

22nd Annual Mustang Gallop

F&M Bank Women's 4K Seminole Valley Park, Cedar Rapids, IA 9/1/2015 Feels like 95, 59% Humidity, SSW 9 MPH 88°

| Place | School | 1 | 2 | 3 | 4 | 5 | 6 | 7 | Total | Ave Time | Spread |
|-------|------------------------|----|----|----|----|----|----|----|-------|----------|--------|
| 1 | Cornell College | 1 | 2 | 7 | 8 | 9 | 10 | 16 | = 27 | 15:13 | 1:44 |
| 2 | Mount Mercy University | 3 | 4 | 5 | 11 | 13 | 26 | 27 | = 36 | 15:49 | 0:29 |
| 3 | Clarke University | 6 | 15 | 20 | 33 | 39 | 41 | 44 | = 113 | 16:43 | 1:45 |
| 4 | Grand View University | 14 | 21 | 22 | 32 | 36 | 42 | 46 | = 125 | 16:46 | 1:10 |
| 5 | Coe College | 12 | 23 | 29 | 34 | 37 | 43 | 45 | = 135 | 16:52 | 1:21 |
| 6 | Buena Vista University | 19 | 28 | 30 | 40 | 50 | 53 | 59 | = 167 | 17:15 | 1:47 |
| 7 | MMU Alumni | 18 | 24 | 38 | 47 | 48 | 54 | 55 | = 175 | 17:20 | 1:40 |
| 8 | University of Dubuque | 25 | 31 | 35 | 49 | 51 | 56 | 60 | = 191 | 17:32 | 1:32 |
| 9 | DMACC | 17 | 52 | 57 | 58 | 61 | 62 | 63 | = 245 | 19:55 | 7:28 |

Incomplete Teams:

| Place | Score | Name | Year | School | Time | Pace | mpm |
|-------|-------|-------------------------|------|------------------------|-------|------|-----|
| 1 | 1 | Sanjuanita Martinez | SR | Cornell College | 14:09 | 5:42 | |
| 2 | 2 | Abrah Masterson | JR | Cornell College | 14:23 | 5:47 | |
| 3 | 3 | Liz Mosbach | SR | Mount Mercy University | 15:35 | 6:16 | |
| 4 | 4 | Molly Pruett | FR | Mount Mercy University | 15:39 | 6:18 | |
| 5 | 5 | Kaite Hoffert | JR | Mount Mercy University | 15:47 | 6:21 | |
| 6 | 6 | Lauren Block | FR | Clarke University | 15:48 | 6:21 | |
| 7 | 7 | Rachel Moline | JR | Cornell College | 15:49 | 6:22 | |
| 8 | 8 | Dominique Fleming | FR | Cornell College | 15:51 | 6:23 | |
| 9 | 9 | Laura Wetzell | SR | Cornell College | 15:54 | 6:24 | |
| 10 | 10 | Marikate Murphy | SO | Cornell College | 15:55 | 6:24 | |
| 11 | 11 | Lindsay Brunson | SR | Mount Mercy University | 15:57 | 6:25 | |
| 12 | 12 | Lucy Conroy | FR | Coe College | 16:04 | 6:28 | |
| 13 | 13 | Dana Ewan | SR | Mount Mercy University | 16:04 | 6:28 | |
| 14 | 14 | Jasmine Nielsen | SR | Grand View University | 16:13 | 6:32 | |
| 15 | 15 | Hayley Einsweiler | FR | Clarke University | 16:24 | 6:36 | |
| 16 | 16 | Jenna Ptaschek | FR | Cornell College | 16:24 | 6:36 | |
| 17 | 17 | Michelle Thayer | SO | DMACC | 16:26 | 6:37 | |
| 18 | 18 | Beth Ripperger | NA | MMU Alumni | 16:27 | 6:37 | |
| 19 | 19 | Katie Puls | FR | Buena Vista University | 16:29 | 6:38 | |
| 20 | 20 | Stephanie Kasiurak | SR | Clarke University | 16:32 | 6:39 | |
| 21 | 21 | Kim Teno | JR | Grand View University | 16:33 | 6:40 | |
| 22 | 22 | Hayley Leonard | JR | Grand View University | 16:34 | 6:40 | |
| 23 | | Lily Niswonger | SO | Cornell College | 16:34 | 6:40 | |
| 24 | 23 | Maddie Bain | JR | Coe College | 16:34 | 6:40 | |
| 25 | 24 | Abby Martin | JR | MMU Alumni | 16:46 | 6:45 | |
| 26 | 25 | Kiersten Wenthold | JR | University of Dubuque | 16:47 | 6:45 | |
| 27 | 26 | Jazmine Reynolds | FR | Mount Mercy University | 16:50 | 6:46 | |
| 28 | | Carly Pierson | JR | Cornell College | 16:51 | 6:47 | |
| 29 | 27 | Kathryn Vanderpoel | FR | Mount Mercy University | 16:52 | 6:47 | |
| 30 | 28 | Hannah Appleseth | FR | Buena Vista University | 16:56 | 6:49 | |
| 31 | 29 | Mareena Franke | FR | Coe College | 16:58 | 6:49 | |
| 32 | | Katie Baker | FR | Cornell College | 17:03 | 6:51 | |
| 33 | 30 | Sybbie Sears | SO | Buena Vista University | 17:03 | 6:52 | |
| 34 | 31 | Abigail Ray | FR | University of Dubuque | 17:05 | 6:53 | |
| 35 | 32 | Anna Halstead | SO | Grand View University | 17:08 | 6:54 | |
| 36 | | Rachel Jellings | FR | Mount Mercy University | 17:12 | 6:55 | |
| 37 | | Kennidee Devilbiss | SO | Mount Mercy University | 17:16 | 6:57 | |
| 38 | 33 | Sydney Hendricks | SO | Clarke University | 17:17 | 6:57 | |
| 39 | 34 | Beth Heims | JR | Coe College | 17:21 | 6:59 | |
| 40 | 35 | Kayla Kinateder | SO | University of Dubuque | 17:22 | 6:59 | |
| 41 | 36 | Christa Nordgren | SO | Grand View University | 17:23 | 7:00 | |
| 42 | 37 | Abie Mellick | SO | Coe College | 17:24 | 7:00 | |
| 43 | 38 | Erin Behan | NA | MMU Alumni | 17:26 | 7:01 | |
| 44 | | Stephanie Voller | FR | Cornell College | 17:27 | 7:01 | |
| 45 | 39 | Emily Riesenbergh | FR | Clarke University | 17:33 | 7:04 | |
| 46 | 40 | Martina Smith | JR | Buena Vista University | 17:33 | 7:04 | |
| 47 | 41 | Cassandra Stuflick | JR | Clarke University | 17:35 | 7:04 | |
| 48 | 42 | Karina Johnson | FR | Grand View University | 17:36 | 7:05 | |
| 49 | 43 | Kaylee Alvarez | FR | Coe College | 17:38 | 7:06 | |
| 50 | 44 | Katherine Herrig | JR | Clarke University | 17:40 | 7:06 | |
| 51 | 45 | Allison Rogers | SR | Coe College | 17:45 | 7:09 | |
| 52 | | Melissa Armendariz | FR | Mount Mercy University | 17:47 | 7:09 | |
| 53 | 46 | Hannah Sobaski | JR | Grand View University | 17:58 | 7:14 | |
| 54 | 47 | Stephanie Nibaur Brehm | NA | MMU Alumni | 17:56 | 7:13 | |
| 55 | | Natalie Potts | JR | Grand View University | 18:04 | 7:16 | |
| 56 | 48 | Leslie Marshall Althoff | NA | MMU Alumni | 18:07 | 7:17 | |
| 57 | 49 | Jaclyn Roeder | SO | University of Dubuque | 18:09 | 7:18 | |
| 58 | | Marinna Schrouder | SO | Mount Mercy University | 18:09 | 7:18 | |
| 59 | 50 | Kennedi Hostetter | FR | Buena Vista University | 18:16 | 7:21 | |
| 60 | 51 | Kristin MacKenburg | SO | University of Dubuque | 18:19 | 7:22 | |
| 61 | | Holly Wisnousky | SO | Coe College | 18:20 | 7:22 | |
| 62 | 52 | Shannon Mullnix | SO | DMACC | 18:38 | 7:30 | |
| 63 | | McKayla Morris | FR | Coe College | 18:56 | 7:37 | |
| 64 | 53 | Tara Harris | FR | Buena Vista University | 19:00 | 7:39 | |
| 65 | 54 | Christine French Miner | NA | MMU Alumni | 19:06 | 7:41 | |
| 66 | 55 | Katerina Althoff | NA | MMU Alumni | 19:09 | 7:42 | |
| 67 | | Kristen Granata | SO | Coe College | 19:12 | 7:44 | |
| 68 | | Rachel Vaughn | SO | Mount Mercy University | 19:16 | 7:45 | |

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F&M Bank Women's 4K Seminole Valley Park, Cedar Rapids, IA 9/1/2015 Feels like 95, 59% Humidity, SSW 9 MPH 88°

| Place | Score | Name | Year | School | Time | Pace mpm |
|-------|-------|------------------------|------|------------------------|-------|----------|
| 69 | | Madison Esker | FR | Mount Mercy University | 19:18 | 7:46 |
| 70 | | Ella Gibbons | FR | Coe College | 19:22 | 7:48 |
| 71 | | Sandra Gomez | SO | Cornell College | 19:25 | 7:49 |
| 72 | | Anna Cole | SO | Clarke University | 19:27 | 7:50 |
| 73 | | Briana Mutch | SO | Grand View University | 19:30 | 7:51 |
| 74 | | Bailey Welliver | SO | Cornell College | 19:44 | 7:56 |
| 75 | | Amanda Donovan | SO | Coe College | 19:57 | 8:02 |
| 76 | | Jansen Heckenberg | FR | Coe College | 20:05 | 8:05 |
| 77 | | Jean Springsteen | FR | Coe College | 20:06 | 8:05 |
| 78 | 56 | Katrina Pagel | FR | University of Dubuque | 20:12 | 8:08 |
| 79 | 57 | Molly Claman | SO | DMACC | 20:15 | 8:09 |
| 80 | 58 | Juliana Stahle | SO | DMACC | 20:21 | 8:11 |
| 81 | | Natalie Zutter | FR | Coe College | 20:29 | 8:15 |
| 82 | 59 | Erin Morley | JR | Buena Vista University | 20:30 | 8:15 |
| 83 | | Alyssa Knudson | FR | Coe College | 20:36 | 8:17 |
| 84 | | Emma Kromholz | FR | Cornell College | 21:05 | 8:29 |
| 85 | | Alyssa Maher | NA | MMU Alumni | 21:42 | 8:44 |
| 86 | 60 | Bobbi Jo Helgemoe | SO | University of Dubuque | 22:02 | 8:52 |
| 87 | | Katie Marter | JR | Clarke University | 22:11 | 8:56 |
| 88 | | Keely Danielsen Waring | NA | MMU Alumni | 22:50 | 9:11 |
| 89 | 61 | Billi Jo Henkelman | FR | DMACC | 23:54 | 9:37 |
| 90 | | Blake Bauer | FR | Grand View University | 24:10 | 9:43 |
| 91 | 62 | Kelly Anderson | FR | DMACC | 24:22 | 9:48 |
| 92 | | Alex Ermatinger | FR | Coe College | 25:32 | 10:16 |
| 93 | | Katie Schlutz Jones | NA | MMU Alumni | 26:12 | 10:32 |
| 94 | 63 | Kendra Chapman | SO | DMACC | 27:54 | 11:13 |

22nd Annual Mustang Gallop

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| Place | Name | Time | mpm | Place | Name | Time | mpm |
|----------------------------------|-----------------------------|-------|-------|--------------------|------|------|-----|
| 1) Cornell College | | | | Score = 27 | | | |
| 1 | Sanjuanita Martinez, SR | 14:09 | 5:42 | | | | |
| 2 | Abrah Masterson, JR | 14:23 | 5:47 | | | | |
| 7 | Rachel Moline, JR | 15:49 | 6:22 | | | | |
| 8 | Dominique Fleming, FR | 15:51 | 6:23 | | | | |
| 9 | Laura Wetzel, SR | 15:54 | 6:24 | | | | |
| 10 | Marikate Murphy, SO | 15:55 | 6:24 | | | | |
| 16 | Jenna Ptaschek, FR | 16:24 | 6:36 | | | | |
| | Lily Niswonger, SO | 16:34 | 6:40 | | | | |
| | Carly Pierson, JR | 16:51 | 6:47 | | | | |
| | Katie Baker, FR | 17:03 | 6:51 | | | | |
| | Stephanie Voller, FR | 17:27 | 7:01 | | | | |
| | Sandra Gomez, SO | 19:25 | 7:49 | | | | |
| | Bailey Welliver, SO | 19:44 | 7:56 | | | | |
| | Emma Krombholz, FR | 21:05 | 8:29 | | | | |
| 2) Mount Mercy University | | | | Score = 36 | | | |
| 3 | Liz Mosbach, SR | 15:35 | 6:16 | | | | |
| 4 | Molly Pruett, FR | 15:39 | 6:18 | | | | |
| 5 | Kaite Hoffert, JR | 15:47 | 6:21 | | | | |
| 11 | Lindsay Brunson, SR | 15:57 | 6:25 | | | | |
| 13 | Dana Ewan, SR | 16:04 | 6:28 | | | | |
| 26 | Jazmine Reynolds, FR | 16:50 | 6:46 | | | | |
| 27 | Kathryn Vanderpoel, FR | 16:52 | 6:47 | | | | |
| | Rachel Jellings, FR | 17:12 | 6:55 | | | | |
| | Kennidee Devilbiss, SO | 17:16 | 6:57 | | | | |
| | Melissa Armendariz, FR | 17:47 | 7:09 | | | | |
| | Marinna Schroud, SO | 18:09 | 7:18 | | | | |
| | Rachel Vaughn, SO | 19:16 | 7:45 | | | | |
| | Madison Esker, FR | 19:18 | 7:46 | | | | |
| 3) Clarke University | | | | Score = 113 | | | |
| 6 | Lauren Block, FR | 15:48 | 6:21 | | | | |
| 15 | Hayley Einsweiler, FR | 16:24 | 6:36 | | | | |
| 20 | Stephanie Kasiurak, SR | 16:32 | 6:39 | | | | |
| 33 | Sydnee Hendricks, SO | 17:17 | 6:57 | | | | |
| 39 | Emily Riesenberger, FR | 17:33 | 7:04 | | | | |
| 41 | Cassandra Stuflick, JR | 17:35 | 7:04 | | | | |
| 44 | Katherine Herrig, JR | 17:40 | 7:06 | | | | |
| | Anna Cole, SO | 19:27 | 7:50 | | | | |
| | Katie Marter, JR | 22:11 | 8:56 | | | | |
| 4) Grand View University | | | | Score = 125 | | | |
| 14 | Jasmine Nielsen, SR | 16:13 | 6:32 | | | | |
| 21 | Kim Teno, JR | 16:33 | 6:40 | | | | |
| 22 | Hayley Leonard, JR | 16:34 | 6:40 | | | | |
| 32 | Anna Halstead, SO | 17:08 | 6:54 | | | | |
| 36 | Christa Nordgren, SO | 17:23 | 7:00 | | | | |
| 42 | Karina Johnson, FR | 17:36 | 7:05 | | | | |
| 46 | Hannah Sobaski, JR | 17:58 | 7:14 | | | | |
| | Natalie Potts, JR | 18:04 | 7:16 | | | | |
| | Briana Mutch, SO | 19:30 | 7:51 | | | | |
| | Blake Bauer, FR | 24:10 | 9:43 | | | | |
| 5) Coe College | | | | Score = 135 | | | |
| 12 | Lucy Conroy, FR | 16:04 | 6:28 | | | | |
| 23 | Maddie Bain, JR | 16:34 | 6:40 | | | | |
| 29 | Mareena Franke, FR | 16:58 | 6:49 | | | | |
| 34 | Beth Heims, JR | 17:21 | 6:59 | | | | |
| 37 | Abie Mellick, SO | 17:24 | 7:00 | | | | |
| 43 | Kaylee Alvarez, FR | 17:38 | 7:06 | | | | |
| 45 | Allison Rogers, SR | 17:45 | 7:09 | | | | |
| | Holly Wisnousky, SO | 18:20 | 7:22 | | | | |
| | McKayla Morris, FR | 18:56 | 7:37 | | | | |
| | Kristen Granata, SO | 19:12 | 7:44 | | | | |
| | Ella Gibbons, FR | 19:22 | 7:48 | | | | |
| | Amanda Donovan, SO | 19:57 | 8:02 | | | | |
| | Jansen Heckenberg, FR | 20:05 | 8:05 | | | | |
| | Jean Springsteen, FR | 20:06 | 8:05 | | | | |
| | Natalie Zutter, FR | 20:29 | 8:15 | | | | |
| | Alyssa Knudson, FR | 20:36 | 8:17 | | | | |
| | Alex Ermatinger, FR | 25:32 | 10:16 | | | | |
| 6) Buena Vista University | | | | Score = 167 | | | |
| 19 | Katie Puls, FR | 16:29 | 6:38 | | | | |
| 28 | Hannah Appleseth, FR | 16:56 | 6:49 | | | | |
| 30 | Sybbie Sears, SO | 17:03 | 6:52 | | | | |
| 40 | Martina Smith, JR | 17:33 | 7:04 | | | | |
| 50 | Kennedi Hostetter, FR | 18:16 | 7:21 | | | | |
| 53 | Tara Harris, FR | 19:00 | 7:39 | | | | |
| 59 | Erin Morley, JR | 20:30 | 8:15 | | | | |
| 7) MMU Alumni | | | | Score = 175 | | | |
| 18 | Beth Ripperger, NA | 16:27 | 6:37 | | | | |
| 24 | Abby Martin, JR | 16:46 | 6:45 | | | | |
| 38 | Erin Behan, NA | 17:26 | 7:01 | | | | |
| 47 | Stephanie Nibaur Brehm, NA | 17:56 | 7:13 | | | | |
| 48 | Leslie Marshall Althoff, NA | 18:07 | 7:17 | | | | |
| 54 | Christine French Miner, NA | 19:06 | 7:41 | | | | |
| 55 | Katerina Althoff, NA | 19:09 | 7:42 | | | | |
| | Alyssa Maher, NA | 21:42 | 8:44 | | | | |
| | Keely Danielson Waring, NA | 22:50 | 9:11 | | | | |
| | Katie Schlutz Jones, NA | 26:12 | 10:32 | | | | |
| 8) University of Dubuque | | | | Score = 191 | | | |
| 25 | Kiersten Wenthold, JR | 16:47 | 6:45 | | | | |
| 31 | Abigail Ray, FR | 17:05 | 6:53 | | | | |
| 35 | Kayla Kinateder, SO | 17:22 | 6:59 | | | | |
| 49 | Jaclyn Roeder, SO | 18:09 | 7:18 | | | | |
| 51 | Kristin MacKenburg, SO | 18:19 | 7:22 | | | | |
| 56 | Katrina Pagel, FR | 20:12 | 8:08 | | | | |
| 60 | Bobbi Jo Helgemoe, SO | 22:02 | 8:52 | | | | |
| 9) DMACC | | | | Score = 245 | | | |
| 17 | Michelle Thayer, SO | 16:26 | 6:37 | | | | |
| 52 | Shannon Mullnix, SO | 18:38 | 7:30 | | | | |
| 57 | Molly Claman, SO | 20:15 | 8:09 | | | | |
| 58 | Juliana Stahle, SO | 20:21 | 8:11 | | | | |
| 61 | Billi Jo Henkelman, FR | 23:54 | 9:37 | | | | |
| 62 | Kelly Anderson, FR | 24:22 | 9:48 | | | | |
| 63 | Kendra Chapman, SO | 27:54 | 11:13 | | | | |

Incomplete Teams: