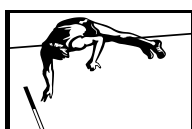


FAIRLEIGH DICKINSON UNIVERSITY 2018 FIELD FESTIVALS



SPECIAL MEETS FOR THE MORE ADVANCED HIGH SCHOOL FIELD ATHLETE

WHEN: FOUR DATES Wednesday: January 10th, 17th, 24th and January 31st
DOORS OPEN AT 4:00PM COMPETITION STARTS 4:30PM

WHO: HIGH SCHOOL BOYS & GIRLS WHO MEET OR EXCEED LISTED EVENT QUALIFICATIONS

DIVISIONS: BOYS & GIRLS VARSITY and FRESHMAN-NOVICE (4 Divisions)

EVENTS & QUALIFYING DISTANCES:

	VAR. BOYS	VAR. GIRLS	F/N BOYS	F/N GIRLS
SHOT PUT	44'	32'	32'	25'
HIGH JUMP	5'8"	4'8"	5'4"	4'2"
LONG JUMP	18'	14'	16'	13'

(DUE TO TIME CONSTRAINTS LONG JUMP WIL ONLY BE CONTESTED Jan. 10th/Jan.24th)

THE FOLLOWING EVENTS WILL BE CONTESTED AS AN OPEN EVENT

POLE VAULT BOYS– 10' MINIMUM GIRLS- 7' MINIMUM

TRIPLE JUMP BOYS– 36' MINIMUM GIRLS– 28' MINIMUM

(DUE TO TIME CONSTRAINTS TRIPLE JUMP WIL BE CONTESTED Jan. 17th /Jan 31st ONLY)

PLEASE NOTE– There will be a cut-off that will be implemented in the measuring of throws and jumps. That cut-off is two feet in the throws and one foot in the jumps. For example, in the boys varsity shot put, only throws over 42 feet will be measured and in the long jump, only jumps over 17 feet will be measured. This will help keep the quality of the meet at a higher standard and also help move the meet along. High Jump & Pole Vault opening height will be 8" lower than above listed standard. Lastly, the Freshman/Novice Shot Put and the Freshman/Novice Long Jump will have 4 attempts only– NO FINALS.

ORDER OF EVENTS:

Varsity Girls Shot Put and Varsity Boys Shot Put (Both Circles)
F/N Boys Shot Put and F/N Girls Shot Put (Both Circles)
Girls Varsity High Jump followed by Boys Varsity High Jump
F/N Girls High Jump followed by F/N Boys High Jump
Boys Triple Jump followed by Girls Triple Jump
Girls Varsity Long Jump followed by Boys Varsity Long Jump
Boys F/N Long Jump followed by Girls F/N Long Jump
Girls Pole Vault followed by Boys Pole Vault

COST: \$8.00 PER EVENT PER COMPETITOR

SPIKES ARE PERMITTED FOR THE LONG JUMP/TRIPLE JUMP/POLE VAULT ONLY

FACILITIES: THROWING CIRCLES ARE PLYWOOD, POLE VAULT RUNWAY IS MONDO, LONG JUMP/TRIPLE JUMP RUNWAY IS MONDO.

AWARDS: Trophies to first place finishers, and medals for 2nd and 3rd place.

ENTRY FORM

Coaches please write legible

HIGH SCHOOL: _____

COACH: _____ COACH'S E-MAIL: _____

COACH'S SCHOOL PHONE #: _____

COACH'S ALTERNATE PHONE #: _____

Please list number of athletes in each event:

<u>EVENT</u>	<u>V. BOYS</u>	<u>V. GIRLS</u>	<u>F/N BOYS</u>	<u>F/N GIRLS</u>
SHOT PUT	_____	_____	_____	_____
LONG JUMP	_____	_____	_____	_____

(Due to time constraints LONG JUMP WIL ONLY BE CONTESTED Jan. 10th/Jan.24th)

HIGH JUMP	_____	_____	_____	_____
		<u>BOYS</u>		<u>GIRLS</u>
OPEN POLE VAULT		_____		_____
OPEN TRIPLE JUMP		_____		_____

(Due To Time constraints TRIPLE JUMP WILL ONLY BE CONTESTED Jan.17th/Jan. 31st)

Total number of individuals participating:

Wednesday, Jan. 10th: _____ X \$8.00 per athlete = \$ _____

Wednesday, Jan. 17th: _____ X \$8.00 per athlete = \$ _____

Wednesday, Jan. 24th _____ X \$8.00 per athlete = \$ _____

Wednesday, Jan. 31st _____ X \$8.00 per athlete = \$ _____

TOTAL AMOUNT DUE: \$ _____

PLEASE MAKE CHECK(S) PAYABLE TO FDU TRACK & FIELD.

Kindly send completed entry form along with payment to:

Sharlene Milwood-Lee
Head Track & Field Coach
FDU Athletics
1000 River Road , H-AT1-01
Teaneck, NJ 07666

You may also fax this form to Sharlene Milwood-Lee at (201) 692-9361.

(THEREFORE THE DEADLINES ARE JAN. 8TH, 15TH, 22ST and 29th)