

The Fjellheim Flammen



Fjellheim Lodge 6—107

Sons of Norway

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June 2019

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The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic countries, and to provide quality insurance and financial products to its members.

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Monthly heritage meetings are held the second Wednesday of every month (except July).

7:00 pm

Viking Hall, 1045 Ford Street

Send Articles to :

Mike Johaneson
mjohaneson@gmail.com

Or Kerry Hefta
khefta@comcast.net

Deadline for the August issue is July 20

SCANDINAVIAN ALLIANCE OF COLORADO PRESENTS

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Scandinavian

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2019 juni

søndag	mandag	tirsdag	onsdag	torsdag	fredag	lørdag
						1
2	3 9:00 am Lefse Viking Hall	4 12:30 pm Games & Cards Viking Hall	5 6:30 pm Board Meeting Viking Hall	6	7	8
9	10 9:00 am Lefse Viking Hall	11	12 6:00 pm FMC 7:00 Heritage Mtg Viking Hall	13	14	15
16 12:00 noon Summer Picnic Bear Creek Park	17 9:00 am Lefse Viking Hall	18	19	20	21	22 Scandinavian Midsummer Festival Estes Park
23 Scandinavian Midsummer Festival Estes Park	24	25	26	27	28	29
30						

The Spring Lefse Campaign

Lefse making will be keeping us busy the next few weeks. We will bake the 3rd, 10th, and maybe the 17th of June.

Grills, rolling pins and boards all are furnished at the lodge. We just need the helping hands for 10 batches each Monday.

Do mark the dates and join us for coffee, warm Lefse and Treats. Lois



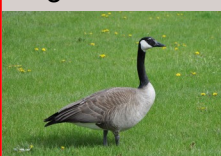
June Presidents Corner

It's been a little cold and rainy and wouldn't you know that the day of the May Heritage meeting it snowed a little on Monument pass. But it wasn't enough to keep Bill and Marianne Nesse from attending and Bill was able to give his presentation. The wait was worth it! He told his families story in the content of the historical conditions. Bill kept the rapt attention of all present for a full hour.



That is an accomplishment.

A group of Fjellheim folks attended the Syttende Mai celebration with traditional food put on by Fjelldahlen Lodge from Highlands Ranch. We marched around the pond waving the Norwegian flag. Many participants wore bunads or Norwegian sweaters, so it was a colorful parade.



The parade goers were also witness to some odd goose behavior. This goose came running at us and at first, I thought he was going for the marchers, but a drone turned out to be his target. Once the drone was downed the goose turned away satisfied that it had eliminated this new threat.



June will be a busy month with the Fjellheim picnic in Bear Creek park on June 16th, and lots of lefse baking in preparation for the Scandinavian Festival the weekend of June 21-23. Becky Tamblyn and her volunteers will be manning the booth selling lefse and water for the lodge there. Stop by and see her and the volunteers at the festival.

Practice your Norwegian as we will be playing Norwegian Bingo again at the June Heritage meeting.

Keep August 2 on your calendar we are resurrecting the trek to see the Cripple Creek Melodrama details will follow. Dana and Kerry Ferguson will be the contact people..



Fjellheim Summer Picnic

Our annual summer picnic has been booked at the pavilion at Bear Creek Park for Sunday, **June 16** at 12:00 pm. It is pot luck with the lodge providing drinks.

Fellowship, horseshoes, and games make this a fun day for all.



June Birthdays

Lisa N Johanson	3
Nicholas J Dickovich	4
Ryan J Hollenbeck	4
Curtis Lawrence Miller	6
Karl Kvam Schneider	7
Rebecca Marie Walker	7
Irene T Gladem	8
Michael H Johaneson	8
David S Brackett	10
Lori R Weaver	10
Daryl Wayne Lundquist	11
Peter Osburnsen	12
Charles E Sullivan	12
June E Peterson	16
Rosa Strand	16
Silje Ostrem	22
Mary Hansen	24
Steven Phillip Erickson	25
Mildred Sullivan	29
Suzann Mary Alstrin	30

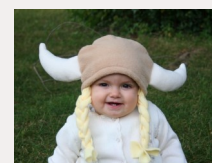
July Birthdays

Valerie B Lundy	3
Patricia C Rowe	3
Phylis J Smith	3
George C Gund	5
Terry L Mapstone	6
Laurie Hauschild	7
Grace P Johnson	7
Pamela Bakken-O'Neill	9
Hannah Drew	9
Fred Bachmeier	10
Maynard O Larson	10
Gerald L Rowe	12
David B Coltrin	13
Vivian I Johnson	13
Carol Hackett	16
Austin J Coltrin	19
Kathie Dawn Godsil	21
Susanne A Arens	26
Jeff (Jeffrey) B Calvin	28
Miranda G Coltrin	30
Dana R Ferguson	31



Card Social

Tuesday, June 4th.
12:30 pm potluck followed by cards. Everyone is welcome.



Viking Sisters - no meeting scheduled at this time

Norwegian Language Class

Language Class will resume meeting on September 3 and on following Tuesdays at Viking Hall. The first class starts at 6:00 pm. The second class begins at 7:00 pm.

The first class uses the textbook *Sett i gang 1* and will be led by Annastacia Hackett. The second class uses *Sett i gang 2* and is led by Erik Tjelmeland. To join us, go to settigang.com and order the textbook for the class you wish to join.

Rosemaling Classes at Viking Hall

All skill levels are welcome. The cost for each 4 hour session is \$20.00. Please call Cindy Bauer at 633-8260 or Bj Mapstone at 440-3992



Woodcarving Adventures

In an effort to start a wood carving group at Fjellheim, Terry, BJ and Mike went to the Pikes Peak Wood Carvers Show on May 18. There were many carvers competing for prizes and they were also selling carvings, blanks and tools. We met a local carver named Jon Nelson who is willing to help us get started. He would do a three day training in August or perhaps a once per week program. He is a busy man but he has some flexibility.

Our plan is to talk to interested folks at the June meeting, pick the best option to get started and then get back to Jon. Please talk to Terry, BJ or Mike if you are interested.





Ole Bakken Turns 85—and we all Celebrate!!

Ole Bakken is one of our charter members and he celebrated his 85th birthday with us at the May Heritage meeting. Ole and Joan Bakken have been major mainstays of the lodge and we are all extremely grateful for their dedication throughout the years and continuing.!

Ole brought a cake along and the picture at left is him urging us to eat it up. The cake says basically 'I am 85' and the reply is 'Oh My'.

Well Ole you are weathering 85 well and we wish you many more Happy Birthdays!



Ole and Dave Haugen enjoying the meeting (or was it a birthday party?)



Sunshine Report – June-July 2019

Happy Birthday to everyone celebrating birthdays in June and July! This is the season of fun, sun, picnics, lazy days, and whatever you wish to do before the warmth goes away. Starting the end of May with Memorial Day, continuing into June with Father's Day, the lodge picnic, Flag Day, then into July with Independence Day, I wish for all of you to enjoy the summer and return in August for the busy autumn and holiday season.

Darlene Aaland had shoulder replacement surgery on May 14th after, which she had a massive heart attack. She then had two stents inserted and another procedure done. As of this date (20th), Darlene is sitting up in a chair but has a long way to go for total recovery. Please keep Darlene in your thoughts and prayers. Send any cards to her home or to Darlene Aaland, Penrose Main Hospital, 2222 North Nevada Ave, ICU Rm 2003, COS, CO 80907. Please wait until she is stronger to call.

This issue's inspiration is: *No man was ever honored for what he received. Honor has been the reward for what he gave.* - Calvin Coolidge

Fraternally, Karen Ravnaas - 390-0621

Norwegian Exchange Student Opportunity

My name is Morgan Tondreault and I work with STS Foundation, a non-profit high school exchange program. We have students come from all around the world (including Norway), and who spend their exchange year with us all across the USA, including in Colorado Springs! I'm currently looking for families in the Colorado Springs area to welcome Haavard or Julie from Norway into their homes this fall.

Haavard is 17 and is described as outgoing, caring, helpful, and polite. He loves being active and working out, as well as skiing! When he's not being active, he enjoys cooking, watching documentaries, and spending time with his family and friends. What is he looking to get out of his exchange experience? "I want to get out of my comfort zone, and I want to learn about American culture. I have always been fascinated by American culture and have always wanted to experience it from a local perspective, in a way you don't get to do if you're a tourist. From eating turkey on Thanksgiving to watching the fireworks on the Fourth of July."

Julie is 16 and describes herself as nice, happy, caring, and positive. Why choose the USA for her exchange experience? "I have always been interested in America and its many different cultures. I feel that it is better to experience them myself, rather than just to read and listen about them. I also want to see what American high school is like, to see if it is like what it is on the TV and in the movies. I want to learn how American teenagers live their day to day life."

Haavard and Julie are not our only students from Norway, and we have other students from around the world to choose from! □

Please let us know if you or anyone you know may be interested in hosting these students this year.

Kind regards,

Morgan Tondreault

Marketing and Communications Coordinator

Outbound Coordinator

STS Foundation

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Mothers and Daughters enjoying Fellowship (and winnings) at the May Heritage Meeting.

Left is Darlene Aaland and her daughter Rae.

Right is Carol and Anastacia Hackett.



Dear District Six Members,

Today is May 17. In this day Norwegians celebrate Norwegian Constitution Day, better known as Syttende Mai. Many of you are having Syttende Mai Celebrations at your lodges and in your communities. Some of you have already started the celebration and others will continue the celebration throughout the month of May. There are celebrations across our district from the front range in Colorado, to the Peace Park in Salt Lake City, to Arizona, Southern Nevada and celebrations throughout the length of California. I am sure you can find fraternal family members to celebrate with. Use these celebrations to educate our communities about the rich history and culture of Norway.

I hope you all enjoy these celebrations with your fraternal families.

Sincerely,

Luella

Luella Grangaard
President District Six
Sons of Norway



Kendall Kjerstad
Financial Benefits
Counselor
605 939-1714



FJELLHEIM - 2019 OFFICERS

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Sons of Norway

Monthly Newsletter

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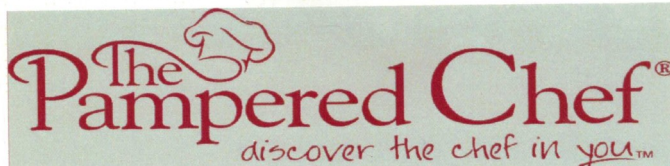
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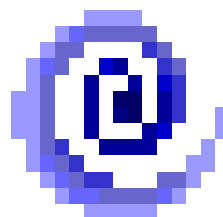


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