



California Diving Academy

3rd Annual Diving Invitational

Saturday, February 29th, 2020

Meet Director:

Eric Holzheimer

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Email: cdaInvite20@CALdiving.org

Location:

Dougherty Valley High School Pool

10550 Albion Road

San Ramon, CA 94582

Date: Saturday, February 29th, 2020

Friday, February 28th, OPEN WARMUP from 5:30-9pm

Fees: \$35 per event (1m/3m) Synchro and Open Warmup included

Registration: All (1m/3m) registrations must be completed online via DiveMeets.com. All participants including athletes and coaches must be registered and current USA Diving member in good standing. Be prepared to show proof of USA Diving membership.

Deadline for regular online registration: <Midnight (PST), Sunday, February 16th, 2020

LATE FEE \$40/diver (includes all events) ~ and goes into effect starting at 00:01am, Sunday, February 23rd, and continues until 5pm (PST), Wednesday, February 26th, 2020

ALL 1m/3m registration will close at 5pm (PST), Wednesday, February 26th, 2020

*** * * There will be NO on deck entries for anything * * ***

SYNCHRO ~ The Synchro event will be event #1 and has no warm-up as it immediately follows the morning 7-8am open warmup. There will only be one Synchro event. It will consist of 3 dives per group from 3 different dive-groups. Groups may be mixed and multiple boards. DD will be calculated. Max 1-diver/board/team (2-1m/2-3m).

Facility:

TWO ~ 1 Meter Duraflex Model "B" on Durafirm stands

TWO ~ 3 Meter (2) Duraflex Model "B" on Durafirm stands

Pool 13 ft. deep, good lighting for night diving (if necessary)

Surface diffusers (3m only)

No on-deck hot tubs; but lockers/showers are at the other end of the pool

Pool temperature 80 degrees

Sunrise ~ 6:41am // Sunset 6:02pm

Dive Rules:

All events and groups (FC1-8, JO, Seniors, and Masters) will follow USA Diving Rules for that group and age as listed on DiveMeets. The Synchro event will perform 3-dives and are open to same- or mixed (boy/girl) teams. Masters will follow the Silver (5-dives) and Gold (8-dives) protocol.

Changes:

Dive changes may be made up to **1 hour prior to the event start time.**

Awards:

Medals for 1st - 3rd place; Ribbons for 4th - 12th place

Food:

On-site food and/or refreshments WILL NOT be available from vendors; some food will be available on the deck for donations-only.

Breakfast and Lunch will be provided for coaches

Team Tents: There is plenty of room on the pool deck for team tents