



FOR THE UNPREPARED STUDENT, there is no more welcome sight than the *true/false test*. Even if the student knows just 50% of the correct answers, there is an even chance at guessing half of the remaining answers correct! The result? A 75% score, a nice solid 'C.' While the *multiple-choice test* provides some relief, the odds do not favor the student. Depending on the number of choices, the student may only be able to correctly guess one-quarter or one-third of the remaining questions, falling short of the coveted 'C,' unless the teacher is an easy grader. The unprepared student thus remains unprepared for life - a constant, ongoing multiple-choice test & *not graded on the curve!*

DOGS, CATS, MULTIPLE CHOICE: The proverbs concerning hanging dogs & skinning cats came about in the 17th & 18th century. It seems English naturalist John Ray used the expression, "There are more ways to kill a dog than by hanging," in a late 17th century book of proverbs. In 1840, American humorist Seba Smith wrote, "There are more ways than one to skin a cat, so are there more ways than one of digging for money," in her short story, The Money Diggers. While these psychopathic dealings with dogs & cats are overly graphic, they do point out that our lives are a series of choices & options. These choices are not as straightforward as 'T or F' or 'A, B, C or D.' Every choice we make, in life or business, opens us up to new opportunities, changes, chances & risks. Making a choice, then making a choice about the consequences that they then present, lead us along the twists & turns of life's path. These choices do more than create our life story, they determine who we are. From Seneca the Younger, "You are your choices," & Eleanor Roosevelt, "We all create the person we become by our choices as we go through life. In a real sense, by the time we are adults, we are the sum total of the choices we have made." Every choice we make leads to more choices & it is our responsibility to accept the outcomes of our choices & to continue on. From pioneering psychiatrist Elisabeth Kübler-Ross, "I believe that we are solely responsible for our choices & we have to accept the consequences of every deed, word & thought throughout our lifetime." This is why some people prefer going through life with those limited choices, 'T or F' or 'A, B, C or D.' They desire someone to choose for them. It not just absolves them of the responsibility of their decisions, it relieves them of the study required to make rational & sound decisions. These people become followers, & not followers with conviction & purpose, they are simply taking the easy path to a solid 'C.' Our choices, especially the tough choices, determine our character. From Heraclites, "The content of your character is your choice. Day by day, what you choose, what you think & what you do is who you become. Your integrity is your destiny ... it is the light that guides your way." But abdicating the right to determine your own choice, is in fact a choice - a choice to do nothing. From President Theodore Roosevelt: "In any moment of decision, the best thing you can do is the right thing, the next best thing is the wrong thing & the worst thing you can do is nothing." Abdicating the right to choose means losing the chance to grow. From management consultant Robert Fritz, "If you limit your choices only to what seems possible or reasonable, you disconnect yourself from what you truly want & all that is left is a compromise." From novelist George Eliot, "The strongest principle of growth lies in the human choice," & theologian Thomas Merton, "We must make the choices that enable us to fulfill the deepest capacities of our real selves." Our active, rational, cognizant choices is what drives our human development forward. Aristotle wrote, "Excellence is never an accident. It is always the result of high intention, sincere effort & intelligent execution; it represents the wise choice of many alternatives choice, not chance, determines your destiny." Making our own choices fulfills our destiny, both individually & collectively, drives the future & our future history, for as President Dwight D. Eisenhower said, "The history of free men is never really written by chance but by choice; their choice!"

INDUSTRY NEWS: Manna Tree led a \$15M raise in New Primal (meat snacks & sauces) & an \$18M raise in Urban Remedy (RTE meals, snacks & juices), which included existing investors Builders Fund & Obvious Ventures. Actual Veggies, plant-based refrigerated burgers, closed on \$2.8M led by Electric Feel Venture's founder Austin Rosen with Big Idea Ventures & Rose Street Capital involved. The Finnish Long Drink, RTD spirits, raised \$25M with Neuberger Berman. Athletic Greens, DTC daily nutrition provider, completed a strategic investment led by SC Holdings. Equilibrium Capital arranged \$91M in financing for AppHarvest to build 12 indoor farms by 2025. NotCo, AI plant-based food company, raised \$235M at a \$1.5B valuation led by Tiger Global & EHI, with participation from Future Positive, L Catterton, Kaszek Ventures, DFJ Growth Fund & Zoma Lab. Gourmey, Parisbased start-up cultivating meat from animal cells, raised \$10M led by Point Nine & VC Air Street Capital, Heartcore Capital &

Partech participating. Prenexus Health, organic prebiotic ingredients raised \$15M from Continental Grain, Coalescence Partners, DSM Venturing, ONCE Ventures & others. To make robotics easier to use in the food & service industry, Augmentus, a no-code robotics platform, raised an undisclosed amount of seed funding from early-stage VC firm Cocoon Capital. Fast-casual Just Salad raised an undisclosed amount from Closed Loop Partners, with current investor Panda Restaurant Group involved. GoPuff is reportedly seeking a \$1B funding round. Cart.com, eCommerce provider, acquired 3PL company Sauceda Industries, to expand its fulfillment capabilities. Bimbo acquired Emmy's Organics, premium cookies. ADM will acquire Sojaprotein, European non-GMO soy ingredient provider, with annual sales of \$100M. CVC Capital Partners VIII is in discussions to acquire the Panzani dry pasta, couscous, sauces & semolina business of Ebro Foods, valued \$650M. Portillo's, Chicago-style hot dogs, has filed for an IPO. The Better Being Co., vitamin & supplement maker (Solaray, Heritage Store, etc.), will seek a \$200M IPO. Dole has revised its IPO downward by \$400M to \$1.7B. Unilever may spin off its tea business in an IPO, partnership or sale.

Albertsons' 1st QTR saw lower YOY sales & income, but still higher than 2 years, with flat digital growth but elevated store traffic. Loblaws reported an increase in revenue but a significant drop in 2nd QTR earnings. Amazon beat 2nd QTR earnings forecasts, but fell short on revenue, despite an increase in physical store sales. Coca-Cola raised full year guidance; reporting a 42% gain in 2nd QTR revenue as earnings of 68¢ beat projections by 12¢, away-from-home sales driving performance. KDP also raised guidance after beating 2nd QTR estimates. AB InBev saw 2nd QTR increases in earnings & revenue, with 2-year growth, but missed analyst projections. Hershey raised forecasts as 2nd QTR revenue rose 14.1% & income rose 11.1%. First half sales at Nestlé rose 8.1% on strong coffee demand & higher prices, the company raised 2nd half forecasts. Sales rose 12.4% for Mondelez in 2nd QTR & income rose 98%, just slightly better though adjusting for acquisitions. The company raised full year guidance. Unilever posted lower than expected results in the first half, indicating price increases to deal with inflation pressures.

Albertsons will proceed with additional price increases. Wegmans will open its first Manhattan location in the second half of 2023 in a former Kmart location in the East Village. Mother's Market & Kitchen will open its 10th store. In an expanded partnership with Sobeys, Infarm will build 4 new vertical farms to supply fresh produce to more than 1,000 Sobeys' stores. Walmart will partner with Adobe Commerce, whose retailers & brands will access Walmart Marketplace for 2-day, online & pick-up & in-store fulfillment. HelloFresh has launched, HelloFresh Market, which debuted recently in Europe, offers add-ons to its meal-kit service with breakfast options, quick meals, fresh produce, etc. Kraft Heinz is launching an Innovation Challenge to find new products & uses for beans & legumes. Twelve start-ups will compete in the California Milk Advisory Board's Real California Milk Excelerator. Lamb Weston will invest \$415M to modernize its French Fry processing plant in Idaho. Nestlé will invest \$70M to retool a candy bar manufacturing plant in Wisconsin to make Toll House refrigerated cookie dough. Ten people were injured in an explosion in a Dippin' Dots factory in Kentucky, the second in two years. Wicked Kitchen, plant-based foods, will launch in Kroger & Sprouts. Molson Coors will discontinue 11 smaller brands to focus on its premium offerings. Ben & Jerry's is facing consumer, retailer & investment backlash over its decision to not sell its product in parts of Israel. Shake Shack stores will openly discriminate against certain classes of American citizens. Treehouse Foods will pay \$27M in a class action suit concerning its acquisition of Conagra's private label business. Oatly is facing a short-selling class action suit over its recent IPO. Former Staples CEO & Coca-Cola veteran Sandy Miller takes over as UNFI's CEO with Steve Spinner's retirement.

H-E-B, Food Lion & Kroger led the Bond Brand Loyalty report. J.D. Power ranked H-E-B's pharmacy #1 in a recent study. ADM is forecasting that the alt-protein segment to grow to \$30B from \$10B druing the next 10 years. Per MilkPEP, overall dairy milk sales were flat in the past year as increases in at-home consumption were offset by lower away-from-home consumption. Dairy milk is predicted to drop 4.5%+ in 2021, but Nielsen shows strong growth in non-lactose milks. Kroger's 84.51° reports that nearly 100% of consumers are using more than one method for grocery shopping & 63% are using more than two. From ChaseDesign, almost 90% of alcoholic beverages are purchased in-store, with more than half of consumers citing they enjoy searching the shelves. Technomic's index of the foodservice industry indicates not just monthly growth but a slight growth from 2 years ago! From an FMI/Deloitte survey, food industry executives' priorities are to attract & retain talented employees while creating flexible work options. From a Mintel study, consumer focus on health/immunity & preparing meals at home has fallen in the past year. In a study by Oldways Whole Grain Council, 95% of Americans are increasing or holding steady their whole grain consumption with 59% meeting the dietary requirements. Coffee prices are up more than 30%, following frost in Brazil.

MARKET NEWS: Markets were lower. GDP for 2nd QTR came in lower than expected. Family spending power has decreased since January as wage gains have been more than offset by rocketing inflation & government unemployment benefits. Consumer spending rebounded, driven by policy driven higher inflation.

SEEDS, SPROUTS, GROW, HARVEST!

THE LITCHFIELD FUND — Tom Malengo

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