

# Spring Valley Seniors Staying Put, Inc. Newsletter

FOURTH EDITION

OCT/NOV/DEC 2016

**Caring ~ Connecting ~ Contributing**

*Staying Put's Mission: Coordinating volunteers to help seniors and adults with disabilities to maintain their independence.*

## Staying Put's Summer



August 16 – ‘Many thanks to volunteer Karrie J., for two hot days of weeding, mulching, and deck staining.... pictured here with Joanne Q.’



‘Beulah T. (above) enjoying her late-summer glads, and very ‘glad’ for her lovely garden that volunteers Karen G. and Chuck and Carol G. cared for all summer long – along with volunteers Lisa and Rachel F. that stepped in to help.



Property project cleanup 9/4/16 – Staying Put volunteers: Top - Chuck G., Sandy T., Dave and Rosalie S., Karrie J., Jan O., Linda O. Bottom: - Andrew K., Chuck G. In background Al and Gary Q. and Linda M. Not pictured, Jim O.



‘Dam Days (2 photos above) in front of Staying Put’s new office space on McKay: First Picture - Joanne Q., Beulah T., Jan H., Second Picture – Karen G., Margy B.’

Staying Put has a new Office address:  
P.O. Box 193, S312 McKay St  
Spring Valley, WI 54767  
Many thanks to the board for their donations and assistance with the move.  
‘Open House’ to be announced soon.



9/9/16 (above) – ‘Lots of cheerful faces at Senior Meals... served Tuesday - Friday at Sneakers in Spring Valley’.

## **Volunteer Orientation – SV Library**

Saturday, October 29th: 10:30-Noon

Call (715)778-5800 to register

## **Fall/Winter Events Calendar**

Tuesday-Friday, weekly – 11-1 Senior Meal Program at Sneakers – SV



Meals on Wheels delivered by Staying Put Volunteers – to sign up for delivered meals, call Pierce County ADRC (715) 273-6780



First Tuesdays of the Month: Staying Put board meeting at Village Hall – 9 am. All are welcome!



‘Dance Club’ starting this fall! Call 715-778-5800 for details.

**'JULY 16 FOOTBALL EVENT (below) 'was great fun, was well-attended, and the weather was perfect!**

**Thanks again to all the sponsors, to Paul Seeling/Gateway Publishing for great promo, to all the helping volunteers, to Staying Put President -Margy B. for spearheading the project, and to Sage Rosenfels for his generosity and very hard work that day'.**



## Story Corner: A Volunteer/Client Experience

Joanne (who lost her husband several years prior) first heard about Staying Put in a newspaper article --- she held on to it for a while, kept looking at it, but kept putting down.

There was a great sense of fear in asking for help, to make the call. She didn't want to be a burden ..... rather preferred to be helpful. She knew she needed help, but wanted to help others, too.

Finally she called the 5800 number a few months later. When she heard the voice on the other end, something 'felt right'. From that point, she slowly opened up to discussing her situation and accepting help.

Eventually her needs were identified, volunteers were engaged to help Joanne in various areas such as property clean-up sessions, gardening, deck-staining, inside cleaning, mini-projects, sewing assistance, computer assistance, companionship, and friendship.

In addition to generous volunteers that signed on and offered their help, Joanne has felt she's made some friends as well.

Over the months, Joanne has also become a very active volunteer with Staying Put, donating as many hours ...or more.... than the volunteers hours given over to her. It should be pointed out that this is not necessary to be a client receiving services. It gives her a sense of purpose, connectedness and belonging being able to do it as long as she is able.

**"Being involved with the people of Staying Put, both as a client and volunteer, has lightened my heart". ~ Joanne Quackenbush**



Dancing Darlene photo (above) – 'Darlene and her husband, Millard, loved to dance (and sing) and were regulars at the Wednesday Senior Dance at the Moose Lodge in Menomonie. Millard is currently living at the care center. Darlene showed dancing volunteers, Jan and Margy, some fancy steps on what happened to be their 60th Wedding Anniversary!

**Photo of George and Gene (below): 'Gene and George ... looking over Gene's Perrot - 1918 model.. his dad purchased it in SD when he grew up out there and brought it to WI when he married Gene's mother.'**



### **SVSSP Volunteer Stats:**

Number of Volunteers as of Oct. 2016:

**58**

Number of Volunteer Hours as of Oct. 2016:

**2000**

Number of Services as of Oct. 2016:

**1300**

Number of Clients as of Oct. 2016

**33**

**Contact Us for services, to receive literature/information, to become a volunteer, to donate:**

Phone - (715) 778-5800  
Spring Valley Seniors Staying Put, Inc.  
P.O. Box 193, S312 McKay Street,  
Spring Valley WI 54767  
spring.valley.ssp@gmail.com  
www.springvalleystayingput.org  
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**"She was so kind and truly happy that anyone took time to help her...it's not only that feeling you get for doing something for nothing, but the gratitude and thanks that is worth far more than financial gain!"**