

MYEP

COVID-19 Person-Centered Risk Assessment

Name:

Name of person(s) completing assessment:

Reviewed with IDT on: / /

Age:

Underlying health conditions (check all that apply):

High-risk health conditions:

- Cancer
- Chronic Kidney Disease
- COPD (chronic obstructive pulmonary disease)
- Immunocompromised state (weakened immune system) due to solid organ transplant
- Obesity (BMI of 30+)
- Serious heart conditions, such as heart failure, coronary artery disease, or cardiomyopathies
- Sickle cell disease
- Type 2 diabetes
- Other high-risk condition(s) not listed above – please explain:

Risk Level: Low Moderate High

Increased risk health conditions:

- Asthma (moderate to severe)
- Cerebrovascular disease (affects blood vessels and blood supply to the brain)
- Cystic fibrosis
- Hypertension or high blood pressure
- Immunocompromised state due to blood or bone marrow transplant, immune deficiencies, HIV, use of corticosteroids, or use of other immune weakening medicines
- Neurologic conditions (such as dementia)
- Liver disease
- Pregnancy
- Pulmonary fibrosis (having damaged or scarred lung tissues)
- Smoking
- Thalassemia (a type of blood disorder)
- Type 1 diabetes
- Other increased risk condition(s) not noted above – please explain:

Risk Level: Low Moderate High

COVID-19 Safety Skills Assessment

I = No support needed

S = Monitoring

VP/GP = Verbal or gestural prompting

PP = Partial physical support

D = Full physical support (i.e. dependent on others)

Skill	Level of support needed	Risk level
1. Usage of mask – includes putting mask on properly, leaving mask in place, taking mask off, knowing when to wear a mask	I S VP/GP PP D	<input type="checkbox"/> Low <input type="checkbox"/> Moderate <input type="checkbox"/> High
2. Hand hygiene	I S VP/GP PP D	<input type="checkbox"/> Low <input type="checkbox"/> Moderate <input type="checkbox"/> High
3. Respiratory hygiene – includes covering coughs/sneezes	I S VP/GP PP D	<input type="checkbox"/> Low <input type="checkbox"/> Moderate <input type="checkbox"/> High
4. Social distancing	I S VP/GP PP D	<input type="checkbox"/> Low <input type="checkbox"/> Moderate <input type="checkbox"/> High
5. Symptom reporting	I S VP/GP PP D	<input type="checkbox"/> Low <input type="checkbox"/> Moderate <input type="checkbox"/> High
6. Ability to identify low, moderate or high-risk settings	I S VP/GP PP D	<input type="checkbox"/> Low <input type="checkbox"/> Moderate <input type="checkbox"/> High

Other situational and/or home-related risks (check all that apply):

- Lives with someone who has a high-risk health condition
- Lives with someone who has an increased-risk health condition
- Lives with someone who engages in high-risk behaviors (i.e. not wearing a mask, refuses to practice social distancing protocols, etc.)
- Other, please explain:

Low risk community activities:

- Getting restaurant takeout
- Playing tennis
- Going camping
- Going for a walk, hike, run, bike-ride or drive alone or with people from immediate household

Low-moderate risk community activities:

- Grocery shopping
- Going for a walk, hike, run bike-ride with others outside of immediate household
- Playing golf
- Going to the doctor
- Going to a library or museum
- Eating in a restaurant (outdoor seating)
- Walking in a busy downtown
- Spending an hour at a playground or picnic area

Moderate risk community activities:

- Having dinner at someone else's house
- Attending a backyard BBQ
- Going to a beach
- Shopping at a mall
- Going to a hair salon or barbershop

Moderate to high risk community activities:

- Eating in a restaurant (indoors)
- Attending a wedding or funeral
- Traveling by airplane
- Playing basketball or football
- Hugging or shaking hands when greeting a friend

High risk community activities:

- Eating at a buffet
- Working out at a gym
- Going to an amusement park
- Going to a movie theater
- Attending a large music concert or going to a sports stadium
- Attending a religious service with 500+ worshippers
- Going to a bar