

## 2022 CASCADE CLASS 1A STATE QUALIFIER

Cascade, IA  
Fillmore Fairways Golf Course  
Host: Cascade  
Thursday, October 21, 2021

### MEET OFFICIALS

Meet Director:  
Adam Kedley  
Timing:  
Scheckel - Kauder Racing, LLC



### OFFICIAL MEET REPORT

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**Race #1**  
**Girls 5K**

**Final Results**

### TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 South Winneshiek	36	2-4-9-10-11(12)(13)	1:49:28	21:54	2:15.1
2 Cascade Western Dubuque	67*	3-6-18-19-21(23)(28)	1:54:05	22:49	2:55.3
3 Central Elkader	67*	5-7-14-16-25(26)(30)	1:55:18	23:04	3:13.8
4 MFL MarMac	116	8-17-24-33-34(35)(48)	2:02:50	24:34	4:42.5
5 Calamus-Wheatland	131	1-15-27-41-47(50)	2:09:12	25:51	13:34.9
6 Alburnett	158	20-31-32-37-38(40)	2:11:05	26:13	3:54.9
7 Kee Lansing	181	22-29-42-43-45	2:17:48	27:34	5:50.9
8 Clayton Ridge Guttenberg	214	36-39-44-46-49	2:29:28	29:54	6:32.8

#### \*Tiebreakers

Cascade Western Dubuque	3	6	18	19	21	23
Central Elkader	5	7	14	16	25	26

### INDIVIDUAL RESULTS

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. KM
1 STEINES, Noelle	SO	Calamus-Wheatlan	1	19:17.40	6:13.4	3:51.9
2 WAGNER, Billie	SR	South Winneshiek	2	20:31.82	6:37.4	4:06.9
3 JONES, Hunter	SR	North Cedar Stanw	-	20:53.79	6:44.4	4:11.3
4 KELCHEN, Hallie	FR	Cascade Western D	3	21:00.56	6:46.6	4:12.6
5 HAGEMAN, Megan	SR	South Winneshiek	4	21:24.26	6:54.3	4:17.4
6 BURBRIDGE, Tayrn	FR	Maquoketa Valley D	-	21:41.44	6:59.8	4:20.8
7 ASCHE, Hannah	SR	Central Elkader	5	21:47.00	7:01.6	4:21.9
8 SUPPLE, Lilly	FR	Cascade Western D	6	21:47.84	7:01.9	4:22.1
9 DETTMAN, Jaydin	JR	Central Elkader	7	21:51.91	7:03.2	4:22.9
10 KEEHNER, Cora	FR	MFL MarMac	8	22:00.16	7:05.9	4:24.6
11 TIESKOETTER, Josie	JR	South Winneshiek	9	22:09.59	7:08.9	4:26.5
12 KIRBY, Ellie	SO	Edgewood-Colesbu	-	22:27.88	7:14.8	4:30.1
13 JANSEN, Maddi	FR	South Winneshiek	10	22:34.60	7:17.0	4:31.5
14 DIETZENBACH, Anna	SR	South Winneshiek	11	22:46.90	7:20.9	4:33.9
15 WENTHOLD, Karissa	SO	South Winneshiek	(12)	23:03.69	7:26.4	4:37.3
16 WILLEY, Ella	SR	South Winneshiek	(13)	23:05.50	7:26.9	4:37.7
17 SCHERF, Delaney	SR	Central Elkader	14	23:10.37	7:28.5	4:38.6
18 LEBARGE, Mackensie	FR	Calamus-Wheatlan	15	23:13.05	7:29.4	4:39.2
19 MOSER, Taylor	JR	Central Elkader	16	23:27.51	7:34.0	4:42.1
20 GRAU, Clare	JR	MFL MarMac	17	23:27.76	7:34.1	4:42.1
21 TRUMM, Annie	FR	Cascade Western D	18	23:36.33	7:36.9	4:43.8
22 DELAROSA, Ayda	SR	Cascade Western D	19	23:44.00	7:39.4	4:45.4
23 MARTIN, Gralynn	JR	Alburnett	20	23:49.36	7:41.1	4:46.4
24 KREMER, Delaney	SO	Cascade Western D	21	23:55.78	7:43.2	4:47.7
25 WENTHOLD, Morgan	FR	Turkey Valley Jacks	-	24:20.36	7:51.1	4:52.7
26 WAGNER, Alison	SR	Kee Lansing	22	24:22.04	7:51.6	4:53.0
27 BOWER, Grace	SR	Cascade Western D	(23)	24:31.03	7:54.5	4:54.8
28 RUFF, Evelyn	SO	MFL MarMac	24	24:32.77	7:55.1	4:55.1
29 IMLER, Isabel	JR	Maquoketa Valley D	-	24:43.60	7:58.6	4:57.3

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**INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. KM
30 LOPEZ, Dulce	SR	Postville Communit	-	24:45.40	7:59.2	4:57.7
31 FRIEDEN, Haley	SR	Central Elkader	25	25:00.75	8:04.1	5:00.8
32 RORK, Coral	SO	Central Elkader	(26)	25:10.72	8:07.3	5:02.7
33 DEAVER, Jessica	FR	Marquette Catholic	-	25:19.74	8:10.2	5:04.6
34 GENTILE, Isabella	JR	Calamus-Wheatlan	27	25:27.82	8:12.8	5:06.2
35 TOPPING, Lilly	SR	Cascade Western D	(28)	25:30.90	8:13.8	5:06.8
36 WINTERS, Addison	FR	Kee Lansing	29	25:34.25	8:14.9	5:07.5
37 EMBRETSON, Eva	SR	Central Elkader	(30)	25:51.52	8:20.5	5:10.9
38 MCGRAW, Carly	FR	Alburnett	31	25:59.98	8:23.2	5:12.6
39 STANLEY-JONES, Isabelle	SO	Alburnett	32	26:03.98	8:24.5	5:13.4
40 KOETHER, Emma	FR	MFL MarMac	33	26:06.61	8:25.4	5:13.9
41 CORTES, Liliana	SO	Postville Communit	-	26:38.70	8:35.7	5:20.4
42 NUEHRING, Kaylee	JR	MFL MarMac	34	26:42.61	8:37.0	5:21.2
43 MOSER, Mariah	FR	MFL MarMac	(35)	27:05.05	8:44.2	5:25.7
44 HOGAN, Allison	JR	Maquoketa Valley D	-	27:13.04	8:46.8	5:27.3
45 MEYER, Schyler	SR	Edgewood-Colesbu	-	27:17.61	8:48.3	5:28.2
46 DICKSON, Eleanor	SR	Clayton Ridge Gutt	36	27:21.00	8:49.4	5:28.9
47 HOSPODARSKY, Lindsey	SR	Alburnett	37	27:26.69	8:51.2	5:30.0
48 BANES, Haylee	SO	Alburnett	38	27:44.22	8:56.8	5:33.5
49 DICKSONN, Daisy	JR	Clayton Ridge Gutt	39	28:04.58	9:03.4	5:37.6
50 HANSON, Haylee	FR	Turkey Valley Jacks	-	28:09.14	9:04.9	5:38.5
51 GRAUBARD, Isabelle	JR	Alburnett	(40)	28:12.27	9:05.9	5:39.1
52 WALZ, Miley	FR	Edgewood-Colesbu	-	28:20.57	9:08.6	5:40.8
53 CONNELLY, Aubrey	SR	Calamus-Wheatlan	41	28:21.31	9:08.8	5:40.9
54 WALLESER, Jaylyn	SR	Kee Lansing	42	28:26.21	9:10.4	5:41.9
55 BUSH, McKenna	SO	Maquoketa Valley D	-	28:31.26	9:12.0	5:42.9
56 HENKES, Ashlyn	SO	Kee Lansing	43	29:11.78	9:25.1	5:51.1
57 MATEO, Jacqueline	SO	Postville Communit	-	29:30.36	9:31.1	5:54.8
58 SULLIVAN, Bailey	FR	Easton Valley	-	29:46.85	9:36.4	5:58.1
59 SCHAEFERS, Mollie	SO	Clayton Ridge Gutt	44	29:53.58	9:38.6	5:59.4
60 REDHAGE, Sarah	SR	North Cedar Stanw	-	30:11.03	9:44.2	6:02.9
61 ZIPSE, Anastasia	JR	Kee Lansing	45	30:12.93	9:44.8	6:03.3
62 GAUL, Hailey	SO	Clayton Ridge Gutt	46	30:14.55	9:45.3	6:03.6
63 QUIROZ - ORDONEZ, Maria	SO	Postville Communit	-	31:32.21	10:10.4	6:19.2
64 JACOBSEN, Macailah	FR	Calamus-Wheatlan	47	32:52.21	10:36.2	6:35.2
65 WEBER, Cadence	SR	MFL MarMac	(48)	32:57.73	10:38.0	6:36.3
66 SIMON, Hinckley	SO	Clayton Ridge Gutt	49	33:53.71	10:56.0	6:47.6
67 RICKELS, Miranda	JR	Calamus-Wheatlan	(50)	35:00.52	11:17.6	7:00.9