



# Dip n Dunk Lacrosse Winter Face-Off Clinics

Fun and Innovative Drills to improve face offs!

Stance  
Positioning  
Clamp, Jam, & Rake  
Counters- Knife, Shovel, & Re-Jam  
Live Reps & Tournament Play  
Exits and Wing Play  
Leadership - Communication

January 15th 3:00 - 5:00 pm  
and  
February 25th 4:30 - 6:30 pm

Indoor 365  
16-22 N US Route 9W Unit 22, Congers,  
NY 10920, USA

\$ 30 per session

To register email  
[dndlacrosse@gmail.com](mailto:dndlacrosse@gmail.com)

## *Jim Ardizone*



### Coach/Player

- 11 year high school varsity head coach
- + 100 career varsity coaching wins
- 3 x Section 1 Class B Coach of Year
- Rockland County Coach of Year
- Former Manhattan College Asst Coach
- Manhattan College Asst Coach 2000-2003
- 5x Empire State Games Asst Coach (Hudson Valley)
- Nationally ranked in F/O statistics 1997-1999
- 20 years of face off experience

# Dipndunklacrosse.com