
PREPARING FOR YOUR COLONOSCOPY – SUTAB

What day is my procedure?

What time is my procedure?

- Arrival time is provided by SPACE COAST ENDOSCOPY CENTER a few days prior to your procedure.
 - o (Please note: if you have questions about your arrival time, please call Space Coast Endoscopy Center directly at 321-504-4440. Dr. Seara’s office does not have knowledge of arrival times for procedures.)

Where do I pick up my prep?

- **Sutab** is a prescription- it has been sent to your pharmacy.
- You will also need to purchase MIRALAX- this portion of the prep is available over the counter on the laxative aisle.

Should I stop taking BLOOD THINNERS prior to the procedure?

YES

NO

For ____ days

When should I start my clear liquid diet?

- Start when you wake up the day before your procedure. You **MUST** remain on CLEAR LIQUIDS ALL DAY!! NO breakfast, lunch, or dinner of ANY kind!!

How do I use the prep?

- After 5pm on the day before your procedure, open one bottle and take each of the 12 tablets, along with 16oz of water. Drink another 16oz of water within 1 hour of taking the tablets. Then, drink ____ glasses of Miralax.
- Consume the second 12-tablet bottle 5 hours prior to checking in for your procedure. Please take the tablets the EXACT same way you did the first set of tablets (take with 16oz water, follow with 16oz water).

NOTHING BY MOUTH 4 hours prior to your procedure! (This means no gum, no hard candy, no water, etc)

Notes/Additional Instructions
