

Del Norte Senior Center
 1765 Northcrest Drive
 Crescent City, CA 95531
 707-464-3069
 Hours 9:00am to 4:00pm

COME JOIN US!!!
 Lunch Served
 Monday Thru Friday
 11:00am TO 12:30Pm



February 2024

Suggested meal contribution: \$3.00. No one over 60 will be denied a meal for inability to contribute. Those under 60 must pay a fee.

	MON	TUE	WED	THU	FRI	SAT
Saltshaker indicates a higher sodium meal.  Low-fat milk served with every meal.		Gift Shop Open Daily		1 Oven Fried Chicken, Mashed Potatoes, Carpi Mixed Vegetables, W/W Roll & Pineapple Tidbits	2 Baked Fish, Rice Pilaf, Sauteed Cabbage, Garlic Bread & Fruit Cup	3 Menu is Subject To Change Without Notice
4 Menu is Subject To Change Without Notice	5 Teriyaki Chicken, Steamed Rice, Broccoli Normandy & Mandarin Oranges	6 Roast Turkey w/ Gravy, Scalloped Potatoes, Mixed Vegetables, W/W Roll & Applesauce	7 Chile Relleno Casserole, Black Beans, Spanish Rice & Peaches	8 Chicken Cacciatore on Pasta, Italian Green Beans, Garlic Bread, Fresh Fruit	9 Meatloaf, Mashed Potatoes W/ Gravy, Carrots, W/W Bread & Fruit Cup	10
11 	12 Orange Chicken, Brown Rice, Stir Fry Vegetables, Mandarin Oranges & Fortune Cookie	13 Split Pea Soup, Egg Salad Sandwich, W/W Crackers & Peaches	14 Beef Stew, Corn Bread, Green Salad, Pears & Valentines Cookie	15 Vegetarian Chili, Cornbread, W/W Crackers, Green Salad & Pineapple Tidbits	16 Chicken Pot Pie, Biscuit, Peas and Carrots & Banana	17 
18	19 Presidents Day Site Closed	20 Diced Chicken, Brown Rice, Oregon Blend Vegetables W/W Bread & Orange	21 Tuna Noodle Casserole, Mixed Vegetable W/W Roll, & Mixed Fruit Cup	22 Spanish Frittata, Muffin, Pears, Cheese Stick, Peach Crisp & V-8 Juice	23 Happy Birthday Salisbury Steak, Mashed Potatoes W/Gravy, Mixed Vegetables, W/W Roll, Fruit Juice & Birthday Cake	24
25 Volunteer Opportunities Available	26 Beef Stroganoff on Noodles, Brussel Sprouts, Garlic Bread & Fruit Cup	27 Chicken Noodle Soup, Chicken Tenders, Broccoli, W/W Roll, W/W Crackers & Peaches	28 Bean and Cheese Burrito, Fiesta Corn, Spanish Rice & Fruit Cup	29 Sweet and Sour Chicken, Brown Rice, Asian Mixed Vegetables, Mandarin Oranges & Fortune Cookie	Gift Shop Open Daily	Senior Legal Service 464-3069 1-800-972-0002 X304 1-707-445-0866 X304

