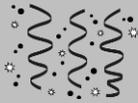
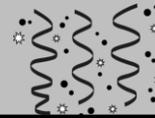


WATERFORD LADIES JOURNAL



1/1/2017



Looking Back at December

The holidays are over and you survived the holiday hustle and bustle. Hope everyone received everything they wanted for Christmas and welcomed 2017 just the way you planned.

Thank you to everyone who was able to attend the Waterford Ladies Home Holiday Party 2016. We hope everyone had a good time. The staff and residences want to thank Linda and Jim Pearson for the wonderful Christmas party. Also a big thank you to the Waterford staff for helping

Florence Evans warm blessing made everyone feel like they were home with family.

The ladies had a fun filled month including several groups that came in to sing Christmas carols.

The Salvation Army had gift bags to each of the residents. Linda Pearson made fudge for the ladies, that went into the Christmas tins.

Quote for January – "January opens the box of the year and brings out days that are bright and clear and brings out days that are cold and grey and shouts "Come see what I brought today" – Leland B. Jacobs

to make the party a big success.

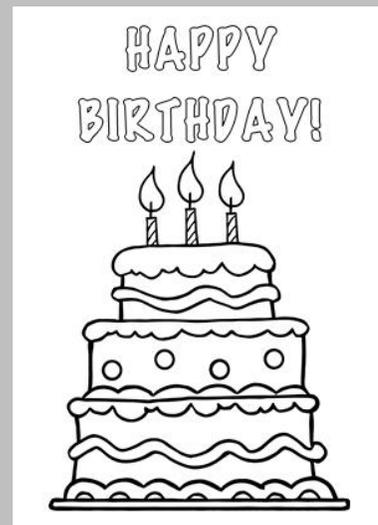
The ladies send a special thank you to Suzanne Todd for getting the party started and everyone in the holiday spirit.

January

Weather – An inkling of sprinkling, warmth than you'd guess flurries visit a furrier! Sunny skies. What a mess!

While we are recounting parties, the ladies had a New Year's Eve Party. The treats and festive favors were provided by Linda Pearson.

Milder then turning wilder, with hours of snow showers. Tapering off while kids are capering.



January Birthday's

•••

The following Waterford ladies are having birthdays in January:

Carolyn Harris - 3rd
Mildred Carlton – 9th
Eva Evans – 17th
Faye Antwiler – 20th

There is one staff member with a birthday this month:
Paulette Bennet – 27th

**Happy Birthday
Ladies!**

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Thank you Surprise - We have mentioned in a previous journal the ladies have judged the drawing portion of the Reflections program for Franklin Smith Elementary School. They have been Reflection judges for the last three-years.

surprise



The PTA representatives from Franklin Smith Elementary School in the Blue Springs school district wanted to do something special for the ladies as a thank you. The ladies were presented with a popcorn machine for 'Going to the Movies' and special treats.

Activities - Don't forget you are always welcome to join our Mind and Body daily activity. Please look at the calendar and see if a day and time works with your schedule to join us. We can always make room for you to share and enjoy exercising with your family member.

Going Green Tip/Eco Tip

In 2009, America threw away 73.5 million tons of packing material. That makes up 28 percent of all solid disposal material in landfills.

Check out Pinterest and other online sources for ways to reuse packing materials. Upcycling is on the rise. You might be surprised by what you can do with things you have around the house.



January Facts

1-1 – New Year's Day – also on this date is the 125th anniversary of the Opening of Ellis Island in 1892.

1-2 – Anniversary of the West Virginia Mine Tragedy (2006), 13 miners were trapped nearly two days and only one miner survived.

1-3 – Anniversary of Alaska's Admission Day in 1959.

1-4 – Birth anniversary of Louis Braille. The French born Louis braille became permanently blind at three years-old. He invented a raised alphabet for people who were blind.

1-5 – **Trivia for the Day** – the phrase "red-letter day"

dates back to 1704 when holy days were marked in red letters on church calendars.

1-6 – National Smith Day – Smith is the most common surname in the U.S., followed by Johnson, Williams and Brown.

1-7 – **Thought for the Day** – Weather forecasting is the only profession where you can be wrong all the time and not worry about losing your job.

1-8 -1-14 – National Write a Letter of Appreciation Week.

1-9 – National Clean-Off-Your-Desk Day.

1-10 – On this day in 1958, Great Balls of Fire by Jerry Lee Lewis was the Number 1 song.

1-11 – **Advice for the Day** – I never learned anything while I was talking. Larry King.

1-12 – **Thought for the Day** There is one order of beauty which seems made to turn heads, that of the babies just beginning to toddle – T.S. Elliot.

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1-13 – Friday the 13th –
Every year has at least one Friday the 13th, but never more than three. In 2017 there are two, January and October.

1-14 – On this day in 1794, the first successful caesarean section was performed by Dr. Jesse Bennett of Edom, VA. His wife was the patient.

1-15 – Quote of the Day –
“There is a fountain of youth: it is your mind, your talents, the creativity you bring to your life and the lives of people you love” – Sophia Loren.

1-16 – Trivia Question of the Day – What does pogonip mean? (Hint: It's a weather term) Answer: pogonip is a dense winter fog that freezes on trees, but melts on the ground.

1-17 – Birth anniversary of Benjamin Franklin (1706-1790) Franklin was an American statesman, diplomat, inventor, scientist, printer, author and philosopher.

1-18 – Did you know?
Route 66 crossed eight states, three time zones and was 2,448 miles long (about 4,000 KM). The last stretch of Route 66 disappeared from official maps in 1985.

1-19 – Trivia for the Day –
The color teal originated in Turkey. It was inspired by the colors of the ocean and night sky.

1-20 – U.S. Inauguration Day - at high noon (EST) the 45th president and vice president will be sworn in

1-21- 33rd Annual Bald Eagle Appreciation Day. Keokuk, IA is on the Mississippi River and is the winter home to a large number of bald eagles.

1-22 – Quote for the Day –
“You don't live this long and not have tales to tell.” Dolly Parton.

1-23 – Dr. Blackwell was the first female medical doctor (1849).

1-24 – Anniversary of the patent of Eskimo Pie (1922). Eskimo Pie was the first ice cream bar.

1-25 – On this day in 1956, Elvis Presley's first number one hit was released, Heartbreak Hotel.

1-26 – On this day in 1988 Andrew Lloyd Webber's Phantom of the Opera opened on Broadway.

1-27 – Anniversary of the signing of the Vietnam Peace Agreement (1973).

1-28 – Anniversary of the Explosion of the Challenger Space Shuttle (1986).

1-29 – The \$2.00 bill was issued (1976).

1-30 – “Rosie the Riveter” becomes national symbol for women entering the work force (1942).

1-31 – First direct dial international call is made in 1966.

January Fun Facts

The origin of January's name comes from the roman god, Janus (Latin Januarius derived from Janua meaning door) the two-faced god of beginnings and entrances.

January Birthstone – Garnet (Constancy)

January Flower – Carnation (alternate- Snowdrop)

January Colors – Black and Dark Blue

