60 SECOND SMART GOAL SETTING

Take one minute. Set it: Specific. Measureable. Attainable. Realistic Timed goal.

PROJECT LEADER'S NAME:	START DATE:
TEAM PARTICIPANT'S NAME(S):	ANTICIPATED FINISH DATE:

SMART GOAL: Specific • Measurable • Affective • Realistic • Timed

PLAN / STEPS

BUDGET $:

TIME LINE: Interval or Due Date for Completion:

(Signature of Project Leader - APPROVED TO BEGIN)

(Today's Date)

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