



Opening Portals of Transmutation

1. Deeply merge with Mother Earth
2. FEEL an area of Earth that needs to be healed/transmuted
3. Perceive the color/frequency that resonates to that area
4. Determine the chakra that is aligned with the frequency/color
5. Perceive if that area/chakra of your body is of its lowest, centered, or highest frequency
6. Project your consciousness to the “Centered Resonance” of the color/energy field
7. Align that personal chakra with the chakras of all the people in your “team” (even if it is the team of you and your multidimensional self)
8. Align the collective personal chakra frequency/color with Gaia’s location you are assisting.
9. As a group, send Unconditional Love to heal that area of Gaia
10. As a group, send Violet Fire to transmute that area of Gaia



	LOWEST RESONANCE	CENTERED RESONANCE	HIGHEST RESONANCE
Seventh Chakra	gray violet	violet	violet/magenta
Sixth Chakra	muddy blue	indigo	indigo/violet
Fifth Chakra	gray blue	sky blue	blue/indigo
Fourth Chakra	dull green	forest green	green/blue
Third Chakra	dusty yellow	lemon yellow	yellow/green
Second Chakra	dirty orange	clear orange	orange/yellow
First Chakra	brownish red	ruby red	red/orange

*Magenta is an octave above red and the next octave above colors, frequencies and chakras

Through the centered resonance of your personal and collective chakra, send that area of Gaia:

UNCONDITIONAL LOVE and **VIOLET FIRE**

In this first part of the process you will:

- Create Unity Consciousness with your group and Gaia (even a group of 1)
- Heal and Transmute yourself and your group (energy out equals energy back)
- Heal and Transmute the 3D hologram
- Heal and Transmute the planetary body of Gaia

Please remember that:

YOU are important.
Gaia needs your assistance.
We, your Galactic Family, are with you.

And, most important, remember that this is a group process. Therefore, please share your experience, your ideas, your success and your questions assessing your effectiveness. When you UNITE with each other to assist your planet, you exponentially expand your power of healing and transmutation.

With love and gratitude,

The Arcturians and ALL your Galactic Family

[Read the Full Blog Post: Portals of Transmutation--Arcturians and Galactic Family](#)