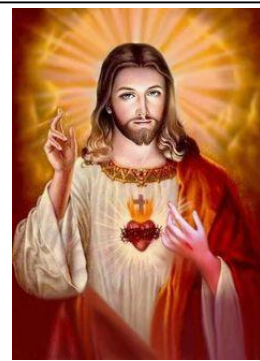




# Sacred Heart Parish Preston

322 Bell St, Preston 3072  
Phone (03) 9480 3398 or (03) 9484 2124  
Email: [preston@cam.org.au](mailto:preston@cam.org.au)  
Website: [www.sacredheartpreston.com.au](http://www.sacredheartpreston.com.au)



## Office Hours:

Mon, Thurs & Fri: 10am -3pm

## Parish Priest

Fr Aloysius Nato, SVD  
Ph: 0428 715 282

## Italian Community Chaplain:

Fr Albano Da Costa, SVD  
Ph: 0478 963 248

**Parish Office:** Rachel Costa

**School Principal:** Mark Tierney

**School Phone:** 9487 1001

**Sacrament Coordinator:** TBA

## Safeguarding Committee:

### Safeguarding Officers:

Robert Dullard: 0433 401 958

Kay Duffy: 0431 376 212

### Safeguarding Committee: Members:

Mary Harb: 0422 891 324

Teresa Dang : 0434 583 911

Pauline O'Day: 0497 935 593

## Parish Council Members:

Gerard Grant (chairperson), Kay Duffy (secretary), Ophelia Swai, Anisasio (Pauline) Veamatahau, Mark Tierney, Ben Fortuna, Natalie Baran, Judeline Wadhwani and Joanne Verga

## Parish Finance Committee:

Peter Constable (Chair)

Ph: 0425 779 831

## St. Vincent de Paul Society:

Stephen Costello (President)

Ph: 0432 405 417

## Parish Mass Schedule

### Weekend Masses:

**Saturday:** 6:00pm

**Sunday:** 9:00am (Italian), 10:30 am, 6:00 pm

### Weekday Masses:

**Monday to Friday:** 9:10am

**Healing Mass:** 1st Friday of the month  
at 1:30pm

### Next Healing Mass:

**Friday 2 June**

### Devotional Practices:

**Adoration of the Blessed Sacrament:**

Every Thursday at 7:30pm for 1 hour



**Holy Rosary:** Thursday (English) after the 9:10am Mass

### Reconciliation:

30 minutes before Mass or by appointment

**Baptisms & Weddings:** By appointment only

Bulletin printed 19/5/2023

## *The Ascension of the Lord* *Sunday 21 May 2023 (Year A)* **Go, therefore, make disciples**

The Apostles had been with Jesus from the beginning of his ministry. He chose them, called them, and befriended them. They heard him preach and witnessed his miracles. After his death, the Risen Lord appeared to them. Yet even at the time when the Lord ascended into heaven, the Apostles were still not free of confusion and doubt. They were concerned about the liberation of the Kingdom of Israel from Rome; Jesus was concerned about the Kingdom of God which his Apostles were to preach to the ends of the earth. And not only were the Apostles confused, they also had doubts about Jesus. The Gospel tells how the Risen Lord summoned them to a mountain in Galilee, to the place where his mission on earth had begun. After all he had been through with his Apostles, we are told that they worshipped him, yet some doubted.

We may assume that after more than twenty centuries, confusion and doubt about Jesus would have been eliminated from our midst. Yet, like the Apostles we all too readily substitute our plans and priorities for God's. We easily lose track of what is important in God's eyes, and what is not, as we make our way in a noisy, competitive, and rapidly changing world. And sometimes, in the midst of it all, we too entertain doubts – even though the Lord has drawn near to us in many ways. Perhaps our confusion and doubt is the Lord's way of telling us that, left to our own devices and resources, we are incapable of discipleship. Rather, like the Apostles, we must watch and pray, asking that the Holy Spirit, whom we received in Baptism and Confirmation, to be stirred up in us.

As we look ahead to next Sunday's celebration of Pentecost, let us pray that we will experience the presence and power of the Spirit in our lives, perhaps as never before, with a new depth and vibrancy.

Let us not be afraid of embracing the new future unfolding before us. Through his Resurrection and the Ascension, our Lord empowered the Apostles and also us, to carry out his Gospel dream: to build God's Kingdom on right relationships, peace, justice and love. Let us go forward in our mission to make a difference in the world, confident of the victory of Christ and his promise to be with us till the end of time.

## **GO THEREFORE and make disciples**

*of all the nations, baptizing them in the name  
of the Father and of the Son and of the Holy Spirit.*

— Matthew 28:19 (NJV) —



## Sacred Heart Parish Prayer

*Loving God, we honour the heart of Jesus, your beloved Son. We remember how he opened his heart in love to all people. Open our own heart to receive the gifts that continue to flow so richly from the heart of Christ, who lives with you in the unity of the Holy Spirit, one God for ever and ever. Amen.*

	Saturday 6:00PM Mass - Readers	Saturday 6:00PM Mass - Ministers of Communion
13-May-23	Celia Lemos Marlene Vergou	Mary Harb
20-May-23	Rohan Lemos Mary Harb	Terry Murphy
27-May-23	Teresa Dang Terry Murphy	Charlotte Bainy

	Sunday 10:30AM Mass - Readers	Sunday 10:30AM Mass Ministers of Communion
14-May-23	Hannah Lopez Judeline Wadhvani	Giovanna D' Intino
21-May-23	Jessy Thambiraj Ivana Lo Bello	Eileen Stevens
28-May-23	Jessica Suppiah Marilene Fortuna	Tony Eley

	Sunday 6:00PM Mass - Readers	Sunday 6:00PM Mass Ministers of Communion
14-May-23	Marijana Jurjevic Tim Rankin	Robert Dullard
21-May-23	Marijana Jurjevic Rachel Vorlander	Robert Dullard
28-May-23	Marijana Jurjevic Michelle Totawatte	Robert Dullard

**NATIONAL** 15-21 MAY 2023  
**VOLUNTEER**  
**THE CHANGE MAKERS WEEK**

We pray with gratitude for all volunteers in our parishes, schools and services of care, along with those who volunteer in many organisations across the nation.



## WE PRAY FOR:

### The elderly and the sick

Sandra Bishop, John Plum, John Storrie  
Our parishioners, family members and friends, that they may be blessed with constant care, attention and respect.

### Those who have died recently:

### We Commemorate:

Renzo Gallina (1st Anniv.)

Pio Vigo (5th Anniv.)

Cosimo Oppedisano

O Lord may perpetual light shine upon them.

May they rest in peace. Amen.



## A Vocation View:

Through His death, resurrection and ascension, Christ showed us the path to eternal life. Know that the Lord is with you always, through your struggles and triumphs, and that he will hear your prayers.



## Last Week's Collection: 14/5/23

1st Collection for our Church: \$1,186

2nd Collection for support of clergy: \$559

Thank you for your kind generosity!



## ACKNOWLEDGEMENT OF OUR TRADITIONAL CUSTODIANS

Sacred Heart Community Preston acknowledges the Wurundjeri People of the Kulin Nation, the traditional custodians of this Sacred land on which our Church stands.

We acknowledge their unique wisdom and ability to care for Country and their deep spiritual connection to it. We pay our respects to Elders past, present and emerging.



## † Solemnities / Feasts / Memorials of the Week †

Monday 22 May

St Rita of Cascia, Religious

Wednesday 24 May

**Solemnity of Our Lady, Help of Christians**

Thursday 25 May

St Gregory VII, Pope

St Mary Magdalene de'Pazzi, Virgin

St Bede the Venerable, Priest, Doctor

St Philip Neri, Priest

Friday 26 May

Saturday 27 May St

Augustine of Canterbury, Bishop



**Prayer To Our Lady, Help Of Christians**  
Mary, Help of Christians, watch over us with love. Intercede for us with your Son, to bless Australia, so that we can be people of peace – people who love and respect each other, and people who love and respect our land, Australia. We make this prayer through Jesus, your Son. Amen.



## THOUGHTS FROM POPE FRANCIS



Building peace means initiating and sustaining processes of development to eliminate poverty, to defeat hunger, to guarantee health and care, to safeguard the common home, to promote fundamental rights and to overcome discrimination determined by human mobility.



## Wedding Congratulations



We congratulate

**Ivy & John**

for their Wedding

celebrated here at Sacred Heart Church

on Saturday 20 May

May God grant a happy and prosperous life to you both as you embark on your journey together as husband and wife.



## Welcome before Baptism

Dear Parents, as you prepare for your child's Baptism, the people of Sacred Heart rejoice that you have chosen to baptize your child and we pray that in the coming years you and your family will continue to know and grow in the love of God, that is everlasting.

The Parish introduces to the Sacred Heart community

**Isabella Scales,**

in preparation for her

Baptism on 27 May.



## MAY MASS COUNT.

During the month of May, the Archdiocese organises this survey during the weekends so as to know how Catholics are faring in their church attendance and to organise better the pastoral needs of the parishes.





## Save the Date

Sunday 18 June – Feast of the Sacred Heart  
Multicultural Mass at 10:30am followed by a get together



### Sacred Heart Film Night - now open to everyone!

Join us tonight **Saturday 20 May at 7pm** to watch **The Letter**, an inspiring documentary film about how our spiritual values call us to take action for the planetary emergency.

You are invited to watch and discuss Pope Francis' recently released film in the community meeting room at the presbytery.

Not suitable for children under 12.



## HOLY LAND PILGRIMAGE

Join us on a 13-day spiritual journey focusing on the Life and times of Jesus, **"Walking Where Jesus Walked"** led by Nativity Tours. This trip includes all the important places from the Old and New Testaments starting from Jordan and then to Israel and finishing in Egypt. The package cost is \$6,800\* AUD inclusive of Airfare, travel expenses in Israel, stay in premium hotels and three meals per day. An English speaking professional guide will guide the tour. The tour commences 25 September 2023.

For enquiries or booking, please contact

Liza on 0459 726 360 or [nativitytoursau@gmail.com](mailto:nativitytoursau@gmail.com)

Fr Aurelio Fragapane will be the chaplain on the pilgrimage.

For the pilgrimage to go ahead a minimum of 30 people are required.



## LAUDATO SI' WEEK 2023

MAY 21-28, 2023

HOPE FOR THE EARTH | HOPE FOR HUMANITY

Welcome to [Laudato Si' Week](#)! This year's celebration will unite Catholics around the globe with the theme **"Hope for the Earth. Hope for Humanity"**. Several global events will take place during May 21 to 28, including events dedicated to the film **"The Letter"** which tells the story of four "social poets" affected first-hand by the climate crisis who travel to Rome to meet Pope Francis.

### What is Laudato Si' Week?

Laudato Si' Week began as a way to celebrate the first anniversary of Pope Francis' papal encyclical letter, "Laudato Si': On Care For Our Common Home." Since then, the annual celebration has become a way for all Catholics to unite and rejoice in the progress we've made in bringing Laudato Si' to life and to commit ourselves to further prayer and action for our common home. The event is organised by the Vatican [Dicastery for Promoting Integral Human Development](#), and facilitated by [Laudato Si' Movement](#) together with other partners. For more information visit the [laudatosiweek.org](http://laudatosiweek.org) website, and fill out the form to register your interest and receive the latest news.

**Please take the bulletin home**

## Sacred Heart Primary School 2024 Enrolments

Enrolments for the 2024 school year Foundation classes, open on Monday 6th March. For a school tour, please contact the school principal on 9487 1001 or via the school website

<http://www.shpreston.catholic.edu.au>

Our school was ranked in the top 7% of primary schools across Victoria for NAPLAN in 2022.

At Sacred Heart School, our students are at the heart of every decision we make. Every day is Open Day and prospective students and their families are warmly invited to tour our school.



Dear Sacred Heart parishioners,

You are invited to our "Biggest Afternoon Tea" fundraiser. Sunday 4 June – from 3pm onwards

At Sacred Heart Hall – 85 David Street, Preston

Kindly bring a plate to share

Please write your name, phone number and numbers attending on the sign-up sheet in the foyer.

Numbers are limited.

For further information, contact Mary on 0422 891 324



### Children's activity pages

Please find in the foyer of the Church activity pages and pencils for young children to use quietly during Mass.



### Joke Corner

A priest, a Buddhist monk and a rabbi argue about who's the greater spiritual leader so they agree to test their abilities by attempting the impossible: who can convert a bear to their religion. Two weeks pass, the monk and the rabbi get a call from the priest to show up at the local church. When they arrive, they see a bear sitting in the front pew, singing psalms.

"How'd you do it?" they ask.

Said the priest, "Simple. I met the bear in the woods, it roared, stood on its hind legs, but I made the sign of the cross, took out my psalm book and started to praise the Lord. He calmed down, took the book from my hand and started singing."

Two more weeks pass, and the priest and the rabbi get a call from their Buddhist friend. They show up at the temple to see a bear burning incense and meditating.

"How'd you do it?" they ask.

"Simple," said the Buddhist monk. "I met the bear in the woods, it roared, stood on its hind legs, but I lit some incense, sat down to meditate, and he calmed down and sat beside me."

Two more weeks pass, and the priest and the monk get a call from the hospital that their rabbi friend is on his deathbed. They show up, and to their horror find the poor man in horrible shape covered in bandages.

"What happened?!" they ask.

The rabbi whispers, "I should ... not ... have started ... with ... circumcision."



## ENTRANCE ANTIPHON

Men of Galilee, why gaze in wonder at the heavens?

This Jesus whom you saw ascending into heaven will return as you saw him go, alleluia.

## PENITENTIAL ACT

I confess to almighty God and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do,

*And, striking their breast, they say:*

through my fault, through my fault, through my most grievous fault; therefore, I ask blessed Mary Ever-Virgin, all the Angels and Saints,

and you, my brothers and sisters,

to pray for me to the Lord our God.

## GLORIA

Glory to God in the highest, / and on earth peace to people of good will. / We praise you, / we bless you, / we adore you, / we glorify you, / we give you thanks for your great glory, / Lord God, heavenly King, / O God, almighty Father. / Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father, / you take away the sins of the world, / have mercy on us; / you take away the sins of the world, / receive our prayer; / you are seated at the right hand of the Father, / have mercy on us. / For you alone are the Holy One, / you alone are the Lord, / you alone are the Most High, / Jesus Christ, / with the Holy Spirit, / in the glory of God the Father. / Amen.

## FIRST READING

*Acts 1:1-11*

In my earlier work, Theophilus, I dealt with everything Jesus had done and taught from the beginning until the day he gave his instructions to the apostles he had chosen through the Holy Spirit, and was taken up to heaven. He had shown himself alive to them after his Passion by many demonstrations: for forty days he had continued to appear to them and tell them about the kingdom of God. When he had been at table with them, he had told them not to leave Jerusalem, but to wait there for what the Father had promised. 'It is' he had said 'what you have heard me speak about: John baptised with water but you, not many days from now, will be baptised with the Holy Spirit.'

Now having met together, they asked him, 'Lord, has the time come? Are you going to restore the kingdom to Israel?' He replied, 'It is not for you to know times or dates that the Father has decided by his own authority, but you will receive power when the Holy Spirit comes on you, and then you will be my witnesses not only in Jerusalem but throughout Judaea and Samaria, and indeed to the ends of the earth.'

As he said this he was lifted up while they looked on, and a cloud took him from their sight. They were still staring into the sky when suddenly two men in white were standing near them and they said, 'Why are

you men from Galilee standing here looking into the sky? Jesus who has been taken up from you into heaven, this same Jesus will come back in the same way as you have seen him go there.'

The Word of the Lord

**All: Thanks be to God.**

## RESPONSORIAL PSALM

**Psalm 46(47):2-3,6-9**

**The Response Is:**

***God mounts his throne to shouts of joy: a blare of trumpets for the Lord.***

All peoples, clap your hands,  
cry to God with shouts of joy!

For the Lord, the Most High, we must fear,  
great king over all the earth.

***God mounts his throne to shouts of joy: a blare of trumpets for the Lord.***

God goes up with shouts of joy;  
the Lord goes up with trumpet blast.

Sing praise for God, sing praise,  
sing praise to our king, sing praise.

***God mounts his throne to shouts of joy: a blare of trumpets for the Lord.***

God is king of all the earth,  
sing praise with all your skill.

God is king over the nations;  
God reigns on his holy throne.

***God mounts his throne to shouts of joy: a blare of trumpets for the Lord.***

## SECOND READING

*Ephesians 1:17-23*

May the God of our Lord Jesus Christ, the Father of glory, give you a spirit of wisdom and perception of what is revealed, to bring you to full knowledge of him. May he enlighten the eyes of your mind so that you can see what hope his call holds for you, what rich glories he has promised the saints will inherit and how infinitely great is the power that he has exercised for us believers. This you can tell from the strength of his power at work in Christ, when he used it to raise him from the dead and to make him sit at his right hand, in heaven, far above every Sovereignty, Authority, Power, or Domination, or any other name that can be named not only in this age but also in the age to come. He has put all things under his feet and made him, as the ruler of everything, the head of the Church; which is his body, the fullness of him who fills the whole creation.

The Word of the Lord

**All: Thanks be to God.**

*Please stand for the Gospel Acclamation.*

## GOSPEL ACCLAMATION

***Alleluia, alleluia!***

Go and teach all people my gospel.

I am with you always, until the end of the world.

***Alleluia!***

## GOSPEL

*Matthew 28:16-20*

The eleven disciples set out for Galilee, to the mountain where Jesus had arranged to meet them. When they saw him they fell

down before him, though some hesitated. Jesus came up and spoke to them. He said, 'All authority in heaven and on earth has been given to me. Go, therefore, make disciples of all the nations; baptise them in the name of the Father and of the Son and of the Holy Spirit, and teach them to observe all the commands I gave you. And know that I am with you always; yes, to the end of time.'

The Gospel of the Lord.

**All: Praise to you, Lord Jesus Christ.**

## PROFESSION OF FAITH

***THE NICENE CREED.***

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible.

I believe in one Lord Jesus Christ,

the Only Begotten Son of God,

born of the Father before all ages.

God from God, Light from Light,

true God from true God, begotten, not

made, consubstantial with the Father; through him all things were made.

For us men and for our salvation he came down from heaven,

*(At the words that follow, up to and including 'and became man', all bow.)*

and by the Holy Spirit was incarnate of the Virgin Mary, and became man.

For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures.

He ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.

I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come.

Amen.

## COMMUNION ANTIPHON

Behold, I am with you always, even to the end of the age, alleluia.

