de Educación y Desarrollo Popular El Trampolín, a group of volunteers of the Foundation comprised by students of Central University and Los Andes University fostered good communication, affectionate interrelationships, dialogue and problem-solving skills.

The people were encouraged to take on a more positive approach in the face of their personal situation, which is marked by extreme poverty, drug-addiction and crime. Values were promoted that encourage people to abide by the law. Wrong attitudes were detected and ways were sought to overcome them. The same type of tasks were undertaken by the Foundation at the Mother's Day celebration at the same Center El Trampolín, with two international artists as hosts. Additionally, food and flowers were donated to the mothers. Also, a donation of a printing job for 300 books and 2,500 Christmas cards was requested and secured.

# Special Thanks

Thanks to contributions by private citizens, in December 2001, printing was requested and secured for 2,500 greeting cards for Ciudad del Niño, Hogar de Uruguay, which were created and designed by the children themselves with the help of Mirian Vargas, one of the volunteers that offered her services for that workshop.

## In closing

Dear contributors, the summary of activities described in this report serves the purpose of increasing our hopes and the scope of the work we will undertake as of 2002, at which time we will have laid a firmer groundwork that will enable us to carry out all the initiatives that are in line with the statement of purpose of Help For The Andes Foundation.

In the hopes of bearing the fruit we all expect to bear, we welcome your contribution to a task that will fill the members of our Foundation and the volunteers that help us accomplish the goals laid out in our Charter with pride.