

ISSUES AND PROGRAMS LIST - COMPLETE EACH QUARTER

PURPOSE: On this form, summarize a list of several issues which confront your community and the programs you ran to address each. See 73.3526(a)(9) or 73.3527(a)(7).

STATION: KJVV 101.9FM

DATE: April, May, June 2020

Twentynine Palms.

DURING THE PAST QUARTER, THE ISSUES SHOWN BELOW HAVE BEEN SIGNIFICANT TO OUR COMMUNITY. WE RAN THE PROGRAMS INDICATED TO ADDRESS THEM.

Issue: Diabetes & Obesity: Preventing or Reversing Disease WE RAN THE FOLLOWING PROGRAM TO ADDRESS IT (Title): Health & Longevity Date: 4-3-2020 Time of day: 11:00 A.M. Duration: 28 minutes.

Host Dr. John Westerdahl interviewed Dr. Wes Youngberg, MPH, PhD, author of the book Goodbye, Diabetes. Medications prescribed for diabetes do not cure it, but only manage symptoms. Youngberg shared what can treat the root causes of diabetes based on medical research findings. He presented lifestyle changes that have proven effective in preventing and/or reversing obesity and diabetes. Resources available at www.healthandlongevityradio.com.

Issue: Communication and Respectful Relationships WE RAN THE FOLLOWING PROGRAM TO ADDRESS IT (Title): Family Life Today Date: 5-4-2020 Time of day: 4:00 P.M. Duration: 28 Minutes.

Hosts Dennis Rainey & Bob Lapine interviewed the authors of With All Due Respect, Nina Roesner and Debbie Hitchcock, about communicating appropriately with children to build respectful relationships. They gave parents practical advice for teaching children to respect others, including their parents. Resources offered at www.familylifetoday.com.

Issue: Overcoming Bad Habits that Lead to Disease WE RAN THE FOLLOWING PROGRAM TO ADDRESS IT (Title): American Indian Living Date: 6-16, 2020 Time of day: 11:00 A.M. Duration: 58 Minutes.

Guests Lorayne Barton, MD, MPH, Pediatrician; Vicki Griffin, Lifestyle Matters; and John Youngberg, WIN Wellness; joined Host David DeRose, MD. Lifestyle practices can either enhance or impair health. This program identified some of the healthiest lifestyle choices and provided insights into putting them to work in everyday life. Resources shared: www.lifestylematters.com or 1-866-624-5433, and www.winwellness.org.

Issue: Money Management: Balancing Your Budget WE RAN THE FOLLOWING PROGRAM TO ADDRESS IT (Title): MoneyWise Date: 6-22-2020 Time of day: 9:30 AM Duration: 30 Minutes.

Host Rob West and Steve Moore offered ways to balance the budget by trimming expenses and saving money. They also answered questions about paying off debt, retirement planning, and making a will. Free resources offered, including 100 Ways to Save Money, are available on www.Compass1.org or by calling 1-800-525-7000.



Signature of licensee

Date July 1st 2020