



Gather your friends, family, neighbors to register today and we will see you on race day, Saturday, May 7th What better time than now to get something FUN on the calendar to share with your friends, family, neighbors, and community!

In celebration of our 12th annual event, we will be offering a 12k run, a 5k run/walk and our \$5 Kids Fun Run! The Kids Fun Run features local mascot "Susie the Duck" and brings smiles and laughs to all. **Something for everyone in the family and community!**

Proceeds from registration and sponsorship stay here in our Lodi community- used by the Optimist Club of Lodi to continue their work in "Bringing Out the Best in Kids" through activities such as baseball, wrestling, cheerleading, golf, and numerous additional programs.

Packet Pickup at Lodi High School Sports Stadium: Fri, May 6 3-6pm and Sat May 7th 7-9am
Race Times: 12k @ 8am 5k @ 8:30am Kids Run @ 9:30am Awards to follow

What a fantastic community! Loved every second of the race and every inch of the (horribly steep) hills. Thank you for the **wonderful race, the organization was superb and the support was the BEST!** Hope I can run this again in the future. **Such an awesome event with unbelievable support from the community.** There were people cheering with signs and costumes at every intersection. The whole town came out to participate or watch. - OMR Runner Sam G.

RACE DAY

May 7, 2022

12k RUN

5K RUN/WALK

KIDS FUN RUN

Lodi High School
 1100 Sauk St
 Lodi WI 53555



Find us on facebook. **Activate Lodi**

onemotherofarun.com

Save some \$\$ and skip the online registration. RETURN THE BELOW REGISTRATION FORM, WAIVER and \$\$ by APRIL 20, 2022 to:
One MOTHER of a Run, c/o Activate Lodi Lodi High School – POOL @ 1100 School Street, Lodi WI

Tell us about yourself:

Name _____

City, State ZIP _____

Phone _____

Email _____

Date of Birth ___/___/___ Age on 5/7/22 ____

Male or Female

Checks payable to: Optimist Club of Lodi

What are you Running?

12K \$35*

5K run / walk \$35*

Kids Run (1 mile) \$5

Shirt Selection?

5k/12k (Adult) S M L XL XXL

Kids Run: YS YM YL AS AM

Registration MUST be submitted by April 20th to guarantee a t-shirt

* Fees increase by \$10 for race day registrations.

RELEASE OF LIABILITY In consideration of being allowed to participate in any way in the event and all related activities, I _____, the undersigned, parent or legal guardian, acknowledges, appreciates, and agrees that: The risk of injury from the activities involved in this event exists. While particular rules, equipment, and personal discipline may reduce this risk, the risk of serious injury does exist. I knowingly and freely assume all such risks, both known and unknown, and assume full responsibility for my participation. I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, hereby release, indemnify, and hold harmless the event, all volunteers, organizers, professional support, Activate Lodi, the City of Lodi, Lodi School District and the Optimist Club of Lodi, with respect to any and all injury, disability, death or loss or damage to person or property, to the fullest extent permitted by law. I also agree to release all images, comments, likeness, etc. of or made by me regarding this event for use by the above-named parties.

I have read this release of liability and assumption of risk agreement, fully understand the terms understand that I have given up substantial rights by signing it and sign it freely and voluntarily without any inducement.

As participant, I willingly agree to comply with the stated and customary terms and conditions for participation.

Signature of Participant _____ Date _____

Parent Signature of Participating Minor _____ Date _____