

- dine in OR takeout -

“See the sunny side at
The Poked YolK.”

The **POKED YOLK**



3100 TRANSIT ROAD | WEST SENECA, NEW YORK

(716) 656-YOLK
(9655)

OPEN DAILY FOR BREAKFAST & LUNCH:

7:00 AM - 3:00 PM



*We are proud to serve a variety of **Gluten Free** options,
including bread, waffles, buns and pancakes.
More choices will be available soon!*



THEPOKEDYOLK.COM

Eggs & EGGcetera

add onions or peppers 25¢ each | or both (o' brian) 50¢

Homemade Hash & Eggs

slow cooked corned beef, diced onions, seasoned homefries, tossed in a skillet and topped with 2 eggs and toast 8.99 | OR AS A SIDE 4.99

Fav

Jose Benny

our spicy twist on traditional eggs benedict! english muffin topped with tomato, spicy chorizo sausage patty, poached eggs, house-made green sauce and sour cream, served with seasoned homefries 7.99

Bacon Lovers 2 eggs any style with 6 pieces of smoked bacon, seasoned homefries, and toast 8.99

Two Eggs with toast 3.99

Biscuits & Gravy 3.99 | WITH 2 EGGS 5.99

Eggs Benedict

english muffin topped with canadian bacon, poached eggs, and creamy hollandaise sauce, served with seasoned homefries 7.99

Egg Sami 2 eggs any style with american cheese and choice of ham, bacon, or sausage, served on fresh Costanzo's roll 5.99 | WITH HOMEFRIES 6.99

EGGstra Healthy Sami egg whites, feta, tomato, spinach, and avocado on fresh Costanzo's roll 5.99 | WITH A SIDE OF GREEK YOGURT 6.99

Breakfast Quesadilla -or- Burrito

scrambled eggs with chorizo, peppers, onions, and melted cheese 6.99 | WITH HOMEFRIES 7.99

The Classic

2 eggs any style with seasoned homefries and toast 5.99 | ADD HAM, 2 SAUSAGE OR 3 BACON 6.99

EGGcellent Omelets

all omelets are made with 3 large eggs and served with seasoned homefries and toast
sub homefries with yogurt 99¢ | tomato slices or a banana 49¢ EACH

Fire & Smoke fire roasted red peppers with smoked gouda cheese 7.99

Special K egg whites with kale, diced tomato and onion, hint of turmeric 7.99

3 Little Pigs a combination of crisp bacon, diced ham, and crumbled sausage, with cheddar jack cheese 7.99

Mexican spicy chorizo sausage mixed with green chile, diced onion and tomato, salsa, cheddar jack cheese, served with sour cream 7.99

Veggie spinach, tomato, onion, green pepper, mushroom, cheddar jack cheese 7.99

The Mediterranean spinach, feta cheese, tomatoes 7.99

Create-your-own-Omelet

choose any 3 ingredients plus 1 cheese 7.99 | extra ingredients 49¢

onion • green pepper • roasted red pepper • diced green chile • mushroom
spinach • jalapeño • kale • bacon • sausage • ham • canadian bacon • chorizo
gouda • feta • cheddar jack • swiss • american cheese



THE POKED YOLK

homefries cooked with spicy chorizo, onions, green peppers, and melted cheddar jack cheese — topped with 2 over easy eggs, served with toast (yolks poked upon request) 7.99

Batter Up

add a side of breakfast meat for 1.49

Pancakes

Buttermilk Pancakes (2) 5.99

Chocolate Chip (2) 6.99

Blueberry (2) 6.99

Specialty ask server for details 6.99

French Toast thick cut texas toast hand-dipped in batter and grilled 6.99

Belgian Waffles

Original dusted with powdered sugar 6.99

Apple Cinnamon topped with fresh apple compote and whipped cream 7.99

Caramel Banana topped with sliced bananas, chopped walnuts, whipped cream and drizzled with caramel 7.99

Lumberjack Waffle

hash browns mixed with diced bacon, sausage, and scrambled eggs, topped with sausage gravy 8.99



burgers, samis, and wraps are served with your choice of **french fries, house-made chips, or homefries** | **sub a fresh side salad 99¢**

Burgers

handmade patties, seasoned and grilled to order, served on a toasted Costanzo roll, with lettuce, tomato & onion (mayo on request) | sub CHICKEN BREAST for any burger

All American american cheese, lettuce, tomato 8.99

Fav **BAM!** bacon, avocado, fresh mozzarella 8.99

BBQ pulled bbq pork, crisp onion rings, cheddar jack 8.99

Mexican chorizo and beef mix patty, jalapeño, cheddar jack cheese 8.99

Shroom sliced mushrooms and swiss 8.99

Yolked fried egg, bacon, american cheese 8.99

Veggie Burger veggie patty with lettuce, tomato, american cheese 8.49

Grilled Sami

served on grilled sourdough bread

Pig in the Grass roast pork, fresh spinach, roasted red peppers, smoked gouda 7.99

Mediterranean chicken, spinach, tomato, feta cheese, Kalamata olives 7.99

Hometown Chicken chicken simmered in wing sauce with crumbled blue cheese, onion, crunchy celery 7.99

Caprese tomato, mozzarella, basil mayo, balsamic glaze 6.99 | **WITH CHICKEN** 7.99

Fav **Cuban** roast pork, ham, swiss cheese, mayo, mustard, pickles 7.99

Wraps

served in a warm 12" tortilla shell

Blackened Chicken tender chicken dusted with cajun seasoning, lettuce, salsa, cheddar jack cheese 7.99

Chicken Finger chicken fingers (*spiced your way*) with crumbled blue cheese, lettuce, tomato 7.99

Cajun Ranch BLT lettuce tossed with cajun ranch dressing, tomato, bacon 7.99

Tuna Albacore Tuna, lettuce, celery, mayo 7.99

BBQ Pork pulled bbq pork, onion, pickles, coleslaw 7.99

Salads

served with Texas toast

House Salad lettuce, tomato, cucumber, cheddar jack cheese, croutons 6.99 | **WITH CHICKEN OR TUNA** 7.99

Caesar Salad romaine lettuce, grated parmesan cheese, croutons 6.99 | **WITH CHICKEN** 7.99

Fav **Healthy K** shredded kale, tomatoes, feta, Kalamata olives, and drizzled with mustard vinaigrette 7.99 | **WITH CHICKEN** 8.99

Taco Salad spicy chorizo over greens with tomato, avocado, shredded cheese, served with salsa and sour cream 8.49

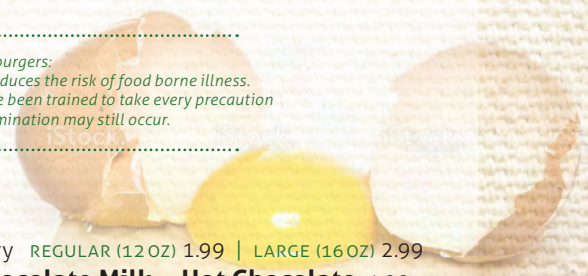
*Please be advised when ordering eggs and hamburgers:
Thoroughly cooking foods of animal origin such as eggs, beef and poultry reduces the risk of food borne illness.
Please be advised that our restaurant is not a gluten free facility. Our chefs have been trained to take every precaution
when preparing your gluten sensitive food although cross contamination may still occur.*

Beverages

Juice: Apple • Tomato • Orange • Blueberry Pomegranate • Cranberry **REGULAR (12 OZ)** 1.99 | **LARGE (16 OZ)** 2.99

Coffee • Tea • Sweet Tea • Unsweetened Tea • Milk • Chocolate Milk • Hot Chocolate 1.99

Soda: Pepsi • Diet Pepsi • Sierra Mist • Root Beer • Mountain Dew 1.99



- BREAKFAST & LUNCH AVAILABLE ALL DAY -



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including bread, waffles, buns and pancakes — *MOST OPTIONS + 99¢*
More choices will be available soon!

EGGstras / Sides

One Egg 1.49 • **Two Eggs** 2.79

Bacon (3), **Sausage** (2), **Canadian Bacon**, or **Ham** 2.99

Homefries 1.99

French Fries or **Chips** 2.49

Single Pancake

REGULAR 2.99 | CHOCOLATE CHIP OR BLUEBERRY 3.49 | SPECIAL 3.79

Toast

WHITE, WHEAT, OR RYE 1.29 | CINNAMON RAISIN 1.49

English Muffin 1.99

- KIDS 10 & UNDER -

KIDS' MENU

all kids' meals are served with choice of milk, juice or soda

Kid Classic

one egg, homefries, toast 4.49

WITH 1 SAUSAGE, 2 BACON OR 1 HAM 5.49

Kid Pancake (1) 3.99

French Toast 2.99

Grilled Cheese with french fries 4.49

Chicken Fingers (2) with french fries 4.99



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