

Breaky Menu

Lighter Breakfasts

Fruit Cup \$4.95

Seasonal fruit to start your day

Assorted Muffins \$3.00

Cinnamon Buns \$3.75

Oatmeal \$3.00

Add berries \$1.50

2 Eggs & Toast \$5.75

2 eggs any style served with your choice of toast.

Add hash browns \$2.75

Add 3 slices tomatoes \$2.75

Pancakes \$3.00

1 large pancake

Add \$1 each for Blueberry pancake

French Toast \$7.95

2 French toast & cinnamon butter

Bacon & Egger \$5.75

2 crispy bacon & a fried egg with cheese on an English muffin

The Hole in 1 \$5.95

1 egg, 1 pancake, choice of 1 bacon or sausage.

Add \$1 for blueberry pancake

Breaky Hash \$7.95

Veggies & hash browns topped with 2 fried eggs & 1 slice of toast.

Add ham, bacon, or sausage \$2.75

SIDES

2 slices Toast	2.75	Bacon	2.75
1 Egg	1.50	Ham	2.75
1 slice cheese	1.50	Sausage	2.75
3 slices tomatoe	2.75	Hash browns ...	2.75
Side of Mushrooms ...	2.00	Side of Onions ...	2.00

Full Course Breakfasts

Mt Paul Breaky Special \$9.25

2 eggs any style with choice of bacon, sausage or ham

Cheese Omelette \$10.50

3 egg & 2 cheese omelette

Loaded Omelette \$12.95

3 eggs, 2 cheeses, ham, tomato, onion, peppers, & mushrooms

Eggs Benny \$12.95

2 poached eggs & back bacon on a toasted English muffin smothered in hollandaise sauce

MOP Benny \$12.95

2 poached eggs on an English muffin smothered in hollandaise sauce topped with sautéed mushrooms, onions & peppers

Triple Bogie \$13.95

For the **BIG EATER**, 3 eggs, 3 bacon, 3 sausages or ham & 2 sides of toast

The above meals come with hash browns & your choice of toast

Menu prices do not include taxes & are subject to change without notice

The Famous Mt Paul Breakfast

Tee off before 8am and get a

Mt Paul breakfast

for only \$3 more any day of the week!

Or pay \$13 before 11am and get the

Mt Paul Breakfast & a large bucket of balls.

Coffee & gratuities not included in above offers

Mt. Paul

Golf Course



Welcome to

The little course with the **BIG** personality



The Famous Mt Paul Breakfast

Tee off before 8am and get a

Mt Paul breakfast

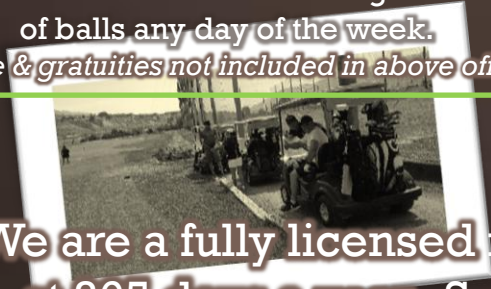
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Clubhouse Events

Golf Tournaments

Christmas Parties

Retirement Parties

Celebration of Life

Call 250-374-4653

to ask for details

We are a fully licensed restaurant open 7am – dusk almost 365 days a year. So keep us in mind for breakfast or lunch after the golf season has ended ☺

Junior Golf Camps start in July and run through to the end of August, Mon – Thurs, 9am-noon.



Men's Nite & Ladie's Nites start in early April and run through to September. These are evenings filled with laughs, prizes & a lot of opportunity to meet new friends

Pro shop 250-374-4653 ... Restaurant 250-374-4672

For further information visit us on Facebook or www.mountpaulgolf.com

The Dailys

Cooler Sandwiches \$4.95

Check our selections of Ham, Roast beef or turkey

Mt Paul Borscht \$4.50

Our famous house made borscht
Add bun & butter - \$1.25

Daily Soup \$4.50

Made in house with the freshest ingredients. Add bun & butter \$1.25

The Greens

House Salad \$7.95

Crisp mixed greens, tomato, cucumber, red onion & sunflower seeds served with your choice of dressing.

Caesar Salad \$9.95

Crisp romaine lettuce tossed with our house made dressing & croutons topped with parmesan
Add bacon \$2.75 Add chicken \$3

Warm Beet Salad \$11.50

Mixed greens, onions, orange segments, baked beets, topped with soft feta & sunflower seeds served with a honey balsamic

Peace Bowl \$12.95

Leafy greens, sweet potato fries, cabbage, peppers, cucumber, & warm beets topped with sesame seeds & a chili lime vinaigrette

Cobb Salad \$13.95

Crisp greens, cucumber, tomato, grilled chicken, bacon & soft feta served with your choice of dressing

Cariboo Taco Salad \$13.95

A flavorful revision with romaine, peppers, warm fried beef, garlic, onion, cherry tomato, cheddar, crisp tacos, and a secret dressing

All Salads come with grilled pita
Add chicken \$3

The Meat Eater

Buffalo Wrap \$12.50

Crisp chicken, cheese, lettuce, tomato & hot ranch sauce in a grilled tortilla

Club Wrap \$12.50

Crisp chicken, smoked bacon, cheese, lettuce, tomato, & mayo in a warm tortilla

Stacked Beef Dip \$12.95

Slow roasted beef on a grilled hoagie with Au Jus for dipping
Philly Style - \$4
peppers, swiss & onions added

The Clubhouse \$13.95

3 slices of bread, bacon, turkey, cheddar, tomato, lettuce, & mayo on your choice of toasted bread

Chicken Burger \$12.95

A grilled chicken breast, lettuce, tomato, red onion & mayo on a toasted bun

Salisbury Steak \$12.95

Tender beef smothered in onions, mushrooms & gravy

Mt Paul Burger \$13.50

Charbroiled 6oz lean beef, with bacon, mushrooms, cheese, lettuce, tomato, onion, & a pickle with house made burger sauce on a toasted bun

Industrial Burger \$13.95

Charbroiled 6oz lean beef, hot sauce, bacon, onion, jalapenos, jack cheese, lettuce, tomato & chipotle mayo on a toasted bun

Bistro Burger - \$11.95

Lettuce, onion, tomato & a pickle with house made burger sauce

All the above come with your choice of soup salad or fries

Flatbreads \$13.50

Mt Paul Lover – Beef, bacon pepperoni, & cheddar

Mushroom Pesto – Garlic, mushrooms, onions & feta

Hawaiian – ham, pineapple & mozza

Additional 2oz Toppings \$2 each

And More.....

Chef's Special - \$14.00

Grilled Cheese \$9.95

Add ham or bacon \$2.75

BLT \$10.75

Add ham or tomato \$2.75

The above come with your choice of soup salad or fries. Sub for Caesar \$2

The Pond

Fish & Chips \$11.95

Crisp delicious beer battered cod & house made tartar sauce
Additional pieces \$3 each

Fish Burger \$11.95

Crisp beer battered cod with lettuce, house made tartar sauce on a toasted bun served with soup salad or fries

Seafood Club \$13.95

A seafood blend of shrimp, imitation crab, your choice of toasted bread served with soup salad or fries

Add to Any Meal

Guacamole	\$2.50
Salsa	\$2.00
Sour Cream	\$2.00
Hashbrowns	\$2.75
Sausage	\$2.75
Ham	\$2.75
Bacon	\$2.75
Chicken	\$3.00
Sub for Fruit cup	\$3.95
Sub for Caesar	\$2.00

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Appies for the Short Game

Plain Dog - \$5.95

Loaded Dog - \$7.95

With fried onions, bacon & cheese

Crispy Wontons \$8.95

Bowl of hot & crispy wontons drizzled with a sweet & savory poke sauce

Thai Chicken Bites \$9.95

Crispy morsels of chicken tossed in a Thai chili sauce, topped with carrot, green onion & sesame seeds on a bed of romaine

Dry Ribs \$10.25

House fried, crispy on the outside, tender & juicy inside, comes with a sweet & savory poke sauce garnished with sesame seeds & green onion

Chicken Strips \$11.95

4 Crisp chicken strips served with your choice of fries or veggies & dip with honey mustard, plum or bbq sauce

Quesadilla \$11.95

Tender chicken, peppers, red onion, tomato, & cheddar served on a grilled tortilla with salsa & sour cream

Beef option also available

Cooler & Snacks

Choc Bars, Protien Bars
Bottled Drinks
Chips & Nuts
Sandwiches

Check our daily selections of ham, beef or turkey



Inquire about our Junior Golf Camps
July - Aug, Mon - Thurs
250-374-4653

Flatbreads - \$13.50

Mt Paul Lover - Beef, bacon, pepperoni, & cheddar

Mushroom Pesto - Garlic, onion, mushrooms, feta

Hawaiian - Ham, pineapple & mozza

Additional 2oz toppings \$2 each

Mt Paul Wings \$11.95

1 lb of crispy meaty wings with your choice of hot, honey garlic, lemon pepper, terriyaki, bbq, salt & pepper or thai served with veggies & dip

Calamari \$12.95

Strips of tender Humboldt Calamari & peppers fried in fish batter drizzled with hotyaki topped with sesame seeds & green onions

Macho Nachos \$14.50

Flex your muscles with this mountain of goodness. 2 cheeses, jalapenos, olives, tomatoes, peppers & onions served with sour cream & salsa

Add Chicken or beef \$3

Add 2oz toppings \$2 each

Add On to a Meal

Sides

3 tomato slices	2.75	Gravy	1.50
1 slice of Cheese	1.50	Sour Cream.....	2.00
1 egg	1.50	Guac	2.50
Mushrooms	2.00	Salsa	2.00
Onions	2.00	Side of Fries	3.50
Ham.....	2.75	Yam Fries	4.00
Sausage.....	2.75	Onion Rings.....	4.50
Bacon.....	2.75	Hash browns.....	2.75
Chicken.....	3.00	Sub for Caesar ...	2.00

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