
PREPARING FOR YOUR COLONOSCOPY – SUPREP

What day is my procedure?

What time is my procedure?

- Arrival time is provided by SPACE COAST ENDOSCOPY CENTER a few days prior to your procedure.
 - o (Please note: if you have questions about your arrival time, please call Space Coast Endoscopy Center directly at 321-504-4440. Dr. Seara’s office does not have knowledge of arrival times for procedures.)

Where do I pick up my prep?

- **Suprep** is a prescription- it has been sent to your pharmacy.
- You will also need to purchase MIRALAX- this portion of the prep is available over the counter on the laxative aisle.

Should I stop taking BLOOD THINNERS prior to the procedure?

YES

NO

For ____ days

When should I start my clear liquid diet?

- Start when you wake up the day before your procedure. You **MUST** remain on CLEAR LIQUIDS ALL DAY!! NO breakfast, lunch, or dinner of ANY kind!!

How do I use the prep?

- Start the first bottle of Suprep after 5pm on the day before your procedure. Mix the Suprep with 6oz of a clear liquid. Drink 16oz of water within 1 hour of taking the Suprep. Then, drink ____ glasses of Miralax.
- Drink the second bottle 5 hours prior to checking in for your procedure. Please drink the second bottle the EXACT same way you did the first bottle (mix with clear liquid, follow with water).

NOTHING BY MOUTH 4 hours prior to your procedure! (This means no gum, no hard candy, no water, etc)

Notes/Additional Instructions
