

# MARCH 2020

Preston Hollow UMC Child Development Center

## Monday

**Breakfast:** Made Good Organic Granola Bars **2**  
**Lunch:** Cheese sandwich on wheat bread, cucumber tomato salad, applesauce  
**Snack:** Fig Newton bars

**Breakfast:** Chobani Greek style yogurt **9**  
**Lunch:** Black bean burgers w/lettuce & tomato, veggie chips, peaches  
**Snack:** Annie's Organic Bunny Whole Grain Cookies

## Tuesday

**Breakfast:** Scrambled eggs **3**  
**Lunch:** Spaghetti w/turkey meat sauce, steamed broccoli, mixed fruit  
**Snack:** Organic Animal cookies

**Breakfast:** Nutri Grain blueberry bars **10**  
**Lunch:** Turkey veggie meatloaf w/mashed potatoes, applesauce  
**Snack:** String cheese w/crackers

## Wednesday

**Breakfast:** Whole wheat bagels w/fruit cream cheese **4**  
**Lunch:** Grilled chicken nuggets, baked sweet potato fries, bananas  
**Snack:** Black bean brownies

**Breakfast:** Nature's Path Organic oatmeal w/cinnamon **11**  
**Lunch:** Chicken lasagna w/ garden salad, pears  
**Snack:** Hummus w/pita chips

## Thursday

**Breakfast:** Nature's Path Organic oatmeal w/blueberries **5**  
**Lunch:** No nut butter & strawberry pinwheels, garden salad, peaches  
**Snack:** Hard-boiled eggs w/crackers

**Breakfast:** Egg & potato breakfast tacos **12**  
**Lunch:** Turkey club sandwich on whole wheat bread, veggie chips, bananas  
**Snack:** Chobani Greek style yogurt

## Friday

**Breakfast:** Banana zucchini muffins **6**  
**Lunch:** Baked fish sticks, broccoli slaw, apple slices  
**Snack:** Organic Super Cookies whole grain snacks

**Breakfast:** Whole grain waffles w/maple syrup **13**  
**Lunch:** Fish tacos w/red cabbage, mild salsa, black beans, applesauce  
**Snack:** Guacamole & baked tortilla chips

**16**

**School Closed**

**17**

**School Closed**

**18**

**School Closed**

**19**

**School Closed**

**20**

**School Closed**

**Breakfast:** Nature's Path Organic Oatmeal w/honey **23**  
**Lunch:** Lentil Sloppy Joes on whole wheat bun, coleslaw, peaches  
**Snack:** Organic fruit snacks

**Breakfast:** Chobani Greek style yogurt **30**  
**Lunch:** No nut butter & jelly on whole wheat bread, carrot raisin salad  
**Snack:** Organic Animal cookies

**Breakfast:** Biscuits w/jelly **24**  
**Lunch:** Asian stir fry w/chicken & veggies, applesauce  
**Snack:** Carrot sticks w/ranch dip

**Breakfast:** Nature's Path Organic Oatmeal w/blueberries **31**  
**Lunch:** 3 bean chili w/cornbread, fresh fruit  
**Snack:** Nutri Grain bars

**Breakfast:** Raisin toast **25**  
**Lunch:** Spaghetti Carbonara, spinach salad, bananas  
**Snack:** Granola trail mix

**Breakfast:** Cascadian Farms Organic Cereal **26**  
**Lunch:** Turkey veggie meatballs in gravy, brown rice, pineapple  
**Snack:** String cheese & crackers

**Breakfast:** Scrambled eggs **27**  
**Lunch:** Tuna pasta salad, whole wheat bun, fruit cocktail  
**Snack:** Fig Newton bars

